



Ahhh the good old English Summer.....

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Milton Damerel Parish Council**September 2019**

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Richard Piper (Vice Chairperson) 01409 261114

Rose Haynes 01409 261577

Jim Richardson 07866 406977

Gareth Piper 07966 558385

Peter Buckpitt 07584 086693

Teresa Walters 0794 668827

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Thursday before the meeting. The draft minutes are posted to the website within 30 days. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time.

Devon Air Ambulance Trust Night landing site.

Some of you might be aware that your Parish Council is in the process of having a site prepared in Milton Damerel. Devon Air Ambulance Trust will contribute the majority of the funds needed, but the Parish Council will have to raise over £3,500 to cover their share, Devon County Councillor Barry Parsons has agreed for the PC to apply for a grant of £400 from his allocated grant fund as has District Councillor Kit Hepple.

Other grants have been applied for.

There will be ongoing costs and ideas for fund raising will be appreciated. Just contact me or any Parish Councillor. This is a vital facility and could save your life!!

New District Councillors

Our new District Councillors Kit Hepple has attended our meetings and already has offered his help by agreeing to a grant of £400 towards the DAAT night landing site. He keeps us up-to-date as to what is going on with Torridge District Council

Devon County Councillor Barry Parsons;

Barry has attended meetings in June and July; a brief synopsis of his reports is contained in the minutes of each meeting. His full reports can be found on the website. His continued support of the Parish is greatly appreciated. There are funds available from him for worthy causes. If you have a request for a grant, please contact the Clerk, or any of your Parish Councillors with the details.

PCSO Emma Tomkies and PCSO Mark James have been unable to attend any meetings recently but keep the Parish Council up-to-date with crimes in the area.

Planning matters:

There have been very few applications over the past three months. The amended application for the development at **Town Farm** is still being considered by Torridge Planning department.

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is imperative that you get your comments to the relevant department as soon as possible.

Milton Damerel Parish Grants

Grants for the financial year 2020 will be considered at the meeting to be held on the 20th November 2019, if you would like to apply for a grant please have your application in by the Friday the 15th November, notices will be displayed nearer the time. Please be aware that grants are usually only awarded to local organisations and cannot be given to any individual. Please see 'The Step Back in Time Fund'.

The Step Back in Time Fund: for young people still has a balance of £183.02 Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

Website

If you have any events that you want advertised please let me know or email to me in pdf format, the website cannot be kept up-to-date if I do not get the relevant information.

Community Grants

Stutcombe Parish Councillors were very grateful for the donation of Milton Damerel's share of the grant, towards the on-going project of the Playfield. At present contractors are in the process of removing the old classroom and clearing the site. A new 'hard standing' will be prepared and it is hoped that picnic tables will be put in place. **Don't forget:** Children of residents of Milton Damerel are more than welcome to use this equipment, there are no restrictions to do so.

Bus Shelter at Holsworthy Beacon

Devon County Council has informed us that the shelter should be installed by September.

If at any time you can spare a bit of time to clean the shelters windows it would be greatly appreciated, but please be aware of your own safety when doing so, and inform any Councillor or the Parish Clerk of your intentions.

Community Defibrillator (AED):

Unfortunately, the cabinets for the AED's are beginning to corrode and will need to be replaced before the winter, new stainless-steel cabinets cost £500 each, funds will need to be raised to cover the cost, if you have any ideas please contact me or any Parish Councillor.

The 'pads' have to be replaced every three years and new ones have just been purchased, these will be installed before the expiry date.

If at any time you see that there is any damage to the cabinet at either site, or if the light is not working please contact the Parish Clerk or any Councillor. If you would like a refresher on the use of the AED and basic life support please let the Parish Clerk know.

Condition of the Roads in and around Milton Damerel:

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk always passes on the complaints to Devon County Council and copies in Councillor Barry Parsons, who invariably substantiates our complaints. The more people that go onto Devon County Council's website and reports potholes and poor road surfaces the better, the Parish Council encourages residents to do so as often as they can.

Annual Accounts

The annual accounts have now been completed and are on the website along with all relevant information. Under legislation it is now compulsory to publish accounts on the PC website. Copies can be obtained from the Parish Clerk. If you require any further information please do not hesitate to contact me.

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on www.miltondamerel.com
Lorraine Buttery Parish Clerk 8th August 2019

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**Milton Damerel
Methodist Church**

HARVEST FESTIVAL

Sunday, 13th October at 11am

Preacher: Mr Barry Searle

Sunday School

Monday, 14th October from 6.30pm

Bring & Share Tea

Thanksgiving led by Rev Mark Nightingale

Shebbear College Chaplain

Auction of Produce

AFTERNOON TEA & CAKES

Saturday, 26th October

3pm – 5pm



CONGRATULATIONS!

To **Paul Piper** – overall male winner in the Ruby Run on 9th June
Julian Allin on the award of a Masters Degree in Surveying
James Poole who celebrated his 40th birthday in July
Peter Self who celebrated his 75th birthday on in August
Grace Millman who celebrated her birthday in August
Marion Johns & Mark Painter who celebrated their marriage in August
Gareth Kendall-Thomas who celebrated his 34th birthday in August
David Taylor who celebrates his 78th birthday in October
Lesley Self who celebrates her 70th birthday in October
James & Rachael Poole on the birth of their 3rd son on 16th August, a brother for Alan and Robert

To our young people who have received the results of their examinations and courses during the summer, and to all those who will be moving on in September to new schools, colleges, universities and training opportunities – we wish you every success.



WELCOME!

Welcome to:

Chris & Helga Penhale who have moved into **The Beeches**
David & Sue Dickson who have moved into **Valley View (Milton Town)**



OUR SYMPATHIES

For those who have been bereaved recently:

The family of the late **Lorna Harris**
The family of the late **Edward Ward**

*** We are sorry if we miss any occasions for this page – our coverage is only as up-to-date as YOU provide information to us – see final page for contact details. Thank you ***

Regular readers will observe we have reduced the amount of detail included on this page – this is due to the Newsletter Group reviewing how we should comply with the General Data Protection Regulations (please see Page 32).

St James' Church
 Abbots Bickington
HARVEST FESTIVAL
 Sunday, 13th October at 11.30am

Chapel News - September 2019

From the Torridge Methodist Circuit Newsletter – August 2019 – Issue 95

Dear Friends

Welcome to the long hot days of August...oh wait, we had that in July, we can't be greedy and expect the same again can we? Experience also tells us that as soon as the children break up for the long summer break so does the warm weather. Ask any mum with a family to entertain – it often rains in August! We all have to agree, our weather is changeable and if we live here we just have to accept it. But we do moan about it a lot.....

It seems to me that any change is not easy for us yet life is one of constant change. That doesn't mean we all enjoy it but some of us do.

Take the weather for example. I particularly enjoy our changeable weather, it's what makes our countryside so verdant and rich with vegetation and wildlife. When I go abroad to Tenerife which has a warm climate all year round, I see the lengths that the locals have to go to in order to make the flower borders and palm trees survive around the hotels. Most of the landscape is barren sand and hard soil. Even the mountainous regions are sparse on trees, so different from our rich valleys and lush green hillsides. The constant sun we seek on our winter jaunts takes a toll on the land.

Not all change is negative – and how we approach change is important. We can moan – or we can embrace the difference. I know it is not always easy to adopt an attitude of positivity especially when we feel change is being imposed upon us – but whether we agree with the change or not we need to engage with it.

In the Methodist Church we are facing changing times regarding marriage and relationships – and the subject is quite rightly exercising all our members, many who are challenged by this potential change. We could bury our heads in the sand and refuse to discuss it, then leave the denomination when things don't go our way. Or we could join in the discussion, express our views and listen to others' experiences and views. Debate is healthy, argument and refusal to listen is not. There are plenty of opportunities coming up for us to engage in the debate, I hope to see you at some of them. The report itself is available on the Methodist website (www.methodist.org.uk/about-us/the-methodist-church/marriage-and-relationships-2019/) and makes interesting reading, do familiarise yourselves with it so you know exactly what is being proposed. The summary page is helpful for this.

All this change is quite tiring though and I'm grateful for the reduction of meetings during the month of August. It's a time for us to reflect, perhaps engage in some reading and more importantly taking well-earned holidays.

Whatever you are doing I hope you all get some rest and recuperation over the next few weeks, and I'm especially mindful of our farming colleagues for whom summer is very busy – I hope the harvests are plentiful. *Rev Lynne Burgon*

HARVEST FESTIVAL CELEBRATIONS – Sunday, 13th October & Monday 14th October. The traditional Sunday Service at 11am will be led by Barry Searle. On Monday evening Rev Mark Nightingale, chaplain of Shebbear College, will lead a very short service at around 8pm, after the Harvest Meal from 6.30pm and Auction of produce from 8.30pm.; always with home produce, homemade chutneys and jams!!

AFTERNOON TEA & CAKES – The last Afternoon Tea & Cakes was well supported, with presentations to those moving on from Toddler Group to school. There was the usual array of homemade cakes and once again there was plenty to go around. We thank those who gave items for the stall and supported this event in any way; a total of £254 was raised, which has been divided equally between Action for Children and our own Methodist Church - £127 for each.

The last Afternoon Tea & Cakes for this year will be held on **Saturday, 26th October**. We hope to have a stall of hand-made local crafts, so anyone who would like to bring along items for this are most welcome. There is no charge and you get to keep what your items raise. An opportunity to find a few Christmas presents too, unique and not available in any shop!!

BIBLE STUDY – The discussion group now meets at 7.30pm on Monday evenings in the Chapel Kitchen – we are on “summer time. In June, and for a few weeks after, studied The Letter to Colossians as part of Bible Month, in common with Bible Study groups and churches throughout the country. We are studying the First Letter of Peter, using the Cover to Cover study material. Discussion leads us to all sorts of topics of conversation, along with a few laughs. If you enjoy conversations or perhaps just listening please feel welcome and come along. For more details speak to Sheila (Tel: 261466)

FAMILY SERVICES – All-age, family, friendly worship held at 11am on the last Sunday of each month. All are welcome to the services, which are followed by tea, coffee, etc., and for this quarter will be **29th September, 27th October & 24th November**.

SUNDAY SCHOOL - We are offer a monthly Sunday School on the second Sunday of each month at 11am. We join with the morning service congregation for a short time then get together in the Schoolroom for activities and stories. The next sessions will be on **Sunday, 8th September, Sunday, 13th October**, which is Harvest Festival celebrations, and **Sunday, 10th November, all at 11am**. See Junior News. Details from Sheila (Tel: 261466).

CHAPEL FLOWER PLAN for the months of March to May 2019

8 th & 15 th September	Mrs Ann Poole
22 nd & 29 th September	Mrs Margaret Fishleigh
6 th October	Mrs Gwenyth Johns
13 th October	Harvest Festival
20 th October	Harvest Flowers
27 th October & 3 rd November	Mrs Valerie Carter
10 th & 17 th October	Mrs Grace Millman
24 th November	Mrs Lorna Dawe

SEW 'N' SEWS – We continue to meet once a month on a Saturday in the Chapel Kitchen, bringing along our respective projects - knitting, sewing, etc., Lorna Hicks from Littleham's 'Little Stitches' came as a guest recently and showed us some of her quilted creations; this was a lovely, friendly afternoon looking at some beautiful hand work. We look forward to going to the Littleham Quilting Exhibition when it is next on.

For details of our next Sew N Sews please check noticeboard on Chapel railing or contact Barbara – 01805 601651 or Sheila 01409 261466. It would be lovely to have a few more needleworkers join us!

SURPRISE, SURPRISE – The 1st Sunday of August was our own locally arranged service, we do it ourselves! What a surprise when a lovely smiling face appeared at the door, our past Minister, Rev Meg Slingo, with husband, Graham, also a Minister, and Meg's elderly Mum, who lives at Torrington. Meg was our Minister about 6 years ago and was well-loved and known around the parish. The good news is that she and Graham are moving soon to their new parish on the Somerset Levels; Meg's area will be around Cheddar. So they will be much nearer to family and of course to all of us. We may get to see them more often. It was lovely to have them join in with us on what was a very free and easy cafe church style service ... and Meg has not changed a bit!

It has been lovely to have visitors on a couple of occasions during the summer, from Woodford Bridge Hotel. Some had been before, others from Canada out for a walk but decided to join us. We have also on occasions had the privilege of welcoming visitors from other churches in our Methodist Circuit, enlarging our normal congregations. It is good to join up in this way.

CONTACTS – For further information or help please contact: Our Minister, Revd Lynne Burgon (01805 624392): Our stewards: Roger Daniel (Tel: 261466) & Dan Brett (Tel: 261609). Property Steward: Julian Allin (Tel: 261188). Secretary: Katie Allin (Tel: 261188).

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Holy Trinity Church Harvest Festival



October 6th at 3.00pm
all gifts welcome
auction afterwards



This might be a bit controversial with some folk but since the badger cull, these little prickly creatures have re-appeared. Two years ago we had an odd one, last year there were two wandering round, this year we've had at least six, three of those being hoglets. There is another sleeping in the chicken house. Maybe it wasn't the badgers killing them before but since there's been no badger activity around the hedgehogs have returned.

HOLY TRINITY CHURCH NEWS

[Rev Richard Freeman Tel 01409 241315](mailto:Rev.Richard.Freeman@holytrinitychurch.org)

Church wardens Isabel and Roy Fairbrother tel 01409 261181

Hello Everyone

The changes that I mentioned last time concerning the benefices of Holsworthy and Bradworthy have now been implemented and we have become united with Black Torrington and Ashwater Benefices. One of the changes is that The Rev Margaret Burke and The Rev Richard Freeman now have more work as they try very hard to maintain services at all churches. It is hoped that extra help is found very soon but in the meantime occasionally we may have to change a service.

We have a rota for the next few months and we will continue to hold a Sung Eucharist on the 1st Sunday of each month at 11.30am and a Lay service the 3rd Sunday at 10.00am.

Our church has now joined the PARISH GIVING SCHEME.

Giving is essential to secure the future of our church and its ability to survive and serve the community. The practise of giving to the church is known as 'tithing' and is an ancient practice having origins in the Bible.

Please be assured we are grateful for every donation given to the church and are careful in how it is spent.

By joining this scheme and pledging a donation via direct debit each month we could concentrate more on the fabric of the church without the constant worry of how we can raise money to pay the bills.

You can find a small folder with the application form and further information on the small cupboard inside the church or call at Albatross, Venn Green for a copy. Holy Trinity needs your support.

Services for the next three months are as follows:

11.30am 10.00am 3.00pm 10.00am

September 1st September 15th **October 6th** October 20th

Sung Eucharist Morning Service **Harvest Festival** Morning Service

November 3rd November 17th December 1st December 15th
Sung Eucharist Morning Service Sung Eucharist Morning Service

Holy Trinity Carol Service will be held at 7.00pm December 17th

With the Bradworthy Choir Mulled Wine and Mince Pies.

Church BBQ and Film Premiere July 6th

Wow! The BBQ and Film Premiere had a wonderful response with many people turning out to see the premiere of 'A Year in a Rural Parish' directed, filmed and edited by Mr Rob Stennet with the beautiful words and music by Scott and Yvonne with Joe on drums.

The church was very full for the first showing with standing room only. It was not quite what people expected. Many stayed for a second and third showing each one ending in spontaneous applause. Everyone saying how much they had enjoyed the film. People then stayed on to enjoy the BBQ and the social afternoon in lovely sunshine.

Many thanks for your support and donations made towards the church roof.

The T shirts that Rob has been selling have proved very popular and Rob was able to hand over to the roof fund a donation of £185 – since then even more have been sold taking the total to over £200.

Who would have thought the collection of plastic tops and empty ink cartridges could help our church roof fundraising? To date we have received over £60 for the church roof so please continue to recycle these things as it is making a difference. They can be placed in bins at Sanders Garage, Lizzy's Larder and in the church porch. Electric cables can also be left for recycling and if you have any metal items, however small, they too can be recycled. Many thanks to Edwina and Keith Hale who collect everything and take it to the recycling company for us.

Church Fundraising Events Diary:

Ride and Stride September 14th - Ride+Stride is a sponsored bike ride, walk or drive in which people all over England walk, cycle or other between churches, exploring and enjoying the countryside. Each year the event raises over £1 million pounds to help fund urgent repairs to historic churches and chapels. Our church will take part again this year. You can use your car to get between the churches in our Benefice which are :- Holy Trinity, Abbots Bickington, Bulkworthy, Putford, Sutcombe, and Bradworthy. It is not essential to visit all the churches. Sadly our church is often left out as it is the furthest to get to. Refreshments are usually available and will be at Holy Trinity. Details are now on the notice board along with sponsorship forms, please sign the form and leave a donation in the box Last year only one person visited our church on this event, help us turn that around. You do not have to visit all the churches to participate. ***Join us on this afternoon for a traditional 'Devon Cream Tea' served 2.30pm – 5.00pm.***

Our annual Christmas Tree Festival will be held on the weekend of December 14th and 15th

Your opportunity to bring to church a tree – any size, any colour, real or artificial and decorate it to your choice, anything goes. A small prize is awarded for the favourite tree voted for by the visitors to the church. Last years winner was Mel and Jim's 'Remembrance' tree, a very worthy winner. Now lets see what you can come up with?

Get your thinking caps on and get your bits together so you are ready with your entry. Date and time for bringing the trees into church will be in the next newsletter. Lets make this year the best.

Church Gardening

Our church volunteers have worked hard all summer keeping the churchyard looking beautiful. The edges which we left wide for the wildflowers and grasses to seed have now been cut back and tidied. There are still some flowers that have yet to seed amongst the gravestones, but these will be cut down soon. Those who walk through the churchyard may have noticed the appearance of a new bench in the far which we made from pallets and a 'bug hotel' which Rob created from pallets and it is slowly being taken over by various creepy crawlies. Along the bottom hedge is a colourful flower bed that Lesley dug out, planted and has been tending, sometimes helped by Ann who is very dextrous at getting out the weeds around the churchyard.

With mowers working up and down strimmer's buzzing as they cut around the edges and the gravestones it is often a whirl of activity on a Thursday afternoon, but it always looks fantastic afterwards.

What a great team of volunteers we have at Holy Trinity.

As the days get shorter and the nights get longer and colder and there is less grass cutting to be done we will be looking at trimming back and tidying hedgerows around the perimeter of the church yard. Then the cuppa after gardening is even more welcome.

The all-important Gardening Dates (subject to weather) for the next few months. Remember the clocks change in October and we return to one session per month as BST ends.

August 29

September 12

October 3

October 31

November 28

JUNIOR NEWS

Toddler Group

We meet on Tuesday mornings, from 10.00am – 12.30pm in the Schoolroom.

Please feel free to come along and join us, Dads are also welcome. Also Lisa, who works for Action for Children, drops in to see us from time to time.

Lorraine Buttery paid us a visit in July with a presentation 'Save a Life' for babies and small children. She gave helpful advice regarding choking and drowning, as well as answering some of the Mum's questions. It was a really informative morning, when we could use manikins to practise lifesaving skills. This is a charity we would like to support so we are thinking of having a coffee morning or similar to help raise funds as we all found it so worthwhile.

We were given a large ball pit which was too large for our room so we have sold it and used the money to buy more ride-ons, which are so popular.

At the recent T n Cake afternoon we said farewell to Henry and Alfie, two very loyal members of our group who are moving on to Holsworthy and Bradworthy schools. We presented them with books and sweets, etc., and gave Alfie's Mum a small thankyou present as she has kept the Facebook page for us and been a very helpful team member. All will be really missed.

Instead of a trip out we had a morning at Woodford Farm. The weather wasn't good enough for paddling pools and outside play so we used the play barn, which was great fun. We hope to repeat this again.

During August Toddlers have been running in holiday mode with some craft ideas, knitting and sewing for any older ones who chose to come along. A donation box has been put out instead of the usual charge. We also held one afternoon session as a taster. We thank those who have come along and helped during the holiday season.

We hope to close early on in September to do some sorting of the toys and general tidying and get back to normal soon after.

Please note: We have a good selection of toys and ride-ons, which we would be happy to lend for local children's parties, etc., for just a small donation to our funds.

Sunday School

Sunday School is open to all local children to come and join in with stories, games, songs and crafts. We normally meet on the 2nd Sunday of each month at 11am until approximately 12.30pm. No charge and refreshments provided. For our June Sunday School we invited everyone to stay after service and bring along some lunch to share. This was well supported and many attenders followed on by visiting the Open Farm Sunday event at Blackberry Farm.

During July we had a morning celebrating Action for Children which has been celebrating its 150th Anniversary. We got to see some very old photos on the screen (Alan Randall in charge) of the first little boys, Fred and George, who were given a home after being found sleeping rough in London under a bridge. From there the charity has gone from strength to strength, now supporting local families with special needs as well as being involved with Sure Start and was very helpful in the establishment of the Toddler Group.

After an August break we will be back as normal on **Sunday, 8th September** at 11am.

Sunday, 13th October will be celebrating Harvest, and **Sunday, 10th November**.

Kelvin's Post Holiday Party

Kelvin Isaac will be MC at the Annual Free Children's Party on **Saturday 21st September 3.30 – 5.30pm** in the Schoolroom. All local children are very welcome along, a plate of food per family would be appreciated, don't miss out on the fun!

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Holsworthy Walk and Talk

Although sun screen and hats have mostly been the order of the day on our walks this month, a damp Friday found 22 of us at Dunsden Nature Reserve, near Pancrasweek. The 63 hectare Nature Reserve is being restored and managed by Devon Wildlife Trust and comprises mainly culm grass which is a grassland unique to Devon, and has been shown to have benefits to both the environment and to the economy. Due to intensification of farming, culm grassland is becoming increasingly rare with 92% lost in the last 100 years. Dunsden Nature Reserve also has a wealth of wildlife including several rare butterflies and a variety of wild flowers. We often caught the sweet smell of wild honeysuckle in some of the more open areas.

Our route also included part of the Bude Canal which is beautifully managed by Bude Canal Trust. The remains of the Canal are a reminder of a thriving industrial past when boats transported lime, stone, slate and bricks to and from Bude Sea Lock together with taking sand inland to improve farm soil quality.

There are many evidence-based benefits to long-term physical and psychological health to be gained from walking regularly particularly in a group. All walks are FREE.

For further information regarding our Monday and Friday walks please contact Gillian Aston on **01409 254642** or email: holsworthywalkandtalk@gmail.com

Inter Parish Walks

June

The ladies of Bradworthy did it again! Daphne very kindly arranged for Tina to lead the walk while Sarah and Jackie brought up the rear and Ivy was also available to assist. There were thirty one of us including two very well behaved dogs. We met in Bradworthy Square on Monday 10th June with a view to moving off promptly as the Church clock struck 10am. We set off along the road in a northerly direction until we reached Crosspark. Then we turned right along the footpath which was a bit squelchy after the recent rain. Tina led us through the galvanised gate at the entrance to Bradworthy Moor.

This area of land is common land that was requisitioned by the War and Agricultural Committee during the Second World War. Apparently, it was ploughed up and some of it was planted with wheat and potatoes. The western moor was returned to the village in December 1946 but other parts were not released as common land until October 1950. We have walked across this area before but Tina invited us to join her on a new route which took us downhill towards the River Waldon. It was quite boggy through the culm grass but we saw some orchids, Ragged Robin and Milkwort which we wouldn't have seen if we had stayed on the higher ground. This area was designated as an area of Special Scientific Interest in 1992. A pair of handsome horses and a herd of cattle became very interested in us but it didn't take long before they got bored and went back to grazing.

We went through a gate and across the lane onto another part of Bradworthy Common. There were stunning views of Dartmoor to the South and I chose to ignore the huge black cloud that was heading towards us, preferring to admire the beautiful foxgloves instead. Thankfully, the cloud kept going and we headed back across the moor without as much as a drop of rain. We were very fortunate! We returned to The Square via Crosspark and were pleased to accept the kind hospitality that had been arranged for us in the Collacott Room. This is where the archive material is kept and includes some fascinating photographs and documents relating to the locality.

July

On Monday 8th July, eighteen of us met at East Vognacott near Chilsworthy. The owner had very kindly given us permission to park in the yard which enabled us to enjoy a very pleasant circular walk. It included two of the footpaths in Holsworthy Hamlets and a short distance along the lane that runs between Honeycroft Cross and the entrance to Gearn's Farm near Holsworthy Beacon. It was a good opportunity to see the result of the drainage work that was undertaken nearly three years ago. Prior to this, the footpath was liable to flooding even in the summer months. We were watched closely by the land owner's White Park cattle as we headed towards Scorhill.

According to Census documents, there used to be a farm worker's cottage here but there is no evidence of it now. A contractor engaged by Devon County Council (DCC) had recently cut back the undergrowth along the "green lane" which was great timing! I think my secateurs would have struggled with the recent rapid growth of the brambles. Earlier in the year DCC had also provided funding so that two stiles could be replaced with self-closing gates. This made our progress much easier especially on such a hot day. As we walked up hill across the fields, there were lots of butterflies and when we looked back there were great views of Dartmoor. The whole walk took us about two hours and I think everyone was looking forward to a cold drink and a relaxing afternoon after our exertions in the sunshine.

August

Having arranged for a couple of vehicles to be left at Vealand in Pancrasweek, ten of us met at Lower Tamar Lake car park. This was on Monday 12th August, the first day of calm following three days of wet and windy weather. It was very nice to see several familiar faces, all of whom had walked along the Bude Aqueduct, (the feeder arm of the Bude Canal), on previous occasions. There were also a few for whom this was a new experience. We set off wearing our waterproofs anticipating a soaking but the sky cleared and apart from a few drips coming off the trees, we enjoyed a dry walk. Fortuitous indeed as this is the longest walk on our programme!

Heading south along the footpath, we looked out for relics from the past including bound stones, some of which bear the inscription BHC (Bude Harbour and Canal Company). There are also bridges including the original cast iron arched supports, and stop grooves that would have enabled the flow of water to be governed from the reservoir. At Virworthy Wharf, one of the original wharf buildings has been turned into an information centre which is most helpful in enabling visitors to visualise what it must have been like in the 1800s.

The walking was easy especially as volunteers from the Trust had very kindly cut the grass. No mean feat as the complete path is six miles long. After a couple of hours, we were very happy to sit down at the picnic bench dedicated to Des Shadrick and enjoyed our packed lunches. We then continued all the way to the end which included crossing Burmsdon Bridge. Sadly, walking across it doesn't really enable walkers to appreciate the beauty of its construction but looking down at the River Tamar, you can certainly appreciate the tremendous feat of engineering that took place two hundred years ago in the absence of modern machinery. We retraced our steps for a mile until we reached Vealand. This included the only steep part of the walk and would have been where one of the "inclined planes" was located

when the Bude Canal was operational. There is a strategically placed picnic bench at the top which provides an opportunity to admire the views of St. Pancras Church and what I believe is St. Bridget's Church in Bridgerule with Bodmin in the distance. I don't think I was alone in being relieved that we had transport back to our cars at Lower Tamar Lake. I am grateful to those who kindly assisted in making this possible.

Recognition must also be given to the volunteers associated with the Bude Canal Trust. They do a fantastic job in keeping this most important part of our local social history alive. If you would like to become involved, please contact Mike Degnan Tel: 01288 345 162. If you would like to do the above walk, the Bude Canal Trust are arranging a guided walk along the same route on Saturday 14th September as part of their bi-centenary celebrations. Please contact Mike Degnan if you are interested. It's FREE!!

Our next walk will be on Monday 9th September. We will set off from the Village Hall car park in Clawton (EX22 6PS) at 10am. Please contact me if you would like any more information.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com.



MILTON DAMEREL & DISTRICT OVER 60s CLUB

Club normally meets on 1st Tuesday of the month at 2.30pm in the Parish Hall.

It is good to have a regular good attendance for the Tuesday meetings – new members are always welcome and we have been pleased to welcome some new members recently.

The coach trips programme for the remainder of the year is:

17th September.....Minehead with a train journey from Bishops Lydeard

15th OctoberShopping in Exeter

Chair: John Francis (Tel: 261117)

Vice-Chair: Edward Beckly

Secretary: Colin Boucher (Tel: 01288-359184)

Treasurer: Iris Fry (Tel: 261322)

Asst Treas: Pam Pidgeon (Tel: 261428)

Enquiries to any of the above

MILLIONS ARE UNPREPARED!

Pensioners stand to face a considerable financial crisis. This is because they have failed to plan for future social care costs. This is the stark warning given to the Government by the Association of British Insurers. The ABI's recent report indicates that nine out of ten retirees will be faced with a financial dilemma because they have not prepared for later life and the provision of their social care needs.

As a private client lawyer, I regularly have to advise retired clients facing what could be a possible financial meltdown. Because money is not being set aside for the substantial risk of not being able to finance social care including the need for residential accommodation, a huge number could end up having to sell their homes. Either that, or use up their life savings to cover their likely care costs. The result could be (and frequently proves to be) that the cupboard is bare when it comes to passing on money to dependents, and there is little or nothing left to gift to the next generation by way of legacies in Wills.

The Government appears to be slow to respond, and has so far refrained from publishing its Green Paper on social care. ABI wants the Government to take swift measures to resolve the social funding crisis.

Since our present Government came into power in 2010, the percentage of the population over the age of 65 has increased by 19%. Despite this significant hike in numbers, public funding of social care has reduced in real terms by 3%. 1.4 million of those over 65 have had to go without social care support. This has meant help with getting dressed, washing and getting out of bed has not been met. The ABI calls for incentives for those over the means test threshold of £23,250. It appears that 37% of the population aged over 50 have savings of less than £200,000, but most have paid off their mortgage. They are homeowners, and over half of this group have property values in excess of £300,000. Between the ages of 60-64, 25% have more than £230,000 locked up in pension schemes. The ABI says it is time to take sensible measures to help them.

The ABI puts forward some sensible proposals. One is for the Government to take no income tax on pension income used to pay for social care. Another proposal is for tax free pension withdrawals if they are used to purchase insurance to cover care costs. Another option is the introduction of a new Care ISA with no Inheritance Tax paid on that part of that pensioner's estate. Another sensible proposal is to provide for householders to release equity from their property to purchase an appropriate insurance product which will cover care costs or the pledging of equity locked in a property to cover care costs.

With local government funding from central government slashed in draconian fashion, this mounting crisis cannot be left on the shelf where it will only cause greater long term harm. Whoever is in power after Brexit must act quickly and decisively.

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[Not December]
10am – 12noon
Chapel Hall

HARVEST FESTIVAL

Sunday, 13th October at 11am
Preacher: Andy Gerrard
Rural Lay Worker

A warm welcome to all!

Parenting Hack: When punishing your kids, don't take away their electronics. Just take their charger and watch the fear in their eyes as they use it less and less while the battery slowly dies.



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Edgar Pett Tel: 261277

Mike Jackson Tel: 261196

Anne Hamilton-Clark Tel: 261303

Whilst traffic matters are not usually the province of NHW, the police have just launched a new service which they hope will lead to better traffic safety and behaviour across Devon and Cornwall. Across the two counties, which have the largest police force area in England, there are 13,670 miles of road network to be policed which makes it difficult to cover effectively by a small police force. With many vehicles now having dashcams and other means of taking digital images the police have set up a secure portal to enable footage to be shared.

The secure portal can be accessed from the force website at: www.dc.police.uk/opsnap

This new facility is for passing on details of traffic offences only. It is NOT for submitting footage of road traffic collisions, other types of offences or for parking issues.

Before using the facility, you need to be aware that you will need to be able to provide the registration number of the offending vehicle. You also need to be prepared to give a witness statement and possibly give evidence in court. Also, people using this service must be 18 or over. Anybody younger than 18 wishing to report a traffic incident should do so by email to: 101@dc.police.uk

The police have been receiving complaints about dangerous and anti-social driving for some time which has led to the introduction of this new facility. It is hoped that it will help them to deal with digital footage and photos in a secure manner and make the investigation process simple and straightforward. Driver education or penalties arising out of this operation should help to modify driver behaviour as motorists become aware that ordinary members of the public are now able to report transgressions and that the police will take appropriate action. The initiative is being funded by the Department of Transport and is fully supported by the Police and Crime Commissioner, with the three vehicles in their department being fitted with dashcams in support of the scheme.

Another way to contact any police station or officer within Torridge is via the email address: torridge@devonandcornwall.pnn.police.uk

This can be used for any type of routine message but NOT for reporting a crime, when the usual channels of 999 or 101 are still the way to go.

PILATES

Re-starts on 16th September after our summer break

Methodist Schoolroom

Mondays

9.45am – 10.45am

&

11am – 12noon

Enquiries to Di Sluggett, our tutor, should you wish to
join (281637)



DEVON & CORNWALL
CONSTABULARY

Holsworthy Rural Policing Update 1/3/19 – 30/4/19:

The following crimes have been reported:

ASHWATER:

Public order offence – cause intentional alarm/distress

Assault causing Actual Bodily Harm

Person in charge of a dog worrying livestock

Heating oil stolen from tank

BLACK TORRINGTON:

Leaf blower stolen from garage

BRADFORD:

Stock fencing cut and stolen

BRADWORTHY:

Criminal damage to trees

Criminal damage to motor vehicle

Drive motor vehicle when alcohol level above limit

Drive whilst disqualified

CLAWTON:

Field gates stolen

EAST & WEST PUTFORD:

Vehicle stolen from private land

HALWILL:

Fraudulent use of Facebook account

Assault causing Actual Bodily Harm

Theft from motor vehicle

HOLSWORTHY HAMLETS:

Burglary to commercial premises

MILTON DAMEREL:

Criminal damage to toy and gate.

PYWORTHY:

Malicious communications offence

ST GILES ON THE HEATH:

Criminal damage to hasp on shed door.

SUTCOMBE:

Harassment without violence.

As you will see, we have had a theft from a motor vehicle, whilst it was parked at one of our local beauty spots, by a walker. Please ensure that all valuables are removed from vehicles when they are left unattended, and that your vehicle is left locked and as secure as possible. We do have a supply of notices that motorists can leave in their vehicles, which indicate that all valuables have been removed. Patrols of our local parking areas will take place throughout the summer.

Your local NBM, Amanda Brown and PCSO, Mark James are always happy to attend Parish Council meetings where possible and welcome the opportunity to attend community events. If you have a forthcoming event you'd like us to know about, please contact us via 101 or email: holsworthy@devonandcornwall.pnn.police.uk

If you have an incident to report, don't hesitate to ring the Police on 101 for non-emergency or 999 if you see a crime taking place.

**PC Amanda Brown & PCSO Mark James
Holsworthy Police Station**

SUDOKU

By KrazyDad

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5					9	8		1
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			5			9		7
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7		9	4					3
		6		9		7	4	

Difficulty: Easy

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Solution on Page 28.



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Milton Damerel Parish Hall

Registered Charity No. 281123

Events Report

As usual the Parish Hall is fairly quiet during the summer months with just the usual monthly meetings taking place.

Future Events for the diary

9 th September	Parish Hall AGM 7.30 pm. Everyone in the parish is welcome to attend
21 st September	Whist Drive 7.30 pm start
27 th September	MACMILLAN COFFEE MORNING 10 am – 12 noon in the Parish Hall <i>Bring all your friends and support this worthwhile cause</i>
19 th October	Whist Drive
16 th November	Charity Whist Drive
7 th December	SOUP AND SWEET SOCIAL EVENING Starts at 7.30 pm Please book. £6 adult, £3 child. Choice of soup and sweet, and tea and coffee. Bring your own drinks if required. Please book, telephone numbers at the bottom.
December	<i>Carol Singing around the parish – Date to be decided</i>
21 st December	Christmas Whist Drive

We are always looking for new people to join us on the committee, particularly younger people and men! If you think that you might have some good ideas for helping to keep the hall functioning or ideas for fund raising events we would love to hear from you. Chairman: Lesley Self, Secretary: Kate Moyse, Treasurer: Roberta Jackson, Publicity: Sara Lawes. Ann Poole, Mary Carter, Margaret Fishleigh, Elizabeth Bellew, Christine Cook and Charlie Brimacombe.

Hiring the Hall

The hall is available for hire for events and private functions at very reasonable rates. See the community website www.miltondamerel.com to download a booking form and Terms and Conditions of Use, or contact:

Booking Secretary: Roberta Jackson on 01409 261196. If unavailable telephone
261294 or 261151

FROM TIMES PAST

The Western Times; Exeter, Friday May 28 1886

GUN INCIDENT – An accident of rather a serious nature happened on Saturday afternoon to William Yeo, son of Thomas Yeo, the blacksmith of Venn Green. A farmer brought his gun to Mr Yeo to have it repaired. Mr Yeo heated a rod of iron, and not knowing the gun was loaded, placed the rod down the barrel of the gun, when it exploded, and shattered Mr Yeo's hand in a most frightful manner but under the careful attendance of Dr Gray we understand Mr Yeo is progressing very favourably.

Brought to our attention by James Poole from his interest in looking at the archives!

The Holsworthy Post; 5th June 2019 Looking Back

70 years ago June 4th 1949

Milton Damerel parish council held a meeting on Monday, when Mr G Taylor was elected chairman to fill the place of Mr J Slee who did not seek re-election. Mr Slee has been parish councillor for more than 50 years, and chairman for 40 years.

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A Devon Day Out

We had returned home after a four day break enjoying another part of North Devon (Exmoor) but we still had one day of holiday to enjoy so rather than catching up on the washing we decided to visit one of those nearby attractions that you never get round to visiting. So we headed off to Lydford Gorge. As we entered the car park a member of staff was informing visitors that the main gorge walk was closed because a number of trees were down, we had forgotten there had been a major storm in the previous 24 hours. So we waited for a while to await the rangers report. Shortly one of the walks, to “The Cauldron” was opened and off we went. A woodland walk and then some spectacular falls, though parts of the walk are definitely not for the faint hearted! On returning to shop area it was clear the gorge would not be open that day.

So where to next? We headed off down the old A30 to Sticklepath and Finch Foundry. What a surprising place! This is a water powered forge which supplied all manner of tools and other implements for use in the mining industry and of course in agriculture. The tools were sent all over the South West and I am sure there are many still in use today or lurking in the back of Grandads’ shed. There was a demonstration of the water powered forge equipment, which includes a tilt hammer and huge water powered metal shears for cutting the metals. Commentary alongside the demo was very enthusiastic. There are also very pleasant gardens and riverside walks to enjoy and also, slightly more quirky, a Quaker burial ground.

We opted to walk further up the village to visit Bowdens Hostas and tour their gardens with an extensive hosta and fern collection and also lots of agapanthus which we were not quite in full bloom, and not a slug in sight, how do they do that? It’s well worth a visit.

On returning to the car park we needed some liquid refreshment and so called into the nearest hostelry, “the Devonshire Arms”. As we stepped over the threshold we stepped back in time about 50 years. There was a bell on the bar to ring for service this was attended to by an elderly lady, who after removing her apron (she had been washing up), proceeded to serve us with our ale direct from the barrel, actually correctly named “a firkin”. This was on a stillion directly behind the bar, no gas and air, and appropriately was from Holsworthy Brewery! We took our drinks out into the garden to enjoy as it was supposedly the hottest day of the year..so far... As we returned through the bar “mine host” was taking a nap in one of the comfy chairs in the bar. She told us she was determined to continue in the pub after her husband died some years ago. In the bar the décor had not changed for some time there were many interesting local artefacts, local maps rolled and kept in gun shell cases for customers to use. The furniture was comfy old chairs and settees with throws and best of all was an old fashioned bar billiards table and scoreboard the like of which I haven’t seen for years.

The place looks a bit weary from the outside but don’t let that put you off. This is a pub that is well worth visiting for the back in time experience and before it gets stripped of all its character and history by some multi-pub owning conglomerate.

As we left the village the temperature gauge read 23 degrees and we had the roof down to enjoy the sun. As we headed towards the radio mast on the road home, the temperature plummeted and we had to give in and stop and put the roof on the car as it was now 16 degrees and the mist had closed in. A drop of 8 degrees in about 15 miles so not the hottest day everywhere, but definitely a day out to remember for many different experiences.

Melanie Richardson

MILTON DAMEREL GARDENING GROUP

All meetings are normally on the **3rd Monday of each month at 7.30pm at the Parish Hall** or stated venue. Membership is £5 and £2 per meeting, visitors welcome at £3. Tea or coffee and biscuits are provided.

We had a lovely summer programme of garden visits, which was thoroughly enjoyed by all who attended.

On 17th June we visited Little Webbery, Alverdiscott. It is a garden with two ha-has, walled garden and a large collection of fantastic roses planted with lavender. The perfume was delightful. The owners were most hospitable and the homemade cakes were delicious too.

On 15th July we visited Boyton Mill, Boyton. It is a garden with exotic plants, 15th Century water mill and viewing platform with views across the Tamar to Cornwall. The angel trumpets gave off the most delightful fragrance in the evening air. The owners were also very hospitable and the homemade biscuits were delicious too.

On 19th August we had our members garden social and bring and share BBQ supper at Little West Hole, Newton St. Petrock. It was a lovely evening kindly hosted by our Chairperson, Diana, where we could exchange ideas and view her garden.

Saturday 7th September, 2.30pm - Garden and Produce show. The Show Schedule of Classes is available from Lizzy's Larder and Sanders' Garage. Please note the email address is wrong in the Show Schedule under the Children's Classes. Should be, mdadgg@btinternet.com

21st October - putting the garden to bed and winter colour for pots with Nigel Alford.

18th November - 30 years at Bridge Mill with owners Rosie and Alan Beat.

16th December - Christmas Supper Special. Make a willow tree and/or willow star with Eileen Harris. Additional cost for materials is £2 for the tree and £1.50 for the star. Plus there is a bring and share supper.

New members are welcome.

Contact Officers:

Diana Illingworth-Cook: 07853 319250

Gail Whitley: 261792

Lesley Self: 261294

Email: mdadgg@btinternet.com



MILTON DAMEREL AND DISTRICT
GARDEN AND PRODUCE SHOW
SATURDAY 7th SEPTEMBER
AT THE PARISH HALL

Entry fee 25p per item

All entries to be placed between
9.30am and 11.30am

Doors open to public at 2.30pm

Refreshments will be available

Prize Giving and Raffle at 4.30pm

Show schedule available from
Lizzy's Larder or Sanders' Garage



National Garden Scheme

Gardens open for charity in 2019 in our area

2nd September, The Bridge Mill, Bridgerule

8th September, Hole Farm, Woolsery

9th September, Docton Mill, Lymebridge, Hartland

15th & 16th September, Sheepwash Gardens, Sheepwash

22nd & 23rd September, Harbour Lights, Horns Cross, Bideford

Gardening tasks for September



Fruit

For raising new blackberry plants, bury tips into the soil of any shoots that have developed this year, as they will quickly form roots and new shoots will develop next spring. Once this has happened the new plants can be separated and planted where you plan to grow them.

Try to avoid wasp damage to early fruiting apples by hanging wasp traps in the branches of the trees.

Pick fruit from these early ripening varieties as soon as they are sweet enough to eat as they don't keep.

All shoots that have carried peaches should be pruned so that newly formed ones can be tied to ones formed this year and these will flower next spring.

Crops of raspberries, blackberries and other autumn-fruiting varieties should be covered with netting to keep birds away, however, the netting should be checked daily making sure no birds or any other animals are trapped.

Flowers

Once the summer bedding plants have been removed, plant spring flowering plants such as bellis (daisy), pansy, polyanthus, primrose and wallflowers along with spring flowering bulbs.

It is a little early to plant tulip bulbs which should be left until November to avoid attacks of Tulip Fire. This disease causes scorched areas on the leaves and spotting on the flowers.

The following hardy annuals can be sown outdoors – calendula, cheiranthus, godetia, larkspur, nigella and poppy. Wild flowers that can be sown direct outdoors are field scabious, field cornflower and feverfew.

In the greenhouse sow cyclamen, pelargonium, schizanthus and streptocarpus.

Sow in a cold frame the wild flowers primrose and cowslip.

Sweet peas can be sown in a cold frame or unheated greenhouse to over-winter, the young plants can then be planted out in March/April to obtain early blooms.

Now is a good time to begin watering dormant cyclamen pot plants which were left to die down for a rest.

When rose blooms have faded a last deadheading of roses can be done, and taller stems may be slightly shortened so that movement from wind can be reduced.

During the early part of this month stem cuttings may be taken. Cut a length of stem, remove the soft tip just above a leaf joint, cutting below a joint at the base removing all but the top three leaves. Place directly into the soil approximately 30cm (12") to about half its length somewhere in the garden where they can remain to root and develop for about a year.

Lawns

Early September is an ideal time to sow a new lawn or make repairs to an existing lawn. Grass growth is slowing, therefore, reduce the frequency of mowing. Keep the lawn clear of fallen dead leaves and thatching quickly and easily by using a lawn scarifier or a suitable lawn rake. General maintenance should be carried out to established lawns, aerate by spiking with an aerator or fork, apply a top dressing and towards the end of the month apply an autumn fertiliser.

Ponds

Pond debris, particularly if the weather has been windy should be removed by using a net, rake or pond vacuum. It is important that any dead or dying plant matter is removed immediately so it is not allowed to fall into the water, as this can lower the oxygen content and may also harbour diseases.

To catch falling leaves secure a net over the pond. Filters and pumps should be kept going, remembering to check them regularly to see if they need cleaning.

It may prove worthwhile to siphon off around a quarter of the water in the pond replacing with fresh if your fish stocks are high. To build up fish strength in preparation for the winter give them a high-protein feed.

Courtesy of Sutton Seeds.



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To be staged by 9:30am on show day

- Maize 3 stalks
- Fodder Beet 3
- Oats (White) 10kgs as from combine
- Barley 10kgs as from combine
- Wheat 10kgs as from combine
- Silage 10kgs
- Silage Big Bale 10kgs
- Haylage Big Bale 10kgs
- TMR Mix 10kgs
- Bale/Sample Seed Hay 10kgs
- Bale/Sample, Meadow/Permanent Hay
- Bale/Sample Oat Straw 10kgs
- Bale/Sample Barley Straw 10kgs
- Bale/Sample Wheat Straw 10kgs
- Potatoes (White Round or Oval) 6
- Potatoes (Coloured or White Kidney) 6
- Potatoes (Coloured Round or Oval) 6
- Apples (Cooking) Bramley's 3
- Apples (Cooking) Any Other Varieties, 3
- Apples (Dessert) 3

- Cabbage
- Tomatoes 3
- Onions 3
- Runner Beans 6
- Carrots 3
- Beetroot 3
- Eggs 6
- Vegetable Display 50cm²
- Child Aged 14 & Under—6 Decorated Cupcakes, 'Red, White & Blue'
- Child Aged 14 & Under—Craft 'Something that floats' incorporating a Leyland logo!
- Child Aged 12 & Under—Decorate a pair of Wellingtons, 'The latest JCB Foot wear'
- Child Aged 6 & Under—Decorate a plate of 6 Rich Tea biscuits
- Photograph— of themed tractor, 'At Work'

- Photograph— with Best Caption— of themed tractor/machine
- Photograph—a Pair of Photographs depicting 'Then & Now'
- Photograph—with Best Caption— 'Farming Humour'
- Homemade Jar of any Jam
- Homemade Jar of Chutney, Pickle or Relish
- Homemade Jar of Marmalade
- Homemade jar of Lemon Curd
- Decorated Victoria Sandwich Sponge 'Red, White & Blue'
- 4 Homemade Cheese Scones
- 4 Homemade Sausage Rolls
- My Favourite Tea bread
- A Floral Arrangement to depict 'The Best of British'
- A Floral Arrangement in a Wellington Boot

Entries- Rose (Hon. Sec) 01409 261388

Information- James 07815 118279



Bradworthy & District Ploughing Association



Almond Slices



Ingredients

For the pastry:

6oz/170g Plain Flour
3oz/85g Margarine
2tbsp cold water to bind together

Almond Sponge:

6oz/170g Self Raising Flour 2oz/50g
Ground Almonds 6oz/170g Margarine
6oz/170g Caster sugar
3 Eggs
2tbsp Milk
1tsp Baking Powder
Almond Flavouring
4 tbsp Seedless Raspberry Jam
Almond Flakes

METHOD

The pastry

Grease and line a 9" x 13" Swiss roll tin. Electric Fan Oven 150 °C/Gas Mark 2-3.

Put all dry ingredients in a bowl and rub together until the mixture resembles bread crumbs. Add the cold water, (you may need a little more than 2tbs), bind it together to form a ball. Sprinkle a little flour on your work surface and rolling pin, roll the ball of pastry out to almost the size of your tin; you may have to trim the edges and use any excess to fill in any gaps.

Then spread the jam over the pastry base leaving a small gap around the edges of the pastry.

For the Almond Sponge

Measure out all dry ingredients including margarine and put into a mixing bowl, adding the eggs, almond flavouring and the milk. Mix together until light and fluffy and pour sponge mixture over the jam covered pastry evenly.

Last of all sprinkle the Flaked Almonds, as many or as little as you like.

Bake in the oven for about 40 minutes or until golden brown and springy to the touch. Leave in the tin for approximately 10 mins, take out and put on a cooling rack.

Has anyone heard of Brexit?

UK house prices were up 8.17% in the year ending June 2016. A year later they'd only risen 4.13%, and in the year ending June 2018 the figure stood at 3.03%. Results in February 2019 show a continued decline in activity across the UK, with new buyer enquiries, agreed sales and instructions all falling.

This is the sixth consecutive month all three indicators have fallen together. The housing market slowed after the decision to leave 3 years ago but there have been signs of a recovery in recent months. The uncertainty of Brexit caused a distinct lack of new properties coming to the market so agents stocks are at an all-time low with the average house price in Torridge now being £228,000.

Confidence is creeping back into the market amongst vendors and purchaser alike. Perhaps people are tired of hearing about Brexit and just want the job done, come what may. However the South West is that "little bit special" where in 2018 it was reported that there would be a dramatic down trend in house prices due to the decision to leave, although there was a slight splutter, it is now reported that the South West has the third largest increase in prices by 2.6% and London having the largest fall by - 4.4%.

Brexit uncertainty is keeping the mortgage rate low so in theory it is a good time to buy as it is unlikely that house prices will fall, however the demand for rental properties still remains high.

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SUDOKU Answer

9	3	1	8	4	7	5	6	2
5	2	4	3	6	9	8	7	1
8	6	7	2	1	5	4	3	9
1	7	3	9	8	4	2	5	6
2	9	5	6	7	1	3	8	4
6	4	8	5	2	3	9	1	7
4	1	2	7	3	8	6	9	5
7	8	9	4	5	6	1	2	3
3	5	6	1	9	2	7	4	8

HM Submarine Holland 1 The Recovery

The Royal Navy's first submarine, Holland 1, was launched in 1901 at Barrow in Furness, and was regarded as "damned un-English" by their Lordships of the Admiralty. In 1913 she sank under tow three miles south east of the Eddystone Rock, south of Plymouth. There she remained gathering fishing nets and similar detritus until found by HMS Bossington and positively identified by the Royal Navy (RN) deep diving team (Naval Party 1007), operating from a chartered ship called Seaforth Clansman, during the early hours of 15 April 1981.

I spent the most wondrous years in command of Naval Party 1007 in the early 1980s. The nature of the work meant that the team members were all selected as being relatively senior and mature.

Holland 1 was some 55ft long and, as I recall, theoretically weighted some 120 tonnes when free of silt and the ravages of time. The Royal Navy Submarine Museum in Gosport became a driving force to try and recover from the seabed this original precursor to the modern nuclear submarine fleet.

During the early 1980s the Cold War was at its height and the RN then maintained a diving team capable of working on the seabed at a depth 1,000 feet (10 days decompression before surfacing). This team primarily dealt with oddities and anomalies off NW Scotland, but the chance to work on a small submarine hull was viewed as excellent training; albeit in only some 250 feet of water (3 days decompression).

Precursor, relatively short, inspection dives were conducted during September and November of 1981. These short, initial dives involved complex gas switches from air to heliox to air to oxygen enriched nitrogen and then to pure oxygen. Some significant cases of taxing decompression sickness and oxygen poisoning were treated in the 6 interlinked decompression chambers aboard the diving ship. The subsequent salvage work involved divers in "saturation" for several weeks at a time; a much more stable and less stressful form of diver operation.

Gales in the November of 1981 found the ship attached to the submarine by its crane and the ship unable to hold position because of the wind forces. It became necessary to apply 20 tonnes of load on the crane to tear the hook away from the submarine. Consideration had been given to ditching the entire crane lifting wire to save the ship. Fortunately the divers were safely tucked up in their warm pressure vessels on board.

At this time, just to the east of Plymouth Sound, there existed Wembury gunnery range (HMS Cambridge). Holland 1 had sunk bang in the middle of the normal fall of shot danger area. However the gunners were most considerate and arranged for their shells to fall some distance beyond the moored diving ship, firing over the top. The noise of shells passing overhead and the resulting explosions on the sea surface caught one's attention.

On 9 August 1982 the diving ship, Seaforth Clansman, became famous on BBC South West. There was much interest in the upcoming weeks of diving work. The female BBC presenter was fed helium to give her a Micky Mouse voice for the public's entertainment. What no one knew at the time was that the helium fed to her was seriously deficient in oxygen. Fortunately she did not collapse.

During the ensuing weeks the diving ship was parked over the Holland 1 with divers working in 4 hour shifts on the sea bed, clearing fishing nets and digging under the submarine so that lifting strops could be placed. An interesting recovery was the explosive part of a World War 1 sea mine, which was prone to becoming unstable when dried out. This was returned to the safety of the deep without delay.

There cannot be many who have spent many nights with the Eddystone Light flashing away just outside their bedroom window.

On 18 August the ship was again caught in a gale whilst firmly attached to seabed and submarine. Fortunately the captain was able to maintain position by spending all night jockeying the main engines and thrusters to minimise the load in the mooring wires.

The diving work was completed when lifting cables had eventually been attached, ready to pass to the lifting vessel, RMAS Pintail. Holland 1 arrived in Plymouth sound in September 1982 and thence to dry dock in the Royal Dockyard. The submarine was cut into 3 sections and subsequently moved by road to the Royal Naval Submarine Museum in Hampshire, where she can be viewed to this day.



Seaforth clansman Close up

Thus ended a memorable chapter in life, including a documentary broadcast on BBC 2 as part of the "Our Undersea World Series".

We're always interested in the lives of newsletter readers. Duncan moved into Brook House last year and kindly responded to a request to share his experience of naval life.

If you have something you think may be of interest, please contact any of the newsletter team, contact details on page ??

Eating Out

The Bayleaf Indian Restaurant,
Queen Street,
Bude.
Telephone 01288 356591.

If you like Indian food you'll enjoy eating at the Bayleaf.

They have recently updated their menu with some new dishes, Mango Chicken for example, as well as old favourites such as Southern Indian Garlic Balti, they have a wide and varied menu, all delicious. Most dishes can be made to your taste, if you don't want it too hot just ask and they will adjust the spiciness to your liking. The same goes for the other way if you want it a bit hotter just ask, and it will be done.

All meals are cooked fresh so at times when they are busy you might have to wait a while, but you will not be disappointed with your food when it arrives.

For starters might I recommend the Chicken or Prawn Puri or the mixed kebabs, the Salmon Tikka are also delicious. Main courses depending on your taste; if you like your spices and a bit of a kick try the Southern Indian Garlic Balti, whole green chilli's add an extra bite. If you're really brave, order the Chicken Tikka Naga Bhutan, (phew!). The Bayleaf Lamb Shank, Kozi Rose and Chicken Rezala are all delicious, as well as the more well-known dishes. If you're not a fan of the spicy dishes try the Korma, Mango Chicken or Butter Chicken all great flavours without the burn.

They do a takeaway service, if you're passing through Bude on the way home, phone your order through and give a time for collection; they usually can have it waiting for you.

Line Dancing (Beginners/Improvers) on Wednesday evenings 7.30pm to 9.30pm.
Papercraft and Scrapbooking Club on Thursday mornings 10.00am to 12.30pm.

at Little West Hole, Newton St. Petrock

For further details please call or text Diana Illingworth-Cook on 07853319250.

Useful Contact details:**Parish Councillors:**

Stephen Moyse (Chair) 01409 261151
 Richard Piper (Vice Chair) 01409 261114
 Rose Haynes 01409 261577
 Jim Richardson 07866 406977
 Gareth Piper 07966 558385
 Peter Buckpitt 07584 086693
 Teresa Walters 0794 668827
 Lorraine Buttery (Clerk) 01409 28295

Chapel:

Revd Lynne Burgon Tel 01805 624392
 Stewards Roger Daniel Tel 261466 and Dan Brett Tel: 261609
 Property Steward Julian Allin Tel 261188
 Secretary Katie Allin Tel 261188

Church:

Revd Richard Freeman Tel 01409 241315
 Church wardens Isabel and Roy Fairbrother tel 01409 261181

Walks:

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 Evelyn Sharman Tel 01409 259848
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Over 60's Club:

Chair John Francis Tel: 261117
 Secretary Colin Boucher Tel: 01288-359184
 Treasurer Iris Fry Tel 261322
 Asst Treas Pam Pidgeon Tel: 261428

Neighbourhood Watch:

Edwina Hale Tel 261263
 Edgar Pett Tel 261277
 Mike Jackson Tel 261196
 Anne Hamilton-Clark Tel 261303

Holsworthy Rural Police:

Urgent 999
 Non-Urgent 101
holsworthy@devonandcornwall.pnn.police.uk

Parish Hall:

Booking Secretary Roberta Jackson Tel 01409 261196 or 261294 or 261151

Gardening Group:

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THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- Milton Damerel Newsletter Data Protection Policy
- Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 4, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed below.

Is this something for you?....

We enjoy the time we spend in finding, receiving and compiling information for the Newsletter and we meet on 4 occasions each year to agree the content for each Newsletter. How about offering material to be included or even to join us? Speak to any of the Group below for more detail.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to mdnews@kendallnet.co.uk.

Disclaimer: The views and opinions expressed in this article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968—All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

To advertise in this newsletter contact David on 01409 261577 for more details.

The deadline for submissions of articles and advertisements for the next newsletter is 9th November 2019.

The newsletters group members are:

Nicky Martin	n.martin337@btinternet.com		Regular contributors and features
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Lesley Self	lesleydself@outlook.com	261294	Regular contributors and features
Peter Oxborough	peter.oxborough@boproperty.com		Regular contributors and features

WHAT'S ONa selection of local events.....

WHAT?	WHEN?	WHERE?
HATS Production “Tell-Tale Murder” (Play by Philip Weathers)	Sept 2019 (dates to be announced)	HATS Theatre, Holsworthy www.holsworthytheatre.co.uk
Films, Live Events – Theatre, Open Air, Music, Visual Arts, Regular & Special Workshops for Children and Adults		The Plough, Torrington Box Office: 01805 624624 www.ploughartscentre.org.uk
WORKSHOPS:		
Printing Making Workshop 10 week course With Faye Anderson Retter	Starting 16 th Sept @ 10am	
Creative Art & Illustration Workshop 10 week course With Joseph Witchall	Starting 16 th Sept @ 7pm	
Making Silver Rings with Precious Metal Clay	15 th Oct @ 10am 12 th Nov @ 10am	
FILM:		
The Teachers’ Protest	11 th Sept @ 8pm 22 nd Sept @ 6pm	
Everybody’s Fine	19 th Sept @ 5pm	
Gaza	24 th Sept @ 6pm	
THEATRE:		
“Hefted” by David Lane Inspired by conversations and interviews with people across North Devon	20 th Oct @ 4pm	
Wassail Theatre Company present “Over the Wall Picking Apples”	6 th Nov @ 8pm	
SATELLITE / LIVE SCREENING:		
Met Opera (Encore) Romeo et Juliette	1 st Sept @ 3pm	
NT Live The Lehman Trilogy	7 th Sept @ 7pm	
NT Live New York Metropolitan Opera The Barber of Seville	8 th Sept @ 3pm	
NT Live – One Man, Two Guvners	26 th Sept @ 7pm	
NT Live – Hansard by Simon Wood	7 th Nov @ 7pm	
MUSIC:		
Voodoo Room – An evening of Hendrix, Clapton & Cream	6 th Sept @ 8pm	
Torrington Music, Arts & Heritage Festival ends with a Bang Tankus The Henge, Stellar Fox & Shrug	14 th Sept @ 8pm	
Oas-is + support The Sugarcones	20 th Sept @ 8pm	
Credence Clearwater Review	28 th Sept @ 8pm	
Lionel – A Tribute to Lionel Ritchie	29 th Sept @ 7.30pm	
Los Paciminos with Paul Young	16 th Nov 8pm	
An Audience with Lesley Garrett St Michaels and All Angels Church, Great Torrington	21 st Nov @ 8pm	

Always check on location by visiting the page number as not all events are in Milton Damerel

What's on Diary

Page

Gardening Club Flower & Veg Show	7	September	24
Parish Hall A.G.M.	9	September	20
Holy Trinity Ride and Stride	14	September	9
Bradworthy Ploughing Match	14	September	26
Over 60's Club — Minehead	17	September	14
Whist Drive — Parish Hall	21	September	20
Annual Free Children's Party	21	September	10
Macmillan Coffee Morning	27	September	20
Holy Trinity Harvest Festival	6	October	7
St James' Church Abbots Bickington Harvest Festival	13	October	4
Chapel Harvest Festival	13 & 14	October	5
Over 60's Club — Exeter	15	October	14
Whist Drive — Parish Hall	19	October	20
Gardening Club — Talk by Nigel Alford	21	October	23
Chapel Afternoon Tea & Cakes	26	October	5
Charity Whist Drive — Parish Hall	16	November	20
Gardening Club — Talk by Rosie and Alan Beat	18	November	23
Soup & Sweet Evening — Parish Hall	7	December	20
Holy Trinity Christmas Tree Festival	14 & 15	December	9
Gardening Club — Christmas Supper Special	16	December	23
Christmas Whist Drive — Parish Hall	21	December	20

Regular Events

Bible Study	Mondays 7.30-9pm	
Gardening Group	3rd Monday each Month	23
Inter-Parish Walk	2st Monday each month	13
Methodist Chapel Family Service	Last Sunday of each month at 11am	
Mobile Library — Lizzies Larder	2 nd Wednesday of each month 3:45pm - 4:30pm	
MD & District Over 60s Club	1 st Tuesday of each month (not Jan) 2.30pm	14
Parish Council meetings	3 rd Wednesday 7.30pm	
Coffee Morning – Holsworthy Beacon Methodist Church	Last Thursday of each month 10am	
Holsworthy Walk and Talk	Every Friday 10am	12
Methodist Chapel Morning Service	Sundays 11am	
Holy Trinity Church Morning Service/Lay	10.00am 3rd Sunday every month	
Holy Trinity Church Eucharist Service	11.30am 1st Sunday every month	
Pilates	Monday 9:45am - 10:45am, 11:00am - 12pm	17
Methodist Chapel Sunday School	2 nd Sunday of each month 11am	
New Baby & Toddler Group Methodist schoolroom	Tuesday mornings 10.30 till 12	