MILTON DAMEREL PARISH NEWSLETTER

Winter 2024 97th Edition



AMerry Christmas & A Happy New Tear

WINTER 2024

Bamboozlement and Watchwords.

Being a professional horticulturist with the RHS is an incredibly stimulating job in many ways and keeping abreast of the myriad of trends, challenges and changes is key to enabling us to answer our visitors' questions in an informed manner.

A prime example of this is plants having their names changed, it is an ongoing process and really keeps us on our toes! As a result of scientists being able to study plants at a molecular level, some of our garden favourites (usually with easy to remember names) now have much more memory challenging titles. The ever popular late colour specialist Michaelmas Daisy, known by us all for generations as the *Aster* is now *Symphyotrichum*. The humble Stonecrop, or *Sedum*, a favourite late flowering bee magnet, should now be known as *Hylotelephium*. My final example (of the many) is Russian Sage, our *Perovskia* at Rosemoor is a stand out star in both the Cool Garden and Long Border and is now known as *Salvia*.

Winter is a great time to take stock of your garden and, if necessary, to plan your adjustments. Your changes could be based on many factors: "plant health", "resilience", wanting to be more "sustainable" or "adapting" to "climate change". These five key watchwords are primarily and importantly what dictates most of our decision making when determining the future of our garden areas at work and at home.



I was fortunate enough last year to work on a key show garden at Hampton Court with an eminent and well-respected horticulturist. It was a golden opportunity to glean inspiration and take away plant lists to add resilience to my green spaces both at work and home. ©RHS/Tim Sandall After much deliberation, the following beauties are amongst the ones to have made the shortlist.

Achillia 'Lachsschonheit' (Salmon Queen) (Galaxy Series), this Yarrow is robust and able to grow in poor soils, broad flower heads start salmon pink with orange tints, fading to pink and cream, what's not to like?

Hemerocallis 'Absolute Zero' is a Daylily that steps away from the vibrant, hot colours, being almost white. Hardy and perfect for the Cool Garden colour palette.

Artemisia ludoviciana 'Valerie Finnis' AGM is a semi evergreen perennial with woolly, white foliage and mimosa-like flower towers, great to weave through blues and yellows.

As for an alternative evergreen, I'm turning to *Phillyrea angustifolia*, known as the False Olive, with small white fragrant flowers and lance shaped leaves, it is low maintenance once established.

Regardless of your particular tastes, garden style or individual requirements, winter is the time to take stock, think, research and plan for a less vulnerable garden. Enjoy.

Richard Wilson Horticulturist

The Market Café

Open Tuesday – Friday 9.00am till 2.30 pm All-Day Breakfast – Sandwiches – Burgers Weekly Specials, or pop in for a Tea or Coffee Eat in or Take Away!

LJ & VH Harris

Find us at Kivells, Holsworthy Livestock Market, New Market Road,, Devon, EX22 7FA

The Market Café

On Tor

Mobile catering provided for your event!

Contact Linda; 07800 865 295 themarketcafeholsworthy@gmail.com

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A note for the residents of Milton Damerel Parish Council.

It has come to the Parish Councillors notice that some residents wonder what the Parish Council actually does, they state that they would like the Council to be more proactive with residents.

A discussion took place during the October meeting as written in the minutes.

All residents are welcome to any Parish Council meeting, usually we have two regular attendees.

The Annual Parish Meeting where residents can have their say and ask questions is arranged every year but is always very poorly attended.

If you have ideas where the Parish Council could be more proactive please come along to a meeting where your ideas can be discussed.

Milton Damerel Parish Council December 2024

Parish Clerk: Lorraine Buttery 3 Sunset Heights, Shebbear, BEAWORTHY, Devon, EX21 5BN E-mail: miltonadmerelpc@gmail.com

Tel: 01409 282956

Councillors:

Stephen Moyse (Chairperson) 07966 671543 Richard Piper (Vice Chairperson) 01409 261114

Jim Richardson 07866 406977 Gareth Piper 07966 558385

Teresa Walters 01409 261871 Peter Bromley

Edgar Pett

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Friday before the meeting. The draft minutes are posted to the website within 30 days, but are not officially approved until the next meeting. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time.

Parish Clerk

After over 11years as Parish Clerk and Responsible Financial officer I will be leaving for pastures new at the end of January, I am of course very sad to leave, it has been a great experience, a pleasure and an honour working with the Parish Councillors who do a grand job on behalf of the residents of Milton Damerel

We are now looking for a new Clerk for Milton Damerel with the hope that the person can also take on the role for Sutcombe Parish Council. The total hours per month for both are approximately 32. (20 Milton Damerel 12 Sutcombe) It does vary a little month to month. Pay will be as National Association of Local Councillors pay scale and commensurate with experience. Training will be given where necessary.

For further information please contact the current clerk.

District Councillors

Councillor Kit Hepple has been unable to attend meetings but is always available if he is needed.

Councillor Ken James attends meetings on a regular basis and is a great help to the Parish Council, his continued support and advice is very much appreciated.

Hardship Fund

Councillor Ken James has informed the Parish Council that funds are again available to anyone who is in need of financial help, the grants can cover various things such has problems paying Utility bills, council tax, replacement of household items, purchasing of food. For further information please contact Councillor Ken James via email: Councillor.James@torridge.gov.uk

Devon County Councillor James Morrish

Councillor James Morrish attended the meeting in September a synopsis of his report is in the minutes. James is a great help to the Parish Council, his support and advice is very much appreciated. James approved a grant of £500 which went towards the cost of a new defibrillator cabinet,

If any resident has any concerns, he is always willing to help and can be contacted by email.

Holsworthy Neighborhood Policing team.

PS Donna Gutteridge is the contact for Holsworthy, she has recently been in contact with the Parish Council regarding complaints.

Bus Shelters

The bus shelter is regularly inspected and cleaned by our Councillors and a member of the public. Volunteers for this would be greatly appreciated as it is in the resident's interest to keep the Parish Clean and tidy. The Parish Council take care of the grass cutting.

Planning matters:

Planning applications that have been approved recently are: new gated accesses at Woodford Farm, the Erection of No1 dwelling on Land at Ley Farm, the Retrospective application for a Domestic Garage at Kites, A stable block at Wordan Farm and the <u>Prior notification for the change of use use of agricultural building to a dwelling</u>, at Gidcott.

Application refused for another Prior notification for the change of use of agricultural building to a dwelling, at Gidcott

Town Farm

No information regarding if or when the development would be started is forthcoming...

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. These are then discussed at the meeting and comments passed on to Torridge. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is imperative that you get your comments to the relevant department as soon possible.

Annual Precept

It is the Parish Councils decision to keep the Precept at the sum received last year. This is to ensure that if another election is forthcoming there would be enough resources to cover the cost.

The Council tax Band D will remain the same apart from the general increase from Torridge Council.

The Step Back in Time Fund:

For young people has a balance of £53.02. A grant of £50 has recently been awarded. This fund is available to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

Website

If you have any events that you want advertised, please let me know or email to me in pdf format, the website Cannot be kept up-to-date if I do not get the relevant information.

Community Defibrillator (AED):

The AED's sited at Holsworthy Beacon and Sanders Garage are checked regularly, but if at any time you see that there is any damage to the cabinet at either site, please inform the Clerk.

The defibrillators are getting to the stage of being replaced. Grants will be sought to help cover the cost as they are between £850 - £1000 each.

Condition of the Roads in and around Milton Damerel:

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk regularly passes on the complaints to Devon Highways, please notify me of any problems, copies are always sent to Councillor Morrish, who will substantiate our complaints.

The more people that go onto Devon County Council's website and reports potholes and poor road surfaces the better, the Parish Council, District and County Councillors encourages residents to do so as often as they can.

Parish Footpaths

The Parish Footpaths are now looked after by George and Wendy Preston, and they are doing a grand job, their report is printed elsewhere in the newsletter. They report directly to the Parish Clerk if there are any problems. Whilst out walking the paths if you see a problem can you please report it to ensure we get it put right without too much delay.

Annual Grants

Cheques for the Grants for the financial year 2024-2025 will be circulated after the meeting on the 20th November.

Finally, as 2024 draws to a close the Chairman, Councillors and the Parish Clerk of Milton Damerel Parish Council wish all Parishioners a Happy Christmas and Peaceful New Year

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on www.miltondamerel.com

Chapel News - Dec 2024

Dear friends,

What is your favourite Christmas Carol?

Now, there is a good question. It is like asking who is your favourite aunt? Is it a bit like the experience of going into a sweet shop with my sister and her being asked to choose something? Well, I could have eaten virtually the whole stock before she made up her mind. There was one thing worse with my sister than that - shoe shopping. But that is a different story.

But back to Carols. They resonate with us every Christmas – well known and well-loved recycled year in year out. We have sung them all many many times over – and will do so again. I knew of a couple, who shall we say were careful with their money. Each December they would get their Christmas cards to each other out of the draw and put them on display. (They did the same for birthdays). Are Christmas carols like that?

And how much do these beloved carols match with the Biblical story? I think it is fair to say that some take a bit of poetic licence with the story. Surely that is fine, allowing scripture to seep into our imaginations. We are after all trying to tell the most incredible of mysteries – of God with us. Jesus Christ, our Immanuel.

Is it the carols that make our Christmas? Of is it the tree and tinsel? Or the turkey?

In other words, what is it about Christmas that really grabs us. What part of Christmas could we jettison and Christmas still be Christmas? I do wonder, even although we celebrate such good news, if we don't go a little over the top. This is not to question the commercialism of Christmas, although that is there, or the excesses of Christmas; they are all too visible. They might not be central to how we celebrate, but they are there; along with so much else that is peripheral to the great celebrations of the arrival of the Lord Jesus Christ.

I am sure that you will have noticed that I have avoided the answer to my opening question. I have been a preacher for over 40 years; long enough to know that you cannot win on this one! It might be true of other times of the Christian year, but especially at Christmastide to be met at the door not with the traditional, "I like your hymns", but more likely with, "You didn't have my favourite carol!"

I usually sit down with a list of all my Christmas services, especially if there is more than one at the same Chapel. And I pick all the carols for all the services. So, I can avoid singing, "O Come all ye faithful" at every service. There is a clue to the original question, or not as the case might be.

I can defend myself by saying to my assailant at the door that we had the favourite on say Christmas Eve, rather than Christmas Dav.

I realise that I have now dug a hole for myself to declare an allegiance now might be fool hardy.

But I will leave you with a verse from ONE of my favourites, as I wish you all the best for the festive season and beyond.

Let earth and heaven combine,

angels and all agree to praise in songs divine the incarnate Deity; our God contracted to a span, incomprehensibly made man. (Charles Wesley 1707-1788)

Blessings

Revd Rob Blackhall Superintendent Minister

Flower Plan

12th January 8th December 9th February Mrs Jane Ashford **Christmas Flowers Mrs Grace Millman**

Services at Milton Damerel Methodist Church from December to February

Sunday, 8th December Café Worship Sunday, 15th December Carol Service with Revd Rob Blackhall

Sunday, 12th January All Age Worship with Revd Rob Blackhall Covenant Service Sunday, 19th January Café Worship

Sunday, 9th February All Age Worship with Mr Roy Harris

Sunday, 16th February Café Worship

Our 2 services per month, normally held in the Schoolroom, are inclusive of all ages from the youngest to the eldest. The 2nd Sunday service is normally led by one of our Ministers or Lay Preacher, and an activities table for children is included. The 3rd Sunday service is normally in Café Worship style and is inclusive of activities, crafts, songs, readings, etc., for all to contribute and join in.

Please come along to any of our services – a warm welcome to you. Tea & Coffee served during Café Worship and following All-Age Worship.

Dates of Services at Lake Methodist Church (Shebbear)

together On the 4th Sunday of each month, the churches within the Shebbear Church Council, are meeting for morning worship - all at 10.30am and at Lake Methodist Church. Normally these are United Services with members of St Michael's Parish Church, Shebbear.

> Sunday, 22nd December Sunday, 26th January Sunday, 23rd February Preacher: Revd Rob Blackhall **Preacher: Mr Frank Watson**

Preacher: Revd Paul Booth (Holy Communion)

At Home Worship - Circuit offers Zoom services and Live Stream of Buckland Brewer's services.

Zoom – Thursday 19th December - Carol Service; 12th January, and 9th February at 6.30pm The service can be accessed via a computer/laptop with camera/microphone, IPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on - please contact Sarah Richards, our Circuit Administrator, on 01237 472649 or email her sarahrichards185@gmail.com for details on how to join the 'meeting'. Live Stream – Buckland Brewer continue to Live Stream Services on the Buckland Brewer Methodist Church You-Tube Channel - Wednesday, 25th December; 29th December (5th **Sunday**) and on the 3rd & 4th Sunday in the Month in January and February.

BIBLE STUDY - Alternate Tuesdays 10.30am in the Schoolroom at Milton Damerel Chapel, This is an Ecumenical 'venture' with Thornbury, Bradford and Milton Damerel Anglican communities, but a warm welcome to anyone interested in joining us. For December we will be meeting on 4th & 11th and for Advent looking at the biblical origins for some of our Christmas carols, and then stopping until after Christmas but have no definite dates for January. Please contact David & Janet Fisher (Tel: 07858506973) or Grace Millman (Tel: 01409261251) for further information.

HARVEST - Our September collections for the Freedom Centre in Barnstaple raised £113.50 and this has been gratefully acknowledged. We were delighted by the good attendance for our Harvest Festival celebration and approximately 50 stayed for the pasties and salad lunch and a wide variety of desserts. A good time of fellowship enjoyed by all. The weight of the non-perishable foodstuffs and household goods delivered to the Holsworthy Foodbank was 52.35kgs. Thank you to everyone who contributed to the week-end – decorating the chapel, donating items for the Foodbank, bringing along salads and desserts, etc. for lunch, and of course to everyone who came along and joined in. A good celebration of Harvest and God's bounty.

Breast Cancer Research - At Café Worship on 20th October we spent part of the time using materials supplied by Breast Cancer Research for their fund-raising week and sought donations for the charity. A total of £179 was forwarded, being a commemoration of one of the Toddler Group mum's who lost her life to this disease some 4 years ago. Thank you for all contributions made.

Torridge Methodist Circuit Newsletter - If you would like to receive this monthly Newsletter please let us know. It includes diary details, the preaching plan for all the chapels in the Circuit, information on weekly Bible Study groups, other study events, and news from the Methodist Church. The Newsletter is also available on line at www.torridgemethodistcircuit.org.uk and there is also a Facebook page for the Circuit. Finally, there is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torridge Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button.

CONTACTS - For further information or help please contact: Our Superintendent Minister: Revd Rob Blackhall (01805 628041) Our steward: Jeremy Sharp (Tel: 261548), Property Steward: vacant; Secretary: vacant.

We wish you joy and peace as you celebrate the birth of the Saviour of the World. A very Happy Christmas and a Peaceful New Year.

WINTER 2024

Holy Trinity Church News

Rev. Mark James 01409 251015

Church wardens Isabel and Roy Fairbrother tel 01409 261181 Email: holytrinitychurch1274c@gmail.com



Hello Everyone

It's that time of year - dull and dismal- but is it? Take time to look around you and see the beautiful colours on the trees and hedgerows, they glow even brighter when the sun is glinting through and on them. Walk through a pile of leaves and take in the unique smell they give off.

But a word of warning- be careful walking through the churchyard as the path may be slippery with leaves.

So what has been going on recently at Holy Trinity?

The porch and the valley are waterproofed for the winter. Duncan has spent many hours working in the valley to ensure there are no indoor waterfalls this December (as we had last year). We are pleased to say that the work to date is holding out the rainwater here and the pillars and ceiling are drying out. It is anticipated that this work should last for at least a year – this gives us a short window to raise funds to cover the cost of approximately £30000 - at today's prices. We are very grateful for the generous donations we have received from just a few parishioners towards repairs of the valley and porch. The porch has new guttering and downpipes at each side with the roof slates being reset. Some pointing has been done with lime mortar which is why it looks a different colour in places, but it will eventually blend in.

We have been advised by our Architect that the south nave roof needs immediate attention, it has GOT to be done. If you stand on the grass opposite to the porch you can see in what a sorry state the roof is. Slates have slipped off others are misplaced and rainwater is pouring through on south side of nave – the plaster ceiling is wet through and water can clearly be seen dripping in over the centre window and in other places along the ceiling line. There are just 3 people people actively trying to keep this church water- tight. Cost of repairs is estimated at £50,000 -can you help us to raise money or give this church a gift aided donation? Shall we keep a church or is it time to let go?

The Harvest Festival this year included Holy Communion as wires got crossed and Rev Mark had committed to another service elsewhere later in the day. After the service we shared the harvest bread with a very nice cheddar cheese. The congregation, though small, managed to fill 8 bags of groceries for local people in need. Unfortunately no-one collected a bag so it was taken to the Holsworthy Food Bank.





The Holsworthy Amateur Radio Club once again broadcast from inside Holy Trinity –there was a steady stream of enthusiasts and people just 'come for a look' and a chat with the club members. Visitors enjoyed a chat a bacon roll and/or cream tea on CHOTA DAY.: Churches and Chapels on the Air began after the WW2, by a Methodist minister to help unify people in Europe. We warmly welcome the club as they attempt to connect together in the UK and further. When they connect they say they are broadcasting from inside Holy Trinity Church and put Milton Damerel on the worldwide wave bands. It is a, have a look, drop in drop out – day but worth a visit.. HARC are invited to return in September 2025

Remembrance Day Sunday November 10th. This year the Chapel and the Church united together for the service of remembrance. We were joined by local people at the WW1 Tommy 'Silhouette' for prayers and 2 mins silence, the laying of a wreathe and the National Anthem, then we moved to the Chapel to lay a wreathe at the memorial to remember the war dead from this area, followed by a service in the Chapel led by Frank Watkins.

Church Fundraising events coming up in December: Can you believe it is another year gone past and here we are again asking you to bring a tree into church for the Christmas Tree Festival.



Christmas Tree Festival 2024 - Church will be open to receive trees on Thursday December 5th from 1.30pm - 5pm. You can bring your tree ready dressed or dress it in church -Battery lights on trees only please. Tea and coffee freely available to keep you warm.

This year we are inviting local businesses to come and advertise their wares around a tree. Whatever business you are in please take a few minutes out to support the church at this community event. We welcome children's decorated trees as well as mums and dad's granny's and grandad's in fact everyone, it is a simple fun event. Open Saturday 7th and Sunday 8th from 2pm -5pm.

There will be the 'mini tree hunt' looking for mini tree's hidden around the Church, everyone can take part, and a special lucky dip for children.

Refreshments of cream tea and cakes
No entry fee but please leave a donation
(Cake donations would be most welcome)
All donations are for the roof fund.

Let's make it the best yet – we can with your help.

December 10th is Holy Trinity Candle lit Carol Service where we come together as a community to sing carols and enjoy a glass of warm mulled wine and a mincemeat pie. The footpath will be lit up for your safety.

Opening time 6.45 for 7pm. The Carol service will be slightly different this year - so come and see.

At this very special time of year we remember what Christmas is really about . Without the gift of Jesus ,2024 years ago, there wouldn't be an exchange of gifts and sharing food and joy with family and friends

These are community events so please support them.

Church Service dates: December 8th at 11.30am Holy Communion with Rev Mark

December 10th Carol Service begins at 7pm

2025 No services in January

February 9th Holy Communion 11.30am February 23rd 10.00am Morning Prayer

Please keep your eye on the notice boards at church as changes may happen. Generally we will have a service of Holy Communion on the 2nd Sunday at 11.30am and Morning prayer at 10.00am on the 4th Sunday of each month. Everyone whatever their age is welcome, we have a few toys and colouring books for children's use. Refreshments are served afterwards Dates and times can change so please look at the noticeboard by the roadside and church for up-to-

date information.

Special events /times.

December 5th Christmas Tree Festival bring displays to church 1.30pm – 5pm

December 7th and 8th Christmas Tree Festival Open 2.00pm – 5.00pm

December 10th Christmas Carol Service Start 7.00pm

Church gardening is now finished for this year. Thank you to all those people who help us at this church in whatever capacity. Gardening will resume in February - if we get a good day where we can do a tidy up and cut back hedgerow.

A reminder that plastic bottle tops or spent ink cartridges are no longer collected for Holy Trinity, so please don't leave any more here. Thank you.

All seasons greetings to everyone from Holy Trinity

Isabel and Roy Church Wardens



WINTER 2024



Suddenly the year is coming to a close . Currently it is early November and the weather is unseasonably warm which is great as we can all save on our heating bills. Talking of heating we have recently signed the contract to have a second phase of electricity connected to the hall by The National Grid. This will be followed by installation of additional heating hopefully by the end of the year or early January. We received a grant of £2,500 from The Balsdon Trust which has just given us the extra funds to go ahead with this work this was much appreciated. Elsewhere in the newsletter you will see the annual accounts for the

hall for y/end Aug 2024 there is also the outgoing treasurers report which makes considered reading regarding running costs and funding.

The Big Breakfast and the Community Cafe continue to be well supported and the October Cafe raised £370 for Chemo Heroes which was well received by the charity. Unfortunately we had to cancel The Wine & Wisdom because of low ticket sales, the few who came to Halloween Beetle Drive had great fun. By the time you read this we will hopefully have held our first joint fundraising event, a Community Christmas Safari Lunch with the profits (hopefully) being shared equally between The Hall, Trinity Church and The Methodist Church. This was an idea born from the public meeting that was held in June.

We have some activities planned for 2025! Starting with Yoga at 1.30 on 6th January to kickstart those healthy New Year resolutions! Followed by a Big Breakfast on Sat 11th and Dancercise on Tuesday evenings remains popular, it's fun, exercise done to a wide range of music, something to please everyone.

Wishing all a Merry Christmas and a Great New Year! From all the committee!





Please read this

EASY FUNDRAISING!

Some time ago "Easy Fundraising" was set up as a simple way of raising funds for The Parish Hall.

There are no catches to this scheme, it doesn't cost you anything and you do not have to leave the comfort of your home. If you are an online shopper then register for "Easy Fundraising" Over 8000 retailers will make a donation to the hall when you shop with them once you have registered. Big names like Sainsburys, M&S, Argos, Ebay John Lewis and many others will donate at no extra cost. Just visit the link http://easyfundraising.org/0YefnwfbAG or scan the QR code and register.

Every little helps as they say!

MILTON DAMEREL PARISH HALL **Upcoming Events 2025** SATURDAY SATURDAY QUIZ NIGHT **25TH JAN** SATURDAY COMMUNITY CAFE 1ST FEB SUNDAY SWEET VALENTINE **16тн FEB** BINGO SATURDAY COMMUNITY CAFE 1ST MARCH SOUP & SWEET TBC NIGHT



Parish Hall winter craft and gift fair in November



THE GARDENER'S GROUP

We have 16 members now on Whatsapp and 3 who still receive emails. Not much has happened regarding get-togethers'. The group purchased some Pansies and Wallflowers. Mel and Lesley went to the Parish Hall on 6th November and weeded and planted up the planters.

We held the Garden and Produce Show on 31st August at the Parish Hall. We had 28 entrants, up by 3 on last year and 185 entries, up by 38 on last year. A profit of £171.17 was made and was given as a donation to the Parish Hall.

The trophy winners were as seen in photo, clockwise:-

Jill Bromley was Best in Show, and won The Jubilee Cup and was Best in Floral Classes and won The Crompton Trophy. With her is daughter Sarah who was Best in Produce Class and won The Linedancing Trophy. Anne Binns was Best in Art and Craft and won The Creative Craft Award.

Anne Binns was Best in Art and Craft and Won The Creative Craft Award Alan Poole won the 10 to 16 year olds, Children's Trophy.

Robert Poole and Sophie Woolsey were joint winners of the 9 years and under, Children's Trophy.

Wendy Preston was Best in Vegetable Classes, and won The Palmer Cup. Several people came to view after the judging and it was a pleasant afternoon.

The show will be on again next year, so start thinking about your entries. Many thanks to all who attended and helped out.

Melanie Richardson 261 353 Lesley Self 261 294





Milton Damerel Parish Hall Year Ended 30 August 2024 Treasurers Report

The Hall has ended the year with the following balances:

	Building Society	Current A/c	Cash	Totals
	£	£	£	
Balance b/f at 01.09.23	13,438.67	5,649.14	144.52	19,232.33
Income received	1,525.54	17,250.65	1,430.77	20,206.96
Expenses paid	-	- 9,147.17	- 1,137.50	(10,284.67)
Closing balances	14,964.21	13,752.62	437.79	29,154.62
Renovations Reserve	9,000.00			
Restricted Lottery Funds		7,924.52		
Balance available	5,964.21	5,828.10	437.79	12,230.10

The year started well with the receipt of the Lottery Grant of £9,800 for upgrading the heating and purchasing the much-needed cushioned chairs. The chairs were duly purchased but the heating upgrade hit a roadblock when it was discovered that the electricity supply needed to be upgraded first. Therefore, these funds are still held at the end of the year but, according to the Grant regulations, are restricted for use to upgrade heating and cannot be repurposed for other uses.

Booking income received has increased over previous years and this year amounted to £3,392. However, due to the significant expenditure of electrical repairs (£3,245), due mainly to the damp conditions of the Hall, the Hall has still failed to produce an operating profit, instead making a loss of £3,349. Without the electrical repairs, the Hall would have made a small operating profit.

Taking all unrestricted income and expenditure into account, the Hall has made an overall profit of £1,998. This includes a grant from the Parish Council of £150 and receipts from the Whist drives of £640, both of which are received with grateful thanks for their ongoing support of the Hall. In addition, we received £117.10 in donations over the course of the year, so thanks to any Parishioners who have put money into our collection tins.

The Committee, through its fundraising events, has produced a net profit of £3 098. As can be seen from the figures above, the Hall is being kept solvent purely by the fundraising efforts of the Committee, a position which is not sustainable in the long term.

Outlook

As noted above, and in previous years, the Hall should aim to be in a position where the fundraising being performed by the Committee is used to finance improvements to the Hall, and not to keep it open. Although the booking income rose in the year, we have lost the Yoga classes due to low attendance, the Garden Club no longer has meetings and the Holsworthy Amateur Radio Club has moved to a new venue. Currently, we only have regular events of the Skittles, Parish Council meetings, Dancercise and 60s Club. Projecting that income forward for the coming year will produce income of just over £1,000, so additional bookings are vital for the survival of the Hall.

Although a grant from the Parish Council was applied for, due to the costs of the local elections during the year, no grants were made, so income from grants will also be lower in 2024/25 financial year.

Other grants can be applied for, but to give a high chance of success in these applications, the Hall needs to show that the community supports it, and the best way to do this is to attend events, support groups that use the Hall and organise events to ensure the booking calendar is healthy.

Recommendations

Due to the ever-increasing costs, I recommend a review of the Hall pricing. It has been held low for the past 2 years, but I feel now is the right time to review the costs of both the Hall and Skittle Alley hires. I leave this to the incoming Treasurer to conduct a comparison to other similar venues in the area and make a recommendation for approval by the Committee.

MELON DAMEREL PARISH HALL				Account Year Ending 31 August 2024				
	2023 - 2024	2022 - 2023	2023		2023 - 2024		2022 - 2023	
INCOME				FXDFNSFS				
Bookings Income				Sexular Expenses				
Skittles	292.50	407.00		listrance	749.04	7.	711.60	
MD Gardenine Club	30000	00.801		Court West Water	1,100.98	10	16.83	
Parish Council	00'06	81.00		Fire extinguishers service	41.40		41.40	
Elections	450,00	150.00		Grass cutting		9		
Holsworthy Amateur Radio Gub	43000	264.00		Fire alarm service	45,60	m	341.63	
Table tennis hire	100,00	130.00		Business rates	83.58		85.75	
Yoga Misc hisa of tial	435.00			Misc expenses	152.50	-	190.87	
100 100 100 100 100 100 100 100 100 100	3,392.50		1,754.00		77	7,040,13	4,454.14	
Fund Ralsing Income				Fund Rajzing Excenses				
Whist drives	640.00	603.82		Platinum Jubise / Coronation	07.42	3	636.58	
Committee run events (Bingo etc.)	4,281.82	3,137.08		Onistmas raffle	1,437.43	10	3.71	
Christmas raffie	300.00					1,484.32	1,453.29	
	5,221.82	82	4,327.40					
Grants Received Million Demons Parish Council	150.00			Recain and Renavals	24.73	*	316.05	
Coronation / Platinum Jubilee (Perish Council)		200.00		Electrical Report & repairs	3,245,03			
National Lattery Community Fund - restricted funds	9,800.00			Kitchen roof repair		A MAN NO	-	
	00'056'6	00	200.00	Refurtishment Expenses		17,466.69	17	
Other Income				Assets Purchased	83.48		343.55	
O.J. Watkins Wind Turbine Coventry 8/5 Interest	1,000,00	1,000,00		Use of Restricted Funds	1,975.48	1,958.96	343.55	
Charity fundralsing		487.02		Charity donations				
Donations received	117.10	108.45		Devon Air Arribulance Alacentha Coffias Moneica	100,00	- 1	90.00	
				Poppy Appeal (2023) / Comic Relief (2022)		1 21	152.00	
	1,642.54	10	2,952.63	North Devon Hospite		100.00	200.00	
TOTAL INCOME Less Total Expenditure	20,205.96	96	8,214.03	TOTAL EXPENDITURE	10,2	10,284.67	22,484.72	
Net Income 2023 - 2024	9,922.29	53						
				Represented by :				
Balance brought forward	19,232.33	33		Balance at Lloyds c/a 31.08.2024 Balance at Covertry 8/S 31.08.2024	18,7	13,752.62		
Nat Income 2023 - 2024 Balance carried forward	29,154.62	52 29		Cash in hand Delence carried forward	29,1	437.79		
Assets at 31 August 2014								
Fixed Assets								
Insured value of Hall Contents Insured value	630,270,00			Assets purchased during the wear	1 875 48			
	and and the			Warming Plate	37.98			
Unrestricted Funds - cash available	21,230.10			Dartboard	40.00			
Negotian of China	663,366.10	10		White board	1,958.96			
Accounts Prepared by:	7. 7qft			Accounts Reviewed by :	S. Millman	7		
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3 Devrember 2014	1							

'PLEASE NOTE'

Sadly we had to cancel the Community Safari Lunch which was to raise funds for the two churches and the Parish Hall because of lack of interest with very low ticket sales"

Eating Out

For a great value breakfast call in at The Parish Hall on Saturday11th January from 9.30 until 12.30 they are serving up their Big Breakfast, and it is big! A large sausage,2 rashers bacon, fried egg, a hash brown,baked beans and Black pudding! As well as all this, a glass of fruit juice and also tea and/or coffee and if that is not enough help yourself to toast and jam or marmalade.

All served with a smile by our lovely volunteers!
Adults £9.00 Children £4.50



Public rights of way - advice and information

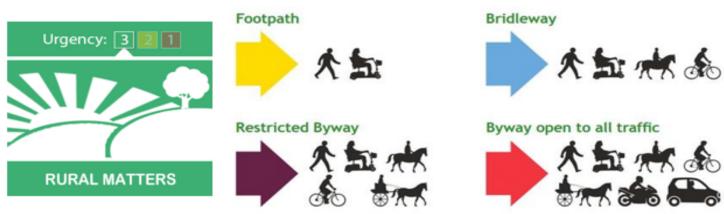
Now the summer season is here, the Devon and Cornwall Police Rural Affairs Team would like to remind people to observe and respect the Countryside Code and, in particular, to ensure responsible and considerate use of rights of way. Take notice of local signage, use open spaces considerably following the 'leave no trace' principle and help prevent wildfires and protect the environment by avoiding the use of BBQ's or fires.

All land is owned and public access is governed by legislation which prescribes for a variety of access levels. Trespass and abuse of rights of way can have a significant impact on landowners, farmers, livestock, and wildlife. It can lead to conflict between users and place individuals at risk of injury from livestock or other landscape features.

Basic Advice:

- Ensure responsible and considerate use of rights of way. Check permissible use using maps and local authority
 information and do not deviate from the waymarked route.
- Enjoy the countryside but keep to waymarked routes and abide by the <u>Countryside Code: advice for countryside</u> <u>visitors</u> taking particular care to leave gates as they were found.
- Keep your dog under close control and do not allow them to stray from the waymarked route particularly where
 access is across agricultural land.
- Landowners, in conjunction with other relevant bodies, should ensure public rights of way are appropriately marked
 and kept clear of obstructions.
- Understand waymarks and signposting and accurately follow the prescribed route.

To assist, the Rural Affairs Team have produced a short animation video explaining in more detail - <u>Devon and Cornwall Police - Rural Crime - Trespass and Rights of Way - YouTube</u>



CONGRATULATIONS!



To:- Lesley Self of Nuview, who celebrated her 75th Birthday in October. Janet Carter of Derworthy Farm, celebrated her 60th Birthday in Nov Margaret Fishleigh of Gratton, celebrates her 80th birthday in Dec. Dom & Sarah Philpott, of Oxenpark, had a son, Luke Dominic, in July. Roy & Isabel Fairbrother of Albatross celebrated their 60th Wedding Anniversary in Oct



WELCOME



To:-

To:-

OUR SYMPATHIES



any occasions for this page, our coverage is only as

MILTON DAMEREL AND DISTRICT OVER 60's GROUP

20th August we stopped for coffee at Newton Abbot, a lovely town with lots of interesting shops. We then went on to TORQUAY. It was a warm day, more shops to walk around, the beach, harbour and the Big Wheel to ride on. A few did and it was reasonably priced for a long steady ride. We had to find somewhere to eat before leaving.

17th September, coffee stop or breakfast if needed, at Kernow Mill. A well stocked shop, with a sale, so a few purchases were made. We then went on to LOOE, another warm and sunny day. Plenty of craft and nik nak shops to browse and eateries, as we had to eat before leaving.

15h October, Exeter Services for Coffee and then on to TAUNTON. The travel to Taunton was quite misty, but did clear eventually. An enjoyable day, shopping and sight-seeing, and plenty of eateries to chose from for a meal before we left for home.

Our coach trips have now finished until next year, we still have our December Meeting to attend.

A Christmas Meal has been booked for 12th December, at the Royal in Bideford.

Although we call ourselves 'Over 60's Group', you do not have to be over 60 years of age to become a member. All ages are welcomed to join us for a social afternoon and any Coach Trip. Once members have booked a coach trip, any remaining seats are available for friends of the group. We do use Milton Damerel Community Page to say if any seats are available.

Our regular meetings are on the first Tuesday of each month, from 2.30 to 4.30 at Milton Damerel Parish Hall. At present, membership is £4 and monthly subs £2. This does include a raffle ticket, tea and Biscuits. Our Coach Trips, £10 members and £12 Non Members, are on the 3rd Tuesday of the

New Members always welcome

Linda Gifford Vice Chair: Chair: **Margaret Walters**

Iris Tel 261 322 Vice Treasure: Dora Reed Treasurer: Secretary: **Colin Boucher**



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WINTER 2024 15



Local Co-ordinators:

Strawberry Bank Edwina Hale Tel: 261263
Gratton, Whitebear & Fore Street Edgar Pett Tel: 261277
Venn Green Mike Jackson Tel: 261196

PCSOs - Melissa Baker and Sandra Brown - Contact via 101

Bude Police Station is open 10 am to 3 pm Monday to Saturday Okehampton Police Station is open 10 am to 3 pm Monday to Thursday

The police advise that they are currently receiving many reports from people who have received emails alleging that they have an outstanding parking fine. These are scams. Please be wary of unexpected texts or emails of any kind, whether it states it is a fine, offer of a discount specific to you, or someone asking for help. These messages often give a sense of urgency.

Please do not click on any links and be wary of any contact asking you to make a payment, download an app or purchase gift cards/vouchers, even if they state they are for family – **call them to speak with them to check.**

Report suspicious texts - you can forward a suspicious **text on to 7726** for free to report it, remember not to respond or click any links and block the number if you can.

If you have been a victim of fraud please contact your bank/building society immediately and then report this to **Action Fraud** or phone **0300 123 2040**.

The police also advise us that thefts from farms and other rural locations are once again on the increase in this area. If you see anything suspicious when you are out and about, please make contact with the police by either calling 101 or (if a crime is in progress) call 999 for immediate help.

Devon & Cornwall Police have been confirmed as having the sixth lowest crime rate out of 42 police forces in England and Wales, according to the latest statistics from the Office for National Statistics (ONS). The data, covering the 12-month period to June 2024, highlights the force's performance across multiple crime categories. Lets keep it this way by remaining vigilant and reporting concerns, as and when they arise. If something doesn't warrant a 999 call for immediate response there is a simple email reporting option on the Devon & Cornwall website, if you don't want the hassle of the queuing system by phoning 101.



As this will be the last newsletter for 2024, our Neighbourhood Beat Team also joinwith us in wishing everybody a very Happy Christmas, a Safe and Peaceful New Year







Wanted – Used Inkjet & Toner Cartridges

If anyone has any used inkjet or toner cartridges, I will be happy to receive them, to pass on to a charity which is able to convert them to cash. If you will contact me on Tel: **01409 261263** I will arrange to collect them. I am also able to take milk bottle tops for the same purpose. **P.S.** To the person(s) who recently left some in the church porch, many thanks but please do not leave any there again as the Church no longer collect them..

Edwina



Holsworthy Walk and Talk

Glorious sunshine accompanied us on a new walk to our programme recently at Bratton Clovelly. What a lovely, unspoilt Devonshire village it is with history at every turn, panoramic views of Dartmoor and a variety of roads, tracks and fields to walk along. The route we took is known as The Packhorse Trail. At one point, as we entered a secluded avenue, we noticed a wooden plaque on the fence depicting a packhorse. The same picture is also on the sign for the Clovelly Inn in the village which at one time was known as The Packhorse Inn and now is known in the locality for its excellent food.

At the end of the walk we retraced our steps through the village to visit St Mary the Virgin Church, a Norman building constructed on the site of an earlier Saxon church. On the walls of the nave are rare paintings which are thought to depict the prophets. These had been plastered over at one time but were revealed again some years ago. The Church has an excellent information booklet for those wishing to learn more of its history.

Another new walk on our programme usually generates a good turnout and our latest addition was no exception. Twenty walkers met at Duckpool, Bude on a lovely sunny, clear day. After leaving the car park we walked up a narrow steep path through Coombe Woods to a clearing with lovely views over fields and the coast. Having passed the very grand Stowe Barton House, a 17th century two storey building now offering B and B accommodation we descended through Stowe Woods to the Coombe Valley surrounded by lovely trees displaying their autumn colours. We then entered Coombe Village which has many thatched cottages, including Hawkers Cottage named after the writer and poet, the Reverend Hawker who lived there in the 1820s before moving to Morwenstowe. The house which has one of the upstairs windows in the shape of a cross is now owned by the Landmark Trust and offers holiday accommodation. In the small hamlet of Coombe we came across a ford which, although it does boast a very good bridge, several of the walkers, especially those wearing wellies decided to wade and splash their way through!

This Duckpool Walk is classed as a Level 3 walk which means that it may have steep sections, possibly stiles and would be 3 miles minimum in length. Our Level 2 walks have no stiles, more level terrain and would be shorter than 3 miles. Our Level 1 walk in Holsworthy Park is a very short, level walk with the emphasis being on socialising with refreshments served afterwards. As we go through life we have times of being more active than others but by offering the variety of walks it gives everyone the opportunity to choose the level they feel comfortable with on a particular day.

There has been a change of funding partners at The Youth Centre where we meet for our Monday walk and refreshments. The new funders are Devon Mind, an independent mental health charity affiliated to the national Mind association. On a Monday and hopefully Thursday morning each week they will be open and able to offer anyone living in Devon, information and support for those experiencing a mental health problem, including anxiety and depression. Two trained mental health counsellors will be present and a confidential space is available for a private chat. No appointments or referrals are necessary. In these difficult times it is good to know that there is a mental health professional on hand to give support and signposting should it be appropriate.

If you would like to join us we walk on Mondays and Fridays. All walks start at 10.30 am and are **FREE**. Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below.

Contacts:

holsworthywalkandtalk@gmail.com https://holsworthywalkandtalk.co.uk Gillian Aston 07584 677 784



ABBOTS BICKINGTON AND CHURCH NEWS

The Church held its Harvest Festival service on Saturday 20th October. The service was taken by Mark James and was well attended.

Evelyn's Walk (9/9/2024)

My choice of route is not only determined by the availability of suitable Public Rights of Way (PROW) but also the availability of suitable parking. On Monday 9th September, we were able to walk footpaths 3 & 4 in the Parish of Holsworthy Hamlets as we were kindly given permission to park in the farm yard at East Vognacott, Chilsworthy. It's a walk that we hadn't done for a while so I checked with a local contractor who works for DCC to make sure that he had completed the annual cut. He reassured me that it had been done back in August but forewarned me that the vegetation has been growing prolifically with the mild wet weather that we have been "enjoying". With that in mind, I recommended long sleeves & trousers (not shorts) & I carried a pair of secateurs. We set off from the farm yard, through the galvanised gate & along the track between the fields that used to be notorious for flooding even in the summer



months! It was squelchy under foot but perfectly passable following the drainage project that took place a few years ago with assistance from DCC. We went through another galvanised gate & along the green lane. Sure enough, some of the brambles & nettles had managed to grow significantly in the space of a few weeks. However, the route was perfectly accessible with care. We took a moment to stop at Scorphill where footpaths 3 & 4 join & tried to imagine living in the cottage that used to be there. No obvious evidence of it now & nobody wanted to go looking amongst the vegetation. We followed the footpath straight ahead which involved going through a self-closing gates that has replaced the original stile. Initially, the route took us along the edge of a lush green field, then along another green lane & the edge of several more traditional meadows which would have been brimming with butterflies once the damp had gone off the grass. We emerged at Honeycroft Cross & turned right along the lane towards Holsworthy Beacon. There were far reaching views towards Holsworthy to our right & Milton Damerel to our left. It wasn't very far before we turned right along the concrete access road to Gearns Farm. The footpath took us through the farm yard & then along the edge of the fields back to Scorphill. It was reassuring to be able to identify East Vognacott in the distance so we knew that we were heading the right way

. I believe everyone enjoyed the walk in spite of the vegetation. It was approx. 3.7 miles & took us two hours.

Evelyn's Walk (14/10/2024)

It was somewhat unfortunate that the ground had started to dry a bit & then it rained heavily on the day before the walk on Monday 14th October. We parked at the Parish Hall in Clawton & we were most grateful to Maralyn Bailey for letting us use the facilities. There are various options for routes from the Hall but we chose the one that we last walked in January'23 & it was a completely new route for three of the group. From the Hall, we turned left down the hill & joined the clearly marked footpath on the right. It was a bit soggy underfoot but not too bad. The route was well-marked taking us through lovely grassy fields with sheep grazing contentedly. We also met a group of five rams who were obviously disappointed that we hadn't brought their breakfast. I informed everyone that there used to be a series of six stiles to negotiate on this route. The six galvanised self-closing gates supplied by DCC that have replaced them were much appreciated. One of the



grassy fields that we walked through used to have a maize crop which made the route challenging with its dense foliage so close to the hedgerow. Walking along the edge of the grassy field was much easier going. When we reached Higher Sellick, the footpath took us through a gap in the hedge which had been trimmed recently. It wasn't very clearly marked but it's visible if you look hard. The route then took us along the edge of several grassy fields with some inquisitive cows. They soon lost interest & returned to grazing. The footpath ends at Hole Park & in turning right & right again the lane brought us back to the Parish Hall. It's a very nice circular route which took us about 1.5 hours.

Evelyn's Walk (11/11/2024)

On Monday 11th November, ten of us met at Higher Larkworthy Farm with kind permission of the Kirk family. It is very much a working farm so we were extremely grateful for their kind hospitality whilst normal farming activities continued. Generally, walks in Ashwater aren't very popular as the Parish seems to have a reputation for being wet & having hilly walks. Much to everyone's pleasure, there wasn't a breath of wind & the day dawned sunny & bright. We set off from the farm yard along the concrete drive towards the main A388 which is where the footpath officially starts but beared left into Lower Larkworthy Farm. The official route is well marked & goes along a track between the fields & we admired the Valais Blacknose sheep. The breed was first brought into the UK from Switzerland in 2014 & has the reputation for being "the cutest sheep in the world". The route then took us downhill across the grassy fields. It wasn't immediately



obvious due to the lie of the land but one of the fence posts has been painted bright yellow which helps identify the route. We crossed the wooden bridge that goes over the stream & then walked up hill through the trees. Sometimes this part can be quite slippery but it wasn't too bad at all. We emerged onto the lane at Henford & turned left. It was very pleasant strolling down the hill but it was best not to contemplate the steep hill once we crossed the river bridge. The views from the top of Kit Hill were stunning especially with the autumnal colours. We took the opportunity to observe a two minutes silence at 11am given that it was Remembrance Day. It was at this point that we turned left along a privately owned track that took us back towards Higher Larkworthy Farm. We considered that we could have continued along the lane a bit further towards Ashwater & followed the footpath on the left back towards Larkworthy but it would have been a much longer circular route. The one we did was approx. two miles & was much enjoyed by everyone.

The next walk will be on Monday 9th December. We will set off from The Square in Bradworthy at 10am if you would like to join us. You are welcome to contact me for more information.

Evelyn Sharman T

el: 01409 259 848 Email: evelyn.sharman@btinternet.com



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Arts & Entertainment in our area

HATS Theatre, Holsworthy

www.holsworthytheatre.co.uk

HATS is an amateur theatrical society in Holsworthy, having their own 250-seat theatre and produce plays and pantomines for the local community.

CINDERELLA

Monday, 3rd February – Saturday, 15th February

Cinderella is the most magical of all Pantomimes and Holsworthy Amateur Theatrical Society will present their version in February 2025! Expect lots of laughs, beautiful scenery, stunning costumes and fantastic music as usual. A magical show not to be missed!

Tickets on General Sale from Saturday 2nd November 2024. Tickets can be purchased online from Ticketsource or by calling the Ticket Source Box Office on 0333 666 3365 HATS Box Office will be open for ticket sales on Saturday 2nd November 10am – 2pm, then every Saturday 10am – 2pm from Saturday 11th January 2025. Please do call in to see us or call 01409 253826 during these times.

The Plough Arts Centre, Torrington

Box Office: 01805 624624

www.theploughartscentre.org.uk

The Plough Arts Centre based in Torrington provides an extensive, varied and interesting programme, including workshops - programmes and one-off days; live events - open air theatres and events at numerous locations around North Devon; theatre; comedy; films; music; and exhibitions and has its own Café & Bar "Charlie's@The Plough". The diary found on the web-site provides details of events, workshops, etc., programmed for each day. Many workshops are also programmed at The Plough @ St.Anne's, Barnstaple.

Selection of events in Torrington:

Saturday, 7th Dec @ 10.30am

Plough Writers In the Meeting Room

Sunday 1st Dec @ 2pm

Heartsong with Alison Whittall

Wed 18th @ 7.30pm

John Kirkpatrick - Carolling & Crumpets

Wed 11th Dec @ 1pm, 2pm, 3pm, 4pm

Christmas Jumper DIY Workshop

Mondays 13th Jan to 24th Nov @ 7.30pm Ploughcappella with Rosa Rebecka in the Gallery

North Devon's thriving Community Choir

Films:

Wed 4th Dec @ 7pm Thurs 5th Dec @ 7pm It's Sat 7th Dec @ 7pm The Wed 11th, Fri 13th @ 7.30pm) Wed 18th Dec @ 2pm Gla

Thurs 12th Dec @ 7pm Thurs 19th Dec @ 7pm Sat 21st Dec @ 3pm

Love Actually

It's a Wonderful life

The Critic

Gladiator 2

'Miss Saigon'

Paddington in Peru

Muppets Christmas Carol

- Onesie Party

Regular Events

Milton Damerel Over 60's Club - Parish Hall

Parish Council Meeting - Parish Hall

Whist Drive - Parish Hall

Chapel Sunday Worship

Chapel Café Worship

Trinity Church Holy Communion

Trinity Church Morning Service

Holsworthy Walk & Talk

1st Tuesday every month 2.30pm

3rd Wednesday every month

3rd Saturday every month 7pm for 7.30pm

2nd Sunday every month 11 am

3rd Sunday every month 11 am

2nd Sunday every month 11.30am

4th Sunday every month 10am

Every Monday & Friday 10.30am.

WINTER 2024 23

SUDOKU

By KrazyDad

Word Search

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Difficulty: Challenging

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Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9. Use logic and solve the puzzle without guesswork. For puzzle solving tips, and more puzzles, visit KrazyDad.com.

1	Angel	Christmas	Joseph	Myrrh
•	Baby	Donkey	Magi	Sheep
	Balthazar	Frankincense	Manger	Shepherd
	Camel	Gifts	Mary	Stable
	Caspar	Gold	Melchior	Swaddling

Three Fish Pate's to brighten your Christmas Party.

Smoked Salmon Pate with Fennel.

225g Smoked Salmon, 110-175g Softened Butter, ½ Tsp finely chopped Fennel, 1tsp Lemon Juice, 1 Clove Garlic crushed to a paste, Salt & Ground Pepper to taste. Sprig of Chervil to garnish.

Whiz all ingredients in a processor, add more lemon juice, garlic & salt & pepper to taste.

Pile into ramekins or leave to set in a loaf tin & cut into slices, serve garnished with Chervil.

Note Smoked mackerel, cooked fresh salmon, trout or herring may be used instead.

Crab Pate.

150g Mixed Brown & White cooked Crab Meat, 110g Softened Butter, 1-2tsp Finely Chopped Parsley, 1clove Garlic, Few grinds Black Pepper, Fresh Lemon Juice to taste, Flat Leaf Parsley to garnish.

Mix all the ingredients in a bowl or processor, taste & continue to season until satisfied with flavour, it may need more garlic or lemon juice or both. Pile into ramekins, loaf tin or using greaseproof paper sprinkled with chopped herbs, shape the mixture into a sausage shape then chill until firm, serve sliced & garnished with herbs.

Potted Prawns, Shrimp or Lobster Pate.

225g Shelled Prawns, Shrimps or Lobster meat, 1 clove Garlic, 110-175g Clarified Butter, 2tsp fresh Thyme or Marjoram finely chopped, Salt & Ground Pepper.

Crush the garlic to a paste with a little salt. Bring the clarified butter to the boil with the herbs & garlic. Add the shellfish & simmer for 5 minutes then leave to cool, season carefully with the lemon juice. Pack into ramekins & pour more clarified butter over the top. Put into fridge to set, serve at room temperature.

Melba Toast.

Preheat the grill. White bread sliced about $5 \text{mm} / \frac{1}{4}$ inch thick, is best for Melba Toast. Toast the bread on both sides, working quickly, while the toast is still hot, cut off the crusts & split in half horizontally. Cut each slice into 2 or 4 triangles, return to the grill, white side up, it will curl up very quickly so be careful not to let it burn. The final stage can also be done in the oven at gas mark 2, 300 f/150 c, it can be kept in a tin for 1-2 days but best served immediately.

THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- Milton Damerel Newsletter Data Protection Policy
- Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 10, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there are any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed over the page.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to the Compiler.

Disclaimer: The views and opinions expressed in any article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968-All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

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The deadline for submission of articles and advertisements for the next newsletter is

16th February 2025.

Useful Contact details:

Parish Councillors:

Stephen Moyse (Chair) Tel. 07966 671543 Richard Piper (Vice Chair) Tel. 01409 261114 Jim Richardson Tel. 07866 406977 Gareth Piper Tel. 07966 558385 Teresa Walters Tel. 01409 261871 Peter Bromley Tel. 01409 Edgar Pett Tel. 01409 261277 Lorraine Buttery (Clerk) Tel. 01409 282956

Chapel:

Revd Rob Blackhall Tel. 01805 628041 Steward Jeremy Sharp Tel. 01409 261548. Property Steward (vacant) Secretary (vacant)

Church:

Revd Mark James Tel 04109 251015 Church wardens Isabel & Roy Fairbrother Tel 01409 261181

Parish Hall:

Booking Secretary Hayley Garner 07151770641 or Melanie Richardson 07929 509534.

Walks:

Gillian Aston Tel. 01409 254642 email: holsworthywalkandtalk@gmail.com Evelyn Sharman Tel. 01409 259848 email: evelyn.sharman@btinternet.com

Over 60's Club:

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Holsworthy Rural Police:

Urgent 999 Non-Urgent 101 holsworthy@devonandcornwall.pnn.police.uk

Neighbourhood Watch:

Edwina Hale Tel. 261263 Edgar Pett Tel. 261277 Mike Jackson Tel. 261196

The Gardener's Group:

Melanie Richardson Tel. 261353 Lesley Self Tel. 261294

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Rose Havnes Lesley Self Peter Bromley Mel Richardson

SUDOKU Answer

5	6	9	4	8	7	1	ര	2
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4	8	3	9	6	1	7	2	5







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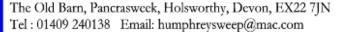
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