

Photo courtesy of the Milton Damerel Video Project.

Merry Christmas and Best Wishes for 2019!

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Milton Damerel Parish Council
Parish Clerk: Lorraine Buttery
3 Sunset Heights, Shebbear
BEAWORTHY, Devon EX21 5BN

Tel: 01409 282956
email: miltondamerelpc@hotmail.co.uk

Councillors;

Stephen Moyse (Chairperson) 01409 261151	Richard Piper (Vice-Chairperson) 01409 61114
Rose Haynes 01409 261577	Jim Richardson 0786 406977
Gareth Piper	John Webb 01409 261301
Grace Millman 01409 261251	

Meetings are usually held on the third Wednesday of each month in the Parish Hall. The agendas for all meetings are displayed on the notice boards no later than the Thursday before the meeting and also on the website. Anyone is welcome but the public are not permitted to take part in discussions, however time is set aside on the agenda of all meetings for public comments.

Devon County Councillor Barry Parsons; attended the Parish Council Meeting in September but was unable to attend the October one due to heavy commitments.

Barry continues to work very hard behind the scenes to support your Parish Council, he sends regular reports by email, there are funds available from him for worthy causes, if you have a request for a grant please contact the Clerk with the details.

P.C.S.O Emma Tomkies send regular updates to the Parish Council, due to the very wide area of her 'patch' it is not always easy to attend meetings.

Annual Grants:

Annual Grants which were approved at the meeting in November 2017 were paid during September 2018. Cheques were sent to: MD Parish Hall, MD Newsletter, MD Church, MD & District Gardening Club and North Devon, Torridge and District CAB. Requests for annual grants for the financial year 2019/2020 were considered at the Parish Council Meeting held on the 21st November, applicants were notified as to whether their application was successful or refused.

The Annual Return and accounts of Milton Damerel Parish Council for the year ending 31st March 2018 have been completed and details were publicised in the notice boards and all details are available on the website. The accounts were subject to an internal independent audit. Due to new Financial Regulations Parish Councils with a turn over of less than £25,000 no longer need to send accounts to an outside auditor. A certificate of exemption was completed by the Parish Council and sent to the new auditors F. Littlejohns, no issues have been raised.

The Step Back in Time Fund for young people still has a balance of £183.02 Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

Planning Matters:

Development at Town Farm, at the time of writing this report there is no update on this development

The development at Southerly, Gidcott was approved by Torridge Planning Department. The application for the Outline planning for three dwellings at Holsworthy Beacon has yet to be decided.

All applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings when the plans are discussed. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk, as there is now a strict 21 day consultation period it is imperative that you get your comments to the relevant department as soon as possible.

Town and Parish Fund this has now been changed to 'Communities Together Fund'

The scheme (originally Town and Parish Fund) was devised to encourage "cross-border" projects, either for councils to work together or for them to support community organisations to benefit residents of more than one parish. At present we do not have a project in mind but if any Resident or members of local organisations have any ideas please let the Parish Clerk know, or discuss them with any Councillors, the project must involve two or more Parishes.

Complaints

Your Parish Councillors receive many complaints, these are usually discussed at the next Parish Council Meeting, or by email if it is deemed appropriate.

It might be worth remembering that Torridge District Council, and Devon County Council have numerous departments to deal with a large range of complaints, the more residents that complain the quicker complaints will be dealt with.

Community Defibrillator (AED):

If at any time you see that there is any damage to the cabinet at either site, or if the light is not working please contact the Parish Clerk or any Councillor.

Finally as 2018 draws to a close the Chairman, Councillors and Parish Clerk of Milton Damerel Parish Council wish all Parishioners a Happy Christmas and Peaceful New Year

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some Information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agenda and minutes are now available on www.miltondamerel.com

Lorraine Buttery Parish Clerk

18th November 2018

MILTON DAMEREL & DISTRICT OVER 60s CLUB

Club normally meets on 1st Tuesday of the month at 2.30pm in the Parish Hall. (Except January).

It is good to have a regular good attendance for the Tuesday meetings – new members are always welcome and we have been pleased to welcome some new members recently.

The next Club meeting is on Tuesday, 4th December.

Our Christmas lunch is booked for Tuesday, 11th December at The Royal Hotel in Bideford, followed by Christmas shopping in Barnstaple.

The new year club meetings start on Tuesday 5th February, which will be our new year party with a bring and share tea and musical entertainment.

At the March club meeting we will be planning the programme of coach trips for 2019.

Chair:	John Francis (Tel: 261117)	Vice-Chair:	
Secretary:	Colin Boucher (Tel: 01288-359184)		
Treasurer:	Iris Fry (Tel: 261322)	Asst Treas:	Pam Pidgeon (Tel: 261428)
Enquiries to any of the above			



CONGRATULATIONS!

To Elizabeth Bellew who celebrated her 80th birthday in October
Ann Poole who celebrated her 75th birthday in October
Phyllis Piper who celebrated her 75th birthday in November
Mary Carter who celebrates her 80th birthday in January
Phillip Reed who celebrates his 75th birthday in February
Julian Allin on the award of a Masters degree in Land & Environmental Surveying with Merit



WELCOME

Welcome to:

Graham & Anne Winter who **have moved into The Grange, Milton Town**
Gavin & Ceri Warland, Caitlin, Oliver and Finlay who have moved into 2 **Horrelsford**
John & Ruth Morris who have moved into Glover's Cottage

*** We are sorry if we miss any occasions for this page – our coverage is only as up-to-date as YOU provide information to us – see final page for contact details. Thank you ***

Regular readers will observe we have reduced the amount of detail included on this page – this is due to the Newsletter Group reviewing how we should comply with the General Data Protection Regulations (please see Page 27).

JUNIOR /YOUTH NEWS

Toddler Group

We meet on Tuesday mornings, 10.30am – 12.30pm. Any local children from 0 – primary school age are welcome; by local, we mean from local surrounding villages and towns. We are pleased to see all who care to join us. Also Lisa, who works for Action for Children drops in to see us from time to time.

We celebrated our 5th Anniversary on 6th November with a party. Cake, balloons, games and party food was the order of the day. Tamsin presented an interactive story 'Spot Bakes a Cake', which was messy fun!

Kids dressing-up clothes – we are making a collection for toddler group and are happy to pay if anyone has some on offer.

Sunday School

We meet on the 2nd Sunday of each month at 11am. Activities in the Schoolroom are centred around a popular Bible story – it's a lot of fun with songs, stories and lots of 'making and doing'. Come and see what it's all about, it's definitely different from the old style Sunday School!!

Any young people are very welcome to come and join in the fun. Details from Sheila (Tel: 261466).

We met on Harvest Festival Sunday, when we made quick pizzas and other harvest crafts – the story was based around Creation and our responsibility to look after the world.

On Remembrance morning our theme was Jesus, Light of the World. We made lanterns and stained glass windows.

We will not be meeting for Sunday School in December, as there will be the **Family Carol Service at 11am on Sunday, 16th December** and there will be a **Crib Service in the afternoon on Sunday, 23rd December**.

Chapel News - December 2018

Unwrapping our gifts.....

By the time you are reading this the season of Advent will be rapidly approaching and commercially we will be being assaulted with adverts urging us to buy presents! Maybe you will be trying to work out what your loved ones would really like, or perhaps buying them something they need. Or maybe you'll choose something totally indulgent for them, like chocolate or perfume!

Part of the pleasure of Christmas is in the choosing and giving of gifts. We delight in watching the faces of children as they unwrap the gift, hoping it's something they desire and will use. How disappointed and hurt we would be if they simply tossed it carelessly aside.

Yet often that is what we do with God's gifts to us.

Each one of us is uniquely made despite our family likenesses. We each have a part to play in the vast tapestry of life and God longs for us to unwrap the gifts, abilities and opportunities he has given us. God calls us to be faithful with what we have been given and to use the gifts well, so do whatever it is that you are good at, it's God's gift to you!

However, let us not forget that over two thousand years ago God gave us his greatest gift, his Son, Jesus Christ. Jesus showed us a new way of being, a way of loving relationship. He taught us that God is all about unconditional love and forgiveness. This is a message that our world needs to hear more than ever. God loves us and wants us to love each other in the same way – it's as simple, yet as profound as that.

God has trusted each one of us with our own unique gifts; and the greatest one is the human capacity to love, let's not waste this gift.

May God bless you and your family richly this Christmas time with hope, love and peace and may you be the author of love and peace for your family and friends this Christmas.

Revd Lynne Burgon.

HARVEST 2018 – We had a successful week-end with the Chapel being generously decorated with floral arrangements, fruit, vegetables, and produce of all varieties. It was a pleasure to welcome the Revd. Graham Thompson, who is the Chair of our Plymouth and Exeter Methodist District, to lead worship, teaching us a new song, and preaching the sermon. The Sunday School also had a harvest theme. The service was followed by tea/coffee and biscuits - a time to chat and see the crafts etc., of the Sunday School.

There was also a retiring collection for the Indonesia earthquake and tsunami appeal, which raised £177.00.

We had a good crowd for the Monday evening celebrations when David Kivell, of Kivells, kindly "deputised" to auction the goods, as James Morrish had an extraordinary Torridge District Council meeting. In a change of programme the auction was held before Revd. Rob Blackhall concluded the evening with the Thanksgiving. Over the week-end a total of £444.00 was raised for Chapel Funds.

AFTERNOON TEA & CAKES – By the time the Newsletter is printed we will have held another Tea & Cakes on 17th November. The August Afternoon Tea & Cakes raised £152.32 for the Holsworthy Foodbank, which was gratefully acknowledged as the gift will meet 5 weeks of room rental for the Foodbank; additionally, several contributed tins and household items, which totally filled one of Morrisons large shopping bags. Thank you everyone for your support.

BIBLE STUDY – The discussion group meets at 2.30pm on Monday afternoons in the Chapel Kitchen – we are now on "winter time".. We are an ecumenical group and we welcome anyone of 'any persuasion' to come along and join in the discussion and add your views. We are currently following a study on Overcoming Worry. For details speak to Sheila (Tel: 261466).

On 5th November we had a special bible study for Suffering Church Week, with our minister Revd Rob Blackhall leading a study, reminding us all about our brothers and sisters in countries which prevent freedom of Christian worship. A donation box raised £60.00 for Barnabas Aid, an international Christian charity supporting persecuted Christians suffering because of their faith.

SEW 'N' SEWS – continues to meet in the Chapel Kitchen on a Saturday each month, the most recent was on 24th November. We welcome anyone along to join us, bring your sewing, knitting, cross stitch, etc. etc. It's a friendly, welcoming group. We recently said goodbye to Maggie and her husband, Mike, who are returning to Scotland to be near their daughter. We will certainly miss their cheery chat and banter but wish them well for the future. For more details contact Barbara – 01805 601651 or Sheila 01409 261466. This year we have booked a Christmas meal at The Union Inn, Stibb Cross for December.

SUNDAY SCHOOL - We offer a monthly Sunday School on the second Sunday of each month at 11am. We join with the morning service congregation for a short time then get together in the Schoolroom for activities and stories. The next sessions in the New Year will be on **Sunday, 13th January, and Sunday, 10th February, both at 11am.** Details from Sheila (Tel: 261466).

FAMILY SERVICES – All-age, family, friendly worship held at 11am on the last Sunday of each month. All are welcome to the services, which are followed by tea, coffee, etc., and for this quarter will be **30th December, 27th January & 24th February.**

CHAPEL FLOWER PLAN for the months of December 2018 to February 2019

2nd & 9th December.....Mrs Lilian Luxton
 16th & 23rd & 30th December.....Mrs Phyllis Piper
 6th & 13th January.....Mrs Valerie Harris
 20th & 27th January.....Mrs Sally Piper
 3rd & 10th February.....Mrs Gweneth Johns
 17th & 24th February.....Mrs Katie Allin

CONTACTS – For further information or help please contact: Our Minister, Revd Lynne Burgon (01805 624392): Our stewards: Roger Daniel (Tel: 261466) & Dan Brett (Tel: 261609). Property Steward: Julian Allin (Tel: 261188). Secretary: Katie Allin (Tel: 261188).

*Revd Lynne Burgon and the congregation at the Chapel
 wish everyone a joyful and peaceful Christmas
 and a blessed and peaceful 2019.*

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HOLY TRINITY CHURCH NEWS



Reverend Richard Freeman Tel 01409 241315

Hello Everyone

The clocks have gone back, it is getting dark earlier and despite the lovely days we enjoyed during September and October there is a definite crispness in the air. Winter is here bringing all the joyful things we enjoy in the winter months, such as a warm and welcoming home, closing the curtains early and snuggling down in front of a warming fire and if, like us you are naughty, then also something to nibble on - usually sweet and usually chocolate covered.

Then there is the highlight of the year to look forward to - Christmas – the Christmas story seems to be of less prominence or importance in people's lives as each year passes, but let's remember it is the reason we celebrate this time of year and the reason we exchange gifts as we celebrate the greatest gift the world has ever received. It is often forgotten in these modern days amid the tinsel and bright lights, the feasting and making merry. One does ponder the question sometimes, 'What are people celebrating at Christmas if not the birth of Jesus Christ'?

What has been happening at Holy Trinity in the last few months?

We held our Garden Party August 11th – seems ages ago. Friday the 10th looked grey and overcast and by Saturday morning, after weeks and weeks of glorious sun filled days, we got up to torrential rain, luckily we had a plan 'B'. Garden Parties are not quite the same indoors but with bunting hung around the inside of the church and stalls set up across pews, the church looked bright and welcoming on this drab day. Mel and Jim bravely soldiered on outside with the 'Gardening Club' stall selling plants that the club members had kindly donated. We were all hoping for a change in the weather, but that didn't come about.

Thankfully Milton Damerel folk are made of strong stuff and a bit of wet weather wasn't going to deter them from coming to the event, be it inside or out, for which we are very grateful.

Rob is now well known for his bell ringing at Holy Trinity and was soon showing his skill of ringing three bells consecutively – not easy- so it made sense to invite, for a small donation, interested visitors to have a try. Despite Rob making it look easy people were soon agreeing 'not as easy as it looks'. One person was literally swept off her feet - she didn't let go of the rope, but no harm done, and people were still queuing to have a go.

The Stennett family presided over a stall of crafts with 3 generations helping, a real family affair. Roberta was busy with the teas and Gail presided over the lovely cake stall mmmm. Edwina oversaw the Bric-a-Brac, most of which was new and had come from a little Holsworthy shop that had closed and the owner kindly donated boxes of bits and bobs. Edwina took some of the unsold items to Clic Sargent - the children's charity and we took some to the Tea and Cake afternoon at the Chapel, so nothing was wasted.

Good news too was despite the heaviest rainfall for weeks the roof repairs that Scott and Yvonne had undertaken held firm and I don't believe a drop of water came in at that time.

We had some super raffle prizes with free entry to the Milky Way fun park and Wheal Martin tickets as well a donation from the Union Inn at Stibb Cross plus much more.

Thank you to everyone for helping and to all who braved the weather to support the church and add a little more to our roof fund.

These last few months if you have walked through church yard you may have seen someone lurking around gravestones, kneeling or rubbing the stones... nothing sinister as it was Roberta on her latest church project.

Holy Trinity Church Grave Yard Project 2018

During the hot dry summer aerial photos by drone were taken which enabled a plan of the grave stones in the Church Yard to be produced. The whole grave yard has been divided into five sections A-E and each grave stone has been given a reference number. Over 170 stones have been photographed and the data commemorating 235 individuals has been collected and recorded on a spreadsheet. This information will be made available in alphabetical order in a folder in Church, to help with family history enquiries. There are just a small number of marked graves where the names are not yet available. Sadly, the original grave plan is missing so unmarked graves cannot be catalogued.

Can anyone help us to find the names? Please contact Roberta 01409 261196

Church Service dates for the next 3 months are as follows:

December 2nd Holy Communion 11.30am	December 16th Morning Service 10.00am	December 18th Carol Service 7.00pm	January 6th Holy Communion 11.30am
January 20th Morning Service 10.00am	February 3rd Holy Communion 11.30am	February 17th Morning Service 10.00am	March 3rd Holy Communion 11.30am
Please keep an eye on the notice board as services may be subject to change.			

The Christmas Tree Festival is taking place on December 15th and 16th open 2.00pm – 5.00pm each day.

Trees to be brought into church Wednesday 12th December between 2.00pm and 6.00pm.

The Carol Service with the Choir from Bradworthy will be held on December 18th at 7.00pm.

Mulled wine and mince pies will be served after the service.

Church Gardening: The extremes of weather we experienced this year did not deter the very committed people who give their time to keep the churchyard looking so nice for everyone who visits Milton Damerel. This year we have had visitors from as far afield as Australia and New Zealand, from America and South Africa as well as ‘local’ from all over the UK, all say the same -what a beautifully kept churchyard. Down to you guys, thank you.

And now we move into winter months and church gardening is the Thursday before the 1st service of the month from 1.00pm just once a month – it is subject to change depending on the weather. There is plenty of ‘winter’ work to be done, as any gardener will tell you, so if you would like to pop in you will be most welcome.

The all-important *Gardening Dates (subject to weather) for the next four months*

NOTE: there will not be any gardening at the beginning of January but may slot in a day further in the month

January 31st February 28th It looks odd but that is the way the gardening days have fallen

Did you know that the bells in the church were rung for the England football team on scoring goals in the World Cup, when we were united and excited by the English team, and on the wedding of Harry and Meghan? Rob also rang them at the same time as the rest of the UK on the 11th November at 11.00am and at 7.05pm for the end of the world war 1918, and to remember the sacrifice of those brave people who fought for the freedom we have enjoyed in our lifetime, the same freedom we often take for granted these days. People have told us the bells were clearly heard around Milton Damerel.

If you have something special happening in your life then let us ring out the bells specially for you on your occasion.. It could be a birth, a birthday, an anniversary or just for the pleasure of hearing the bells ringing knowing they were for you personally, you can contact Rob our bell ringer or myself, spoil yourself.

As we look forward to a new year we pray that we can get the money to repair the roof, we have been trying very hard this year to raise the money from grants as well as events, but it is a hard slog.

When we have our church service I often wonder why we are so few, and if things get any worse then the axe will fall on Holy Trinity not because water is coming in the roof but because it's no longer needed in this community – surplus to requirements what a sad thought. It makes sense that the churches that survive are the churches that are alive and used.

Finally, just a reminder that in the church is a small selection of books and a selection of various cards such as birthday cards etc, available to purchase for a donation. We also have some DVD's of classic films as well as a good selection of cd's with Christmas Carols and Christmas songs to suit all tastes. Buy them now as they will not be available later.

Isabel

Church Warden





Holsworthy Beacon Methodist Church

COFFEE MORNING

Last Thursday of each month

(Not December)

10am – 12noon Chapel Hall

A warm welcome to all!

PILATES...

Methodist Schoolroom

Mondays

9.45am – 10.45am

&

11am – 12noon

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Eating Out...

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Not having been here for a while and having just had a very busy weekend down in Newquay organising an AGM also having friends visiting from Scotland, we decided to have a meal at the Rydon Inn instead of cooking, how glad we were that we did.

Food was great, all freshly cooked and piping hot, two of us had the roasted hake with king prawns, the men had the "Pie of the week", when the food came it looked and tasted good and plenty of it, desserts followed and once again beautifully presented and delicious.

Prices were very reasonable and service was excellent, food always tastes good when delivered speedily and with a smile. Their Christmas menu looks good and once again reasonably priced, they aren't open Christmas Day or New Year's Day but well worth a visit for your pre Christmas celebrations.

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The Robin

In the silence of the moonlight,
The ghostly, mysterious moonlight,
The robin passes by.

As mortals sleep,
And angels peep,
The robin looks on sharply.

But in a flicker of magic,
With a jingle of sleigh bells,
Something appears by the moon.

The bird's eyes widen,
Could it be him?
Could it be true?

His Christmassy heart started beating against his red breast,
For it had to be true,
The shadow had to be him!

As pearl-white snow drifted effortlessly,
And lay on the pine trees,
The little robin felt so much hope the bells of heaven started to ring!

For he knew,
Baby Jesus knew,
The figure of Christmas cheer was...

I woke up,
The ground was filled with Jack Frost's magic,
The ponds trapped in ice,
My stocking, full.

Looking closely,
Past The Snowman's Ball,
Past the pine trees; snowy, cold, festive, saw the robin.

The robin whose hope had brought the snow,
The robin whose hope had brought great cheer,
For on Christmas eve, a dream or not, had seen the magical figure,
And brought great hope to all...

Source: <https://www.familyfriendpoems.com/poem/the-robin>



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CHRISTMAS TREE FESTIVAL

Sat.15th & Sun.16th Dec.

2pm to 5pm

Come and enjoy REFRESHMENTS,
VIEW the trees and decorations
VOTE for the tree LIKED the best.

Mini Tree Hunt for children with prizes on the day

A prize for the tree most 'LIKED' will be presented at
the Carol Service on Tuesday 18th Dec. at 7.00pm

Individuals and Local Organisations are invited
to display Decorated Christmas Trees

Please contact Roberta on 01409 261196 or email
robertajackson666@gmail.com for more details

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Carol Service

Thursday 20th December 7.00 am

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PROMISES MUST BE KEPT

Gilbert Thompson is a farmer. He has farmed all his life. He left school at 15 to work on his parents' farm. As his farming knowledge and experience increased he took on more and more responsibilities.

Gilbert was the youngest of five children, the first four being sisters. None of the girls were interested in farming, and his parents' hope always was that somebody would be interested in carrying on the farm, following a long line of Thompson farmers before him. He was happy to work on the farm even though he was given a very low wage. His parents had promised him that he would one day own the farm, and that is what kept him going.

In 1992 he went into partnership with his parents and the farm was transferred to them in equal shares. Under the Partnership Agreement Gilbert undertook to devote his full time and attention to the business, reinforcing his belief that he would one day inherit the farm in its entirety.

In 2004 Gilbert and his parents met with their accountants and discussed some inheritance planning. The parents wanted to leave a decent amount to each of the children, but did not want the farm broken up as this would be left to Gilbert. The four girls benefitted by having many insurance policies bequeathed to them. Mr Thompson died in 2012, at which time his widow signed a new Will leaving everything except the insurance policies to Gilbert.

Gilbert and his partner moved into the farmhouse with Mrs Thompson. That was the start of numerous arguments over the way in which the farmhouse should be run, including its decoration. This led to Court action after Mrs Thompson got cold feet and no longer wanted Gilbert to inherit the farm. Gilbert told the Court he relied on the promises made at various times throughout his life that he would be the one to inherit the farm. This was one of the reasons why he accepted a reduced wage. Two of his sisters sided with him and confirmed to the Court that it was known he was to inherit the farm.

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For her part Mrs Thompson and one of her daughters sought to persuade the Court that Gilbert was negligent and unable to run the farm. The Judge gave that short shrift. He said that Gilbert's reliance on the original promises that he would inherit the farm had and would impact negatively on his life should those promises not be honoured. The Judge ruled in his favour. Gilbert's evidence was compelling and the Judge found his two supporting sisters' evidence to be "credible, truthful and reliable".

When members of a family business fall out, the consequences can be dire if they cannot patch up their differences - and I have seen on many occasions these kind of cases end up in Court at huge expense to the parties concerned.

**John Busby
Busbys Solicitors
Bude & Holsworthy**



Milton Damerel Parish Emergency Plan

The Parish Emergency Response Team (ERT) met on 8th October and carried out the annual review of the Parish Emergency Plan. The Plan was drawn up in 2011 and updated in 2016; its purpose is to help to deal with an emergency or major incident likely to cause or threaten death, injury or widespread disruption to the local community and which, otherwise, *could not be dealt with by the emergency services or local authorities*. Implementation of the plan would normally be ordered by the Parish Council.

For those who have moved into the area during the past year, and who wish to see the plan, they may see a copy held by the Parish Clerk or through any of the ERT members below, or via the Parish website at www.miltondamerel.com Local Information section.

Clifford Fishleigh – Farms Liaison

Gary Flack – Medical

Steve Moyse – Livestock & Communications

Christian Whitley – Coordinator (01409 261792)

Trevor Sanders – Mechanical & Transport

Robert Stennett - Deputy Coordinator

Phillip Reed – Farms Liaison

John Webb – Liaison with Torridge DC

The ERT decided that no significant changes need to be made to the plan this year. Kate Moyse and Roger Lawes have stepped down from the team and Christian Whitley has taken over as Coordinator with Robert Stennett becoming Deputy Coordinator. The team plan to carry out an exercise by the end of November to test the effectiveness of hand-held radios purchased last year.

Are you prepared for winter!

As usual, lots of “experts” are predicting that a long cold winter will soon be upon us! Similar predictions have been made over the past several years, however – other than last winter – they have never been justified.

Perhaps, this year.....? Whatever the outcome it makes sense to be prepared – just in case.



Keep coal/gas/oil topped up.

Keep some low cost food and meals in the freezer.

Have some dried food and tinned food in store.

Have torch batteries, candles, matches at hand.

Keep mobiles and all of your fancy IT things well charged.

When you go out in the car, if snow is forecast, take proper warm clothing, a blanket and, perhaps, a shovel & tow-rope & something to eat and drink when you are stranded on the A30.

Remember to look in on neighbours who are frail, or who suffer from ill health.

Spend from December to March in Tenerife.

Conditions such as those in 1963 and 1977 **will** occur again: it could be this coming winter. No need to overreact, merely be sensible. UK weather forecasters will invariably warn us of “Arctic conditions”, but don’t worry.....

The lowest recorded temperature in the UK is -27°C in Braemar.

The lowest recorded temperature in Europe is -55°C in Russia.

The lowest recorded temperature on Earth is -89°C in Antarctica.

The lowest recorded temperature in Devon is -19°C in Lapford.

Moscow residents often endure five months of temperatures below 0°C.

UK skiers spend over £6 billion each year to endure the cold and risk breaking limbs.

So, before you turn up the heating – try putting on another jumper.

Footpaths News

Parish Footpath No. 1: We reported in the last issue that the footbridge was rotting and becoming dangerous. Unfortunately, it has worsened and recently collapsed making it unusable. Our Rights of Way warden has ordered a replacement bridge and we hope that this will be installed in the near future. In the meantime, in the interests of safety it would be better if people didn't try to cross the bridge although the rest of the path is of course still usable.

Inter Parish Walks: The Pyworthy Walk, starting from the Village Hall car park on 12th. November will be the final walk for this year, December and January usually being kept clear due to holidays, Christmas and bad weather. The new 2019 programme will be put on the Parish website as soon as it becomes available. Overall, the walks have been very well supported this year with an average of 25-30 turning out each month and the weather has mainly been favourable. A report on the most recent walk, by Evelyn, can be found elsewhere in this issue.

Holsworthy Walk & Talk: *The following article has been provided by Gillian Aston (a walk leader).*

This month has given us a good mix of walks to suit all abilities. The Kilkhampston Walk has gone to the top of our Challenge Chart toppling our Ashwater route into second place. Kilkhampston offers a range of terrain with long, steep climbs and several stiles. All walks are graded on the programme with Level 3 being the most challenging but still within the three mile remit of Walking for Health. Level 2 walks are slightly shorter with gently sloping terrain or level with a good surface such as the Rydon Lane and Ruby Way walks which, for the most part, follow the cycle track. The Level 1 Walk in the Park is on totally level and easily navigable ground and lasts no more than half an hour making it ideal for those who are returning to exercise following illness or injury.

On our programme, all walks have a short explanatory note alongside the venue indicating the terrain to be expected together with any particularly steep climbs, possible mud and stiles. Thanks to the great work carried out by the various Parish P3 Coordinators and Devon County Council many stiles have now been replaced with new pedestrian gates. The volunteer P3 Coordinators work hard within their Parishes to keep our footpaths in good repair for the benefit of all by cutting back brambles, strimming and repairing any damage to gates, stiles etc on a very modest budget. However, when we do encounter any stiles on our walks there are always many helping hands to assist any reluctant body parts to safely clamber over.

The Government's advice is that any physical activity is better than none. Start small and build up gradually. Regular physical activity can help to prevent and manage over 20 chronic conditions and diseases, many of which are on the rise and affecting people at an earlier age; 1 in 3 of the working age population have at least 1 long term condition and 1 in 7 have more than one.

Becoming more active could prevent one in ten cases of stroke and heart disease in the UK and one in six deaths from any cause. In fact it's often said that if physical activity was a drug it would be classed as a wonder drug.

Walking for Health is doing its part to meet the Government guidelines and in such a way that we get to see many interesting and beautiful local places, meet new people and enjoy the many physical and psychological benefits of walking. All walks are also FREE!

Our Monday Level 1 walks in Stanhope Park, Holsworthy start at 10.30 am. We now meet outside the Holsworthy Area Sports Pavilion with tea and coffee served afterwards. The Friday walks move off at 10.30 am from various locations around the area. Details can be found on our walk programme.

For further information regarding the Monday walks please contact Gillian Aston on 01409 254642. For information regarding the Friday walks please contact David Arney on 01837 861829.



Christmas Quote

Santa Claus has the right idea - visit people only once a year.
~ Victor Borge ~

Inter Parish Walks

On Monday 10th September, seventeen of us met at the Village Hall in Clawton. We repeated the route that we took this time last year in the knowledge that Devon County Council (DCC) has made some considerable improvements. We began by heading down the lane & joining the footpath on the right hand side just before the Church. This first part of the route has always been challenging as it involved clambering over some very substantial stiles. From memory there were at least six & each one seemed to get progressively higher!!!! Now it's a completely different story as they have all been replaced with galvanised gates. It obviously made a huge difference to the progress that we made along the footpath which goes behind Court Barn Country Hotel, through a couple of private gardens & along the edge of a maize field. There was evidence that the hedge had been cut earlier in the year but the rapid growth made this section a bit tricky for us. Personally, I always feel guilty walking through crops preferring to keep to the hedgerow but I am sorry to say that we were somewhat thwarted by the Blackthorn & Hawthorn, both of which have thorns! I think the clue is in the name. We opted to walk between the rows of maize for obvious reasons. Hopefully, we didn't do too much damage to the crop but I was concerned as I remembered from last year that there had been a second field of maize to negotiate. We all commented on how much drier the ground was than this time last year as we remembered having to circumnavigate some seriously muddy patches. We went through a couple of gates & entered the second maize field only to find that a path had been cleared along the edge. It made our progress very much easier & obviously we didn't have the worry about feeling responsible for damaging the crop. From there we walked through fields of lush grass & negotiated what had been a treacherously slippery wooden footbridge last year. The dry weather over the summer months has obviously had a major impact on the ground & wooden structures. It wasn't remotely slippery & some kind person had obviously repaired a couple of wooden steps that had shown signs of rotting. We were delighted that the owner of Hole Park had once again managed to produce a stunning floral display in their garden. The hanging baskets are always spectacular & a joy to behold as we approach the end of the footpath. From there we rejoined the lane & headed back to our cars stopping on the way at Bramble Farm to purchase some homegrown veg. I have realised that it is always worth carrying some loose change whilst out walking as there are often eggs, vegetables & flowers for sale at the gate of various properties.

I believe everyone enjoyed the walk in Clawton & we are all most appreciative of the efforts of those concerned for keeping our local footpaths so accessible. Hopefully more people will be inclined to use them in the knowledge that they are well marked & clear. If you are aware of any problems, I would advise letting your local Parish Council know so that they can make DCC aware.

The walks in Bradworthy are always popular & Monday 8th October was no exception. There were twenty seven of us including five residents of Bradworthy. It is always a bonus when local people come on our walks as they know their Parish far better than me & they have lots of snippets of local knowledge.

We set off from The Square & headed past the School. This pretty lane goes downhill, over the River Waldon & up the other side. It is always full of colour & of course at this time of year we were able to enjoy the glorious autumnal colours. Daphne had very kindly arranged for us to visit Waldon Valley Lodges which is set way back from the road. I would say that it could be one of Bradworthy's best kept secrets. For many years it was a successful quarry producing China Clay. Even after all these years, there is evidence of its history including the office associated with the weighbridge although it blends cleverly into the natural backdrop. With kind permission of the owners, Mr & Mrs Derek Cann, we were able to explore their beautiful property. There are three charming lodges for holiday visitors set around a lake. The owners have created a woodland walk & a river walk for visitors which provided a very peaceful stroll for us. Mr Cann reminded us that it wouldn't have been so quiet in years gone by when blasting would have taken place three times a day. We stood by the lake enjoying the peace & tranquility, also being enjoyed by a Heron. We were reluctant to leave! However, we knew that we had the prospect of refreshments kindly arranged by Daphne in the Collacott Room so we headed back to The Square. It is always a treat to look at the archive material kept there. The unexpected treat was biscuits. They went down very well. The Collacott Room is in Bradworthy Hall, Bradworthy Square, and is open every Wednesday morning between 10.00 & 12.00 if you would like the opportunity to see some of the material & photos that are kept there. I would like to thank Mr & Mrs Cann for their very kind hospitality & also Daphne, Sarah, Pam & Tina for

giving up their Monday morning for us.



Our last walk for this year was on Monday 12th November. I had received a special request to walk a particular footpath in Pyworthy. I knew that we had not walked it for three years & that several “new people” would not have walked it previously, so I was keen to oblige. Gill Aston very kindly liaised with local land owners about their livestock that would normally be grazing those particular fields. She also advised Nick Lock, the local P3 (Parish Paths Partnership) volunteer as he had mentioned needing to deal with a “sticky gate” along the route. All seemed to be in place & then The heavens opened for several consecutive days during the previous week!!! I was somewhat concerned as it isn’t everybody’s choice to walk along a footpath across squelchy fields. The day itself dawned sunny & bright. Twenty of us, including Rusty who is very aptly named, met at Pyworthy village hall. We set off in the direction of the Molesworth Arms & then headed towards Hoppatown. If you look at the map, the lane sort of runs parallel with the footpath & so I was able to give everybody a choice. They could follow the footpath across the fields & rejoin the lane at the electricity sub-station. By turning left, they would then find the Old Rectory on their left. Alternatively, they could follow the lane & by turning right at the T-junction would find the Old Rectory on their right. The plan came together so that we could all choose our preferred terrain according to our footwear & we all met up again before too long. Bearing in mind that the sun was shining, we didn’t need much encouragement to follow the next footpath towards Crinacott Farm. It is a concrete drive initially & then the footpath cuts across by the solar panels on the left, across a couple of fields & rejoins the lane at Yeomadon. These fields were relatively dry underfoot. It was a shame that at this point the heavens opened & we tended to keep our heads down rather than admire the view back towards St. Swithun’s Church in Pyworthy. Thankfully it didn’t last for long & we were all prepared for it in our various coats. The lanes were quiet & it was a nice stroll back to our cars albeit up hill initially. I think everyone enjoyed the walk but I am sure those that chose to walk along the lane rather than the footpath will wonder what they missed, ha ha.

I would like to thank everyone that has been involved in these walks over the last ten months. I am always very pleased to have company. It is very nice to meet new people & equally nice to renew my acquaintance with familiar faces. Your willingness to join me whatever the weather, whatever the terrain & your eagerness to assist me with trimming annoying brambles is very much appreciated. I also owe a big thank you to those that have kindly devised the routes & led the walks in the Parishes of Thornbury, Halwill, Bradworthy, Milton Damerel & Pyworthy. You are far more familiar with your local area than I am & I am very grateful to you for your kind assistance. I am always happy to lead the walks myself but if anyone in the Parishes of Clawton, Pancrasweek or Holsworthy Hamlets would like to lead them next year, please let me know. I must also thank the local land owners who are so accommodating when it comes to parking on their property & making provision with their livestock.

The timing is such that I will take this opportunity to wish everyone a Happy Christmas. I will be in touch before too long with the programme of walks for next year. The first walk will be on Monday 11th February 2019.

If you would like any more information, you are welcome to ring me.

Evelyn Sharman Tel: 01409 259 848

CHRISTMAS WORD SEARCH

P F L A J B E C U A S Y D N A R B G
 U K F K W O P I C A N D Y C A N E A
 X L U G S E I P E C N I M T Y O H M
 N P A R S N I P S T U R K E Y E J A
 N P S E T A L O C O H C G O O S E E
 Q A Z I Q K E J Q S P R O U T S O R
 G R V U C A R R O T S H C D I J D C
 I N Y L L E J Y R R E B N A R C H M
 S C I T S E S H T Y T Z J C Y Q N J
 Q Q L D S I S T E C U A S D A E R B
 D W J X D T G R U A D B O Z T Q J I
 K R N W T U E U E F P M A U L X F A
 V S A L D V P K Y T F X R X P Q L S
 Y V B T A Y L M N N S I W X Z H R G
 S M U A S D V S U A I A N G U W D I
 P U L M Q U Y A K L L B O G R B F P
 J J Z H C W C D R B P B L R D H E Q
 S X M U V Y F E X G G B Y W G P V T

Blankets
 Brandysauce
 Breadsauce
 Candycane
 Carrots
 Chocolates
 Cranberryjelly
 Cream
 Custard
 Goose
 Gravy
 Stuffing
 Turkey
 Mincepies
 Parsnips
 Pigs
 Plumpudding
 Roasters
 Sprouts

Sudoku #2

		9				1		
		4		3				
			5	6	7		3	
							1	7
8		1				2		4
2	9							
	7		3	5	1			
				4		6		
		8				9		

Correct solutions can be found on page 29





Local Co-ordinators:

Strawberry Bank
Gratton, Whitebear & Fore Street
Venn Green
Gidcott

Roger Copp Tel: 261681
Edgar Pett Tel: 261277
Mike Jackson Tel: 261196
Anne Hamilton-Clark Tel: 261303

Wildlife and Rural Crime: Holsworthy Police Station is now the base for PC 7357 Lee Skinner, who is the North Devon Wildlife/Rural Crime Officer. Lee has recently transferred from Hampshire Police where he was part of a small specialist unit dealing exclusively with wildlife and rural crimes, and he is now looking forward to bringing his knowledge and skills to North Devon. His remit is quite broad-ranging and covers Farms, Plant Machinery, Environmental Crime, Habitat Destruction, Endangered Species and CITES (which is an acronym for "Convention on International Trade in Endangered Species of Wild Fauna and Flora". It covers such things as ivory, rhino horn, tortoises and other protected species). In his recent travels around the area, Lee has met many farmers, game keepers and land owners who have told him about incidents which have occurred but which have never been reported as crimes/criminal activity and so the police were not aware that there have been problems. He would now like everybody to have a change of mindset and rather than just ignoring something which might seem to be trivial, such as a broken lock on a field gate or barn, and report it. Actual crimes in progress should of course still be reported using 999 and other less urgent criminal activity on 101.

However, information and intelligence can be passed directly to Lee who can be contacted direct by email at: lee.skinner@devonandcornwall.pnn.police.uk or tel: **07710 918073** when he is on duty. If he is not available you can reach him via tel: **101**, who can take a message or ask Lee to make contact with you. A more detailed account of Lee's work can be found on the Torridge NHW website by following this link: http://torridgenhw.ourwatch.org.uk/pages/4393/1/Wildlife_Crime.html

Christmas Scams: With Christmas now fast approaching, many of us will be using internet shopping which brings the added risks of being targeted by scammers. Rural North Devon might be a low crime area as far as traditional crimes are concerned but internet and telephone fraud know no boundaries and the police tell us that these types of fraud continue to increase at alarming rates and large sums of money are being lost across the South West. Courier fraud which we mentioned in the last issue, tends to increase at this time of year, so please be on your guard and aware of the possibility of a scam. This also applies to emails and phone calls purporting to be from delivery companies and drivers and even your bank or credit card company.

Holsworthy Beacon: It is now 2 years since we lost our co-ordinator at Holsworthy Beacon and as there have been a number of changes to the households during this time we wonder if there is anybody who might like to be the local point of contact. Please remember that we live in a very low crime area and so the work involved in being a co-ordinator is not onerous, and can be rewarding in many ways. Firstly, you meet local residents which under other circumstances you might not have the opportunity to do so. Secondly, you meet police officers, PCSOs and other members of organisations, such as the fire service. You have the opportunity of attending occasional meetings which are both informative and constructive. You will be the first to know, from these meetings, trends in crimes in the area and about police operations which have not yet been made public. This information is then communicated to your residents in whatever manner is appropriate for your area and people. If you are interested in joining our team of co-ordinators, or would like any further information about what is involved, please contact our area co-ordinator Roger, or any of the other co-ordinators whose details are above.

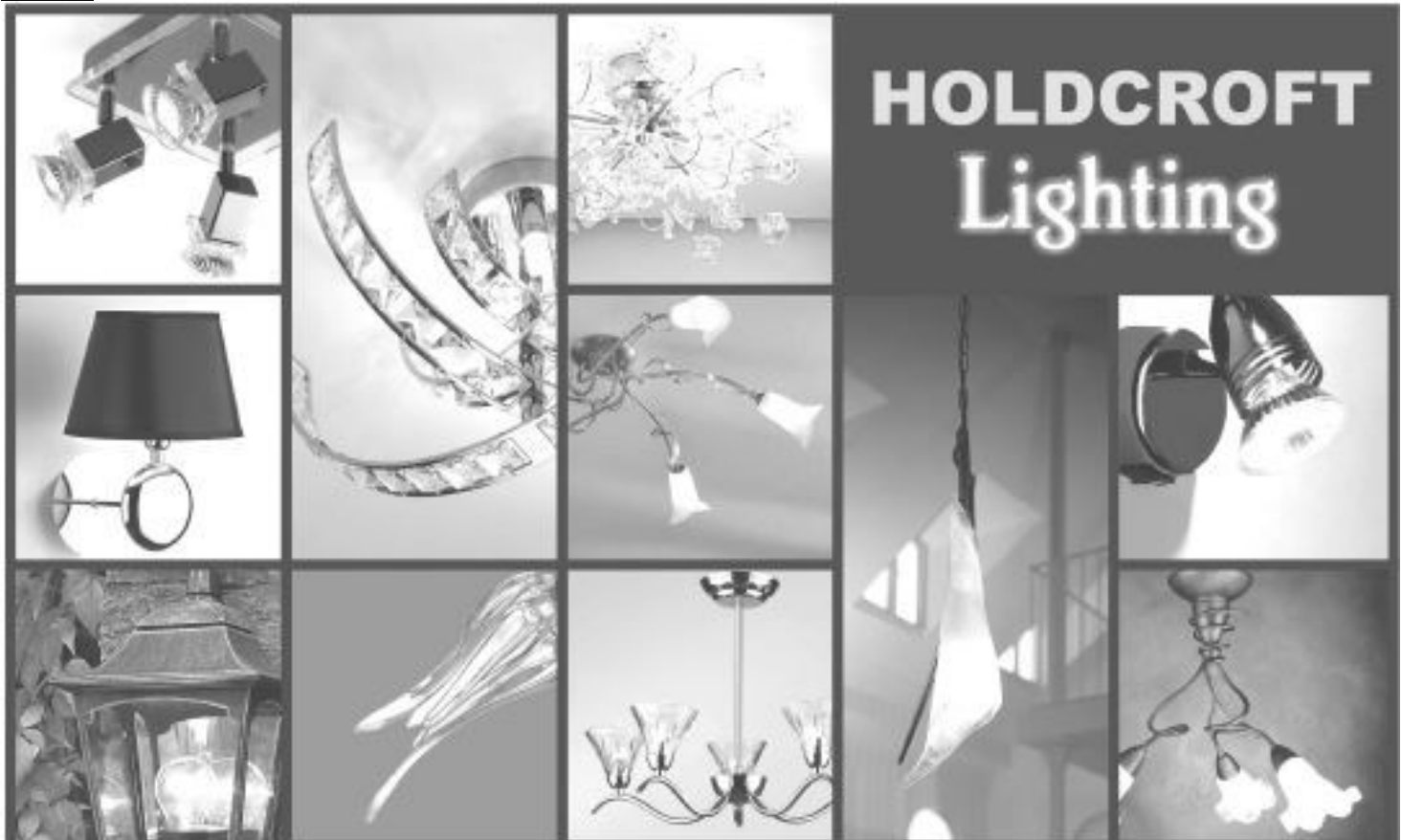


As this will be the last newsletter for this year our PCSOs also join with us in wishing everybody a very Happy Christmas, Safe and Peaceful New Year.

Christmas Quote

If you got everything you ever wanted for Christmas ... where would you put it?

~ Christmas Thoughts ~



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MILTON DAMEREL GARDENING GROUP

All meetings are normally on the 3rd Monday of each month at 7.30, at the Parish Hall or stated venue.

Membership is £5 and £2 per meeting, visitors welcome, at £3.

Tea and Biscuits provided.

August meeting with Shawn Diamond, we met in Holsworthy for a Guided Walk around 'Victorian Holsworthy'. This was very informative and enjoyable although a little rain did descend upon us. We then returned to Mel and Jim's for a shared supper and chat.

The GARDEN SHOW in September was well attended, but there were not so many entries as last year. In saying this we made a greater profit of £131.48. So thank you to all who came and supported. The Trophy Winners were:-

Jubilee Cup - best exhibit in Show - Isabel Fairbrother

Palmer Cup – Fruit/Vegetable Section – Wendy Preston

Crompton Trophy - Flower Section – Lesley Self

Linedancing Trophy – Baking/Jam/Chutney – Isabel Fairbrother

Under 9 Trophy – Sophie Moyse

10 – 16 Trophy - Charlotte Fry

Banksian Medal for highest overall points – William Brown

Our last meeting on 15th October was a very interesting talk by Rob Lee from Pyworthy on Heritage Apples. Rob grows several varieties and he brought a good assortment for us to taste.

Our next Meeting – all welcome

17th December. Christmas Social and Quiz.

Contacts Officers: - Jim or Mel Richardson, 261353, Lesley Self, 261294

Bradworthy Primary Academy News

Friday 7th December	4.30pm Turning on the Christmas Lights/Carols in Bradworthy Square
Wednesday 12th December	KS1 Nativity/Play - Morning
Friday 14th December	Christmas Parties
Tuesday 18th December	KS2 Play - Afternoon
Wednesday 19th December	KS2 Play - Evening
Thursday 20th December	KS2 Play - Evening
Friday 21st December	
Monday 14th January 2019	First day of Spring Term
Monday 17th February – Friday 21st February	Half Term
Friday 5th April	Last day of Spring Term
Tuesday 23rd April	First day of Summer Term
Monday 6th May	Bank Holiday
Monday 27th May – Friday 31st May	Half Term
Thursday 25th July	Last day of Summer term

Milton Damerel Parish Hall

Registered Charity No. 281123

The Annual General Meeting was held on the 10th September. There was no change to the committee as all agreed to carry on as before. Our thanks go to Grace Millman for again independently examining the Parish Hall Accounts.

Events Report

The Macmillan Coffee Morning on the 28th September was well attended and raised £165.00 which was sent to Macmillan Cancer Support. The Halloween Bingo on the 27th October was not well attended and only raised £11.48.

Future Events for the Diary

- | | |
|-----------------------------------|--|
| 1st December | SOUP AND SWEET SOCIAL EVENING
Starts at 7.30 pm. Please book. £6 adult, £3 child. Choice of soup and sweet, and tea and coffee. Bring your own drinks if required. Please book, telephone numbers at the bottom. |
| 13th December | Carol Singing around the parish – Meet at 6.30 pm at Venn Green. From there we will continue to Whitebear, Strawberry Bank, Milton Town and possibly Holsworthy Beacon so listen out for us! This year we will be collecting for the charity Devon Freewheelers. Bring a torch and carol sheets will be provided. Everyone is welcome to join us, you do not need a fantastic singing voice, just enthusiasm. |
| 15th December | Charity Whist Drive Proceeds from the evening will go to The Devon Freewheelers |
| 19th January | Whist Drive – start at 7.30 pm |
| 16th February | Whist Drive – start at 7.30 pm |
| 16th March | Whist Drive – start at 7.30 pm |
| 28th April 2019 | Advance Notice for the Community Lunch for next year. |

Hiring the Hall

The hall is available for hire for events and private functions at very reasonable rates. See the community website www.miltondamerel.com to download a booking form and Terms and Conditions of Use, or contact:

Booking Secretary: Roberta Jackson on 01409 261196. If unavailable telephone 261294 or 261151

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Contact e-mail george.aph@googlemail.com



Hot chocolate stirrers

Prep: 10 mins **Cook:** 2 mins - 3 mins

Easy - makes 6

We all know a few die hard chocolate fans - make them one of these hot choc stirrers as a gift and they'll never want to use powdered cocoa again.

Ingredients

sunflower oil, for greasing

300g dark, milk or white chocolate (or a mixture), broken into squares

To decorate

selection of chocolate buttons, hundreds and thousands, mini fudge pieces or chopped peppermint candy canes

Method

1. *You will need:*

6 cupcake cases, pencil, pastry brush, 6 empty 47g fromage frais pots (washed and dried), 6 wooden lolly sticks, cellophane and string or ribbon for wrapping, 6 gift tags.

Push a small hole in the middle of the cupcake cases with a pencil and put aside for later

2. Dip the pastry brush in the sunflower oil and paint a very thin layer of oil over the insides of the fromage frais pots.
3. Put the chocolate in a bowl and heat in the microwave in 30-sec bursts until runny, stirring after each blast. Or melt it in a heatproof bowl set over a pan of simmering water (get an adult to help you). If you're using different types of chocolate, you should melt them separately.
4. Carefully pour the melted chocolate into the pots. Put a lolly stick in the middle of each and sprinkle your chosen decorations around it.
5. Sit a cake case on top of each pot so that it covers the chocolate and the stick pokes through the hole. Put them in the fridge to set overnight.
6. The next day, carefully pull the chocolates out of the pots and throw away the paper cases. Wrap each in cellophane tied with string and write a tag to read: "Simply stir into hot milk".

Christmas Time

Christmas time is finally here.
It only comes but once a year,
And it's a time to spread good cheer
To those we love and hold so dear.

Christmas time is a time of glee,
A time when peace and love run free,
A time for those like you and me
To sit beneath the Christmas tree.

Christmas time is a time of joy,
A time to sit back and enjoy
The smile on each girl and boy,
As they play with a Christmas toy.

Christmas time is a time to share
The passing of another year.
Birth of Jesus, a joyful prayer,
To show loved ones how much we care.

Christmas time is a time for song,
A time for us to get along,
To make us feel Lord Jesus strong,
Forgive all those who did us wrong.

Christmas time is a time to pray,
Put love and kindness on display,
Show compassion along the way.
Christmas time should be every day

Source: <https://www.familyfriendpoems.com/poem/christmas-time>



Mince pie brownies

Prep: 35 mins **Cook:** 30 mins

Easy - Makes 16

Combine two favourites in this clever mash-up of brownies and mince pies. These sweet treats will prove a big hit throughout the festive season

Ingredients

185g unsalted butter cubed

185g high-quality dark chocolate chopped

85g plain flour

40g cocoa powder

3 large eggs

275g golden caster sugar

6 mince pies or 9-12 mini mince pies

icing sugar, for dusting

Method

1. Melt the butter and chocolate in a medium bowl, either in a microwave— cooking for 1 min on High, then stirring and continuing to heat in 20-second blasts – or by setting the bowl over a pan of simmering water and stirring occasionally. Once melted, leave the mixture to cool.
2. Heat the oven to 180C/160C fan/gas 4. Line the base of a shallow 20cm square tin with non-stick baking parchment. Sieve the flour and cocoa into a medium bowl. Whisk the eggs and sugar with an electric mixer on maximum speed until thick and creamy, about 3-8 mins, or when the mixture runs off the beaters and leaves a trail for a second or two.
3. Pour in the cooled chocolate mixture, then fold together with a rubber spatula in a figure of eight, moving the bowl round until the mixture is a mottled dark brown. Be gentle so you don't knock out the air.
4. Sift in the cocoa and flour mixture and continue gently folding. The mixture will look dry and dusty, then fudgy. Stop just before you feel you should, as you don't want to overmix it.
5. Spoon a little mixture into the prepared tin, then add the mince pies, leaving them whole. Scrape over the rest of the mixture, gently easing it between and over the pies. Level the top. Put in the oven for 25 mins. If the brownie mixture is very wobbly in the middle, it's not quite done, so bake for another 5 mins until the top has a shiny, papery crust and the sides are just beginning to come away from the tin. Take out of the oven and leave to cool in the tin. Dust with icing sugar. Cut into quarters, then cut each quarter into four squares. *Will keep in an airtight container for a week and in the freezer for up to a month.*

Recipes courtesy of BBC Good Food

Eat up, it is Christmas time, food is going amok:

Turkey, peas, potatoes, and dressing perhaps even a duck.

It's OK, eat away:

Corn, gravy, cranberries, ham.

Eat up, it is Christmas day:

Salad, rolls, butter and jams.

Eat up, it is Christmas time:

Chips, bean dip, carrots, peas.

You must do it, it is the season.

Grape juice, milk, teas and coffee.

You cannot refuse; there is no reason:

Cake, gum, chocolate, candy.

The year is ending, never fear.

New Years Eve will soon be here

All resolutions will be listed in play.

A diet awaits you the very next day.

~ Quotescoop.com ~

WHAT'S ON.....a selection of local events in Holsworthy, Torrington and Barnstaple

WHAT?	WHEN?	WHERE?
Pantomime "Puss in Boots"	4 th – 9 th February @ 7.30pm 11 th – 16 th February @ 7.30pm 9 th & 16 th February @ 2.30pm	HATS Theatre, Holsworthy www.holsworthytheatre.co.uk
Up Close Theatre present "Jeeves and Wooster in Perfect Nonsense"	23 rd February @ 7.30pm	
Films, Live Events – Theatre, Open Air, Music, Visual Arts, Regular & Special Workshops for Children and Adults		
WORKSHOPS:		
Wonderland – Play in a Day (8 -12 years)	22 nd February from 10am	
Plough Play Story for 3 -5 years	22 nd February @ 11am	
FILM:		
The Grinch	27 th December @ 3pm 28 th December @ 2pm 29 th December 11am	
The Nutcracker and the Four Realms	27 th December @ 5.30pm 28 th December @ 7pm 29 th & 30 th December @ 3pm	
Fantastic Beasts – The Crimes of Grindelwald	28 th December @ 4pm 29 th December @ 7pm 30 th December @ 5pm 2 nd & 5 th January @ 3pm	
MUSIC:		
The Exmoor Carollers	23 rd December @ 3pm	
Andre Rieu's 2019 New Year Concert from Sidney Satellite Screening	5 th January @ 7pm 6 th January @ 3pm	
THEATRE:		
Quick Theatre present "Puffin Island"	5 th – 7 th December 10.30 am & 1pm 8 th December @ 1.30 pm & 4pm	
NLive – Antony & Cleopatra (Satellite screening)	6 th December @ 7pm	
Above Bounds Theatre Collective presents "The Elves and The Shoemakers" (Ideal for 3-6 year olds)	11 th & 12 th December @ 1pm 12 th December @ 10.30am	
David Mynne performs Charles Dickens "A Christmas Carol"	22 nd December @ 8pm	
NT Live – The Tragedy of King Richard II	15 th January @ 7pm	
Torrington Cavaliers proudly present Snow White and the Magnificent Seven Dwarfs	19 th & 20 th January @ 7.30pm 20 th January @ 2.30pm	
Pantomime "Peter Pan"	14 th December - 5 th January Performance times vary.	The Queen's Theatre, Barnstaple 01271 316063 www.parkwoodtheatres.co.uk/Queens-Theatre
Barnstaple Musical, Comedy & Dramatic Society present "Chitty Chitty Bang Bang"	24 th & 25 th January @ 7pm 26 th January @ 3pm & 8pm 27 th January @ 12pm & 4pm	





Holsworthy Rural Policing Update

Holsworthy Neighbourhood Police are asking residents to be vigilant against opportunist burglars and thieves when buying presents for Christmas.

The risk of domestic burglaries increases in the weeks leading up to Christmas and we are warning locals that any presents on show in their homes can be a target for criminals.

Over the festive period we are recommending that householders take care by keeping doors and windows locked and secure, and by keeping presents and valuables away from outside view.

The majority of burglars are opportunists who enter homes where windows are left open or doors are left either open or unlocked.

We also would like to remind shoppers that not everyone is full of goodwill to all men at this time of year.

Even here in Holsworthy, where theft from vehicles is relatively rare, thieves are well aware that shopping areas will be packed with people spending their hard-earned money on presents for loved ones and will be doing their utmost to take them away.

Shoppers can reduce the risk of becoming victims by taking simple measures like keeping presents or valuables hidden from view as thieves will target those vehicles which offer easy pickings.

Please don't be a victim of crime. Shut your windows, lock your doors and keep your valuables out of sight!

We also urge people to security mark presents and valuables with their postcode and house number and register items using the free service: www.immobilise.com which enables police to identify the owner of valuables if they are stolen.

If you would like to know more, please contact your local PCSOs Mark JAMES and Emma TOMKIES, where we offer a FREE marking service from small valuables, such as mobile phones and cameras, to large items, such as tools, machinery and quad bikes! You can contact us on 101 (non-emergency number) or holsworthy@devonandcornwall.pnn.police.uk

1/9/18 – 31/10/18: The following crimes have been reported:

ASHWATER: Common assault – vehicle driven towards aggrieved causing them to fear for their safety.
In charge of motor vehicle whilst unfit through drink or drugs

BLACK TORRINGTON: Theft of light from outside dwelling

BRADFORD: Theft from motor vehicle
Theft of wheelie bins

BRADWORTHY: Dog dangerously out of control

BRIDGERULE: Criminal damage – cat found dead, by unknown means

HOLSWORTHY HAMLETS: Theft from motor vehicle
Damage to motor vehicle

ST GILES ON THE HEATH: Theft of building materials from garden

We are aware that there have been a large number of thefts from work vans across the force as a whole, although we've had only one reported incident in Holsworthy and the surrounding parishes. We would advise

anyone owning such a van, which contains valuable equipment or tools, to take appropriate security measures, and to report any suspicious activity to the Police.

Your local PCSOs, Emma Tomkies and Mark James are always happy to attend Parish Council meetings where possible and welcome the opportunity to attend community events. If you have a forthcoming event you'd like us to know about, please contact us via 101 or email: holsworthy@devonandcornwall.pnn.police.uk

And on a last note, Mark and Emma, as well as all Officers at Holsworthy Police Station, would like to thank you all of the support that our local community has given us over the last year – we have seen a lot of changes throughout the force and appreciate all of the assistance and encouragement that our neighbourhoods have given us.

We hope that you all have a Merry Christmas and a Happy New Year – see you soon!

If you have an incident to report, don't hesitate to ring the Police on 101 for non-emergency or 999 if you see a crime taking place.

**PCSO Emma Tomkies & PCSO Mark James
Holsworthy Police Station**



Milton Damerel Methodist Church

CHRISTMAS SERVICES

**Sunday, 16th December
Family Carol Service at 11am
with
Mr Roy Harris**

**Sunday, 23rd December
Afternoon Crib Service
With Revd Lynne Burgon**

Warm welcome to everyone

THE ROYAL BRITISH LEGION MID TORRIDGE BRANCH

CHRISTMAS BINGO

**WILL BE HELD
IN SHEBBEAR VILLAGE HALL
ON SATURDAY 1ST DECEMBER**

**DOORS OPEN 6.30 PM
EYES DOWN 7.30 PM**

**FABULOUS PRIZES AND A GRAND DRAW.
CONTACT JIM INNISS 01409 221 715**

Christmas Quote

There was the little boy who approached Santa in a department store with a long list of requests. He wanted a bicycle and a sled, a chemical set, a cowboy suit, a set of trains, a baseball glove and roller skates.

"That's a pretty long list," Santa said sternly. "I'll have to check in my book and see if you were a good boy."

"No, no," the youngster said quickly. "Never mind checking. I'll just take the roller skates."

~ Funny Stories and Quotes about Christmas ~

THE NEWSLETTER GROUP & GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- Milton Damerel Newsletter Data Protection Policy
- Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 4, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed below.

Christmas Quote

Christmas is the season when you buy this year's gifts with next year's money.

~ Funny Christmas Sayings ~

Is this something for you?....

We enjoy the time we spend in finding, receiving and compiling information for the Newsletter and we meet on 4 occasions each year to agree the content for each Newsletter. How about offering to join us? Speak to any of the Group for more detail.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968—All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

To advertise in this newsletter contact David on 01409 261577 for more details.

The deadline for submissions of articles and advertisements for the next newsletter is 8th February 2019.

The newsletters group members are:

Nicky Martin	n.martin337@btinternet.com		Regular contributors and features
David Taylor	mdnld@hotmail.co.uk	261577	Treasurer and Advertising
Rose Haynes	rose@grawley.co.uk	261577	Regular contributors and features
Grace Millman	grace.millman@btinternet.com	261251	Regular contributors and features
Andy Kendall	mdnews@kendallnet.co.uk	261512	Newsletter Compiler
Lesley Self	lesleydself@outlook.com	261294	Regular contributors and features
Peter Oxborough	peter.oxborough@boproperty.com		Regular contributors and features

Always check on location by visiting the page number as not all events are in Milton Damarel

18What's on Diary

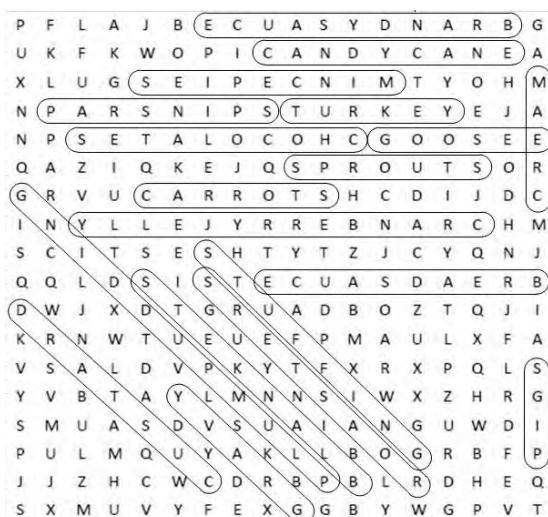
Page

Soup and Sweet Social Evening, Parish Hall	1 December	7.30pm	22
Walk & Talk Christmas Lunch, Half Moon Inn, Sheepwash	7 December	12.30pm	
Carol Singing,	13 December	6.30pm	22
Walk & Talk Upper Tamar Lake	14 December	10.30am	
Whist Drive, Parish Hall	15 December		22
Holy Trinity Christmas Tree Festival	15 & 16 December	2.00pm to 5.00pm	
MD Gardening Group Christmas Social & Quiz	17 December		21
Holy Trinity Carol Service	18 December	7.00pm	9
Methodist Chapel Sew & Sews Christmas Lunch			5
Walk & Talk Rydon Lane	21 December	10.30am	
Walk & Talk Cookworthy	28 December	10.30am	
Walk & Talk Chilsworthy	4 January	10.30am	
Walk & Talk Bude Canal	11 January	10.30am	
Whist Drive, Parish Hall	19 January	7.30pm	22
Holy Trinity Gardening	31 January		8
Whist Drive, Parish Hall	16 February	7.30pm	22
Holy Trinity Gardening	28 February		8
Whist Drive, Parish Hall	16 March	7.30pm	22
Community Lunch, Parish Hall	28 April		22

Regular Events

Bible Study
 Methodist Chapel Family Service
 Mobile Library — Lizzies Larder
 MD & District Over 60s Club
 Parish Council meetings
 Coffee Morning – Holsworthy Beacon Methodist Church
 Methodist Chapel Morning Service
 Holy Trinity Church Morning Service/Lay
 Holy Trinity Church Eucharist Service
 Pilates
 Methodist Chapel Sunday School
 New Baby & Toddler Group Methodist schoolroom

Mondays 7.30-9pm
 Last Sunday of each month at 11am
 2nd Wednesday of each month 3:45pm - 4:30pm
 1st Tuesday of each month (not Jan)
 2.30pm
 3rd Wednesday 7.30pm
 Last Thursday of each month 10am
 Sundays 11am
 10.00am 3rd Sunday every month
 11.30am 1st Sunday every month
 Monday 9:45am - 10:45am, 11:00am - 12pm
 2nd Sunday of each month 11am
 Tuesday mornings 10.30 till 12



Sudoku #2

7	3	9	2	8	4	1	6	5
5	6	4	1	3	9	7	2	8
1	8	2	5	6	7	4	3	9
6	4	3	8	9	2	5	1	7
8	5	1	6	7	3	2	9	4
2	9	7	4	1	5	3	8	6
9	7	6	3	5	1	8	4	2
3	2	5	9	4	8	6	7	1
4	1	8	7	2	6	9	5	3