

MILTON DAMEREL PARISH NEWSLETTER

Autumn 2025

100th Edition

*100 th.
Edition*



Newsletter Group Members.

Back Row (past):- Sheila Daniel, Edna Mortimer, Sarah-Jane Headon, Andrew Kendall, Liz Kirby, Janet Fisher.

Front Row (present):- David Taylor, Rose Haynes, Peter Bromley, Mel Richardson, John Binns.

Autumn 2025

Rosemoor's Magical Stumpery

The Stumpery, found at RHS Garden Rosemoor, Great Torrington, is an interesting and surprising area!

Following a path that leads through old stumps, you will find many interesting ferns, including one of my favourites, *Blechnum novae-zelandiae* (kiokio fern). This fern's origins are set in New Zealand. It copes with our cold winters, dying down in the autumn and staying dormant under the ground through the winter. In spring, it reappears, growing fresh new leaves known as fronds.

Ferns are ancient plants dating back to the Carboniferous period. They reproduce by spores and were doing this long before the evolution of flowering plants producing seeds. Fern fronds are where the spores are located.

Blechnum novae-zelandiae is what is known as a 'dimorphic' fern. This means it has two remarkably different looking fronds with varied purposes. The usual looking fronds are present but do not show the existence of spores. Their sole aim is to use chlorophyll within, to feed the plant through sunshine. The strange looking thin fronds in comparison, holds the spores, and this is their main purpose. The quirky appearance of this fern is very ornamental on closer inspection.

Ferns really are an overlooked plant but are a valuable addition to any garden, especially here there are pockets of full, dappled, or partial shade. They offer an array of different shades of green, interesting forms and they soften plantings with their architectural grace. Why not visit Rosemoor and discover the Stumpery for yourself and enjoy the world of ferns!

By- Penny King, Horticulturist

What's on at Rosemoor

September events

Plant Heritage Autumn Plant Fair- nurseries selling a wide range of plants.
7 September.

Bats at Rosemoor - Early Evening Walk, 20 September. Booking essential.

October events

Plot to Plate 4-5 October: celebrate the bounty of autumn and the apple harvest at RHS Garden Rosemoor. Pick up ideas from cookery demos, expert talks, and garden tours.

Orchid Weekend 11-12 October: See large displays of orchids by several orchid societies, watch potting demonstrations, and get tips and advice on growing at home. Orchid nurseries will also be in attendance with a wide range for sale.

Welly Walk – 13 October Apples at RHS Rosemoor; these workshops are specifically for preschool-age children to spend time in the garden. Booking required.

November events

Living Sculpture Weekend, an adventure to find them within the garden. 15 and 16 November.

RHS Glow, our stunning annual illumination event. Check website for details selected nights 21 November to 30 December. Booking essential.

The Magic of Christmas Craft and Food Fair – indoors in our event space. 28 to 30 November.



The Market Café

Open Tuesday – Friday 9.00am till 2.30 pm

All-Day Breakfast – Sandwiches – Burgers
Weekly Specials, or pop in for a Tea or Coffee
Eat in or Take Away!

LJ & VH Harris

Find us at Kivells, Holsworthy Livestock Market,
New Market Road,, Devon, EX22 7FA

The Market Café

On Tor

Mobile catering provided for your event !

Contact Linda; 07800 865 295
themarketcafeholsworthy@gmail.com

G Haworth Painter & Decorator

Specialising in Quality Homes & Listed Buildings
Traditional & Contemporary Decorative Finishes

Milton Damerel

☎ 01409 261 301 📞 0790 33 66 926

@ galhaworth@gmail.com

CONTENTS

RHS Article	2
Parish Council	4/5
Over 60's	5
Chapel News	6/7
Church News	8
Parish Hall	9
Congratulations	10
Holsworthy Walk and Talk	10
First edition	12/13
Evelyn's Walk's	15/16
Neighbourhood Watch	18
Gardening group	18
What's On	19
Eating Out	21
Useful contacts	22

Regular Events

Milton Damerel Over 60's Club – Parish Hall	1 st Tuesday every month 2.30pm
Parish Council Meeting - Parish Hall	3 rd Wednesday every month
Whist Drive – Parish Hall	3 rd Saturday every month 7pm for 7.30pm
Chapel Sunday Worship	2nd. Sunday every month 11 am
Chapel Café Worship	3 rd Sunday every month 11 am
Trinity Church Holy Communion	2nd Sunday every month 11.30am
Trinity Church Morning Service	4th Sunday every month 10.00am
Holsworthy Walk & Talk	Every Monday & Friday 10.30am.
Community Café - Parish Hall	1 st Saturday every month

Centenary Photograph Competition win £10

To celebrate the 100th edition and continuing success of the newsletter there will be an opportunity to submit photographs for use on the front cover of the newsletter.

Please send in your photographs which could be used as the front cover of future editions. Anything will be considered, something old or new just with a Milton Damerel or a seasonal theme. Anyone's photograph chosen and printed for the cover will receive a prize of £10. The only restriction is it must be your photograph and by submitting it you give permission for it to be reproduced as the front cover of the Newsletter.

The next issue will be the Winter edition number 101 and we must receive any photographs by the middle of October. Please send to mdnlad@hotmail.co.uk

MILTON DAMEREL PARISH COUNCIL

Mrs L Jane Elliott MA. (Clerk) 01409 281724
Bramley Wood
Buckland Filleigh
Beaworthy
Devon
EX21 5JD
miltondamerelpc@gmail.com

COUNCILLORS

Stephen Moyse (Chairperson)	07966 671543	Richard Piper (Vice Chairperson)	01409 261114
Gareth Piper	07966 558385	Teresa Walters	01409 261871
Jim Richardson	07866 406977	Edgar Pett	07966 558385
Peter Bromley	01409 261838		

I am the new Clerk at Milton Damerel Parish Council. I've been in post since 01 02 2025 and have been learning the job at a very busy time for the Parish Council.

This is my first Newsletter and I hope to get to know everyone over the coming months. Although I do not live in the parish I was born and educated locally and my children attended Langtree School. I manage a Permaculture smallholding within a 40-acre mixed woodland. I am a qualified youth worker and work part time for SPACE Devon. I am also a professional puppeteer and a Professor of Punch and Judy. I am a member of the Lundy Field Society, The British Puppet and Model Theatre Guild and The Punch and Judy Fellowship. I do voluntary work for Exclamation Youth Theatre, Westward Ho! I am always busy but I'm happy to answer your questions relating to the Parish Council or to pass on any concerns to the councillors.

Meetings of the Parish Council are usually held on every third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel website no later than the Friday before the meeting. The draft minutes are posted on the website within 30 days, but are not officially approved until the next meeting. Members of the public are always welcome; time is set aside for comments but they may not take part in discussions at any other time.

The annual parish meeting was held on 16th April 2025. Members of the public present were Residents Julie and Robert Sage, and representatives of local groups Christine Cook: Skittles, Michael Jackson: Neighbourhood Watch, Mel Richardson: Parish Hall, Grace Milman: Methodist Church, Isobelle and Roy Fairbrother: Holy Trinity Church

Milton Damerel Skittles Teams reported great success for both the popular teams, with the top 3 players reaching the final of the Five Founders Knockout Competition. 3 players from the Ladies "A" Team qualified to represent the Holsworthy and District Ladies Skittles League in the Devon County Final. New members are welcome to join.

The Newsletter produces 240 copies quarterly which are delivered by hand to all households in the Milton Damerel Parish and Abbots Bickington. Content from local groups and for significant family events are welcome. The Newsletter is seeking a new Chair if anyone is keen to support this valued community resource.

The Neighbourhood Watch reported the low crime statistics continue with missing cats and dogs being the main source of local concern. Phone and internet scams remain the biggest threat. Residents are welcome to get in touch.

The Methodist Church has a minimum of 2 Sunday services per month, with a congregation aged 5 to 90 there is something for "All Ages". There is also a joint Anglican/Methodist fortnightly Bible study group on Tuesday mornings. A valued team of Parish residents organise events including Easter Sunday, Harvest Festival and Christmas. All are welcome to join the friendly Chapel.

Holy Trinity Church has not had a service yet this year and with the diminished congregation the church is now facing an uncertain future. The building provides a tranquil environment within the village where people can relax and reflect and it is hoped that more supporters will come forward to join the dedicated group who care for this historic building. The Village Hall is in the process of improving the heating system but has also seen a fluctuation in the support for local activities. The Bingo is popular where other events have slowly lost momentum. Local supporters are thanked and valued and new faces are most welcome.

At the meeting a member of the public expressed his approval for the outspoken feelings of frustration expressed by the local groups who were struggling to attract local support for the events they organised.

PLEASE do consider offering your support to these invaluable local groups. Community wellbeing depends on the network of friendship which is created when people attend events and meet their neighbours. The mid-summer Village Hall music and BBQ event on 21st June was well attended and was a big success. Everyone had a jolly good time and we hope to see you at the cider and pasty walk when a new date is announced.

DISTRICT COUNCILLORS

Councillor Kit Hepple attended the recent Annual Parish Meeting and was able to report on the devolution process which is occupying much of the current district councillors' time. Councillor Hepple reported on the devolution timetable set by Central Government and expressed his concerns that this could be the end of localism and rural interests will not be a priority matter. He agreed with the local groups who had expressed that the aftermath of Covid had left a general sense of apathy and malaise in the population with people wanting local services but being unwilling to commit to support such enterprises. Rural crime is still low but cybercrime is on the increase so there is now a rural cybercrime unit. In planning matters Solar farms are a concern, with good farm land being put under solar panels while failing to deliver the promised power outputs. The National Grid do not have the capacity to cope with demand so the Government directive is to support power companies to expand; new houses should all have their own solar panels.

Flat 1. Molesworth Arms, Pyworthy. Holsworthy. EX22 6SU. Phone: 07973 189 690. councillor.hepple@torridge.gov.uk

Councillor Ken James, Leader of Torridge District Council, attended the meeting on 18th June 2025 and gave a roundup of his recent meetings in Totnes, Honiton and Torquay as the devolution process continues. 27 District Councils and 27 County Councils will disappear. No one is yet sure what the unitary councils will look like. Plymouth wants to go it alone. How the other areas go is undecided and different options are still being considered. Torridge is the most economically stable district in Devon but may lose out in future partnerships because the North may not generate enough income. There are many roads to maintain in North and West Devon. It's still a real muddle and Torridge maybe in danger of getting left out in the sticks. The growth area is south of the A30. TDC have a number of economic growth projects. The Marine Centre in Appledore, Operations Centre near Holsworthy, Social Housing in East the Water Bideford Brunswick Wharf project Bideford East, with a Quay wall walkway done up by the developers. The Cattle Market progress is slow in Bideford. In Torrington there are new work units. In Bideford they are turning an old chapel into an arts centre. In answer to a question from E Pett, the Arts Centre money is not from the same budget that would to support the homeless. A pot of money is available for people in need to lift people out of poverty. Contact Ken James for details of the hardship fund. There needs to be growth for prosperity to ensure a future for our young people. Torridge is the most deprived rural area with more people aged over 65 than under. 80% of the county budget goes on adult/child care costs.

Merrifield Farm, Bridgerule. Holsworthy. EX22 7EB. Phone: 01288 381279

Councillor.James@torridge.gov.uk

DEVON COUNTY COUNCILLOR

Councillor Lynne Rowsell (REFORM UK) is the new representative for DCC. Councillor Rowsell attended the meeting on 18th June 2025 and described the induction process for new councillors. She explained she was getting out to meet people in the Parishes. She is here to do whatever is needed and is always available by email.

lynn.rowsell@devon.gov.uk

MILTON DAMEREL AND DISTRICT OVER 60's GROUP

At our last Meeting on Tuesday 1st July, we played cards and welcomed two new members.

20th May, after a coffee stop at Cornwall Services, which is one of the better ones? we then went onto Falmouth.

The day was very pleasant, a sunny day with many interesting shops to browse in Falmouth.

17th June, due to the Motorway slip road into Blackdown Garden Centre being closed, the driver took us to The Old Well Garden Centre for Coffee, it has much improved since we last stopped there. Then onto Weston Super Mare, where we were already for the coach when Oz rang to say the coach wouldn't start. Luckily, we had all eaten and he managed to work out the problem and was only about 30 minutes late. A good day was had by all.

15th July, stopped at Newton Abbot for Coffee, this is a town that more time could be spent, there was many interesting shops. Then onto Brixham, once again lots of shops and good weather to sit and people watch or paddle your feet !!

19th August, Ashford Garden Centre for Coffee. Then onto Ilfracombe, eat at Pelican, Fish and Chips on way home.

16th September, Trethorne for Coffee. Train from St Erth to St Ives. (Price to be confirmed) Eat before leaving.

21st October, Exeter Services for Coffee. Then onto Street/Clarks Village. Eat before leaving.

Coach leaves Holsworthy Memorial Hall car park at 9am. Then picks up at Football Field, Venn Green and Holsworthy Beacon. Please book with Iris Fry on 01409 261322 or 07968 326462.

Although we call ourselves 'Over 60's Group', you do not have to be over 60 years of age to become a member. All ages are welcomed to join us for a social afternoon and any Coach Trip. Once members have booked a coach trip, any remaining seats are available for friends of the group. We do use Milton Damerel Community Page to say if any seats are available.

Our regular meetings are on the first Tuesday of each month, from 2.30 to 4.30 at Milton Damerel Parish Hall. Membership is £4 and monthly subs £2. This does include a raffle ticket, tea and Biscuits. Our Coach Trips are £11 for members, who attended that month meeting and £13 for Non Members. These are on the 3rd Tuesday of the month.

New Members always welcome

Chair:	Linda Gifford
Vice Chair:	Margaret Walters
Treasurer:	Iris Tel 261 322
Vice Treasure:	Dora Reed
Secretary:	Colin Boucher

Chapel News – Sept 2025

Dear friends,

As I sit and write to you, we are right in the middle of the One Day Agricultural Shows Season. Having already attended the Mid Devon and North Devon shows, with Okehampton, Dunster and Holsworthy still to look forward to I have been thinking about God's bountiful provision to us and creation which he has gifted us to live, enjoy and steward. Driving around the area over the last few weeks, you can't miss the fact that the harvesting season is in full swing. Added on top of this the holiday makers coming to our beautiful part of God's earth. Of course, what most of our visitors experience for a week or two is different to what we live in throughout the whole year. Where visitors see rolling fields we see hard work and long hours. Where visitors see another tractor on the road holding them up, we see a vital tool for our livelihoods. As we move into Autumn and celebrate the bringing in of the Harvest at the many Harvest Festivals which will be taking place in our village churches, we thank God for his over shadowing love. I pray that you all have a blessed rest of the summer and also pray that as visitors attend our many shows they will learn and appreciate the work which goes on around them while there enjoy their holidays.

"All good gifts around us are sent from heaven above;
Then thank the Lord, O thank the Lord for all His love."

Frank Watson, Lay Minister, Torridge Methodist Circuit

Services at Milton Damerel Methodist Church from September to November

Sunday, 14th	September All Age Worship with Mr David Ley	Holy Communion
Sunday, 21st	September Café Worship	
Sunday, 12th	October Harvest Festival	
Sunday, 19th	All Age Worship with Revd Andrew Vidamour	
Sunday, 9th	October Café Worship	
Sunday, 9th	November Remembrance	
Sunday, 16th	All Age Worship with Mr Duncan Withall	
	November Café Worship	

Our 2 services per month, normally held in the Schoolroom at 11am, are inclusive of all ages from the youngest to the eldest. The 2nd Sunday service is led by one of our Ministers or Lay Preacher, and an activities table for children is provided. The 3rd Sunday service is in Café Worship style and is inclusive of activities, crafts, songs, readings, etc., for all to contribute and join in. Please come along to any of our services – a warm welcome to you. Tea & Coffee served during Café Worship and following All-Age Worship.

Flower Plan

14th Sept	12th Oct	9th Nov
Janet New	Harvest Flowers	Lilian Luxton

Dates of Services at Lake Methodist Church (Shebbear)

On the 4th Sunday of each month, the churches within the Shebbear Church Council, are meeting for morning worship together – **all at 10.30am and at Lake Methodist Church**. Normally these are United Services with members of St Michael's Parish Church, Shebbear.

Sunday, 28th September	Preacher:	Mrs Nancy Hall-Tomkin (Harvest Festival)
Sunday, 26th October	Preacher:	Mrs Margaret Price
Sunday, 23rd November	Preacher:	Mr David Watson

At Home Worship - Circuit offers Zoom services and Live Stream of Buckland Brewer's services.

Zoom @ 6.30pm – Sunday 12th October led by Revd Andrew Vidamour

The service can be accessed via a computer/laptop with camera/microphone, iPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on – please contact Sarah Richards, our Circuit Administrator, on 01237 472649 or email her sarahrichards185@gmail.com for details on how to join the 'meeting'.

Live Stream – Buckland Brewer continue to Live Stream Services on the **Buckland Brewer Methodist Church You-Tube Channel** on the 3rd, 4th & 5th Sunday in the Month.

Recent Highlights – Our celebration of Fathers' Day included Bacon & Cheese Baps with our drinks and a variety of games competitions akin to "99 to Beat" for everyone to try their skills and make a good score! We also had a time of worship appreciating our Heavenly Father and our earth based fathers.

We also held our annual 'Bring & Share' lunch after morning service on 10th August, when our service had been led by Michael New, a recent new resident in the Parish. Enjoyable times of fellowship on both occasions.

BIBLE STUDY – 10.30am in the Schoolroom at Milton Damerel Chapel, This is an Ecumenical 'venture' and a warm welcome to anyone interested in joining us. We start again after the summer break on Tuesday, 16th September. Our selected study will be "Worship – His Love Endures For Ever" by Sundee Tucker Frazier from the Lifeguide Bible Studies series. Please contact David & Janet Fisher (Tel: 07858506973) or Grace Millman (Tel: 01409261251) for further information.

HARVEST FESTIVAL – Our celebration is planned for the week-end of **10th – 12th October**. The Chapel will be open on **Friday, 10th October** for decoration and receipt of gifts, which we ask to be non-perishable food and household items that can be donated to the Holsworthy Foodbank. Our Sunday morning service on **12th October at 11am** will be led by Revd Andrew Vidamour, Circuit Minister, and will be followed by Pasty & Salad Lunch and Desserts, to which everyone is invited to come and join us. No tickets for lunch – donations only. More details will be given later.

REMEMBRANCE SUNDAY – 9TH November. Details to be arranged but hope to arrange an Act of Remembrance at 'Tommy' statute.

Changes in our Torridge Circuit – Our Superintendent Minister, Revd Rob Blackhall, as previously mentioned, retires on 31st August and will be moving to Tenby. His final service in the Circuit was in June at Torrington when a large congregation were able to bid him farewell and every blessings for his retirement.

From 1st September we will not have a locally based Superintendent, but we will be welcoming Revd. Anna Flindell from the South Molton & Ringsash Circuit, appointed to have oversight of our Circuit. She will be welcomed on **Sunday 14th September at 3pm at Torrington**. This service will be led by the Chair of District, Revd. Dan Haylett and Ruth Richey and will be followed by a Bring & Share Tea - all are welcome.

Torridge Methodist Circuit Newsletter - If you would like to receive this monthly Newsletter please let us know. It includes diary details, the preaching plan for all the chapels in the Circuit, information on weekly Bible Study groups, other study events, and news from the Methodist Church. The Newsletter is also available on line at www.torridgemethodistcircuit.org.uk and there is also a Facebook page for the Circuit. Finally, there is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torridge Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button.

CONTACTS – *For further information or help please contact: Our Lay Minister: Frank Watson (Tel: 07446157329) Our steward: Jeremy Sharp (Tel: 261548), Property Steward: vacant; Secretary: vacant.*

Whist at Milton Damerel Parish Hall

You may not know, Whist is played at Milton Damerel Parish Hall every third Saturday of the Month. We vary from around 16 to 28 people and play in groups of 4. 7 o/c for 7.30, finish around 9.30 to 10. If you like playing cards and especially Whist please think about joining us. We would love to see you. £3 per card and we also have a raffle.

Holy Trinity Church, Among Roses and Stone

There's a quiet stillness in this image, not the silence of emptiness, but the peace of presence. The old stone church stands just as it has for centuries, weathered and enduring. At its feet, a rosebush leans into an aged cross, scattering petals like whispered prayers across the grass.

Milton Damerel's Holy Trinity Church has seen countless seasons. Weddings and wakes, baptisms and bellringings, harvests and losses. Each stone could tell a story, each window has caught the morning light of a thousand ordinary Sundays. And in that ongoing rhythm of seasons, of faith, of life itself, we see something deep and quietly hopeful: that even in the changes of life, there is a place that holds steady.



The rose, in all its softness, reminds us that beauty often grows from what is rooted. Its blossoms fade, yes, but they return. Petals fall, but the plant remains alive. We may feel at times like those petals: scattered, uncertain, at the mercy of the wind. But there is a deeper rooting that holds us, in community, in memory, and, for those who seek it, in the mystery of God.

As Psalm 46 reminds us, "Be still and know that I am God." Not busy. Not pressured. Not perfect. Just still. And in that stillness, something sacred stirs. The soul, so easily worn thin by noise and demand, finds a kind of restoration. Not everything needs to be fixed; some things simply need to be felt, named, and gently placed into God's keeping.

This image reminds us that peace does not mean absence of trouble but the presence of grace. The cross overgrown with roses is not forgotten; it is tended by nature, blessed by time. So it can be with us. Our stories, joys, regrets, memories, and hopes, are not erased by faith but held within it. That's the great tenderness of the Christian story: not a life removed from suffering, but a God who walks with us through it.

Perhaps this summer, as you walk past the church or pause among the gravestones, you'll take a moment to breathe deeply. To rest. To give thanks for the lives remembered in that sacred ground and to consider your own journey, where it has come from, and where it might yet go.

Faith doesn't need to shout. Often it's the whisper we hear in the evening light, the quiet awe of standing among roses and stone, knowing that we are not alone, a place we hear Jesus say "Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28

May prayers and blessings rest gently upon you and those whom you love
Revd Mark James

Mark

Revd Mark James, Rector of Bradworthy
Benefice
Tel: 01409 251015

The New Rectory, St Peterswell Lane, Bradworthy,
Devon, EX227TG

I'm sharing a [what3words](https://w3w.co/tastes.loves.leaves) address to help you find this specific location. Tap to see exactly where it is: [tastes loves leaves](https://w3w.co/tastes.loves.leaves). <https://w3w.co/tastes.loves.leaves>



RUBY HERITAGE
Traditional Building & Renovations

Lime Rendering & Plastering
Cob & Stone Repairs
Painting & Decorating
Limecrete Floor Systems

Contact Craig on:
07368 579466
rubyheritage@hotmail.com
Based in North Devon



The Parish Hall is entering a new era. Finally we have the new heating system installed and are hoping to officially show it off at the next Community Cafe on Saturday October 4th. Once again this October Cafe will be in aid of Chemo Heroes. This Barnstaple charity donates boxes of lovely “comfort” goodies to anyone having chemo treatment in The Seamoor unit at North Devon hospital.

Sadly, several members of the parish have been receivers of one of these wonderful goodie bags. So come and support this wonderful cause and also see the new heating in operation!

Before that we have our next Big Breakfast on Saturday 20th September. A full traditional breakfast using local ingredients and including toast plus tea or coffee. It's just possible you may read this just before the Flower & Produce Show on Saturday 6th September. If you are not entering anything do come along to see the prizewinning vegetables and flowers and enjoy a delicious tea!

The main event of the summer was our Midsummer Barbeque. Around 70 people came along and enjoyed a lovely summer evening, with music provided by “Wilder Day’s”, a country rock band. Enjoying a sausage and burger barbeque cooked by Jim and later on working it off by taking part in the Tug of War. The winning team was led by Daz Logan who was taking no prisoners!

Thankfully the weather played ball after a last minute drizzly shower and we all enjoyed a great evening outside. Thanks to Alex of Whitebear farm for the loan of trailer and use of field. A 50/50 collection was made and split between the band and the Air Ambulance raising a total of over £200.

Unfortunately we had to postpone the Cider & Pasty walk because this time the weather didn't play ball. The new date is Sunday 31st and hopefully has now taken place.

We hope to be introducing some new activities at the hall in the coming months now we have better heating, so keep a watch out for post on facebook and traditional posters on noticeboards. So come and support your hall and if anyone has any skills they wish to offer, or just volunteer at event or on the committee then please speak to any of the team at one of the events.



Photo's of Midsummer BBQ

CONGRATULATIONS

To:-



Valerie Carter, of Derworthy Farm, who was 90 in June.
Peter Oxborough, Of Lower Walland, who was 70 in July.
Marion Woolridge, of Mandor, who was, 80 in August.
Christine Cook, of The Meadow, who will be 70 in September.
Peter Buckpitt and Hannah Letheren of The Paddock, on the birth of their daughter, Ida Lilly, in June.
Monica Fish of Rosemead, Milton Town, who was 80 in August.



To:-



WELCOME

Alison and Nigel Pearce have moved into Milton Mill Cottage.



To:-



OUR SYMPATHIES



We are sorry if we miss any occasions for this page, our coverage is only as up-to-date as YOU provide information to us. see contacts page for details. Thank you.

Holsworthy Walk and Talk

One of the lovely things about summer is that we get to walk some of the routes which are more off the beaten track and generally not navigable during the winter months. Recently we met at The Half Moon Inn, Sheepwash. Having followed the road through the village for a short way we turned off onto tracks, woodland and fields and came across a field which had been used by Standard Airlines as a runway from 1984 to 2021. The runway was entirely grass and, as the field is certainly not flat, unusually the landings were uphill and take off downhill. Some flight guides warned that the strip was also prone to wind and turbulence! We found it very tranquil with wide-ranging views too.

We had some rather warm walks last month, particularly a couple of Friday walks. Fortunately both Level 2 and Level 3 groups started from Halwill Junction on the hottest day and headed towards Cookworthy Forest where there was some very welcome shade. Our Level 2 walk at Roadford Lake again took us around the forestry tracks but we were perplexed to notice orange arrows and crosses which had been painted on the ground along the route. A local walker enlightened us as to their presence; they were way markers for a military triathlon event which had been held along that route the day before. Thank goodness we didn't get entangled with them! Our photo shows the Level 2 walkers outside Hollacombe Church which had been opened to allow us to have a quick visit.



One of our other recent walks was in Cookworthy Forest, which was all on hard surfaced tracks. These woods, along with various others around the area are currently being harvested by Forestry England, for the timber. This was after all, why the forests were planted in the first place, in order to replace timber felled in WW2. The areas cleared of trees tend to look rather bleak but new trees are being planted, with borders of native trees and within a short few years the areas will look completely different.

Congratulations to Sue who is now a qualified Walk Leader and to all five of our Walk Leader Trainees who have now completed their training.

We have a varied programme of walks planned for this month including my favourite, Buckland Filleigh, and Meldon Valley and Dam. The Dam looks spectacular following heavy rain but hopefully we will not be getting that in July.

All walks start at 10.30 am and are **FREE**. Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below.

Contacts: holsworthywalkandtalk@gmail.com
<https://holsworthywalkandtalk.co.uk>
Gillian Aston 07584677784



Farm Business Services

Supporting your rural business

RSJ Farm Business Services can provide a complete solution to all your farm business and administration needs.

- *Business Planning and Financial Forecasting*
- *Grant Funding and Stewardship*
- *Nutrient Management Plans and NVZ*
- *Soil Management Plans and Soil Testing*
- *Hedgerow Assessments*
- *Farm Audit Preparation*
- *Agricultural Compliance*
- *Bookkeeping*
- *and more!*

Contact us today to find out how we can help you.



01409 261 218



info@rsj.farm



www.rsj.farm



@rsj.farm

Sloe Gin

Make early for Christmas presents!



500g ripe sloes
250g caster sugar
70cl cheap gin



Step 1 - Rinse the sloes. If picked before the first frost, freeze to release flavour.

Step 2 - Put fruit into a clean 2 litre plastic pop bottle.

Step 3 - Add the sugar and gin, then seal the bottle. Shake well once a day for seven days until the sugar is dissolved.

Step 4 - Store in a cool, dark place and leave for at least three months shaking every few weeks.

Step 5 - Strain the sloe gin through a very fine mesh into a jug. (keep the sloes– you can use them twice!)

Step 6 - Decant into clean, dry bottles, then seal and label.

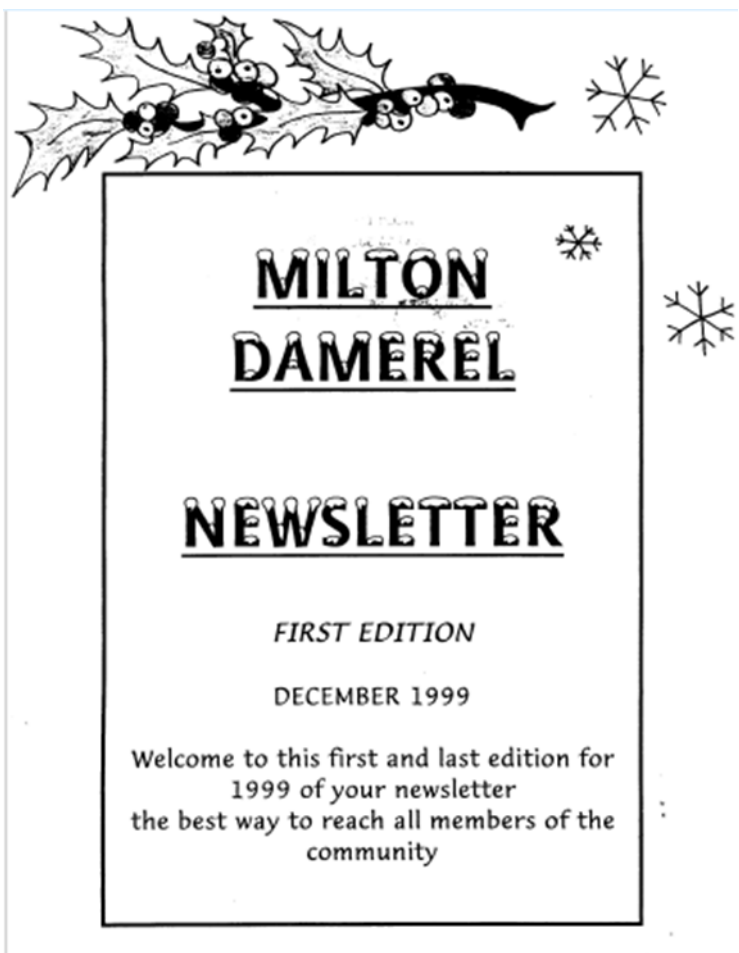
The sloe gin is now ready to drink but it'll improve and mature over time – so, if possible, make it one year to drink the next.

Fancy something different?

Swap half of the sloes for an alternative fruit such as raspberries, blackberries or cherries?



Beverley (nee Sharp) and Terence Brampton
Married at Tunnels Beaches, Ilfracombe.
On Monday 11th. August 2025



It all started with a Team of Two
Edna Mortimer and Sarah-Jane Harper (Harper)

I am proud of what we achieved based on an "idea" that was raised from a meeting. Edna & I got the news letter off the ground together & it grew with community action & support. Edna & I worked so well together we slotted into our own jobs quite

naturally & it worked fabulously.

The community's input is always invaluable as it would not have been sustainable without everyone's contribution. We held all sorts of fund raising activities. We loved seeing & chatting with members of the community at our coffee mornings. It appears that the News Letter is still appreciated which is extremely rewarding in itself...we enjoyed the journey, thank you.

Sarah

Milton Damerel Newsletter – December 1999 Highlights

Parish Council

- Bus shelter proposal postponed; recycling pavilion planned.
- Precept budget kept minimal; millennium events to be self-funded.
- Celebration planning meeting: 14 Jan 2000, 7:30 p.m.
- No planning applications were submitted or considered.
- Parish Council members are: Mrs. J. Elliott (Chairperson), Mrs. R. Watkins (Vice-Chairperson), Mrs. P. Palmer Mr. D. Poole, Mr. C. Bellew, Mr. J. Prouse, and Mr. P. Reed. The Parish Clerk is Mrs. E. Mortimer.

Community Events

- New Year's Eve bonfire & party at Parish Hall (8 p.m.).
- Millennium celebration ideas: skittles, quiz night, coffee evening, walk, treasure hunt, sale.

Church & Faith

- Christmas services: Carol Service (19 Dec), Family Services (25 & 26 Dec).
- New Year's Day Coffee Morning (11:30 a.m.–1 p.m.) for Devon Air Ambulance.
- Covenant Service (2 Jan), Family Party (7 Jan), Social Evening (25 Feb).

Clubs & Activities

- Sunday Club (ages 2+), Youth Club (ages 9+), Bible Study, monthly Coffee Mornings.
- Regular hall events: bowls, 60s club, dog training, line dancing, skittles.

Special Notes

- Gospel Special (5 Dec) featured music and drama; next event Easter 2000.
- Neighbourhood Watch meeting held; contact Mr. A. Miller to join.
- Congrats to Francis & Eunice Hearn (Golden Anniversary) and David Poole (Birthday).

Newsletter Support

- The newsletter seeks advertisers, contributors, and volunteers to assist with future editions and distribution across the community. For submissions or support, please contact Sarah Harper or Edna Mortimer.

CONGRATULATIONS “1 0 0”

The Milton Damerel Newsletter was initiated in 1999 following the completion of a Community Enquiry, from which it was suggested a Parish Newsletter could improve communications and cohesion throughout the Parish. The Parish Clerk at the time, Edna Mortimer, and her neighbour, Sarah Jane Harper, took up the challenge and produced the First Edition in December 1999. Prior to this the Milton Damerel Methodist Church had been compiling the Chapel newsletter – Chapel News – and the 15th Edition of their newsletter was incorporated into this new Milton Damerel Newsletter. It heralded the setting up of a meeting and fund-raising ideas for the Millennium Celebrations in 2000. It also mooted proposals to set up Neighbourhood Watch. It was planned to be a bi-monthly publication; in addition Edna and Sarah Jane were identified as the conduits for submitting Milton Damerel news to the local weekly newspaper, the Holsworthy Post. The publication sought contributions covering news, history, and any items readers wished to submit; local traders were invited to place small adverts but the main financing of the printing costs was obtained by members of the group and parishioners hosting coffee mornings and a variety of other fund-raising events. It survived the tragedy of the Foot & Mouth epidemic in 2001 and was skilfully produced by Edna and Sarah Jane until May 2004, when they sought to be released from their commitments, and asked for volunteers to take on the tasks of ... fund-raising, to sell advertising space, to find content and process on to computer, typing editorials and importing artwork, design and layout, delivering and collecting from photocopiers, assembling, stapling and folding, organising distribution to all the parish and Abbots Bickington, and take on responsibility for the finances. Thankfully there were interested volunteers and the September 2004 edition was compiled and produced by a new team of 6. This interest and commitment to continue the quarterly editions has endured and the Parish and the Newsletter can be justifiably proud to have such a publication.

Memorable events for fund-raising over the 25 years since 1999 include scarecrow competitions, village fetes, farmers' markets, parish walks, cider and pasty walks, social events in the parish hall, recipe book, and content reporting on the Diamond Jubilee in 2012, the Queen & Duke of Edinburgh's 70th Wedding Anniversary in 2017, and Queen's Platinum Jubilee in 2022, in addition to many occasions in the life of the parish and individual parishioners.

This era has seen the move from photocopying to digital production, revisions to design and content, and costs of production fully met from advertising income.

A success story for the parish and hearty congratulations to all who have committed, over the 25 years, to its continued production.

Submitted by Grace Millman



Nicola Martin
Past Member



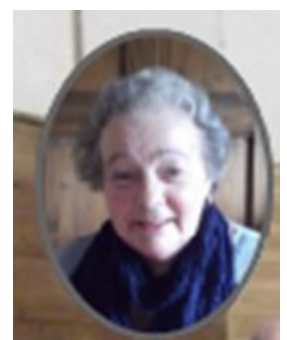
Terry Fairbrother
Past Member



Peter Oxborough
Past Member



Lorraine Buttery
Past Member



Margaret Stannard
Sadly passed away

Past Members (No Photo) Grace Milman, Tracey Dunmore

Volunteer Distributors -

Margaret Fishleigh, Edwina & Keith Hale, Andy Kendall, Phyllis Piper,
Elizabeth Bellew, Lesley Self, Christine Poole, Grace Millman,
Donald & Valerie Harris, Philip & Jean Reed, Rose Haynes

**A BIG thank you to our advertisers
that make it happen.**



Lesley Self
Present Member

Kivells Estate Agents & Auctioneers

Thinking of selling your property?

- ✓ **Local** experienced team
- ✓ **Established** auctioneers & estate agency sales
- ✓ **Free** market appraisal for sale
- ✓ Your first point of call for **professional** advice

Contact the Holsworthy team today for your
FREE market appraisal:



Daniel Stokes MNAEA
Director



Mark Kivell
Office Manager



Jack Alford
Valuer



William Braunton
Sales Negotiator



Enya Garrett
Property Secretary



01409 253 888

holsworthy@kivells.com

**Kivells Property Suite, Market Square,
New Market Road, Holsworthy EX22 7FA**

Evelyn's Walk (9/6/2025)

On Monday 9th June, we met in the Village Hall car park in Chilsworthy. I was assured by the Booking Clerk that we wouldn't cause any inconvenience for anyone hiring the hall. We set off along Holsworthy Hamlet's footpath No. 3 that goes along School Lane & then across the fields towards Parnacott House. The route was well marked & we admired the beautiful Copper Beech tree in the distance. Given the rain that we have had recently, it was quite squelchy in places especially near where the Bude Canal used to be. The little stream was only a trickle. Where the footpath split, we turned right which brought us into what I'll describe as the "tradesman's entrance" to Parnacott House. A very knowledgeable gentleman came out of the house & he kindly gave us snippets of information about the history of the property. It transpired that he was the owner, John Vowler. No wonder he knew so much! His family has lived there for generations. The property is available for self-catering accommodation so there is a fascinating web site. We would have stayed much longer but we still had quite a long walk ahead of us so we reluctantly bid him farewell & continued towards the lane. We turned right which is a recognised short cut as it goes from Burnards House on the A3072 towards the Holsworthy/Bradworthy road. It was quite busy but the drivers were very kind. At this time of year, the vegetation is quite long & it isn't easy for pedestrians to get off the tarmac & onto the verge. As we got nearer the junction, we could observe tumuli in the fields on the left & right of us. You wouldn't necessarily notice them but they are certainly identified on OS maps as Ugworthy Barrows. Ordinarily, I wouldn't recommend walking along such a busy road on a week day BUT it was literally only for 100m & we were VERY visible in hi-viz. We popped through the hedge & joined Holsworthy Hamlet's footpath No. 5. It's well marked & goes across the fields towards Quarry Park & the Chapel in Chilsworthy. It was only a short stroll back to our cars via the BOAT (By-way Open to All Traffic) which was preferable to staying on the road albeit in a 30mph limit. It was much more pleasant walking along the edge of The Green which was looking well kept & peaceful. I don't mind admitting that my legs were quite tired but we had enjoyed a circular route of approx. 3.75 miles.



Evelyn's Walk (11/7/2025)

On Monday 14th July, we met at East Vognacott near Chilsworthy with kind permission of the land owners. I had worried about doing this walk as we had recently experienced that spell of extreme heat. I needn't have worried as the weather had changed considerably overnight & we actually had quite a downpour while we waited to set off. As we followed the track out of the yard, we reminisced about how impassable it used to be even in summer. Thankfully, drainage work was done a few years ago which has improved the situation considerably & it's difficult to imagine how bad it was. DCC arrange to do an annual cut along the green lane. It had obviously



been done very recently & we were most grateful. We stopped at what is known as ScorPhill & contemplated the fact that the census of 1901 confirmed that the Hill family used to live in a cottage there. It must have been quite cosy with Mr & Mrs Hill, their five children & a lodger, Richard Sillifant. The census of 1911 confirmed that the Ball family then occupied the property. Both Mr Hill & Mr Ball described themselves as farm labourers on the census form. There is no evidence of the cottage at all now. We continued on what is officially Holsworthy Hamlet's footpath No. 3 which took us across several fields. Some of them are obviously cultivated for forage. Others are more meadow-like. There was an abundance of moths & butterflies in the meadows, as well as lots of pesky horseflies. When we reached the road at Honeycroft Cross, we turned right towards Holsworthy Beacon. The views were far reaching towards the north & south. When we reached the entrance to Gearn's Farm, we followed the footpath No. 4 into the farm yard & along the edge of a couple of fields back towards ScorPhill. It was only a short walk from there back to our cars. I believe everyone enjoyed the walk which was a new route for several people. Overall, it was approx. three miles & took no more than two hours.

Evelyn's Walk (11/08/2025)

On Monday 11th August, we parked at the Village Hall in Bratton Clovelly having checked with the Booking Clerk that we wouldn't be treading on anyone's toes. If you haven't been there, it's well worth a visit. There's a children's play area & a sports field at the rear with far-reaching views. We followed Irene who had kindly agreed to lead the way. We set off down the hill & turned right opposite the Clovelly Inn. We then turned left along the lane which took us down a very steep hill. We stopped at the bottom where the road crosses a stream to admire what would have been the original Mill on one side & The Manor on the other. Apparently, The Manor dates back to the end of the 18th century. The former stables & barns have been beautifully converted into guest accommodation. There is lots of interesting information about The Manor & the locality on their web site. We set off up the hill which thankfully wasn't quite as steep as the hill that we had descended. I had wondered about walking the route in the opposite direction BUT we all agreed for future reference that it wasn't a good idea!! We turned left onto a bridleway which is also the access for Manor Cottages & Lower Voaden. The route took us through the farm yard & having beared left, we joined a footpath on our left rather than continue to follow the bridleway. When we last walked this route in June'24, the fields were being cut for silage. This time they were being grazed by sheep favouring the shade of the trees. We were reminded by Irene that this was the original packhorse trail & she brought one of the wooden plaques to our attention. It's a beautiful tranquil route & very accessible with self-closing galvanised gates & a wooden footbridge across a stream. No stiles. When we rejoined the lane, we turned left which brought us back to the centre of the village. Some headed for welcome refreshment at Clovelly Inn which looked very inviting & others headed for the cool of the Parish Church of St. Mary the Virgin. It dates back to medieval times & has some fascinating features including faded wall paintings from the 17th century. I would recommend looking at the web site for Bratton Clovelly prior to making a visit. The circular route was approx. 2.75 miles & took less than two hours.



The next walk will be on Monday 8th September. We'll meet at the Church in Halwill NOT Halwill Junction. If you would like further information, you are welcome to contact me.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com

- **Class 4 & 7 MOT Test Centre**

- **All Makes Car and Light Commercial Repair and Servicing**

- **FIAT Authorised Service Agent**

- **Petrol Forecourt INC LPG, Off Licence and Shop**



W. Sanders & Sons Ltd

Family-run for Over 100 Years

Tel: 01409 261212

**For any further information, please ask for
Rex or Denyse (Workshop) | Penny or Sue (Petrol Forecourt)**



Horrellsford Garage, Milton Damerel, Holsworthy EX22 7NU, United Kingdom

Formerly Martin & Co

corner stores

IN STOCK NOW

We're in the corner of the square

NOW SELLING BEDS

Visit our Bradworthy showroom to see our range of beds and mattresses.

THE SQUARE
BRADWORTHY
EX22 7TB

01409 241 421 | sales@cornerstorescarpets.co.uk | cornerstorescarpets.co.uk

Formerly Martin & Co

corner stores

CARPETS

IN STOCK NOW

We're in the corner of the square

SUPPLIED & FITTED

FLOORING

CARPETS • VINYL • WOOD • RUGS

Visit our Bradworthy showroom to see our wide range of flooring.

THE SQUARE
BRADWORTHY EX22 7TB

01409 241 421 | sales@cornerstorescarpets.co.uk | cornerstorescarpets.co.uk

To advertise in this newsletter contact David on 01409 261577 for more details.

The deadline for submission of articles and advertisements for the next newsletter is

16th November 2025.

GRASCOTT FIREWOOD

tel. no. 01409 281393
email: info@grascottfirewood.co.uk
website: www.grascottfirewood.co.uk

*Loose Logs • Nets • Kindling • Kiln Dried
Local & Sustainable*



Hayley's Helping Hands

Holsworthy - Torrington

Home Help & Respite Care - Housekeeping
Gardening - Decorating
Admin & Online forms - Tidying & Organising
House & Pet Sitting - Animal Care



Hayley Garner

hayleyshelpinghands.com

tel: 07515 770641

email: hayley@hayleyshelpinghands.com

Qualified Care Worker

Fully Insured - Enhanced DBS

Over 30 Years experience working in
Care, Education & Farming



Please call or message me for a helping hand!

**CBL
STOVES**

The Showroom Unit 5,
Red Post, Bude, Cornwall
EX23 9NW
01288 381852
carl@cblstoves.co.uk
www.cblstoves.co.uk



Registered
Heating
Business



- * Stainless Steel twinwall flues
- * Chimney Lining
- * Iskoern Pumice lining
- * Fireplace alterations
- * Stove installations
- * Wood, Multifuel, Gas & Electric traditional and contemporary stoves and fires
- * Chimney rebuilds
- * Slate, granite and glass hearths
- * Wood and ceramic beams and surrounds
- * Floating shelves



Local Co-ordinators:

Strawberry Bank
Gratton, Whitebear & Fore Street
Venn Green

Edwina Hale
Edgar Pett
Mike Jackson

Tel: 261263
Tel: 261277
Tel: 261196

Bude Police Station is open 10 am to 3 pm Monday to Saturday
Okehampton Police Station is open 10 am to 3 pm Monday to Thursday
Barnstaple Police Station is open 9.30 am to 4.00 pm Monday to Saturday

Bank Scams especially by phone seem to be on the increase in this area at the moment.

159 is a UK-wide telephone number that you can use to contact your bank's fraud department. It works similar to how **111** is used for the NHS and **101** for non-emergency calls to the police. Calling **159** allows you to speak to someone from your bank's fraud team. They can help you check on potential scams, and verify the legitimacy of a call or message you may have received claiming to come from your bank. You can also use this number for added reassurance, prior to taking part in any new financial transaction.

If you receive a suspicious call or message, involving any type of financial transaction, including those claiming to be from your bank, your telecoms provider, HRMC, the police, STOP, then call **159** to check on the call or messages authenticity. If you are making the call in response to an incoming telephone call, ideally dial **159** from a different phone to ensure the scammer can't intercept or redirect your call. If you only have one phone available to use, wait a short while, then phone a friend who's voice you will recognise. This ensures that your phone line is now clear, then call 159.

159 is a safe and secure way to contact your bank, helping to protect you from financial fraud. The service is supported by major UK banks and telecommunications companies.

159 will never call you.

e-Scooters: Whilst anti-social behaviour using these vehicles is not a problem in our Parish at this time, they are in most of our local towns.

It's not currently possible to get insurance for privately owned e-scooters. This means it's illegal to use them on the road or in public spaces, such as parks, street pavements, and shopping centres.

If you use a privately-owned e-scooter in public, you risk the vehicle being seized under S.165 Road Traffic Act 1988 for having no insurance. It will then be destroyed.

If you cause serious harm to another person whilst riding an e-scooter, the incident will be investigated in the same way it would if you were riding a motorcycle or driving a car.

Domestic Abuse

Helpline

Phone: **0808 2000247** for free & confidential advice.

More information available online.

If in danger phone: 999

No Dog Fouling



Bag it - Bin it



The Gardening Group.

The group has managed to continue. Our members still keep in contact with each other through our WhatsApp page, sorting out gardening queries. We've also seen photos of what members have been up to in designing their gardens. All very interesting.

Still hoping to arrange an open group garden visit, maybe September.

Contacts

Melanie Richardson 261 353
Lesley Self 261 294

WHAT'S ON

Arts & Entertainment in our area

HATS Theatre, Holsworthy

www.holsworthytheatre.co.uk

HATS is an amateur theatrical society in Holsworthy, having their own 250-seat theatre and produce plays and pantomines for the local community. Also the theatre is a venue for other entertainment:

Vicar of Dibley Christmas the second coming
4th – 6th September & 11th – 13th September @ 7.30pm
Matinee – 13th September @ 1.30pm

1 am Henry VIII
26th September @ 1.30pm & 7.30pm

The Plough Arts Centre, Torrington

www.theploughartscentre.org.uk

Box Office: 01805 624624

The Plough Arts Centre based in Torrington provides an extensive, varied and interesting programme, including workshops – programmes and one-off days; live events – open air theatres and events at numerous locations around North Devon; theatre; comedy; films; music; and exhibitions and has its own Café & Bar “Charlie’s@The Plough”. The diary found on the web-site provides details of events, workshops, etc., programmed for each day. Many workshops are also programmed at The Plough @ St.Anne’s, Barnstaple.

Selection of workshops/regular events in Torrington during September to November:

Saturdays, Ongoing from
13th September – 13th December
(Times to be confirmed)

PYT* Seniors (14-18yrs) from 10am
PYT* Middlies (11-14yrs) from 11am
PYT* Infants (5-7yrs) from 12.30pm
PYT* Juniors from 1pm
Creative Dance (8-16yrs) from 3pm

Mondays, Ongoing from
8th September – 24th November

Ploughcoppella with Rosa Robecka from 7.30pm
North Devon Community Choir

PYT Home Ed Drama (8 -16 yrs) from 2.30pm
8 sessions to 27th October

Wednesdays, Ongoing from
11th September – 18th December

Writing for Performance (8-18yrs) from 5pm

For films, music events, and NTLive screenings
please go to web-site.

Wades

OF BRADWORTHY

Furniture Beds

**The Square, Bradworthy,
Holsworthy, Devon, EX22 7TD**

Tel: 01409 241228

Email:

wadesofbradworthy@btconnect.com

Web:

www.wadesofbradworthy.com

SUDOKU

By KrazyDad

	2			4	5	8	7	
						6		
6		4	1		3	9		
		8					1	4
1								6
7	4					3		
		1	9		7	4		2
		9						
	7	2	4	3			6	

Difficulty: Intermediate

© 2018 KrazyDad.com

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9. Use logic and solve the puzzle without guesswork. For puzzle solving tips, and more puzzles, visit KrazyDad.com.

Word Search

L D K O W U L S R E E T N U L O V I
M B M Y J V C Z D A M E R E L T L N
V S Z X E R E T T E L S W E N I T O
S T M H D E N C R Y P R I N T E D I
D S Z U S O T O H P L M W F S O D T
L E L R L L S R E S I T R E V D A I
X R N O I T A R B E L E C V R M D D
H E J H Z P O V I Z C V W O D S Y E
B T R V H V I E T C O M P I L E D I
T N P H Y J C K R O W M A E T A B B
W I N O I T A C I L B U P S R J T A
U J U S W E N R D C Z X B P S Q Q O
X E P B L M V U V N P U O R G D Q K
A V A F N O T L I M T B C W F N P P
Q G R N I C S R O T U B I R T N O C
S C I E M F P R I N T E R S G S D J
I V S H L G R L P U I D P R I N T S
D E H U N D R E D T H A R L N E K D

Parish	Group	Photos	Volunteers
Advertisers	Hundredth	Print	Edition
Celebration	Interests	Printed	Teamwork
Compiled	Milton	Printers	News
Newsletter	Publication	Damerel	Contributors

Blackberry Farm Shop

Award Winning

Tel - 01409 261440

Sat Nav - EX22 7NP

www.blackberryfarmshop.co.uk

Café

Tea Garden

Plants

Farm Animals

Real Food from a Real Farm Shop



Open 7 Days
Free Entry
Dogs Welcome

THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- Milton Damerel Newsletter Data Protection Policy
- Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 10, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there are any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed over the page.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to the Compiler.

Disclaimer: The views and opinions expressed in any article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968-All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

Eating Out

Number Eight Bideford

Anne and I have always wanted to try a tasting menu but have never found anywhere local that offered the option. Then I noticed Number Eight in Bideford had just such a thing, so we splashed out and booked and went earlier this year. It was a great success, a lovely range of food and tastes to sample. 8 courses each one perfectly formed but small, three or four bite sized. The dishes follow the usual style of starter main and dessert but with two or three of each. The Devon Brie and Brioche was one of the starters and the fish dish, an Appledore pollock with harissa and tomatoes. We couldn't decide if the main of Exmoor lamb was the favourite dish or one of the two chocolate desserts. The only problem is remembering which one you liked best or once you found a favourite you can't go back and have some more. We went in May but the menu changes monthly so there is always something new to experience. The price for the tasting menu was £85 but for a fine dining experience we thought it a good price certainly was special.

The restaurant is situated just over Bideford bridge and is open Thursday Friday and Saturday with booking essential, run by a couple it only has a few tables and will cater for most dietary requirements with gluten free being available which Anne needed. Number Eight used to be in the main town of Bideford but moved across the water a couple of years ago. There is a terrace outside to enjoy a pre-dinner drink unfortunately we didn't have time to try this but certainly will next visit.

Useful Contact details:

Parish Councillors:

Stephen Moyse (Chair) Tel. 07966 671543
 Richard Piper (Vice Chair) Tel. 01409 261114
 Jim Richardson Tel. 07866 406977
 Gareth Piper Tel. 07966 558385
 Teresa Walters Tel. 01409 261871
 Peter Bromley Tel. 01409 261838
 Edgar Pett Tel. 01409 261277
 Jane Elliott (Clerk) Tel. 07773679559

Chapel:

Rev'd Rob Blackhall Tel. 01805 628041
 Steward Jeremy Sharp Tel. 01409 261548.
 Property Steward (vacant)
 Secretary (vacant)

Church:

Rev'd Mark James Tel 01409 251015
 Church warden
 vacant

Parish Hall:

Booking Secretary Hayley Garner 07515770641
 or Melanie Richardson 07929 509534 .

Walks:

Gillian Aston Tel. 01409 254642
 email: holsworthywalkandtalk@gmail.com
 Evelyn Sharman Tel. 01409 259848
 email: evelyn.sharman@btinternet.com

Over 60's Club:

Chair: Linda Gifford
 Vice Chair: Margaret Walters
 Treasurer: Iris Tel. 261 322
 Vice Treasurer: Dora Reed
 Secretary: Colin Boucher

Holsworthy Rural Police:

Urgent 999
 Non-Urgent 101
 holsworthy@devonandcornwall.pnn.police.uk

Neighbourhood Watch:

Edwina Hale Tel. 261263
 Edgar Pett Tel. 261277
 Mike Jackson Tel. 261196

The Gardener's Group:

Melanie Richardson Tel. 261353
 Lesley Self Tel. 261294

Newsletter:

Chair

Peter Bromley
 email: pgbromleyuk@yahoo.co.uk

Compiling & Adverts

David Taylor
 Tel. 261577
 email: hgawley@hotmail.com
 email: mdnld@hotmail.co.uk

Treasurer & Advertisers

John Binns
 email: mdnld@hotmail.co.uk

Regular contributors and features:

Rose Haynes
 Lesley Self
 Mel Richardson

SUDOKU Answer

9	2	3	6	4	5	8	7	1
5	1	7	8	9	2	6	4	3
6	8	4	1	7	3	9	2	5
2	9	8	3	5	6	7	1	4
1	3	5	7	8	4	2	9	6
7	4	6	2	1	9	3	5	8
3	5	1	9	6	7	4	8	2
4	6	9	5	2	8	1	3	7
8	7	2	4	3	1	5	6	9



**Chimney Sweeping
Reasonable Rates**
Ring David Seggons
01409 241702

Now offering a new service
 Carpet cleaning, £2.50 per m/2

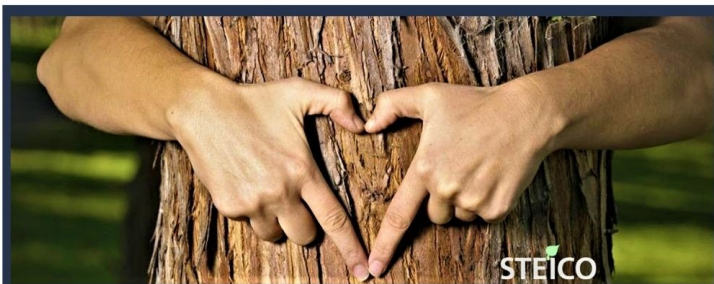
JO
07759705549

TURNING YOUR IDEAS INTO CAKE
BASED IN MILTON DAMEREL, HOLSWORTHY
5 STAR HYGIENE RATING
FIND ME ON FACEBOOK AND INSTAGRAM

MIKE
WYE

The Home Of Sustainable Building

We supply our comprehensive range of traditional natural and sustainable building and decorating products to builders, conservation specialists and home owners throughout the UK



Lime Mortars & Plasters | Natural Insulation
Breathable Paints | Polished Plasters | Clay Plasters
Tools | Technical Advice

Tel: 01409 281644 | www.mikewye.co.uk | sales@mikewye.co.uk

Buckland Filleigh Sawmills, Shebbear, EX21 5RN



Keeping your home up to date

New Build - Extensions & Renovations
Conservatories & uPVC Products
Roofing & Rendering
Plastering & Stonework
Property Maintenance
Kitchens
Bespoke services & much more

Fully qualified and insured.

For a friendly, local and professional approach,
contact Paul for a no obligation quotation or advice.
Please see Facebook 'Paul Newman General
Builders' page for portfolio.'

01409 240331

07919 008161

paulnewman@sky.com



Contact your local Slimming World Consultant
and join a warm and friendly group today!

NEW VENUE

Bude
Bude Rugby Club
Wednesdays
5.30pm & 7.00pm

Holsworthy
Holsworthy Memorial Hall
Tuesdays
5.30pm & 7.00pm
Thursdays
9.00am & 10.30am

Essie 07816 686121

 slimmingworld.co.uk

Slimming
WORLD
touching hearts, changing lives

Humphrey Pullar Chimney Sweep
 NACS Registered & HETAS Approved
 Fully Insured
Professional Chimney Sweeping Service

- * Full Brush & Vacuum Service
- * Pots, Cows & Birdguards Fitted
- * All Types Of Appliances & Flues Swept & Serviced
- * Traditional & Powersweeping Techniques
- * Chimney CCTV Surveys
- * Bird Nests Removed
- * Smoke Testing

The Old Barn, Pancrasweek, Holsworthy, Devon, EX22 7JN
 Tel : 01409 240138 Email: humphreysweep@mac.com




 **GEORGE PRESTON**
Plumbing and Heating Engineer
 Gasafe Registered
 Nat Gas and L.P.G.

Boiler Upgrades, Installs and Servicing
 Central Heating and Solar
 Landlord/ Commercial Gas Safety
 Certificates

All plumbing works
 from dripping taps to complete
 bathroom installs/makeovers



MOB 07958901777
Contact e-mail
george54preston@gmail.com

 **T 01409 253533**

9 Tamar Business Units
 Holsworthy Industrial Estate
 Holsworthy, Devon, EX22 6HL
www.renew-sw.co.uk

**QUALITY WINDOWS, DOORS,
 CONSERVATORIES,
 SOLAR PV & ROOFLINE**

 **Your Local Home Improvement Specialists**

"Do you need Driving Lessons?"
 Whether you are a complete beginner,
 Partly Trained or a
 Qualified Driver in need of a refresher

Contact- **EVELYN SHARMAN**
 For Professional Driving Tuition (DVSA, ADI)

Tel. 01409 259 848 Mobile. 07885 352 082
 Email. evelyn.sharman@btinternet.com
www.evelynsharman.co.uk

RAW PIPER and SONS
Est. 1975

Kerry Heights, Milton Damerel
 Your local aggregate suppliers for
 Top Soil, Sand, Stone, Dry Concrete Mix,
 Cement
 Plum Slate, Chippings (Including Coloured)
 Terram

Small bags and Dumpy bags available
 Collected or Delivered

Tel: 01409 261439



ATLANTA FIRST AID
TRAINING

Courses Offered:
 First Aid at Work.
 Emergency First Aid at Work.
 Paediatric First Aid.
 Paediatric Emergency First Aid.
 Annual refresher courses.



All courses are certificated and OFQUAL regulated.
 Fully qualified Tutor.
 Can be conducted at your place of work.

Further information please contact:
 Lorraine Buttery Tel: 01409 282956
 email: atlantafaaw@gmail.com