



## Coronavirus / COVID-19 Advice Note from the Milton Damerel Parish Emergency Plan Team

Dear All

You will be aware of the news and concerns about a new Coronavirus known as COVID-19. Please do follow Government and Public Health England advice. There was an extraordinary meeting of the Parish Emergency Plan (PEP) team on 15<sup>th</sup> March and we want to reassure you that local plans are being considered for any issues that might arise from any longer-term quarantine requirements.

In the first instance, please do look after yourself and reach out to your neighbours, family and friends for support. You can help protect yourself by regular and thorough hand washing, not touching your face (especially eyes, nose and mouth) and keeping a physical distance from others if you are concerned they might be unwell.

It is important that we pull together as a community during what may be difficult times ahead and that we keep in regular contact with our neighbours, friends and family. Please ensure you know your neighbour's telephone number so that you can keep talking during any quarantine and make sure they are OK.

It may help if you shop locally or on-line, with family and friends bringing you supplies during any quarantine. For those people within our community who are not able to get on-line or perhaps may need help collecting supplies or just need a chat, the following PEP team members are here to help:

Christian Whitley	T: 261792	E: <a href="mailto:christian.whitley@btinternet.com">christian.whitley@btinternet.com</a>
Rob Stennett	T: 261184	E: <a href="mailto:ibosten@mac.com">ibosten@mac.com</a>
Dave Dickson	T: 261772	E: <a href="mailto:davedickson1@me.com">davedickson1@me.com</a>
Edgar Pett	T: 261277	E: <a href="mailto:flowerbeded@outlook.com">flowerbeded@outlook.com</a>
Steve Moyse	M: 07966 671543	E: <a href="mailto:stevemoyse@hotmail.co.uk">stevemoyse@hotmail.co.uk</a>

We are looking for volunteers – if you would like to help, please contact the local Coordinator, Christian Whitley. We fully expect to send out further advice notes as the situation evolves in the coming months. Please take care and remember to wash those hands.

Milton Damerel PEP Team