



Milton Damerel Newsletter

Autumn Edition



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Milton Damerel Parish Council

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Devon, EX21 5BN

Councillors:

Stephen Moyse (Chairperson)

01409 261151

Richard Piper (Vice Chairperson) 01409 261114

Rose Haynes

01409 261577

Jim Richardson

07866406977

John Webb

01409 261301

Grace Millman

01409 261251

Gareth Piper

Meetings are usually held on the third Wednesday of each month. The agenda for all meetings are displayed on the notice boards no later than the Thursday before the meeting. Members of the public and press are always welcome and time is set aside for comments but they may not take part in discussions at any other time.

Annual Grants: Requests for annual grants should be made to the Parish Clerk , applications in writing should be accompanied with the latest set of annual accounts. All grants will be considered at the Parish Council Meeting to be held on the 19th November 2014 , so please have your applications in by the 10th November.

Councillor Robin Julian sent a report by email for the June Meeting and informed the Parish Council that 'A' roads will be inspected monthly and 'B' roads during March and September. Minor roads will be inspected annually in March.

If you have any concerns regarding road conditions you can email csc.roads@devon.gov.uk or on Devon County Council website. The Parish Council regularly complains regarding pot holes and poor highway surfaces.

Planning matters;

Planning applications for replacement dwellings at Beechcroft and Pentreve were granted as was the application for a New Silage Store at Waldon Farm.

The application for a Conservatory and porch at Bluebell Barn was refused.

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. If residents have any objections or concerns regarding an application they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any councillor or the Parish clerk, as there is now a strict 21 day consultation period it is imperative that you get your comments to the relevant department as soon possible.

The Step Back in Time Fund for young people still has a balance of £183.02 Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

Town and Parish Fund: .

Don't forget there is a Projector, laptop and projector screen available for local organisations to use in presentations for information or raising funds or any other suitable reason. The equipment can be used at the Village Hall or other premises provided that the presentations are for the local community. For example if there was a family celebration and the organiser hires the Village Hall the equipment would be available as part of the hall facilities, but an individual could not use it in their own home, nor can it be used by other Parishes (except Sutcombe who are joint owners). If in doubt or for any further information please do not hesitate to contact any Councillor or myself.

Remembering our WW1 fallen heroes. The names of the WW1 personnel from Milton Damerel who died on active service and were listed in the Church/Chapel have now been forwarded to Torridge District Council for inclusion on their memorial, Councillor Grace Millman researched the names on the internet and recovered as much information as possible.

Freedom of information. Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some Information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agenda and minutes are now available on www.miltondamerel.com

Lorraine Buttery Parish Clerk 15th August 2014



CONGRATULATIONS!

Barry & Barbara Bellairs of Hill View, Beacon who celebrated their Golden Wedding Anniversary on 1st August.

Peter Self of Tor View who celebrated his 70th birthday on 11th August

Lesley Self of Tor View who celebrates her 65th birthday on 11th October

To all our young people in the Parish who have taken exams and completed study courses over recent weeks. We hope you have achieved the grades needed to move on with your plans for university, work, college, etc. Well done on all your efforts.



GOOD-BYE & WELCOME

Welcome to:

Daniel & Hilary Brett who have moved into Springfield;

David & Caroline Simons who have moved into Woodland View, Woodford Bridge;

James & Amber Bartlett and Sophia who have moved into Milton Town;

Simon Skinner and Claire Sanders who have moved into Meadow View, Milton Town;

Jonathan Greenwood & Gillian Lamb who have moved into Sunny View, Strawberry Bank;

Nigel Alford & Paul Rogers who have moved into South View



OUR SYMPATHIES

For those who been bereaved recently including:

Mrs Gwenyth Johns, of Anzac, and her family on the recent loss of her husband, **Arthur**

Bradworthy & District Ploughing Association presents The 2014 Ploughing Match

10am—4pm

North Town Farm, EX22 7NP

Saturday 13th September

Featuring A John Deer Themed Event

Competition Ploughing

Working and Static John Deers

John Deer through the ages parade

Farm produce and vegetable show

Refreshments

All welcome

Entries:- Lucy 07557103662 Information:- James 07815118279 Simon 07977141975

Chapel News – September 2014

FAREWELL TO REVDs MEG & GRAHAM SLINGO – Milton Damerel Chapel was full for the farewell service for Meg and Graham on 3rd August, which was led by Revds. Ken Morgan and Stephen Hill. In addition to hymns and songs chosen by Meg & Graham, there was a humorous drama about their time in the Circuit, the Waveline Christian Dance Group performed, and presentations were made to Meg & Graham, and to Revd Phil Greetham who was based in Hartland and supported the chapel at Clovelly. Bring and share supper was served in the Schoolroom afterwards when everyone had opportunity to thank them and say 'God Speed'.

From 1st September, Graham is ministering in the Brownhills and Willenhall circuit, and Meg is ministering in the Cannock Chase circuit; both of these are part of the Wolverhampton and Shrewsbury Methodist District.

WELCOME TO REVD PATRICE JACKSON – We are blessed with a new minister for the Torridge Methodist Circuit, to join Revds Ken Morgan and Stephen Hill, from 1st September. Revd Patrice Jackson will be welcomed at a service to be held on 1st September at 6.30pm at Bideford High Street Methodist Church. There will be a change in our circuit arrangements, with the three ministers sharing in a team ministry covering the whole circuit; we will learn more about these arrangements over the next few weeks; in the meantime if you need to contact a Minister, please telephone one of the persons listed below.

DONATIONS TO JENSEN TUCKER'S TREATMENT IN AMERICA - Proceeds from the Sunday Club **Annual Celebration Service** held in May and the **Bible Quiz Evening** in May, along with a couple of donations, amounted to £160 for this fund for Jensen's treatment in America. We are delighted to hear Jensen has received his treatment and is now home after 5 weeks in America. He now has years of physiotherapy ahead but is making wonderful progress and already showing signs of great improvement, much to the joy of his family and friends.

BABY & TODDLER GROUP and CHILDREN'S HOLIDAY CLUB

– Please refer to the Junior News page for the news from these groups. Contact Sheila Daniel 01409 261466.

SUMMER CONCERT – Sunday, 24TH August at 7.30pm. We are delighted to have a return visit by The Stowford Meadow Singers and the chairman will be Mr Roy Johns of Newton St Petrock. Come along for a good evening of music and fellowship.

AFTERNOON TEA & CAKES - The afternoon held in June was well supported and raised £110 in total, for the Baby and Toddler Group. The next Afternoon & Cakes event will be on **Saturday, 27th September, 3pm to 5pm**, in the Schoolroom will be a fund-raiser for our Children's Holiday Club and the new Long House care centre for Holsworthy (an outreach service of the North Devon Hospice), so we really hope you will support us and come along. Also items for the stalls would be appreciated. Would you like to donate bric-a-brac for the stalls? – Speak to someone from the Chapel,

HARVEST FESTIVAL WEEK-END – Our celebrations will be held over the week-end of 10th to 13th October. For decorating of the chapel with produce and flowers, etc., the chapel will be open all day on **Friday 10th October**, for which all help will gratefully appreciated. For the **Service of Thanksgiving on Sunday, 12th October at 11am** our guest preacher is Mr Courtney Drew of Holsworthy. The celebrations will continue on **Monday, 13th October** with a Bring and Share Buffet Tea from 6.30pm in the Schoolroom, followed at 8pm by a short Thanksgiving lead by Mr Mark Shepherd, of Chilsworthy, and finally the auction of produce, etc., by Mr James Morrish of Kivells. All friends and visitors are most warmly welcome to join us and share in the celebrations.

FAMILY SERVICES – The last Sunday each month is Family Service for everyone (all ages!). We are delighted to welcome anyone able to come along.

27th September

United Service at Parish Church

26th October

Revd Patrice Jackson

30th November

Mrs Elsie Potter

CHAPEL FLOWER PLAN FOR THE MONTHS OF SEPTEMBER TO NOVEMBER 2014

7 th & 14 th September	Mrs Sarah Weal
21 st September & 5 th October	Mrs Christine Poole
(28 th September at Parish Church)	
12 th & 19 th October	Harvest Festival Flowers
26 th October & 2 nd November	Mrs Phyllis Piper
9 th & 16 th November	Mrs Sheila Daniel
23 rd & 30 th November	Mrs Valerie Carter

BIBLE STUDY – A group meet on Monday evenings at 7.30pm in the Schoolroom for Bible Study. We are an ecumenical group, drawn from Milton and neighbouring parishes, self-lead our studies and select books of the Bible for study. Currently we are following a study about Christian living. We would be delighted to welcome anyone wishing to join us!

CHURCH COUNCIL – At the July meeting, the financial position was noted, and the independent audit of the accounts to 31st August 2013 had been completed. We also received reports about the church's organisations and noted arrangements for future services and events including ecumenical activities with the Parish Church. Mrs Sarah Weal was appointed Property Steward to replace Roger Daniel, and Sarah will be assisted by Steve Weal with Roger Daniel volunteering to assist as required. In the light of recent events, for safety reasons, we agreed a form of barrier/fence should be installed along the boundary kerb at Chapel Cottage to prevent vehicles (cars, tractor and trailers, etc.) encroaching on the steps and pedestrian areas outside the cottage. The work to upgrade the electrical supply to the Chapel is planned for completion at the end of August.

CONTACTS – For further information or help please contact: Our Steward: Lilian Luxton (Tel: 261355), Our Church Council Secretary: Sheila Daniel (Tel: 261466), Our Caretakers: Steve & Sarah Weal (Tel: 261694)

Would you like to better manage your money?

Are you struggling with your money? Would you like help with your financial management?

Whether you're feeling the weight of debt, or just need a bit of help budgeting – a CAP* Money course could be for you.

There is an opportunity to follow one of these courses locally. Two members of the Torridge Methodist Circuit are trained to run the course and are offering to hold these locally. The course is free (10 places available); is about money, budgeting, spending and saving; consists of 3 sessions on 3 separate evenings, normally starting at 7pm (tea/coffee available from 6.30pm); and is open to anyone who wants to attend (no connection with a church is expected).

If you may be interested, please contact Sheila Daniel (tel: 261466) so that your interest can be noted and a course arranged.

** CAP are the initials for a charity named Christians Against Poverty, "which is passionate about releasing people in our nation from a life sentence of debt, poverty and its causes. Working with the church we bring good news, hope and freedom. Whether you're feeling the weight of debt, struggling to find work or just need a bit of help budgeting – we're here to help you. We're helping over 38,000 people a year through our free debt help, job clubs and CAP Money courses".*

St Peter's Church, Thornbury

HOLSWORTHY MEMORIAL COFFEE MORNING – Another wonderful morning, thank you everyone who helped, supported and donated a total of £371.50 raised which will be shared between Woodacott Chapel and St Peters Church

BAG COLLECTION – many thanks to everyone who supported the last bag collection, we had 230kgs and a cheque for £115 which is a great total, please keep collecting our next collection date is Tues 22nd October. Unwanted clothes, bags, belts, shoes, please remember NO bric a brac, curtains or bedding now. Please feel free to leave donations in the back of the church

St Peter's **HARVEST FESTIVAL** will be held on **Friday, 12th September at 7.15 pm**, please come along and join us for our Harvest Celebration, there will also be a **Harvest Holy Communion on Sunday, 14th September at 9.30 am**. If you have any produce you would like to donate for decorating we would be very grateful, please feel free to leave items at the back of the church by Thurs 11th September. Produce will be sold off after the Sunday Service.

SEPTEMBER COFFEE MORNING – our September Coffee Morning will be held at St Peters, Thornbury, on **Saturday, 6th September, from 10.30 am** til 12 noon, proceeds will be donated to the Devon Historic Churches Trust who have helped and supported St Peters many times of the years. Any donations of cakes, raffle prizes, produce will be very welcome.

SATURDAY CHURCH – a new venture for the benefice, this will be starting on **Saturday, 13th September at Bradford Village Hall, 10 am til 11 am**. This will be an informal service for all ages to include crafts, music, bible stories and refreshments, please come along and join us. This service will run monthly on the second Saturday of each month.

Holy Trinity News

From Fr Christopher; If you know of anyone who needs me to visit, day or night at home, hospital or hospice please don't hesitate to call – I am more than happy to visit. Phone me at any hour, day or night, on 07941735318.

From the Church Wardens:

A very big thank you to everyone who supported, attended and donated at the Gift Day in June. It was a real success with strong support from the community and very generous donations. In all the total from gifts and the cream teas came to over £650, a huge boost to church funds.

As the newsletter goes to press we will be holding an Exhibition over the weekend of 16-17 Aug and on the Tuesday 19th to commemorate those from the Parish who served in the first world war.

Forthcoming Events:

Harvest Festival – This year's Harvest at Holy Trinity will be on Sunday 5th Oct at 3PM.

Teas and coffee and auction of produce to finish.

Forthcoming Services:

Morning Prayer– **14th Sep 14** 11.30 AM

Sunday Service and Holy Communion – **28th Sep 14** 11.30 AM

Harvest Festival - 5th Oct 3PM

Morning Prayer– **12th Oct 14** 11.30 AM

Sunday Service and Holy Communion – **26th Oct 14** 11.30 AM

Morning Prayer– **9th Nov 14** 11.30 AM

Sunday Service and Holy Communion – **23rd Nov 14** 11.30 AM

Church Gardening

Thank you to all those who support the church gardening. I call it gardening but actually much more goes on than just cutting grass, there are a range of tasks we undertake throughout the year from grass cutting, tree cutting, hedge laying to grave stone straightening. It is not only the outdoor work but much goes on inside the church and the difference inside is really noticeable. Rather than an air of abandoned decay and neglect, the neglect has been removed and the church doesn't feel abandoned. Brassware is bright, pews are polished and flowers adorn the church. So the title *gardening* doesn't cover the extent of peoples work but is just the name which has stuck. Perhaps church maintenance would be better but that sounds a little too industrial. Suffice to say all are welcome and whatever you may be able to contribute in time and effort are greatly appreciated so please continue to support when you can.

The usual dates have been set for a while now and don't suit everyone so we will have a look and discuss with the current volunteers which dates and times are best. An updated calendar will be put on the Church page of the Milton Damerel web site at the link below and in the church porch.

<http://www.miltondamerel.com/trinity.htm>

St. James Church, Abbots Bickington

HARVEST FESTIVAL: Sunday 5th October 2014 at 3pm with Rev. Richard Dorrington

WHIST DRIVE: Saturday 29th November 2014 at 7.30pm at Milton Damerel Parish Hall

CAROL SERVICE: Tuesday 16th December 2014 at 7pm

MILTON DAMEREL
METHODIST CHURCH

SUMMER CONCERT

Sunday, 24th August @ 7.30pm

With

The Stowford Meadow Singers

Chair: Mr Roy Johns

Refreshments

A warm welcome awaits

AFTERNOON TEA & CAKES

Saturday, 27th September

3pm – 5pm

Stalls

(If you would like to donate items speak to someone from the chapel)

Raising Funds for the

Children's Holiday Club and

The Long House Care Centre for Holsworthy

Come along for chat, calories and retail therapy!!

HARVEST FESTIVAL

Friday, 10th October

Chapel Open All Day for Decorating

Sunday, 12th October @ 11am

Family Thanksgiving Service with

Mr Courtney Drew

Monday, 13th October from 6.30pm

Bring & Share Buffet Tea

8pm Thanksgiving with Mr Mark Shepherd

Followed by Auction of Produce, etc.

With James Morrish of Kivells

Everyone is very welcome at any of our events – please come along.

PILATES

Now taking a summer break, re-starts on **Monday, 8th September from 11.00am – 12.00pm** in Milton Damerel Methodist Chapel Schoolroom, Need to wear loose comfortable clothing nothing restricting to movement, and a non slip mat.

If you wish to join or know more about this group, contact Di Sluggett on 01409 281637,

Email: chrisanddisluggett@tiscali.co.uk

Holsworthy Beacon
Methodist Church

COFFEE MORNING

Last Thursday of each month
10am – 12noon Chapel Hall

HARVEST FESTIVAL

Sunday, 28th September @ 11am

Preacher: Mr C Andrew

Buffet Lunch

Warm welcome to All!

SONGS OF PRAISE

Please look out for details of this – to be held in October



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JUNIOR /YOUTH NEWS

New Baby & Toddler Group

The Afternoon Tea and Cake event in June was well supported and raised £110 for the Group. We have used some of the money to purchase two small ride-ons, a mini trampoline and see-saw. In May we enjoyed a morning out at Harlequins Soft Play, and are planning another trip out. During August we are taking a short break, and there will be a Family BBQ to restart the Autumn session. Thanks for support received.

Sunday Club

The May Celebration Service contributed to the £160 which was sent to the fund for Jenson Tucker treatment in America. See Chapel News for the report.

New Holiday Club

We held three sessions commencing with a Percussion Workshop presented by Rhythm Sticks on Tuesday, 29th July. The Schoolroom was filled with all sorts of drums and it was lovely to see so many happy smiling kids (and adults) enjoying playing the various drums and dancing to Grease and Abba songs. Apologies if you heard the noise from Venn Green to Strawberry Bank!. We would love to have Rhythm Sticks with us again soon. The following Tuesday we had lots of Crafts and Cooking. Even more turned out for this. We made loom bracelets and all sorts of jewellery, melt in the mouth scones, box art, all very messy, tie dye, and had a lovely guest along called Ling (from Vietnam) who painted beautiful nails.

The following Saturday we finished with a Mini Festival. Not so many out for this but we did have some lovely entries for the competitions, including ingenious plate gardens, masks, birthday cards. Home baking and the previous Tuesday's tie dye. Prizes were presented and hotdogs and ice creams served, bringing our Summer Holiday Club to a close.

Our thanks to all involved in making this a success.

Look out for the next half-term holiday club.

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Walking Parish Footpaths

The walks continue to be well supported and the last three walks of the year are detailed below. Please note that the Clawton walk is a new venue and the meeting point is their Parish Hall car park which is next to the Church.

8 th . September	Clawton	Meet at Clawton
13 th . October	Bradworthy	Meet in Bradworthy Square
10 th . November	Pyworthy	Meet at Pyworthy Village Hall car park
December	No walk planned	

Please bare in mind that some of the paths might well be wet and muddy, especially after bad weather and you will need to wear appropriate footwear. As always there will be a leader who will decide, on the day, whether the path is suitable to use and may therefore alter the published route. Anybody is welcome to come along. All walks start at 10.00am and aim to finish by noon except for the August walk. For further information please contact Robert (01409 254211) or Michael (01409 261196).

There have been several instances recently, mentioned in the national press, of animals injuring and even causing the death of walkers crossing fields. In all these instances a dog or dogs were involved. You do of course have every right to take your dog along footpaths and public rights of way and the Countryside Code recommends that the dog is either on a short lead or, if sufficiently obedient, unleashed but in close control, ensuring that it does not stray off the path or out of the area that you have a right of access. If farm animals do show aggression it is deemed safer to let the dog off its lead. The dog will be able to run away and in doing so will hopefully distract the animals who are essentially concerned about the dog(s) (no matter how small it is they are considered to be predators) and not about the humans. A number of our own Parish paths cross fields where livestock graze from time to time, so please exercise care if you do come across any animals.

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Bradworthy School Term Times

Autumn Term Starts - Thursday 4th September

Autumn Half Term Holiday - Monday 27th October - Friday 31st October

Break up for Christmas - Friday 19th December

New Year Term Starts - Monday 12th January 2015

School and Individual Photos - Thursday 6th November 2014

THE JET STREAM MOVED !!!

At the start of the summer it was announced that the Jet Stream had moved North so for the first time in many summers we were South of it and subsequently it was drawing in high pressure to give us good weather and July particularly was very hot and sunny, a bit too much for me I like it warm but not that hot.

BROWN AND PLEASANT LAND.

The lawns were just starting to go brown from drought but everything has to change and in early August the stream moved South of us turning the main summer month cold and wet and of course the grass started to grow at a rate of knots, at the time of writing in mid August the skies are grey and it is chilly let's hope September improves.

Back in the 1960's and 70's I spent every summer week mowing lawns around blocks of private flats and could count on the grass going brown in July through the whole of August giving me at least a six week break from what I considered to be a most boring repetitive job, it usually started to rain at the end of the month often coinciding with the Bank Holiday, in fact we counted on the rain arriving to enable us to start turfing again in September.

For those who remember the old August Bank Holiday was the first Monday in the month until 1965 when it was changed to the last Monday.

FRESH AIR AND FOOD

Outdoor living was certainly the order of the day for most of July and we were regularly spending evenings outside while I cooked on the Barbecue, not the healthiest of food with sausages, beefburgers, black pudding and pork belly being the main constituents with chicken as a concession to healthier living all being accompanied by new boiled potatoes, jacket potatoes wrapped in foil and salad.

When she became fed up with pork the wife would get me to cook a piece of salmon for a change.

For probably 15 years I was a traditionalist adamant that a barbecue must use charcoal to give the food a true smoky BBQ flavour, many summer evenings were spent trying to get enough heat up to cook on, the worst was using last season's charcoal which however well stored invariably was a little damp and refused to light until repeated amounts of lighter fluid had been poured on and lit to dry it out.

Many times the night I spent a couple of hours before I could cook then it got so hot there was a risk of burning the food, fortunately I learned early on that you only fill half the bowl with charcoal so you have one side hot enough to cook on and the other a little cooler to keep the cooked food warm, adding more charcoal as you cook enables you to spread the heat across as the original coals burn out.

Sometime in the 1990's gas barbecues were becoming the norm and although I continued to argue that this wasn't the traditional cooking method and you lost a lot of the flavour I owned a garden centre and had the opportunity to try the new models, I soon found that with lava rock between the food and the gas burners the flavours were equal if not better than over charcoal and it was so convenient to just turn a knob when you wanted to cook.

Now I have a four burner gas BBQ with a flat griddle on one side and a conventional grill on the other which means I can cook everything including fried eggs, mushrooms, tomatoes etc and with a rotisserie and hood I can cook whole joints, chickens etc which always seem to be tastier and more tender than in our main oven.

I am firmly convinced that because the fat comes out of the meat and is burnt the food is healthier while the enhanced flavours are due to the evaporated fat wafting around the meat.

Happy cooking.

Bill Wrighton.

Gardeners diaries

September

Keep mowing the lawn and if required apply a weed treatment and perhaps an autumn feed.

Plant out brassica plants for late winter cropping e.g. broccoli, cauliflower, spring cabbage etc.

Cut hedgerows at the end of the month so they can make a little new growth before the winter.

Trim verges, meadows etc to encourage wildflowers.

Carry out any grass seeding you need.

October

Plant garlic for harvesting July/Aug 2015.

Plant spring flowering bulbs such as daffodils, tulips etc.

Mow whenever you can.

Lay any new turf you require.

Pick and store all apples not previously picked.

November

Mow whenever you can.

Cut back as necessary all roses, shrubs etc.

Treat/remove moss from hard surfaces.

Fill log and coal stores.

Put garden furniture, BBQ's etc away for the winter

Eating Out

Torridge Inn,
Thai Restaurant & Takeaway.
136 Mill Street,
Torrington
Devon
EX38 8AW
Telephone 01805 625042.

The Torridge Inn, Torrington, Thai Restaurant and Takeaway.

Although I haven't actually been there myself I have heard terrific reports on the food.

Some comments are as follows :-

"As a fan of Thai food I was very pleased to hear an English guy with a Thai wife had bought the pub on the edge of Torrington. Well I was blown away by the amount of flavour in the curry. I loved the time I have spent in Thailand, but don't remember the food being as tasty as the Torridge Inn."

"Absolutely fantastic! Food was wonderful, staff were friendly and very hospitable and happy to make (very good) recommendations. From the outside it looks like any other country pub so it is such a wonderful surprise to go inside and get such excellent quality authentic thai food!"

"It was by accident that we found this friendly pub, we sat outside with our drinks whilst we read through the menu. Speaking to the owner who was very friendly he informed me that his wife was Thai and the family had run restaurants in Bangkok and all the ingredients were from Thailand , we ordered our starters and main and was assured that we would be more than happy with her food his confidence was very assuring. The food arrived and we were very happy with the presentation and flavour, it was fresh ,tasty and not oily or greasy .This was the best Thai food I had ever eaten and the price was more than reasonable."

"Absolutely fantastic! food was wonderful, staff were friendly and very hospitable and happy to make recommendations. From the outside it looks like any other country pub so it is such a wonderful surprise to go inside and get such excellent authentic Thai food."

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MILTON DAMEREL PARISH HALL NEWS
Charity No. 281123

A Committee Meeting was held on Wednesday 13th August 2014 when future events were organised.

Sorry to say there has been no response on the appeal for the missing Red Checked Table Cloth.

A leak was found in pipe work, in the kitchen floor, which has now been repaired. The floor covering will be replaced shortly. We would like to remind parishioners that this is your Hall and can be hired for any private event. Our rates are very reasonable. £5 per hour for the Hall with the Kitchen. £6 per hour, if the Skittle Alley is used for an extra room only. £10 for the use of the Skittle Alley, up to 4 hours.

The next meeting is the **Annual General Meeting on Monday 8th September 2014 at 7.30pm**

EVENTS REPORT.

BINGO. Saturday 24th May 2014. Profit £50

WHIST DRIVE. Saturday 21th June 2014. Profit £51.95

SUMMER BEETLE DRIVE. Saturday 5th July 2014. Profit £57. Small attendance but enjoyed by those present.

WHIST DRIVE. Saturday 19th July 2014. Profit £68.36

CIDER AND PASTY WALK. Thursday 31st July 2014. Profit £225.65.

An enjoyable evening walk, mostly off road with pleasant weather, friendly company and good food.

FUTURE EVENTS/DATES FOR YOUR DIARY

All Proceeds for the Parish Hall unless otherwise stated.

WHIST DRIVE. Saturday 20th September 2014. 7.00pm for 7.30 £2.00

SOCIAL PUDDING EVENING. Saturday 4th October 2014. 7.30pm £4.00 Enjoy a pleasant social evening with a selection of Puddings, Cheese and Biscuits, Tea and Coffee. BYO Wine or Beer if desired. **PLEASE BOOK**

WHIST DRIVE. Saturday 18th October 2014. 7.00pm for 7.30 £2.00

WHIST DRIVE. Saturday 15th November 7.00pm for 7.30 £2.00

WINE AND WISDOM. Saturday 22nd November 2014 7.30pm for 8.00. £5 per person, Teams of 6 if possible. Singles and couples welcome. Teams can be made up on arrival. **PLEASE BOOK**

CAROL SINGING. Thursday 18th December 2014 Full details in next newsletter.
All profits will be donated to North Devon Hospice, Long House Appeal

CHARITY WHIST DRIVE. Saturday 20th December 7.00pm for 7.30 £2.00.
All monies collected will be donated to North Devon Hospice, Long House Appeal

HALL BOOKINGS & Treasurer:- Mrs Lesley Self 01409 261 294 (If not available any of the following numbers).
Chairperson:- Mrs Mary Carter 261 248. Secretary:- Mrs Kate Moyse 261 151.

Regular Events at the Parish Hall.

Whist Drives The 3rd Saturday of each month.

Milton Damerel and District Over 60 Club. 1st Tuesday of each month, 2.30pm. New Members Welcomed. A social afternoon. Enquiries (**NEW SECRETARY**) Mr Colin Boucher 01288 359 184

Line Dancing. Every Tuesday, 7pm to 8.30pm. **Unfortunately Line dancing may have to stop, unless a few more people decide to join. The group is now down to three and on occasion two...A definite decision will be made before the winter months set in...** £2. Small group, more members welcomed.

Enquiries (please ring, if new, as an evening may be cancelled) Lesley Self, 261 294 or Mary Carter, 261 248.

Milton Damerel Gardening Society. 1st Wednesday of each month (February to June and October to December). 7.30pm to 9.00pm. Enquiries Mr Bill Wrighton 261 738. Email: **billwrighton@hotmail.com**

Milton Damerel Parish Council. Meetings usually held 3rd Wednesday of each month. 7.30pm. Enquiries, Parish Clerk. Mrs Lorraine Buttery, 01409 282 956, email miltondamerelpc@hotmail.co.uk

Skittles. Milton Damerel Men, Milton Damerel Ladies, also Thornbury Mens Skittles Teams, play for the Holsworthy Skittles League, at the Parish Hall, during the Skittle Season.



ROYAL BRITISH LEGION

Could you spare a few hours in late October / early November to be a Poppy seller for the Royal British Legion? Last year there were no volunteers for the door-to-door sale of poppies within Milton Damerel. If it is something you could take on, Ruth Neal, (tel: 01805 601715) would be very pleased to hear from you – please ring her and offer to help.

LINE DANCING

At Milton Damerel Parish Hall

Tuesdays 7.00pm to 8.30pm £2.00 per session

Tel: Lesley 261294 or Mary 261248

RUBY RUN

This year, after missing four years, I was able to do the Ruby Run, which was held on Sunday 8th June. Or shall I say walk, in my case. After booking in at Holsworthy Information Centre, I left at 8.10am, to start my walk to Hatherleigh. The actual start for the Run is Coles Mill, 13 and a quarter miles. So I felt that I did 14 Miles altogether. I had done the previous 7 'Walks' in about 15 minutes per mile. Would I still be able to do this, after missing 4 years. I was dressed for good weather, but the sky looked a little grey, rain came in just after Anvil Corner. On went the Pac a Mac, but within five minutes, the sky cleared and the rest of the day was really pleasant. The water stops were appreciated and I managed to consume 2 litres of water. Needless to say, a comfort stop was required in a secluded field, once I had seen one with an open gate. I enjoyed walking by myself, the Devon scenery was as good as ever. I passed a few earlier starters and was managing to keep my time to a mile every 15 Minutes.

Walking with the traffic was very unnerving. Very few drivers took a wide berth. Some were right up your backside before you knew it.... When walking several miles, at a quick pace, is not your norm, the legs start to go in all directions. However hard you try to stay into the verge, you do start wandering in and out. With the traffic coming up from behind I felt quite concerned about my safety. Years ago we used to walk against the traffic, as taught as children and I can't understand why it was changed. I have just recently written to the Police Officer dealing with the safety of the Ruby Run, asking for their comments on why the walking direction had changed and await a reply.

I arrived in Hatherleigh Town Square at 11, so very pleased with my time. Peter arrived a little later (by car) and we watched some of the runners coming in. John and Anne Binns made good time and their daughter Joanne followed a little after.

Will I do it next year, lets wait and see.....

Lesley Self, approaching 65 and feeling it at times.



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Press release

New Car service for cancer patients in North Devon

A new door to door trial service for cancer patients who need to get to North Devon District Hospital (NDDH) for oncology or chemotherapy treatment and who would struggle to get there has been launched this week.

The service which is funded by the North Devon Cancer Care Centre Trust and co-ordinated by Go North Devon will collect patients from the Torridge area on Monday, Wednesday and Friday and from the North Devon area on Tuesday and Thursday. The service will run twice daily to NDDH arriving at 09.00am + 1.00pm and departing at 1.15pm + 5.00pm. The VW Caravelle can carry five passengers on each run and booking is essential.

NDCCCT and Go have worked together for the past 17 years helping North Devon cancer patients who needed to get to Exeter on a daily basis for Radiotherapy. However an NHS funded service is now in place to help patients with these journeys so the NDCCCT Trustees felt the time was right to investigate new ways to help cancer patients in the area.

There is currently no charge for using the new service which is funded by NDCCCT from donations and fundraising. James Bonetta, Chairman of NDCCCT said "Our charity began with the goals of helping cancer patients attend appointments and offering support to the chemotherapy unit at NDDH. With the new unit opening next year this new service will combine those original aims and, we hope, help many people in the future."

For more information or to book a seat please telephone 01271 314332 Monday to Friday 09.30 to 4.00pm (excluding Bank Holidays).

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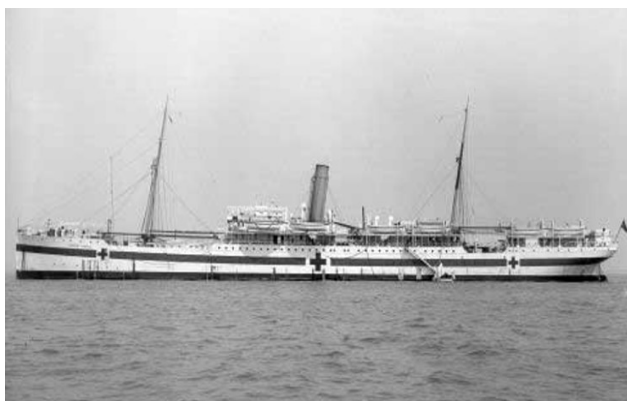


In Proud and Grateful Memory

Just a short walk along the Devon Coastal Path, in a southerly direction when starting from the Hartland lighthouse car park, you come across a war memorial situated in the corner of a field overlooking the sea. This was erected in 2002 to commemorate the poor souls who lost their lives when the hospital ship Glenart Castle was torpedoed by a German U-boat twenty miles from the coast. Some 162 people were killed, including the captain, 7 medical officers and 47 medical orderlies. Only a few survivors were reported. It was suggested at the time that the submarine may have also shot at survivors in the sea in an attempt to destroy evidence of their actions. The submarine in question was U-boat UC-56 and the Glenart Castle was the only ship throughout the whole war that it actually sank. At the time of the sinking, the Glenart Castle had left Newport, South Wales on 26 February 1918 and was heading for Brest, France. Local fishermen in the Bristol Channel at the time reported that she was clearly lit up with the internationally recognised lighting for a hospital ship.

The ship had a somewhat chequered history and some people said that she was jinxed. She was built in 1900 by Harland & Wolff in Belfast and launched with the name of Galician. Initially she was in service between the UK and South Africa with nothing of significance happening for 14 years. In 1914, shortly after the start of the war she was on route from Cape Town to the UK when she was intercepted and arrested by the German cruiser SMS Kaiser Wilhelm der Grosse. However, as she was carrying a large number of women and children the Germans released the ship to allow her to complete the journey.

Later that year the ship was requisitioned by the admiralty and converted to a hospital ship, being fitted out with 453 beds for the wounded. And she then plied the English Channel for just over 2 years without incident. Her second incident took place in 1917 when she was returning from Southampton to Le Havre. She hit a sea mine and was badly damaged but fortunately, on this occasion, there were no casualties. She was taken under tow and arrived in Portsmouth with her stern almost under water. After repair she was returned to service as a hospital ship serving in the Mediterranean until 1918 when she returned to the Channel and continued in humanitarian service until that fateful day of 26 February, 1918.



For those people wishing to continue for a short walk, continue along the way-marked coastal path until you descent into a small valley. The coastal path continues with a climb up a steep path but to the left in the middle of a field is a static caravan. An alternative path is over the stile at the field corner and pass the caravan on the left side to pick up a track. Follow this track until you reach a farm and through the yard back to the surfaced road. Turn left and passing the Lundy heliport you return to your starting point at the lighthouse car park. In all, just over 2 miles but in wet weather you will need appropriate footwear.

Mike Jackson

Looking Back – from The Holsworthy Post, Thursday, 14th August 2014.....

“60 years ago, August 14, 1954

“An outbreak of myxomatosis has been confirmed at a farm in Milton Damerel.”

Anyone recall this occurrence?

WORLD WAR 1 – follow-on from article in last edition....

Hello Grace,

I follow Milton Damerel's newsletters and noticed the June issue was requesting some information regarding those on the Memorial Plaque that died during the First World War.

In the event that no one else comes forward with info for Arthur Jordan (died July 1, 1916), I do know the following. Arthur was born in 1891 in Newton St Petrock, Devon, the only child of Norman Jordan and Amelia Johns. Norman was born about 1869 in Milton Damerel and died in 1894 when Arthur was just a toddler. After Norman's death, Amelia married again in 1896 to Thomas Braund (a boot maker) and they resided in Milton Damerel. Amelia died in 1912 and I believe Thomas died in the early part of 1916. Amelia and Thomas had one daughter Mary Ann who married Albert Harris in 1919.

Based on Arthur's July 1, 1916 date of death and that he is buried in Ovillers Military Cemetery, I believe he died on the first day of the Battle of the Somme.

As a further note, Arthur's grandmother Martha Jordan (nee Butler) is my great, great grandmother on my mother's side of the family. Martha and her husband Thomas John Jordan resided in Milton Damerel and at times farmed at Notts Wood and Buttermoor within the parish. Martha's earlier daughter Fanny Butler married William Jenkins in Milton Damerel and I descend from their oldest son Tom. I believe the Charles Jenkins on the Plaque is a younger brother of my grandfather. While Tom and another brother emigrated to Canada in 1913, Charles remained in Milton Damerel and has descendents still living in the area who would be in a better position to provide first hand information for him.

Please do not hesitate to let me know if you have any questions. I regret I most likely will not have more info about Arthur. What I have learned of Arthur is what I managed to piece together from genealogy research.

Many regards Connie Sanders
London, Ontario, Canada

It was so extraordinary to receive the above e-mail, in my reply to Connie I asked if she would write a few lines for the next newsletter, on which she kindly obliged! Also see opposite a partial family tree from information given by Connie.

Seeking Milton Damerel

A few years ago I started researching my family history. I regret I did not ask my grandparents about their lives before they passed on many decades ago. I have since learned their lives were full of risk and challenges; and uncovered a few family secrets.

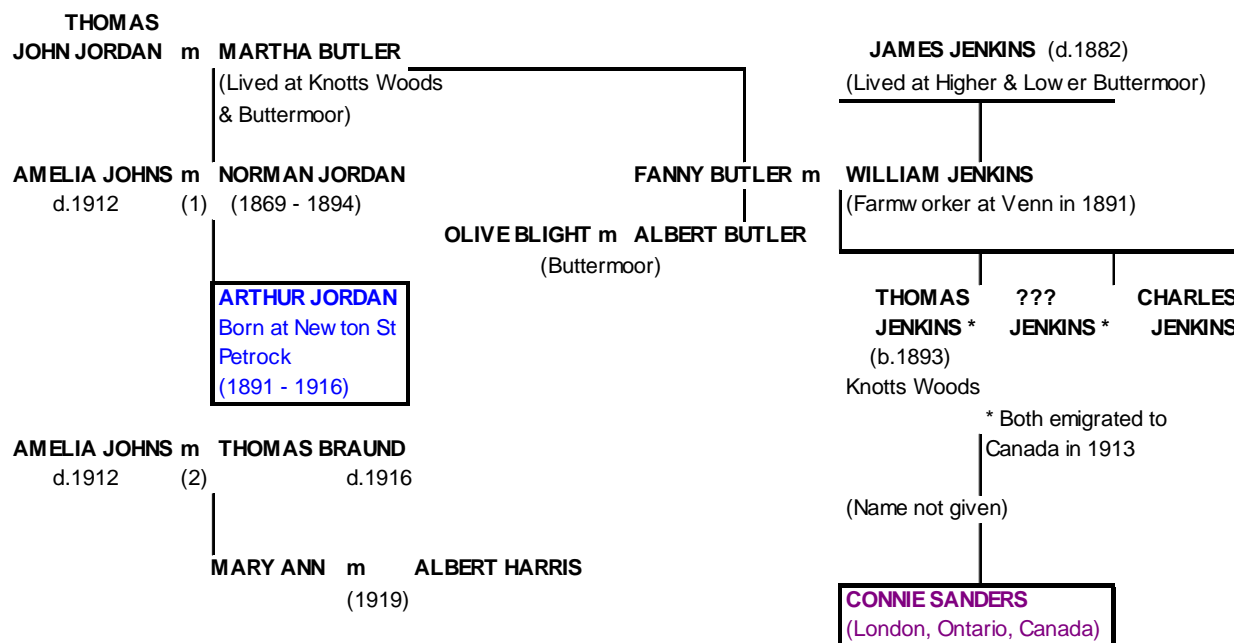
I discovered my mother's Jenkins ancestors go back many generations in Milton Damerel. Learning all I could about Milton Damerel became important to me. The magic of Google led to the Community Website and I was pleased to find it contained more than just 1868 National Gazetteer info. I was thrilled to find the Newsletter and the back issues. I have read every issue and appreciate the local history, people and place name references, and the current events provided in each issue. Some of the place names where my Jenkins ancestors lived were Gratton, Buttermoor, and Knotts Wood.

There were a couple of 2001 newsletters that were very informative regarding the many different Sanders families that existed in Milton Damerel. My father's grandfather emigrated from Cookbury in the early 1870's, but the 2001 newsletters point to the probability my Cookbury Sanders could be distantly related.

I look forward to each newsletter. I feel it brings me closer to my grandfather Thomas Jenkins who immigrated to Canada in 1913 but always felt that Milton Damerel was home.

Connie Sanders, London, Ontario, Canada

My Interpretation of information provided by Connie Sanders (2 e-mails)



WORLD WAR I An Update

In the last edition information was sought on Frank Ayres who was listed on the Memorial Plaque in the Methodist Church, and the following has been found, courtesy of Shawn Dymond (Holsworthy Museum) and Sarah Weal (Chapel Caretaker).

Frank Ayres was the son of John & Laura Ayres of Woodford Bridge. He was born on 28th March 1882 and emigrated to Canada in 1905. On the 1911 Canadian Census he was listed under the City of Edmonton as a lodger and employed as a farm labourer. He was enlisted to the Canadian Overseas Expeditionary Force on 6th March 1916 and he was described as 5ft 4 ins tall, of ruddy complexion with brown eyes and dark hair, the only distinctive mark being a slight scar on under side of right wrist. His religious denomination was Methodist, recorded on both the census and enlistment records.. He died of wounds (gunshot wounds leg and hip) at No: 18 Casualty Clearing Station on 18 August 1917, age 35, whilst serving as a Private with 10th Battalion, Canadian Infantry (Alberta Regiment), and is buried in the Lapugnoy Military Cemetery, Pas de Calais, France.

The inclusion of Frank Ayres name on the chapel Memorial Plaque suggests names were included on both the Plaque and the Roll of Honour because of association with Methodist Church and possibly because of parental association with the Church but not exclusively because of residence in Milton Damerel Parish.

Walking for Health

In May of this year Holsworthy Walk and Talk Group started A Walk in The Park which is a short walk especially for people with limited mobility. We meet every Monday morning outside The Scout Hut in Well Park, Holsworthy setting out at 10.30 a.m. to Stanhope Park. There is a smooth, level track around The Park which makes for easy walking and is also suitable for wheelchairs or wheeled walking aids. There are several park benches along the way if anyone feels like a breather and a welcome cup of tea or coffee is served afterwards in the Cricket Pavilion. If you are interested in coming along just turn up on Monday mornings or, if you would like more information, please contact Gillian Aston on 01409 254642.

Holsworthy Walk and Talk Group also meet every Friday and set off at 10.30 a.m. from different locations around the area. These walks are of varying lengths to suit different abilities. Level 1 walks include The Ruby Way and are approximately 2 miles in length. Level 2 walks are a bit more demanding and are approximately 2.5 miles long and include venues such as Lower Tamar Lake. Level 3 walks tend to go uphill and down dale for approximately 3 miles but include lovely scenery such as the beautiful grounds of Buckland House, Buckland Filleigh and incorporating many of the surrounding footpaths. For further information or an up-to-date programme on these walks please contact David Arney on 01837 861829.

All walks are free and offer a great opportunity to get out and about and socialise.



IT'S SHOW TIME !!!

MILTON DAMEREL GARDEN SHOW

SATURDAY SEPTEMBER 13TH 2014

ENTRIES ACCEPTED BETWEEN 10 am AND NOON ON THE DAY.

JUDGING WILL BE COMPLETED BY 2-30 pm WHEN THE DOORS WILL OPEN TO THE PUBLIC WITH REFRESHMENTS BEING SERVED, TEA, COFFEE, CREAM TEAS ETC.

PRIZE GIVING AND RAFFLE DRAW AT 4 pm - RAFFLE PRIZES INCLUDE A JOINT OF MEAT, WINE, LUXURY HAMPER PLUS CONTRIBUTIONS FROM OUR SUPPORTING COMPANIES.

Entry is only 25p. per item with a wide range of classes including Arts and Crafts, Domestic, Flowers and numerous Fruit and Vegetables classes by both quality and size, the largest Kelsae Onion always attracts a lot of interest as do those classes specifically for children.

Each class will be judged for 1st, 2nd & 3rd place and awards are made for Best in Show, Best Childrens entry, entrant with the most overall points and of course the heaviest Kelsae onion.

Show schedules are available from Sanders Garage, Lizzy's Larder and Bill Wrighton or on line from billwrighton@hotmail.com just ask for a copy.

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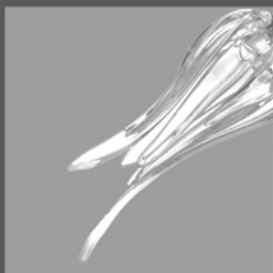
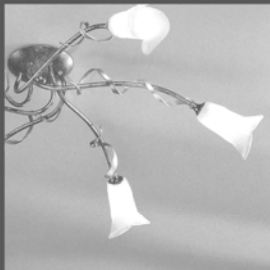
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POWERS OF ATTORNEY - DECISION TIME

In law, an Attorney is a person formally appointed to act for another in legal or business matters. It is therefore an extremely important matter, both for the person making the appointment and for the Attorney who accepts it.

It involves an enormous amount of responsibility and power. It is therefore vital that you have complete trust in the person you choose. For this reason it will normally be someone very close to you, such as a family member or close friend. But for good reasons it may be a professional you choose, such as a solicitor.

ORDINARY TYPE

There are two kinds of Power of Attorney - Ordinary and Lasting. The Ordinary Power of Attorney will typically apply when you wish to have someone who can make decisions on your behalf with regard to your finances and to take appropriate action for you. But it is only valid while you have mental capacity to make decisions yourself about your finances, enabling you to keep an eye on your Attorney. Such a power can be streamlined by you so that you limit your Attorney's powers to dealing, for example, only with your bank account.

LPA

The second type of Power of Attorney is the Lasting Power of Attorney (LPA). This Power is used to enable your Attorney to make decisions for you if you lack mental capacity at some future time or you no longer wish to make decisions yourself. There are two types of LPA. First there is the Property and Financial Affairs LPA. Then there is the Personal Welfare LPA.

PROPERTY AND FINANCES

The Property and Financial Affairs LPA provides for your Attorney to make decisions on such important matters as:

Paying your mortgage, Paying your bills, Dealing with investments and banking, Buying and selling property, Arranging for jobs to be done such as house repairs

This Power can be used even if you still have mental capacity.

PERSONAL WELFARE

Then there is the Personal Welfare LPA. This provides for your Attorney to make decisions on your behalf about your personal welfare and healthcare provision. It only kicks in once you lose mental capacity. It covers a wide range of issues which are vital to your well-being such as:

What you should eat, Where you should live, Who should have contact with you, Whether you should consent to medical treatment of a certain kind

You can streamline the powers you give your Attorney to specific decisions only. Alternatively you can give your Attorney unrestricted control - you entrust them to make any and all decisions for you if you lose mental capacity.

LEGAL REQUIREMENTS

There obviously must be strict rules and procedures in place for such important documents which are likely to have such a fundamental effect on your life and on your future. So you need to get it right, both in terms of paperwork and in terms of who you appoint and what powers you will give them.

COURT OF PROTECTION

If you haven't got an LPA in place and lose mental capacity, what then? It may be necessary in that event for the Court of Protection to become involved. The Court can then take such steps as:

Decide whether you have mental capacity to make decisions

Make orders concerning your personal welfare or your property and financial affairs if you lack mental capacity

Appoint a Deputy for you who will make decisions for you if you lack mental capacity

Someone wishing to make decisions for you if you lack mental capacity can apply to the Court to be appointed as your Deputy.

DECISION TIME

So these are big decisions. We should all consider whether we should make LPAs, but especially those of us who are acquiring senior citizen status - the march of time cannot be halted.

ACTION

Here at Busbys, Sharon Piper has many years of experience in advising the elderly, and preparing LPAs. She is also a full professional member of Solicitors for the Elderly. You will have full confidence in Sharon, so get in touch with her on **01288 35 9000**.

**Busbys Solicitors,
Bude & Holsworthy**

Written by Regina Brett, 90 years old, of the Plain Dealer, Cleveland , Ohio .

"To celebrate growing older, I once wrote the 42 lessons life taught me. It is the most requested column I've ever written. My odometer rolled over to 90 in August, so here is the column once more:

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short – enjoy it..
4. Your job won't take care of you when you are sick. Your friends and family will.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Stay true to yourself.
7. Cry with someone. It's more healing than crying alone.
8. Save for retirement starting with your first pay check.
9. When it comes to chocolate, resistance is futile.
10. Make peace with your past so it won't screw up the present.
11. It's OK to let your children see you cry.
12. Don't compare your life to others. You have no idea what their journey is all about.
13. If a relationship has to be a secret, you shouldn't be in it...
- 14 Take a deep breath. It calms the mind.
15. Get rid of anything that isn't useful. Clutter weighs you down in many ways.
16. Whatever doesn't kill you really does make you stronger.
17. It's never too late to be happy. But it's all up to you and no one else.
18. When it comes to going after what you love in life, don't take no for an answer.
19. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
20. Over prepare, then go with the flow.
21. Be eccentric now. Don't wait for old age to wear purple.
22. The most important sex organ is the brain.
23. No one is in charge of your happiness but you.
24. Frame every so-called disaster with these words 'In five years, will this matter?'
25. Always choose life.
26. Forgive but don't forget.
27. What other people think of you is none of your business.
28. Time heals almost everything. Give time time.
29. However good or bad a situation is, it will change.
30. Don't take yourself so seriously. No one else does..
31. Believe in miracles.
32. Don't audit life. Show up and make the most of it now.
33. Growing old beats the alternative -- dying young.
34. Your children get only one childhood.
35. All that truly matters in the end is that you loved.
36. Get outside every day. Miracles are waiting everywhere.
37. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
38. Envy is a waste of time. Accept what you already have not what you need.
39. The best is yet to come...
40. No matter how you feel, get up, dress up and show up.
41. Yield.

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In yonder tree above,
Oh pretty timid, tender thing,
You sound so full of love

I watch you from my window,
And in my doorway too,
You look so very lovely,
Beneath the sky so blue.

In sleeping and in walking,
I hear your sweet clear voice,
You sing such heavenly music,
It makes my heart rejoice.

With feathers black, and beak of gold,
You make the earth look bright,
I'll never tire of watching you,
So do not go out of sight.



Our community run pre-school is very lucky to have its own dedicated room within Bradford Village Hall, offering a safe and secure outside play area for all-year round use. We provide full day care, if required, to children aged 2-5 years old on Tuesdays, Wednesdays and Thursdays from 8:30am until 3:30pm.

Government funded places are available from the age of 3 (age 2, subject to criteria), and we also accept Child Care Vouchers.

Baby & Toddler Group

We would also like to invite parents to come along to our play and stay Baby and Toddler Group session on Tuesday mornings during term time from 9:30-11:45 for children aged 0-5 years old.

For more information please either contact the Pre-school on 07792 501476 or Sarah Forsyth (Chairperson) on 01409 281610. If you prefer please e-mail bradfordpsn@aol.com or visit our website www.bradfordpreschool.org.uk



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Sausages with sticky onion gravy

Cooking time

Prep: 10 mins **Cook:** 20 mins

Skill level

Easy

Servings

Serves 4



Ingredients

- 400g pack 14oz sausages
- 1 batch Basic sticky onions (see recipe underneath)
- 1 tbsp plain flour
- 1 sprig thyme, leaves picked
- 400ml beef stock
- Splash Worcestershire sauce

Basic sticky onions

- 50g butter
- 12 medium onion
- 1 tsp sugar

Tip

Know-how

When onions are fried gently, they release natural sugars. These sugars caramelize, giving sticky softened onions their characteristic sweet flavour. Adding a teaspoon of sugar speeds up this process. If the onions fry too quickly or over a high heat, they may start to burn; a splash of water can help to prevent this.

Method

Fry sausages for 15 mins or until browned, then remove from pan and keep warm. Heat onions in same pan, then add flour, stirring for 1 min. Add thyme, then gradually add stock. Bring to boil then simmer for 5 mins until smooth. Add Worcestershire sauce, season and serve with sausages.

For the onions: Makes 600g, which is 3 batches. Prep time 5 mins, cook time 30 mins. Melt the butter in a large, deep frying pan and stir through the onions. Cover with a lid and cook gently for about 10 mins, until softened. Remove lid, add sugar, then cook 15-20 mins, stirring, until all of the liquid has evaporated and onions have turned golden. Divide into 3 batches to make the recipes, right. Will keep in the fridge for up to 5 days, or freeze for up to 1 month.

MILTON DAMEREL & DISTRICT OVER 60s CLUB

Club normally meets on 1st Tuesday of the month at 2.30pm in the Parish Hall – new members very welcome to come along,

Outings (3rd Tuesday of each month) planned for the rest of the year:

September	Totnes and Dartmouth, with option to take ferry from Totnes to Dartmouth
October	To be confirmed

Chair:	John Francis	Vice-Chair:	Edwina Hale
Secretary:	Colin Boucher	Treasurer:	June Vanstone
		Asst Treas:	Iris Fry

Enquiries to any of the above



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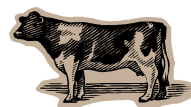
Lunch 12 to 1.30pm (Closed Friday lunch)

Dinner 5 to 11.30pm (Closed on Monday)

11 Queen Street, Bude, EX23 8AY

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Menu's on our Web Site - www.bayleaf-bude.co.uk



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Come and see what we have to offer!

AGRICULTURAL RECORDS – Instalment 2 AD 1100 – 1542

From record compiled by the Late George Harris of West Wonford

1111	Famine and plague	1287	Good harvest. Holinshed says 'was such plenty of grain that wheat sold in some places for 20 pence a quarter & in some places for 16p
1112	Plague	1288	Scab became a serious disease. Very hot summer
1114	Thames was low at London Bridge on 15 th October – people could wade across	1289	Very wet summer
1119	A severe earthquake in Gloucester and Worcester on 29 th September	1299	Abundant year
1122	Earthquake in Westcountry on 25 th July	1300	Very dry summer
1124	Harvest poor & high prices of corn	1305	Great drought – smallpox epidemic
1125	Famine	1318	Scarcity & famine
1126	Great famine & high prices of corn	1315	Great famine – a wet year
1133	Earthquake	1316	Great famine – perpetual rains & cold weather not only destroyed the harvest but bred a mortality among the cattle & raised every kind of food to an enormous pt
1137	Famine & high price of corn	1332	An excellent harvest & general prosperity in the countryside
1147	Very hot summer	1333	Drought. Much disease in sheep
1150	Famine	1334	Harvest not good – average yields at this period wheat 1 quarter – seldom reaching 2 qrs Oats & barley 2 qrs
1151	Severe famine	1338	Best harvest since 1287
1152	Poor harvest – shortage of food severe	1342	Famine following poor harvest
1153	Famine	1348	Black death year – bad harvest – much not gathered
1158	A dry year – Thames dried up so that it could be crossed at London on foot	1352	Good harvest
1175	Famine & plague	1353	Drought & famine
1189	Famine	1369	Famine following poor harvest '68
1190	Shortage of grain following drought	1387	Good harvest 3 rd sowing – farmers allowed rent reduction on account of low corn prices
1193	Famine	1389	Good harvest. Much sheep disease
1194	Famine	1390	High grain prices
1195	Famine	1391	Good harvest – wheat sold in following spring the cheapest for 100 years
1196	Famine in Scotland	1402-07	Good harvests
1199	Wet year	1400-27	Period of good harvests
1201	Exceptionally wet year	1438	Famine – Rice imported to feed Londoners
1212	Dry summer – Great fire in London	1483	Sweating sickness caused many deaths – again in 1507
1214	Dry summer – Thames was so low in London that people could wade across	1507	Hops introduced from Flanders
1222	Scarcity 7 famine	1509	Wheat lowest price 200 years
1223	Cattle plague	1510	Plague still prevalent
1233	Famine	1521	Decree against enclosing land for sheep because this had caused decay in agriculture
1236	Very wet year – much loss of life & cattle	1528	Bad year – grain imported from Germany
1244	Good year (harvest)	1540	Great drought Feb – Sept – cattle died of 'thirst' Good harvest
1248	Abundant harvest		
1249	Another good year		
1251	Famine & plague		
1252	4 months drought – much disease. Holinshed statement		
1253	Another drought – mill streams dried up		
1258	Famine – many people died		
1275	Disease – said to have been introduced from Spain attacked sheep		
1276	Exceptionally hot & dry summer		
1277	Wool 9lb – partly result of 'scab'		
1278	Drought		
1281	Drought		

*Police Co-ordinator***PCSO - Raquel Rowe - Holsworthy Police Station – Tel. 101***Local Co-ordinators*

Strawberry Bank:	Roger Copp - Tel. 261681
Gratton:	Edgar Pett - Tel. 261277
Whitebear & Fore Street	Edgar Pett - Tel. 261277
Venn Green:	Mike Jackson - Tel. 261196
Holsworthy Beacon:	Jackie Beckles – Tel. 261484
Gidcott	Anne Hamilton-Clark - Tel. 261303

Those Meerkats seem to be popping up everywhere. Our logo in this issue is larger than usual so that it is easier to spot a small change that has occurred and which you may have seen mentioned in the national newspapers over the last few weeks. It is 50 years since the inception of the Neighbourhood Watch concept, at a national level and NHW has entered into a sponsorship deal with "Compare the Market" for the next twelve months. In the circumstances we thought that it would be appropriate to explain how the organisation is financed. This sponsorship deal finances the running of a central office and the production of a small amount of literature, including the round window/door stickers which are like the logo. There is also a national website at www.ourwatch.org.uk. The Home Office which instigated the NHW concept does not provide any financial support but until recently produced the various leaflets which go to making up the membership packs. As part of the Governments digitalisation programme, over the past 18 months, all the leaflets and booklets have been migrated to the internet and are now only available as downloads. This is not very helpful to give out to new members and we have switched to using Police literature in our member packs. They are not going down the digital route as they still require paper copies to hand out. We fall under the umbrella of Torridge NHW which operates out of an office which is made freely available to us within Bideford Police Station. The office equipment which we have, together with stationery and printing costs is financed through grant funding from local sources. In the Parish we are very fortunate in that running costs are negligible. With very little crime in the Parish we do not have the need to hold regular meetings which would obviously incur costs in the hire of rooms etc. The street signs which you see at various locations were kindly financed from Parish Council grants which has obviated the need for a local membership fee, which is not the case with many of our more urban Watch schemes. If anybody has any queries arising out of the above, please do not hesitate to speak to your coordinator. As for the two Meerkats, we believe that one is called Aleksandr and the other is Sergei but if you know differently (or more likely your children) could you please let us know.

Scams

Scams continue to be a major concern and get mentioned by us on a regular basis. Almost every week some new sort of scam becomes known but the underlying theme of them all is that somebody is out to steal your money, whether this is actual cash or more likely these days, to get hold of your bank or credit card details. According to the Trading Standards Institute, only five per cent of scams are reported. This is because so many people feel shame or embarrassment at being caught out. We don't want people to suffer in silence. We want you to help us encourage your neighbours, relatives and friends to report scams or attempted scams to www.actionfraud.police.uk or 0300 123 2040. You can download useful anti-scam resources from www.thinkjessica.com, a charity protecting elderly and vulnerable people from scams.

Paypal

For those of you with a PayPal account please be aware that there is a scam which is particularly prevalent in Devon and Cornwall at the moment. A very realistic email purporting to be from PayPal asks you to either update your security details or check your balance, and a link is provided to enable you to do this. Do NOT on any account use this link to access your account as it is bogus and contains malware. If you do have any concerns about your account then access Paypal through your normal login procedure.

Garage & Shed Burglaries

There have been a series of burglaries in several of our neighbouring villages recently. Garden sheds, garages and outbuildings are being targeted with lawn mowers, generators, bikes, gardening tools and ornaments etc. being taken. These sorts of items are readily saleable through car boot sales and similar outlets. We mentioned property marking in the last newsletter so please give this matter consideration. Also, please be vigilant, taking care to make sure that garages, sheds and outbuildings are securely locked and that any suspicious vehicles which are seen loitering, are reported to the police on 101 or your local NHW coordinator.

Rural Policing Update:

The below thefts have occurred:

Broadwoodwidge: Towing hitch and pin was stolen from a tractor.

An aggravated burglary had occurred recently in Broadwoodwidge.

St. Giles on the Heath: Several items including satellite navigation were taken from a motor vehicle in St Giles on the Heath.

A vehicle was stolen from St. Giles on the Heath and later recovered by the Police.

Tetcott: Audio equipment CB radio, vehicle accessories and hand tools were taken from a tractor.

Bradworthy: Items taken from a metal hut are as follows; electric hammer serial no. 20152886 (wacker make jack hammer/compactor) ; rotating lazer with receiver and charger colour yellow serial no. 3M0511; disc Stihl cutter with Brandon Hire sticker serial no. 167161644 and Makita power drill.

A dwelling had been burgled in Bradworthy.

Putford: Several items were taken from a motor vehicle.

Disturbance had occurred in out buildings.

Cookbury: Criminal damage to a vehicle.

Bridgerule: Circular Makita saw green in colour, 2x Makita drills and archery kit

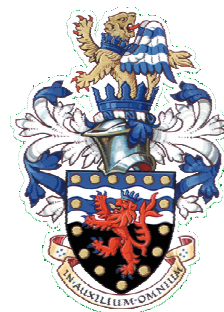
Pyworthy: Cockerel and Hen (French Copper Marans black with coloured neck)

Please remember not to leave your valuable things in the vehicle

PLEASE BE VIGILANT!

Don't hesitate to ring the Police on 101 for non-emergency or 999 if you see a crime taking place.

PCSO 30099 Raquel Rowe
Holsworthy Police Station



**DEVON & CORNWALL
CONSTABULARY**

Old folks are worth a fortune

Old folks are worth a fortune,
with silver in their hair,
gold in their teeth,
stones in their kidneys,
lead in their feet and
gas in their stomachs.

I have become a lot more social
with the passing of the years,
some might even call me a frivolous old gal.

I'm seeing five gentlemen every day!

As soon as I wake, Will Power
helps me get out of bed.
Then I go see Jimmy Riddle.
Then Charley Cramp comes along,
and when he is here he takes a lot
of my time and attention!
When he leaves, Arthur Ritis shows
up and stays the rest of the day.
He doesn't like to stay in one place very long,
so he takes me from joint to joint!
After such a busy day,
I'm really tired and glad to go to bed,
with Ray Dium B!

P.S. The preacher came to call the other day.
He said that at my age I should be
thinking about the hear-after.
I told him I do, all the time.
No matter where I am,
in the kitchen or down in the basement,
I ask myself, "Now what am I here after?"

Reflection
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 S V W I R X E S L V E Y W S K P X D I L
 P T N O Q U U B E F F H A Z E X I B Q S
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 K Q K U Y W P B U P W E S J H T Q F G H
 O C O O Z I P K S O T L K E E Y Y U R F

bull
 calf
 chicken
 cow
 deer
 donkey
 duck
 goat
 goose
 gosling
 heifer
 hen
 horse
 pig
 pony
 ram
 rooster
 sheep
 sow
 stallion
 turkey

The newsletters group members are:

Nicky Martin	n.martin337@btinternet.com		Regular contributors and features
David Taylor	mdnld@hotmail.co.uk	261577	Treasurer and Advertising
Rose Haynes	rose@grawley.co.uk	261577	Regular contributors and features
Grace Millman	grace.millman@btinternet.com	261251	Regular contributors and features
Margaret Stannard	maggiestannard@yahoo.co.uk	261486	Regular contributors and features
Terry Fairbrother	terry@remedy-it.co.uk	261775	Newsletter Compiler
Lesley Self	lesley.self@btinternet.com	261294	Regular contributors and features

Letters, comments, news and articles, etc., can be emailed to mdnews@miltondamerel.com or to any of us individually. Our correspondence address is Chapel View, Milton Damerel, EX22 7PB. We want to hear from you with letters for inclusion, topical issues, features you like and also changes to improve the content and style for future editions. We also need every-one to let us know special birthdays, births, anniversaries, and other congratulations. Also tributes to parish residents.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968—All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

To advertise in this newsletter contact David on 01409 261577 for more details.

The deadline for submissions of articles and advertisements for the next newsletter is 14th November 2014

WHAT'S ONa selection of local events in Holsworthy and North Devon

Holsworthy

WHAT?	WHEN?	WHERE?
Run for Your Wife – a funny farce by Ray Cooney	Thursday, 11 th September – Saturday, 20 th September @ 7.30pm (Show may not run on each of the days)	H.A.T.S. Tel:01409 253826 www.holsworthytheatre.co.uk
Events and contacts for other venues in North Devon		
Drama, classical music, opera, children’s shows, popular music (including rock, jazz, folk and roots), contemporary dance, ballet, amateur shows,visual arts and community events		Queen’s Hall Theatre, Barnstaple Box Office: 01271 324242 www.northdevontheatres.org.uk
Private Peaceful by Michael Murpurgo (Author of War Horse)	Tuesday, 16 th & 17 th September @ 7pm Wednesday, 17 th @ 3.30pm Thursday, 18 th September @ 10am	
Not About Heroes written by Stephen Macdonald , presented by Blackeyed Theatre in association with South Hill Park	Friday, 10 th & Saturday, 11 th October @ 7.30pm	
The Queen’s Knickers	Tuesday, 14 th October @ 1.15pm & 5.30pm	
The Nutcracker Moscow Ballet La Classique	Friday, 31 st October @ 7.45pm Saturday, 1 st November @ 2.30pm	
The 20th North Devon Festival of Remembrance Concert	Sunday, 2 nd November @ 2.30pm	
Barnstaple Musical Comedy & Drama Society present Sister Act	Wednesday, 12 th – Saturday, 15 th November @ 7.30pm. Also 2.30pm on Saturday.	
Seafarers UK brings Royal Marines from Lymptone for Royal Marines Band Concert	Saturday, 15 th November @ 7.30pm	
Films, Live Events – Theatre, Music, Visual Arts, Regular & Special Workshops for Children and Adults		The Plough, Torrington Box Office: 01805 624624 www.ploughartscentre.org.uk
Simon Callow in the Lyric Theatre Belfast Production of The Man Jesus by Matthew Hurt	Saturday, 13 th September @ 8pm at Devon Hall, Bideford	
Devon Youth Jazz Orchestra	Thursday, 18 th September @ 7pm	
Tashi Lhumpo Monks: The Power of Compassion	Saturday, 4 th October @ 8pm	
Share Music South West presents Communication	Thursday, 23 rd October @ 7pm	
Lyngo Theattre presents Jack & The Beanstalk with Patrick Lynch	Friday, 31 st October @ 3pm	
The Pantaloons – Charles Dickens Bleak House	Tuesday, 4 th November @ 8pm	
Torrington Players present ‘Oh What a Lovely War’	Tuesday, 11 th – Saturday, 15 th November @ 7.30pm (not 13 th)	
Torrington Learning Community Music Festival of Remembrance	Thursday, 13 th November @ 5pm & 7pm	
Traffic of the Stage presents Macbeth by William Shakespeare	Thursday, 20 th November @ 8pm	
Willow Basket Workshop Willow Follow-on Workshop	Saturday, 6 th September 10am-5pm Saturday, 4 th October 10am-5pm	
Distressed Painted Furniture	Saturday, 27 th September 10am-2pm Saturday, 10 th October 10am -2pm	
Knitted Wire Jewellery Workshop	Saturday, 11 th October 10.30am-4pm	
Collage into Stitch Workshop	Saturday 1 st November 10am-4pm	
Cartoon Drawing with The Guardian Cartoonist Martin Rowson	Friday, 21 st November 4.30 – 6.30pm	

What's on Diary

Page

Summer Concert - The Stowford Meadow Singers	24 Aug	7:30pm	7
September coffee morning St Peters	6 Sept	10:30am-	5
Walking Parish Footpaths	8 Sept	10am	9
Saturday Church - Bradford	13 Sept	10am-11am	5
2014 Ploughing Match	13 Sept	10am-4pm	3
Milton Damerel Garden Show	13 Sept	10am-	18
Whist Drive	20 Sept	7:30pm	12
Afternoon Tea & Cakes	27 Sept	3pm-5pm	7
Social Pudding Evening	4 Oct	7:30pm	12
Walking Parish Footpaths	13 Oct	10am	9
Whist Drive	18 Oct	7:30pm	12
Walking Parish Footpaths	10 Nov	10am	9
Whist Drive	15 Nov	7:30pm	12
Wine and Wisdom	22 Nov	8pm	12
Whist Drive	29 Nov	7:30pm	6
Carol Service (St James)	16 Dec	7pm	6
Carol Singing	18 Dec		12
Charity Whist Drive	20 Dec	7:30pm	12

Harvest Festivals:-

St Peters	12 Sept	7:15pm	5
Holsworthy Beacon Methodist Church	28 Sept	11am	7
Holy Trinity	5 Oct	11:30am	6
St James	5 Oct	3pm	7
Chapel will be open all day for decorating	10 Oct		7
Service of Thanksgiving	12 Oct	11am	4
Bring and Share Buffet Tea	13 Oct	6:30pm	4

Regular Events

Open Chapel	2nd Thursday afternoon 2:30 - 5pm
Bible Study	Mondays 7.30-9pm
Mobile Library	Wednesdays – every four weeks 3:45pm - 4:30pm
MD & District Over 60s Club	1 st Tuesday of each month (not Jan) 2.30pm
Line Dancing	Tuesdays 7-8.30pm
Gardening Society	1 st Wednesday of each month (not Jan) 7.30pm
Parish Council meetings	3 rd Wednesday 7.30pm
Coffee Morning – Holsworthy Beacon Methodist Church	Last Thursday of each month 10am
Methodist Morning Service	Sundays 11am
Parish Church Holy Communion	4 th Sunday of each month 11.30am
Parish Church non Eucharist Service	2nd Sunday of each month 11.30am
Pilates	Monday 11:00 - 12pm
New Baby & Toddler Group Methodist schoolroom	Tuesday morning 10.30 till 12

September 2014

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October 2014

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November 2014

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