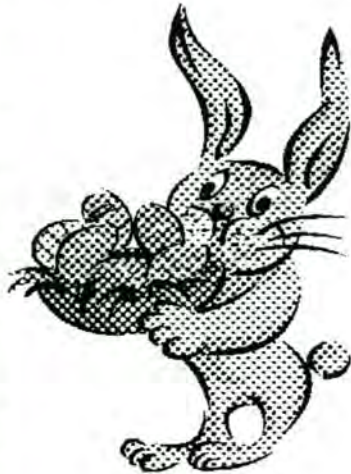


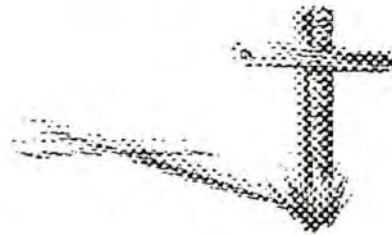
Milton Damerel Newsletter

March 2005 (15th Edition)

What's On



Antiques Roadshow.....4th March.....P6/10
Family Services.....4th Sunday.....P6
Friendship Club.....Last Monday....P6
Gospel Special.....27th March.....P7
Model & Collectors Exh...20th March.....P12
Spring Variety Concert...16th April.....P8
Sunday Club Anniver.....29th May.....P7
Wine & Wisdom.....19th March.....P9



The Newsletter Group members are:

Member:	Tel: no:/ E-mail:	Key area:
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Liz Kirby	261440 ilett@freeuk.com	Regular contributors and features
Grace Millman	261251 grace.millman@btinternet.com	Treasurer & Fund-raising
Margaret Stannard	261486	Advertising

Letters, comments, news and articles, etc., can be e-mailed to mdnews@freeuk.com or to any of us individually. Our correspondence address is Chapel View, Milton Damerel, EX22 7PB. We want to hear from you with letters for inclusion - topical issues, features you like and also changes to improve the content and style for future editions,. We also need every-one to let us know special birthdays, births, anniversaries, and other congratulations. Also tributes on parish residents.

Please help us to make the Newsletter a real success for the whole community.

Milton Damerel Parish Council

Clerk- Anne Binns Tel 01409 261381
Little Derworthy E-mail Anne-John@22hundred.freeserve.co.uk
Milton Damerel
EX22 7LH

Councillors Charles Bellew 01409 261214 Janet Elliott 01409 281744
Sarah Harper 01409 261473 Gareth Piper 01409 261616
David Dyer 01409261412 Grace Millman 01409 261251

The parish council met in October and welcomed Grace Millman to her first meeting since her appointment. At this meeting it was agreed that a precept of £1200 for the year would be applied for. This would enable grants to be given to local causes in 2005, as follows:

Youth Club £40.
Parish Hall £150.
Sunday Club £40.
Newsletter £80.

At this meeting plans for a new dwelling next to Town Farm were viewed and discussed. An agricultural determination for Lower Grawley was also dealt with. Since the last newsletter plans for the new dwellings and barn conversion at Town Farm have also been viewed and discussed.

In November the council discussed the development of a local community self help plan. It was decided that the community could benefit from having a plan if an emergency arose. For example if there was major power failure or some other unexpected situation. I have asked Torrington District Council to send us a model plan to give us some ideas but to date this has not arrived. This will be discussed later at a further date. Cheques were signed for the grants paid to local causes as agreed in the 2003/2004 financial year.

Lack of business meant that there was no need for the council to meet in December and January.

In December we were all shocked and saddened to hear of the sudden death of our chairman, David Poole. He has been very committed to his role of councillor and chairman over the years and was full of knowledge and experience. He will be sadly missed by all of us. Our next meeting in February will be very different without him and a new chairman will have to be appointed.

This sad situation has left a vacancy for anyone willing to give their time and effort to the role of the Parish Council. I expect that advertising the vacancy will be discussed at the next meeting. Please can any interested individuals make their interest known to either myself or any of the councillors listed above.

Anne Binns
Clerk



CONDOLENCES

To... Mrs Anne Hammond-Ellison of Faraway, Strawberry Bank on the recent loss of her husband, Ken. Our deepest sympathy at this sad time.

TRIBUTE

David Poole – A Stalwart of our Community

It was with total disbelief that we received the news that David Poole was very seriously ill, and then, almost immediately, had passed away following several hours of major surgery. The enormity of the news for all who knew David's family seemed nearly too great to bear, and our thoughts and prayers were constant, knowing that we could only seek the comfort and reassurance of Heavenly Father to carry Ann and the family through these unreal days as they cope with this most sad loss. Our deepest sympathies continue to be with the family.

Thoughts for a tribute to David led to thinking about the word "stalwart". The Collins Concise English Dictionary definitions are: "strong and sturdy, robust", "solid, dependable and courageous", "resolute and firm", "a supporter", and these seem very apt as descriptions of David. He was a strong and sturdy farmer and solid in physical stature. He was a solid and dependable member of our community and in the area. His Christian faith was resolute and firm and David was a faithful, loyal member of our chapel, for 40 years. His valued contributions included organist, Sunday School teacher and treasurer, society and property steward. In our community he had served as a governor for Bradworthy Primary School and Holsworthy Community College; a parish councillor for 32 years and the Chairman in recent years; as Chairman of the Parish Hall Committee; and, for 20 years until 2003, was district councillor for the Waldon seat. The District Council paid tribute to David's service as Chairman of the Planning & Development and Trading Services Committees, leader of the Independent Group, and in 1996, Chairman of the Council. His knowledge of local government was extensive and he was resolute and dependable in discharging the duties of the offices he held. He was robust in promoting the interests of rural communities and their continuance. As his selected Chaplain for his period of office as Chairman of the District Council, Rev Patrick Crow was invited to pay tribute at the funeral service on 31st December 2004. In David's year of office we were honoured to have the Civic Service held at Milton Damerel. During his tribute, Rev Crow offered comfort to the very large gathering of family, friends and colleagues of David, with the thoughts that the Father takes to their eternal home those whose work on earth is completed. I am sure that both family and friends would all have considered that David still had much to offer and give to the community and most dearly to his family, as a husband, father and grandfather. However, our thoughts do not necessarily accord with God's great plan and therefore we must claim his comfort in our grief and loss, as David himself would have advised, and at the same time thank God for the fullness of David's life in all its aspects. He will be greatly missed at Milton Damerel and by all who had the privilege of knowing and working with him.



CONGRATULATIONS!

To... **Richard and Caroline Reed** of North Park Lodge, Gidcott on the birth of their son, **Christopher Richard** on 18th December 2004. An early Christmas present!

To... **Jason Mogford & Marie Newton** of Lorocrest on the birth of their son, William, on 1st January 2005, a brother for Molly. A New Year's Day present.

To... **Mrs Betty Goodman** of Holsworthy Beacon on celebrating her **80th birthday** on 5th December 2004

To... **Mrs Dorothy Self** of Tor View on celebrating her **90th birthday** on 21st January 2005.



GOOD-BYE & WELCOME

"Good-Bye" (although not really good-bye) to **John, Janet, Mark & Joanne Elliott** of **Town Farm** who have moved to Henscott, Bradford, which is just beyond our Parish boundary. We wish them every success with their new enterprise and of course we still see them regularly with their farming continuing at Milton Town, in addition to Henscott.

A warm welcome to:

...**Azan, Helen, Oliver, Rupert, Maisie and India Laslett** who moved to Town Farm just before Christmas

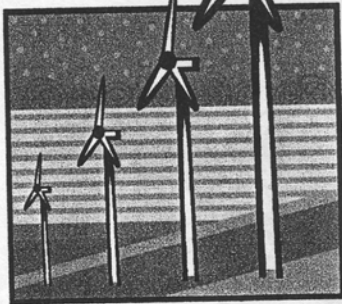
...**John, Lynne, Hayley and Claire Sheridan** who have moved into Rose Cottage, Shop Hill

...**Debbie and Mark Alderson with Isabella and Oliver**, who have moved into Pipers Gidcott

Letter to the Editor

Dear Editor

A delightful early spring morning last week revealed that our westerly horizon has "sprung" two (soon to be three) new features, in the distant view across our



wonderful rolling Devon countryside. How many of us had ever thought that the wind turbines being constructed at Bradworthy would visually impact on our views? How do we feel about this change to our

landscape? Do we welcome these innovative developments for renewable energy, as substitutes for existing sources – nuclear, gas or oil? Do we view the turbines as a triumph of technology and engineering or are they unwelcome blights on our landscape? Should we support such developments, but just not in our "back-yards"? (Please, absolutely no criticism implied or intended on our friends in Bradworthy).

How about letting the editor have your views, for debate in the next Newsletter.

Yours sincerely,
Grace Millman, Chapel View (on a direct sight line!)

Window Cleaner



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Milton Damerel Parish Council

YOUTH & FAMILY NEWS

The Youth Club

Youth Club is now back in business, fortnightly on Friday evenings from 7 - 9pm in the Schoolroom. The present rota takes us up to Easter and by the time you read this a new rota should be available!

A big thankyou

Thank you to all who supported the New Year Party held in the Parish Hall. Thanks too for an excellent variety of food given for the supper and the draw prizes. As usual Kelvin did a great job of keeping everyone involved, there was something for every-one. It was great to have such a lot of young people and older ones too, including Dorothy Self celebrating her 90th Birthday.

HAPPY EASTER IDEAS!!

Try decorating hard boiled eggs. Here are a few



suggestions!

Get an adult to help make dye solution. Cut strips of crepe paper into small pieces, dip in dye, then dip egg to release the dye. Remove paper and add tablespoon of white vinegar. Allow to cool. Using wax crayons draw designs on eggs, dip eggs into cooled dye solution, leave in longer for a deep colour. Place eggs on scrambled aluminium foil to dry.

paper approx 2 cm wide, place in bowl and cover with hot water to vinegar. Allow to cool. Using wax crayons draw designs on eggs, dip

Another idea using the dye solution - collect a selection of leaves. Secure leaves on eggs using a piece of nylon stocking or tights, wrapping firmly around and tie top with rubber band, dip into dye. Remove excess dye with a tissue and peel off stocking when dry.

Using onion skins either brown or purple - firstly place piece of old cloth on table, put layers of onion skins on to cloth, add pieces of rice or leaves on to onion skins, then place fresh raw egg in shell on top, add another layer of leaves or rice plus onion skins and wrap the cloth around firmly, wrap with rubber bands or string to secure. Place in pan of water and boil for 30 mins. Remove from pan and cool, remove cloth etc., when egg is dry rub with a little cooking oil to give shiny appearance.

When you've decorated your eggs, why not make a basket for them using a clean marg tub, decorated with foil, tissue or crepe paper. You can paint on to foil or plastic if you add washing up liquid to powder paint - 1 teaspoon per 1/2 cup of paint. Add a handle made from ribbons.

Just for Fun

Fill in the gaps to make words associated with Spring and Easter

1. _ _ S T _ R _ _ G _
2. S P _ I _ _ L _ _ B
3. B _ N N _ E _
4. _ _ L I P
5. _ _ R C H W I _ _ S
6. _ O L _ D _ Y
7. F _ U _ _ Y C _ _ C K S
8. E _ S _ _ R _ O N _ E _
9. _ A R D _ N
10. H _ T _ _ _ _ S _ _ N



ANSWERS ON PAGE 11

Lost

Has anybody seen a Navy Blue Fleece, Zip front, Rebel Active 7-8 years. It was last seen at Parish Hall party on 21st January. If you have please call Sarah on 01409 261473.

Date &	
1 st Ma	8pm
3 rd Ma	10.30
	1.30p
4 th M	6.30p
5 th M	
4pm	
19 th p	
at 7.3	
23 rd	
1.05p	
1.55p	
30 th	
10.0	
3.30p	
30 th	
at 7	
2 nd	
7.45p	
5 th	
at 2	
8 th A	
7.30p	
12 th	
8pm	
(Ma	
1pm	

Youth & Family Entertainment

Date & Time	What's On	Venue	Cost	Notes
1 st March at 8pm	Marin Khoo Dance Chandra Luns – Ballet, modern + Indian dance	Landmark Theatre, Ilfracombe	Family Ticket - £25.00 Young People - £5.50	
3 rd March at 10.30am + 1.30pm	CLOWN adapted from book by Quentin Blake. Children's Theatre	The Plough Torrington		Tel: 01805-624624 www.plough-arts.org
4 th March at 6.30pm	Burglar Bill Pandora's Box Theatre Co:	Swimbridge Jubilee Hall	Tickets £3.50 / £12.50	Suitable for families with children 3-8 years. Tel: 01271-830311
5 th March at 4pm	As above	Hartland Village Hall	As above	Tel: 01237-441761
19 th March at 7.30pm	St Patrick's Night Shenanigans Charity fund-raising event for North Devon Hospice & Plough Arts Centre	The Plough Torrington	Adults - £8.00 Child - £4.00 Family (2 Adults up to 3 children) - £20.00	Cabaret Seating Tel: 01805-624624 www.plough-arts.org
23 rd March – 1.05pm to 1.55pm	Lunch-time Classical Concert 15-yr old Jeanine Thorpe (violin) and Susan Steele (piano)	Queens Theatre Barnstaple	All seats - £3.50	Proceeds for Young Musicians Support, Dartington (N Devon) Trust
30 th March 10.00am – 3.30pm	The Comic Project Make your own comic in a day and get it printed	Clawton Village Hall	Cost - £5.00 Materials provided	Closing Date: Friday 18 th March Tel: 01805-603201
30 th March at 7 pm	The Dream Zone Tour Pop / SK8TER / Dance / RNB	Queens Theatre Barnstaple	Adults - £7.00 Children - £5.50	
2 nd April at 7.45 pm	The Magic of Ireland Irish Dance and Music	Queens Theatre Barnstaple		
5 th – 8 th April at 2pm	Spring! The Magic Roundabout (Film)	The Plough Torrington	Tickets £4.50 / £4.00	Tel: 01805-624624 www.plough-arts.org
8 th April at 7.30pm	Wagstaffe the Wind-up Boy Kneehigh Theatre	Beaford Village Hall	Tickets: £6 / £4 / £17	Tel: 01805-603201
12 th April at 8pm (Matinee – 1pm)	The Alchemist based on novel by Paulo Cocho, features stunning aerial puppetry	The Plough Torrington		Tel: 01805-624624 www.plough-arts.org

CHRISTMAS BONUS BALL DRAW held by W Sanders & Sons

The Winnie Pooh Cuddly Toy Was won by Mr B Proven Of Woodford Bridge £50 was raised for Children's Hospice SW

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We extend a very warm welcome and invitation to any-one wishing to come along to our regular services/meetings/clubs. Just come along to any events/clubs you see advertised, or if you would want to know more or have an introduction, please contact any of the leaders.



GOOD NEWS FOR YOUTH

A steering group of 12 made up of representatives of the local churches of all denominations are investigating the possibility of employing a full-time Youth Worker for the area. The ball was set rolling when it was discovered there was a good chance of getting grants to finance such a scheme. So far a written assessment has been prepared along with a budget and job description. If you know of other possible grant sources the group would be pleased to add them to the database – contact Maureen Ellis – 01409-231309. The tasks of the Youth Worker will include:

- analysing the needs of the area
- establishing contact with young people and offering a safe, confidential "listening ear"
- to recruit and train a team of volunteers
- to develop a mobile resource facility taking equipment into very rural areas
- to support existing youth work where appropriate..... and so on.

In order to show support with this venture a small amount of fund-raising is required to help achieve the grant so on **Friday, 4th March** there will be an **ANTIQUES & COLLECTABLES ROADSHOW** from **7pm** at the Methodist Schoolroom with Desserts and Coffee. So bring along your prized objects and hear what our experts, John & Tilly Kimber have to say. But if you haven't got anything to bring just come along and enjoy a feast of gateaux, trifles, and other delicious puddings.

WELCOME GLO

This area is to have an international Teacher and Preacher visiting during March. **Rev. Glorian Bonnette of Seattle, USA** is planned to preach at our church on **Sunday, 13th March at 11am**. Glo, as she likes to be called, has a world-wide ministry covering 35 countries, including Malaysia, Singapore and Poland, where she spends a month each year living and working in the slum areas. For over 12 years Glo has been regularly visiting Cornwall on preaching engagements, but she now feels called into this area. During her ministry she has experienced miracles and many 'God incidences'. She has recently written two books on her experiences, which are to be published soon. From a childhood of abuse, Glo progressed through four marriages, all ending in divorce. Finally she desperately cried out to God for help and her life totally turned around; the rest as they say is history! Glo will be delighted to welcome any-one to hear her on 13th March.

FRIENDSHIP CLUB UPDATE

The Friendship Club meets on the last Monday each month from 2.30 till approx. 3.30pm in the Schoolroom, and "friends" attend from Milton and other parishes. There is no charge. We have a cup of tea, chance to chat together and usually a speaker. Sometimes we have a stall for the benefit of Children's Hospice SW and on Saturday, 22nd January we visited Little Bridge House for their open day. After a tour of the house, which was undergoing improvements and decoration, we were able to look around the new sensory garden (despite the rain) and warmed up with a cup of tea and cake in the marquee. Going to the hospice is always a moving and uplifting experience. Our group was 16 of us altogether and we were able to hand in £50.13, which was the contents of the collecting box used by the Friendship Club. Dates for the next meetings, to which everyone is welcome, are:

- Monday, 28th February** – Mags Zaharia (Kimber) of Torrington to talk of her work in Little John's House Orphanage, Romania.
- Monday, 28th March** – Glo Bonnette of the USA to talk about her story of a travelling preacher.
- Monday, 25th April** – Lavinia Archer on her trip last year to Australia.

PRAYER & BIBLE STUDY – Normally meets every Monday evening at 7.30pm in the Schoolroom; open to all Christians of any denomination. We have completed the study on the apostle Peter and will be using videos on the gospel of St Matthew over the next few weeks, and then possibly a study of Ecclesiastes. Each session concludes with a time of prayers – of thanks and of concerns in this area. If any-one wishes for us to pray for them or about local concerns, please feel able to contact one of the Stewards...or even better, come along on a Monday evening.

SUNDAY CLUB & FAMILY SERVICES -

Sunday Club meets on the 1st, 2nd and 3rd Sundays of each month and Family Services are held on the 4th/last Sunday. David Ley led the service on 30th January, when new songbooks were used and the collection totalling £168.60 was donated to the Tsunami Appeal. Family services are planned for:

- Sunday, 27th February** - Eric Moore
- Easter Sunday, 27th March** - Jill Daniel
- Sunday, 24th April** - Peter Parsons
- Sunday Club Anniversary 29th May** - John & Joanne O'Connor Collection donated to the Sunday Club

PARISH CAROL SERVICE

There was a real excitement in the air as we met together to celebrate Christmas with familiar carols and readings, and including a sketch about events in the inn and stable by Iain Sharp, Bradley Howells and Tina Dunmore. Courtney Drew led the service and kept every-one involved. Geoff Overy was 'volunteered' for the honour of presenting Sunday Club members with their rewards. This was brought forward because some were to be away over Christmas. Those presented with books were Tina and Daniel Dunmore, Bradley Howells, Iain, Rosalind and Beverley Sharp, Lucy and Marie Poole. Two special Youth Bibles were presented to Heather and Sabina Sharp for their past help within the Sunday Club, they have now both joined the congregation. Mince pies and coffee were served in the Schoolroom after the service. A total of £135.80 was collected for NCH Action for Children.

CHURCH COUNCIL

At the recent Church Council we received reports on various property matters, including possible improvements to the paths and the lower entrance to the graveyard. We agreed to purchase some new songbooks from the monies received in donations from the late William Daniel, which will commemorate both his love of singing and his work in the Sunday School. We also spent a substantial time on discussing the options for the future of the Methodist Circuit based on Shebbear and the presence of small chapels in the surrounding villages. Our ideas and suggestions will be reported to the Circuit meeting.

DATES FOR YOUR DIARY:

Friday, 4th March at 2pm at Newton St Petrock Baptist Church. Womens Day of Prayer.
at 7pm in the Schoolroom. Antiques & Collectables Roadshow (see above)

Saturday, 5th March at 7.30pm in Shebbear Village Hall. Disabled Christian Fellowship
Wine and Wisdom

Good Friday, 25th March at 7.30pm at Putford Methodist Church. Concert with Gospelship

Easter Sunday, 27th March at 7.30pm at Milton Damerel. Easter Gospel Special with the
Newton St Petrock Male Voice Choir. Chair: Mr Peter Parsons

Sunday, 29th May at 11am at Milton Damerel. Sunday Club Anniversary

CHAPEL FLOWER PLAN for the months of March, April, May and June

MAR		APR		MAY		JUN	
6 th	Mrs Phyllis Piper	3 rd	Mrs Valerie Carter	1 st	Circuit Rally	5 th	Mrs Mary Carter
13 th	Mrs Grace Millman	10 th	Mrs Niggy Southey	8 th	Mrs Valerie Harris	12 th	Mrs Ann Poole
20 th	Mrs Marjorie Colwill	17 th	Mrs Gladys Palmer	15 th	Mrs Margaret Fishleigh	19 th	Mrs Lillian Luxton
27 th	Miss Rosemary Daniel	24 th	Mrs Eunice Hearn	22 nd	Mrs Ruth Sharp	26 th	Mrs Grace Millman
				29 th	Mrs Marjorie Colwill		

CIRCUIT NEWS - Did you know the Shebbear Methodist Circuit publishes a quarterly Magazine and Plan (MAP)? Included are many articles about what is happening around the Circuit, thought provoking and amusing contributions by the Minister, members of the circuit, and others. It also lists planned preachers for each Sunday and diary dates.

For further information contact:

Rev David Wheeler, our Minister on Tel: 281262 (or via the stewards). Alan Andrew, Rural Lay Worker, on Tel: 281321.
Our Stewards: Marjorie Colwill (Tel: 281214); Sheila Daniel (Tel: 261466); Lillian Luxton (Tel: 261355);

Holy Trinity Parish Church

Milton Damerel

Father Michael Reynolds

Tel - 01409 253435

Services

Mattins taken by the reader Mrs Mary Ihelor
on 2nd Sunday every month at 11.30am

Holy Communion taken by Father Reynolds
on 4th Sunday every month at 11.30am

Everyone is always welcome.

The Sea

Have you seen the sea in moonlight,
Seen the silver shimmering waves,
Caught the sight of seagulls swooping
Golden sands and hidden caves.
Steep white cliffs with wild flowers blooming,
Driftwood washed ashore by night,
Mottled pebbles, seaweed twisting,
Shells which once held tiny life.
Stand and look into the distance,
Think of all the secrets there -
Ships engulfed and life devoured,
Buried treasure, old and rare.
But it is its space and beauty
Thoughts of how it all began,
Rolling there - bewitched with mystery
Perfect tides not built by man.

By C Lovell



SPRING VARIETY CONCERT AT MILTON DAMEREL PARISH HALL

On

SATURDAY, 16TH APRIL 2005 at 7.30pm

Presenting the talented

WITHEY FAMILY

**Songs from the Shows, Country, Pop and Classical
Followed by Savoury Supper**

**Admission by Ticket available from Horrells Ford Garage or
members of the Newsletter Group**

**Price: Adults £4; School-age Children £2;
Under5s free.**

Proceeds for Parish Hall & Newsletter



The Withey Family - A Musical Treat

The Withey Family will be in concert at Milton Damerel Parish Hall on Saturday 16th April; this promises to be a great variety concert as the family are so talented and there will something for every-one included in the programme. Jan and Len Withey are musical parents who support their two youngest children, Jessica, 13 years and Ashley, 18 years old.

Jessica plays violin and piano, as well as having a lovely singing voice. Last summer she sang solo at The Landmark Theatre, Ilfracombe, in 'Night at the Musicals'. She is also training in speech and drama and is a very good dancer.

Ashley is a polished singer who plays a remarkable array of musical instruments – keyboard, saxophone, trumpet, guitar and drums. He often plays for charity and private events, has appeared at Birmingham Symphony Concert Hall, the Athenaeum Theatre, Plymouth, Barnstaple's Queens Hall, as well as the Commodore, the Royal and Tanton Hotels, Bideford. His third CD album "Encore" has raised over £4,000 to date for the Children's Hospice South West.

We can look forward to a great variety show from the family with a mixture of Pop, Country, Classical, and Sacred Music and Songs from the Shows, interspersed with comedy and audience participation.

**The concert will help raise funds for the Newsletter and for our Parish Hall,
so please come along and enjoy a great night out!**

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Neighbourhood Watch

After the recent spate of vandalism in the MD area, PC Amanda Brown of Holsworthy has suggested that a neighbourhood watch scheme could benefit the area and she would be prepared to set up a meeting to discuss what is involved. Please contact Roger or Margaret Stannard on 01409 261486.



MILTON DAMEREL PARISH HALL

WINE & WISDOM

SATURDAY, 19TH MARCH 2005

£3.50 PER HEAD TEAMS OF 6

**(Couples and singles welcome —
will make up teams on arrival)**



Book with Christine Tel: 261593 or Lesley Tel: 261294

The Nervous Taxi Driver

A passenger in a taxi leaned over to ask the driver a question and tapped him on the shoulder. The driver screamed, lost control of the cab, nearly hit a bus, drove up



over the kerb, and stopped just inches from a large plate glass window. For a few moments everything was silent in the cab, and then still shaking the driver said: "I'm sorry but you scared the daylights out of me". The frightened passenger apologised to the driver and said he didn't realise a mere

tap on the shoulder could frighten him so much. The driver replied: "No, I'm sorry, it's entirely my fault. Today is my first day driving a cab. I've spent the last 25 years driving a hearse". !!



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Daniel

Thankyou to everyone who came along to the Special Christmas Coffee morning on 4th December. Despite the weather and many other events in the area, we had a good crowd and raised, after expenses, a total sum of £60.88 for the Newsletter. We distribute 210 newsletters free to every household in Milton Damerel, including Holsworthy Beacon and Abbots Bickington, and are delighted with the support for the coffee mornings and other fund-raising events.



ANTIQUES & COLLECTABLES ROADSHOW

In the Schoolroom on
Friday, 4th March from 7pm

Experts: JOHN & TILLY KIMBER of Merton

Bring along your objects for advice

Selection of Desserts

Tea & Coffee

Entry: £3.00; Children £1.00 u55 free



Lizzy's Larder

Local Farm Shop

Saturday 9am to 5pm Sunday 10am to 1pm Wednesday 9am to 5pm

Or shop by appointment at a day and time to suit you.

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Tel:- 01409 261440

Good Grub Guide

(around and about.)

If like me you enjoy eating out or maybe you have a special occasion to celebrate here are a few suggestions of some local and not so local eating-places.

Although I myself have not yet been there, I have been recommended to try the "Bickford Arms", now fully refurbished, the food I believe is delicious the only complaint being that there is usually a bit of a wait before your food arrives, apparently this being because each order is freshly cooked, no bad thing as nothing is worse than kept warm vegetables. The price is about average.

For those with more exotic tastes try the "Bay of Bengal", where you will always receive a very warm welcome from the owners and staff. I have been there, and can say that the food is delicious. They have an extensive menu and are once again reasonably priced, booking is not always necessary but for a large party advisable.

A bit further afield try the "Duke of York" at Iddesleigh, but be warned if you want Bar food you will have to be prepared to wait, and don't be a shrinking violet or you will be waiting a long time for a table!!!!!! The restaurant really has to be booked, the last time I was there the price was £16 for a 2 course meal or £20 for a 3 course, prices may have gone up since. Believe me unless you have an enormous appetite 2 courses are plenty, the portions are very generous. The menu is extensive with a good selection of meat and seafood, plain and fancy, something to suit everyone. Try the scallops wrapped in streaky bacon starter, delicious, the steaks are always thick and full of flavour. I believe all the meat is reared on the owner's own farm or bought locally. A very nice place for that special occasion, it's not cheap but for the quality of food worth it.

More for you to try next time. Bon appetite.

Warming Watercress Soup

Ingredients:-

1 Packet Watercress shredded	1 medium Onion Chopped
1 Large Potato Diced	1oz Butter
¾ Pint Milk	½ Pint Chicken or Veg Stock
Salt & pepper	4 tbspn double cream (optional)

Method:-

In a saucepan, fry potatoes and onions in butter for 5 minutes.
Add watercress, stock, milk and salt & pepper to taste.
Bring to the boil, cover and simmer for 10-15 mins.
Liquidise or rub through a sieve. Serve warm with cream if liked.

Smoked Salmon Pate

Ingredients:-

6oz Smoked Salmon	3oz Unsalted Butter
4tspn Lemon Juice	4tbspn Single Cream
Pepper	Cucumber Slices

Method:-

Place salmon in a blender, reserving a few for garnish.
Melt the butter and mix with lemon juice and cream, add to the salmon and blend until smooth.
Season with pepper to taste and spoon into ½ pint dish.
Refrigerate until set.
Leave at room temperature for 30 mins before serving.
Garnish with the remaining salmon and cucumber.

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ANSWERS TO WORD PUZZLE ON PAGE4

1. EASTER EGG 2. SPRING LAMB 3. BUNNIES 4. TULIP 5. MARCH WINDS 6. HOLIDAY
7. FLUFFY CHICKS 8. EASTER BONNET 9. GARDEN 10. HOT CROSS BUN

Do you attend a regular group club or society in the locality that might be of interest to residents? We are looking for things to do for all ages so if there is something you enjoy please let us know so that we can publish the details in our **What's on guide**.

Line Dancing

We are a small friendly group that meet at the Parish Hall every Tuesday afternoon from 2pm to 4pm except 1st Tuesday which is at 10am to 12am. Cost £1.50 each

New members are always welcome.

Contact Lesley on 261294
or Mary on 261248.

Milton Damerel Skittles

There are two ladies skittles teams in Milton Damerel who play from October to March each year. Team A is currently top of Division 1. Look out for the results in the paper.

Short Mat Bowling

Short mat bowlers meet on the first Monday of each month at 7.30pm at Milton Damerel Parish Hall.

If you are interested please contact George Kinsman on 01409 261544.

Milton Damerel 60's club

The club meets in the Parish Hall at 2pm on the 1st Tuesday of each month Come & join us

Milton Damerel Book Club

Do you enjoy reading? If so a Book club could be for you.

For more details contact Helen on 01409 261765

Useful Contacts

Police	0845 2777444
Post Office Services	0845 7223344
Family Workshop and Resource centre	01409 254272
Holsworthy Library	01409 253514
Holsworthy Medical Centre	01409 253692
Environment Agency	0800 807060
Floodline	0845 988118
Torrige District Council	01237 428700
Devon County Council	01392 382000
Crimestoppers	0800 555111
National Rail enquiries	0845 748 4950
Exeter Airport	01392 367433
Public Transport traveline	0870 6082608
Carers Helpline	0808 808 7777
Childline	0800 1111
The Samaritans	08457 909090
NHS Direct	0845 46 47
Age Concern	0800 00 99 66

Parish Hall

Milton Damerel has a large well equipped Parish Hall with a stage and purpose built skittle alley that can be hired for all kinds of events and celebrations at very reasonable rates. There are also tables and chairs which can be hired separately for functions offsite.

For more information or to book an event please contact Lesley on 261294.

Model and Collectors Exhibition

On Sunday March 20th 2005

10am to 5pm

at Holsworthy Community College

Entry Fee £1.50

Everybody Welcome

PUTFORD WI NEWS

Putford WI held their December meeting in the Methodist Chapel Hall. The speakers for the evening were two ladies from Fishleys Florist who showed us how to do some beautiful Christmas flower arrangements. They were thanked by Mrs M Wooldridge. The flower arrangements were put in a draw. Winners of the competition, a table decoration, were Mrs R Wooldridge and Mrs K Stevens. Flower of the Month winner was Mrs L Self.

Members went to Parkham for their Christmas dinner, which all enjoyed and everyone bought along a present that was exchanged at the end of the meal. The winner of the cup for most points over the year was Mrs K Stevens. Flower of the month cup winner was Liz Darling.

The first meeting of the New Year took place on 10th January in the Methodist Hall. The president, Mrs M Lewis, welcomed one new member and also spoke of the sadness we all felt at the sudden death of the husband of one of our members. After going through the business side of the meeting and discussing the competitions for the 2005 Group meeting and Holsworthy Show, we sat down to a bring and share buffet supper. We finished off the evening with two quizzes set for us by one of our members, Rose Wooldridge, a good start to the New Year.

We meet on the 2nd Monday of each month in the chapel hall at 7.30pm and new members are always welcome.

Lorna Dawe

Advertisements.

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and its members: - a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract.

Trades Description Act 1968 - All traders are reminded of the need to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

To advertise in this newsletter contact Margaret on 01409 261486 for more detail

The deadline for submissions of articles and advertisements for the next newsletter is Friday 6th May 2005.