
MILTON DAMEREL

PARISH NEWSLETTER

SPRING 2021

82nd EDITION



In consideration of the safety of our readers, this edition has been left untouched for several days, since delivery from the printers, and should have been delivered by a suitably gloved and masked person.

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By KrazyDad

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Solution on Page 32.

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IMPORTANT ANNOUNCEMENT

Due to two volunteers recently leaving the newsletter group, and our Compiler leaving after this issue, we are in urgent need of new helpers.

If you can spare a few hours quarterly please contact us via our email address:

mdnewsletter@gmail.com

Parish Clerk: Lorraine Buttery 3 Sunset Heights, Shebbear, BEAWORTHY, Devon, EX21 5BN

E-mail: miltondamerelpc@hotmail.co.uk

Tel: 01409 282956

Councillors:

Stephen Moyse (Chairperson)	01409 261151	Richard Piper (Vice Chairperson)	01409 261114
Rose Haynes	01409 261577	Jim Richardson	07866 406977
Gareth Piper	07966 558385	Peter Buckpitt	07584 086693
Teresa Walters	01409 261871		

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Thursday before the meeting. The draft minutes are posted to the website within 30 days. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time. Due to the Covid 19 pandemic all meetings have been held on the ZOOM platform, any resident is welcome to attend, but if you wish to do so please notify the clerk.

COVID 19

If you need any help with shopping, getting prescriptions please contact one of your Parish Councillors or the Clerk. If you have any financial issues please contact Torridge District Council who have protocols in place to help those in need. Your Local and County Councillors are also there to advise and assist.

District Councillors

Our District Councillors Kit Hepple and Ken James have been attending our ZOOM meetings, details of which are in the minutes. Regular updates are also received by email, although not always available to attend meetings both Councillors work in the background to support the Parish and can be contacted by all for any help required.

Devon County Councillor Barry Parsons;

Barry has also attended our ZOOM meetings and a brief synopsis of his reports are always contained in the minutes. His full reports can be found on the website. His continued support of the Parish is greatly appreciated. Although Barry cannot attend all meetings, he works diligently in the background to support the Parish Council. There are funds available from him for worthy causes, if you have a request for a grant please contact the Clerk or any of your Parish Councillors with the details. It is with great regret that we report that Barry is standing down as our district Councillor; he will not be standing for re-election in the May elections. Barry has always been a great supporter of the Parish Council both financially and advisory, he will be greatly missed.

PFCSO Mark James has been unable to attend any meetings recently due to his workload, but sends regular updates by email to the Parish Council; these reports are posted to the website.

Planning matters:

There has been only one application since December, a conversion of an outbuilding to a residential annex.

After many years in the pipeline the Application for the development at Town Farm has now been passed, this will be for 9 residential homes and the barn conversion into two dwellings.

Although objections and concerns were raised regarding the application, especially concerning the number of dwellings, it is felt by all Councillors that the site has been an eyesore for many years and something needed to be done. It is hoped that the project will be started without further delay.

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is imperative that you get your comments to the relevant department as soon possible.

Milton Damerel Parish Annual Grants

Cheques for approved Grants for the financial year 2021/22 to Milton Damerel Newsletter, Milton Damerel Parish Hall Milton Damerel and District Gardening Club, Milton Damerel Parish Church and North Devon and District Citizens Advice, will be issued and distributed in September.

Applications for annual grants for the Financial Year 2022/23 will be considered during the meeting on the 17th November 2021, successful applicants will be notified by post shortly after the meeting.

The Step Back in Time Fund: for young people still has a balance of £183.02 Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

Website

We would like to up-date the photographs on the 'front page' of the site, if you have any suitable photos we can consider can you please email the Parish Clerk

If you have any events that you want advertised please let me know or email to me in pdf format, the website cannot be kept up-to-date if I do not get the relevant information.

Community Defibrillator (AED):

If at any time you see that there is any damage to the cabinet at either site, or if the light is not working, please contact the Parish Clerk or any Councillor. If you would like a refresher on the use of the AED and basic life support please let the Parish Clerk know, these are conducted free of charge.

Condition of the Roads in and around Milton Damerel:

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk always passes on the complaints to Devon County Council and copies in Councillor Barry Parsons, who invariably substantiates our complaints. The more people that go onto Devon County Council's website and reports potholes and poor road surfaces the better, the Parish Council encourages residents to do so as often as they can.

Annual Parish Meeting and Annual General Meeting:

At present neither the Annual Parish Meeting or the Annual General meeting have been planned.

If restrictions are lifted and it is safe to do so both could be organized, the parish Council are waiting for further guidance from their guiding body the Devon Association of Local Councils who are advised by their guiding body the National Association of Local Councils. Please look out for notices on the website and in the Notice boards.

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on www.miltondamerel.com

Lorraine Buttery -Clerk & RFO to the Parish Council

18th February 2021

Chapel News – March 2021

From our Minister

Dear Friends

We are now into the Holy season of Lent. It of course, began on Ash Wednesday (I hope you enjoyed your pancakes the day before on Shrove Tuesday) and runs for 40 days, Sundays excluded, until Good Friday.

The 40 days are based on Jesus time in the wilderness. It is from that episode that we get the idea of giving up things for Lent. Chocolate is a favourite, no doubt because we know Easter and Easter eggs are coming. But actually, Lent is a time for taking things on. That is because Lent is a time of preparation – of getting ready for the climatic events of the last week of Jesus' life – Holy Week. It is a time for preparing for the worst, the brutal death of Jesus Christ.

During Lent there are two parallel journeys taking place; and both heading towards the cross.

The first we observe is the passage of Christ, towards Palm Sunday and Good Friday. Without consideration of that, we cannot really celebrate on Easter Day.

The second track is our pilgrimage alongside Christ. Lent has traditionally been a time of self-discovery as well as learning about Jesus.

All roads lead towards the cross, and Good Friday. The last week of Jesus' life is traumatic to say the least. The adulation of Palm Sunday is followed by growing tension with the authorities, who are out to "get" him. That is brought about by the betrayal of one of his followers. Following a dramatic and poignant last meal with his disciples the deed is done; Jesus is arrested and subject to a mock trial and frequent torture. The cheers of Palm Sunday turn to the jeers of Good Friday; and lead to the crucifixion; a most painful and degrading way to die. That is the road that suffering love has taken Christ – to his cross.

But that is not the end, although one needs to face the reality of Good Friday.

For on Easter Sunday Christ rose and we rejoice. The way of love is vindicated and hope is triumphant.

We live in difficult and worrying times. Hope will prevail. Things will improve and we shall get through this terrible pandemic, even if it means, as I suspect it does, that we are going to have to face new ways of living. But more, Love will triumph – the way of Christ; the way of service, and the way to life.

May this spring time be a blessing to you all.

Rob Blackhall

Superintendent of the Torridge Methodist Circuit.

Christmas 2020 – It was a joy to see the Chapel decorated and 'lit up' to celebrate Christmas. Thank you to all volunteers who did some 'tidying up' and then set up the tree, lights and wreaths, etc., on the chapel railings, along the path and outside the front door. There were also arrangements placed in the windows. For the young people associated with the Chapel Advent Calendars and Craft materials were distributed before Christmas. (Photos: Suzanne)



The Chapel & Covid-19 – In accordance with government guidance our premises continue to be closed. There are no plans currently to re-open the Chapel, but there will be wide publicity when we do.

However, church continues, not through joining together in our buildings, but through the blessings of technology. Our telephones being a first call to keep in contact, as many do, and please let any of us know if you would like to be contacted regularly.

Sunday morning worship is continuing electronically at 10.30am (opening at 10.20 online) each Sunday and anyone wishing to join in is welcome to join our **Zoom** services using digital equipment, including our telephones. The service can be accessed via a computer/laptop with camera/microphone, iPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on – please contact Sarah Richards, our Circuit Administrator, on 01237 472649 or email her sarahrichards185@gmail.com

Our monthly Torridge Methodist Circuit Newsletter includes outlines of weekly services for readers to use on its own or with the Zoom service. If you would like to receive this monthly Newsletter please let us know. The Newsletter is also available on line at www.torridgemethodistcircuit.org.uk and there is also a Facebook page for the Circuit. There is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torridge Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button. Details of other Circuit Zoom events are also shown on the Facebook – Lent bible studies, online coffee mornings, other celebration occasions – again please contact Sarah Richards for details for Zoom access.

St Valentine's Day - “celebrated annually on February 14. It originated as a Christian feast day honouring one or two early Christian martyrs named Saint Valentine and, through later folk traditions, has become a significant cultural, religious, and commercial celebration of romance and love in many regions of the world” (Source: Wikipedia). Celebration of St Valentine's Day fell on a Sunday, and it was unusual, but still very much appreciated, to see the decorations at the entrance to the Chapel. Thank you Suzanne. Overleaf/opposite I have included ... “A Reflection for St Valentine's Day compiled by Bella Richards of Bideford” and sent to friends within the Torridge Methodist Circuit.



(Photos: Suzanne)

Easter 2021 – We do not anticipate having the Chapel open for Easter celebrations, but do anticipate there will be an external display at the entrance, commemorating the Good News of The Cross. There will also be a distribution of Easter gifts for the young people associated with the Chapel.

CONTACTS – For further information or help please contact: Our Minister: Superintendent Minister: Revd Rob Blackhall (01805 628041) Our stewards: Dan Brett (Tel: 261609) & Jeremy Sharp (Tel: 261548), Property Steward: vacant; Secretary: vacant.



What does the Bible say about love?



We know that "God so loved the World" and that "God is love". We also have heard all about love in Corinthians but what more can we find out about love from our bibles?

As we near Valentine's Day and we are still in lockdown, we wanted to share our thoughts with you and to let you know we care.

With our Christian love—Bella and Henry xx

An Amazing Fact—when it come to the word "love", no book in the Bible tops 1 John—in fact, for every 50 words you read in John, one of them is the word "love"



1 John—John is writing to help Christians separate truth from lies and light from darkness. In many of John's arguments love is the key to understanding the difference and John believes that the way to recognise true Christians is their love for one another.

An Amazing Fact—2 John is only one chapter long but "love" is still mentioned 4 times



2 John—this very short book in the Bible explains the relationship between truth, love and obedience.

- Truth & Love— when two parties know the truth, love comes naturally
- Truth & Obedience—God the Father commanded that his children walk in truth
- Obedience & Love—a sure sign of obedience to God is love for His Church, and a sure sign of love is obedience to God



Dear Lord, thank you for loving us just as we are. Thank you for giving us loving friends and family. We pray that you will show us the way so that we can know you and love you more fully. AMEN

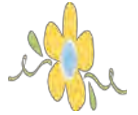
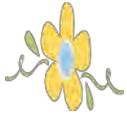


CONGRATULATIONS!



To:

Ryan and Becka Piper, of Sunnyview, on the birth of Finley.
Richard Reed on his 50th Birthday in February.



WELCOME!

To:

The O'Mahony-Richmonds; Tony, Sophie, son Mylo and daughter Wren, to Barn 1, Woodland View.
Tony Howells and Sarah Cambridge to Littlejohns Cottage.
Peter Buckpitt and Hannah Letheren to The Paddock.
John and Sharon Davies to Southerly, Gidcott Cross.
Spencer, Jayne, Libby and Evie Purl to Gidcott Chapel, Gidcott Cross.

OUR SYMPATHIES

For those who have been bereaved recently:

Jacqui & Dean Cocks on the passing of their Mother, Doreen Wells of Higher Venn.
Bryan Harrison-Clark on the passing of his wife, Anne of White Owl Cottage, Gidcott.
Kate & Steve Moyse on passing of her Mum, Rosalind Richardson.

*** We are sorry if we miss any occasions for this page – our coverage is only as up-to-date as YOU provide information to us – see final page for contact details. Thank you ***

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HOLY TRINITY CHURCH NEWS

Rev Richard Freeman Tel 01409 2413

Church wardens Isabel and Roy Fairbrother tel 01409 261181



Hello Everyone

Do you remember the Ian Drury disc – Reasons to be Cheerful – Part3, well I have a few reasons why we should be cheerful despite everything we are living through?

As I sit typing and looking out of the window I marvel at the sudden change in the weather from freezing cold winds and frost to sun and warmth in less than 24 hours, it can only happen here. The golden daffodil blooms are raising their heads again and the snowdrops are opening their petals to feel the warmth – though the snowdrops will soon be disappearing. The birds are twittering around the food station as they vie with each other to get the best feeding position and birds like the Robins and Blackbirds are appearing as twosomes. Spring is Sprung and we are feeling optimistic, or maybe; - **reasons to be 'CHEERFUL'.**

It has been a bleak winter for everyone. We have all endured another lockdown and a bleak Christmas due to the COVID 19 virus. At times we have felt depressed by it all and sometimes feel that this nightmare will never end, but we are getting through this - and we will come out of it.

Reasons to be cheerful:- In this world we have amazing scientists who have speedily developed a vaccine to help save lives and give protection to everyone, not just in our country but world-wide, freeing us from this scourge of our times. Here in UK we have the amazing Oxford team already working on future vaccines after giving us our first lifeline back into the freedoms that we took for granted. Popping to the shops, trips out to the seaside, theatre and eating out were all things we did without worry – how we pray to get back to those sorts of days.

The future already looks brighter - now that IS a reason to be cheerful.

We received our vaccination at Holsworthy medical centre, the procedure was so well organised - literally ran like clockwork, so a BIG THANK YOU to everyone who gave up their weekends to help in the roll out programme and yes we still have to get a second one.

We feel a lot safer but we must be extremely cautious in where we go and what we do.

Reasons to be cheerful: By the time you are reading this newsletter lockdown may be easing. We might soon be able to look forward to meeting our families some of whom are a long way from Devon but we miss dearly. **That is a good reason to be cheerful.**

We are looking forward to opening the door of Holy Trinity Church to once more hold community services and proclaim our faith and trust in God. Look out for update notices in the church porch and in the church notice board by the roadside.

You are very welcome to join in Zoom services most Sunday mornings at 10.00am. Meeting ID: 628 006 774
Password: 622992

Holy Trinity is a very peaceful church, many visitors say it has an 'aura' – I am inclined to agree as I felt it the first time I entered our church – as a visitor then - but it hasn't changed over the years other than to become more derelict as the work that needs doing gets progressively worse.

We have just received the report on the 5 years survey - it doesn't make for pretty reading but we aim – with your support – to get moving again on raising the money we need as well as applying again for grants. **WE WILL GET THE JOB DONE.**

We have to look forward so sticking our necks out we are planning on holding a cream tea afternoon at some time during the summer – subject to any social distancing rule/laws in place.

We will put posters in the usual places to let you know when this will take place.

And looking much further on- to the end of the year:- The Christmas Tree Festival 2021

Planned for December 2021 get your thinking caps on – no excuses - you have 9 months to plan your entry.

Let's look forward - another reason to be cheerful (we may even be able to have a Carol Service 2021).

I am repeating the same 'story':- Without services in church there is no money in the collection plate and with lockdown no visitor donations. Help us to keep going this year. Please consider joining the Parish Giving Scheme YOU can drop in or drop out when you want to but please help your church to survive during these hard times. We are a charity and rely on the generosity of the congregation and the wider community. Just a couple of pounds per month will make a difference to our church paying its way. You don't have to come to church, you don't have to be a Christian, your details are not divulged to anyone, and you can choose how much you wish to give. It is collected by Direct Debit and all donations from this scheme have the added

bonus of receiving Gift Aid so the value of the donation is increased. You can cancel anytime you wish to. With the church closed you can request a pack from me – Isabel - or call at Albatross Venn Green.



To date we have had no-one from the wider community committing a couple of pounds to keep a church in Milton Damerel, however **we thank those kind people who have pushed donations through our letterbox, we want you to know how much it is appreciated. Thank you for your generosity and**

supporting our parish church.

YOU can own a copy of this lovely film – A Year in a Rural Parish.

On sale at just £10 (includes the cost of the USB memory stick – treat yourself – you may be in the film. Tel 261181 to order your copy.



The 'North Devon Ruby Country' badges are flying off the counter at Sanders garage and at Lizzy's Larder. These are unique and available here in Milton Damerel at the present time. Look out for them in both shops or collect them at Albatross they are approx. 80mm and cost just £2 each...**HAVE PRIDE IN YOUR COUNTY. These 2 items are fund raisers for the Church Roof.**

ALL PROCEEDS TO THE CHURCH ROOF FUND

Church Gardening We would like to think we get back to the gardening routine later this year – as it is outdoors we may be able to work well spaced out – not too difficult to do in the area of the churchyard The first thing we have to do is clear all the twigs that have come down in the strong winds of late, which otherwise might damage the lawnmowers – yes soon be grass cutting. This year we plan to paint the porch gates and clad or render the outside walls of the shed so it blends into the area inconspicuously. Any freebies to help e.g. wood or cement would be welcome.

We are looking forward to seeing all our friends and neighbours in the not-too-distant future. So many reasons to feel cheerful however in the meantime continue to take care and stay safe - we are not out of the woods yet.

Isabel and Roy

Church Wardens

Inter Parish Walks

Ordinarily, I would be sharing the new programme of walks for the next ten months with you. However, with the best will in the world, nobody can describe our current situation as ordinary! Confirming that the current advice is that all organised walks are suspended until further notice. However, as individuals we are permitted to walk with one other person from another household and so that is what I have been doing.

Recently, my friend Gill Aston kindly showed me a lovely circular walk that started at the entrance to Leworthy Woods in Pyworthy. There is limited parking which made it a bit awkward as we had to drive there separately but we got there early and it was very quiet. We followed the track heading south east. If you look at a map, it confirms that the route took us past France. I wonder where that name originates from? The footpath took us across some beautiful frosty fields and involved a bridge that enabled us to cross the River Deer. We joined the road opposite the entrance to East Down. It was a strange feeling as I wasn't quite sure where we were but then I realised that we were on the Chasty - North Tamerton Road. We turned right towards North Tamerton and I started to recognise some of the places that we would have passed on our walks in Clawton. That didn't last long! Gill led the way down a track on the right hand side. It was very narrow and serves as the access to Forda Mill. We re-crossed the River Deer before accessing Affaland Moor. This part of the route is officially classed as a BOAT (By-way open to all traffic). We stayed on the track that goes straight across the middle of the moor and met the North Tamerton - Pyworthy road. By turning right and right again towards Leworthy, we completed a loop of approx. four miles. It made a really nice circular walk on a frosty morning especially as this was new territory for me.



I will include an update on the Inter Parish walks in the next newsletter. In between whiles, I hope the weather will be kind which will encourage everyone to make the most of our beautiful countryside.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com

Lost Cat.

Has anyone seen a small black cat around the Buttermoor, Gidcott or Grawley area, she is quite old and has a recently shaved area to the side of her face where she has had an abscess. She also has a patch of matted hair near the base of her tail. If you have seen or found her, good or bad news can you let me know on 01409 261577 or 07946145996.



Local Co-ordinators:

Strawberry Bank
Gratton, Whitebear & Fore Street
Venn Green
Gidcott

Edwina Hale	Tel: 261263
Edgar Pett	Tel: 261277
Mike Jackson	Tel: 261196

The Police have asked that we pass on the following guidance in respect of rural road safety, which is even more relevant at this time of year when roads are wet and possibly icy. Livestock can be a particular problem if they escape from fields and enclosures as they are unpredictable and are easily spooked.

- If you see livestock or other vulnerable road users please reduce your speed, be patient and pass slowly and wide, only when it is safe to do so.
- Drive responsibly, try to anticipate hazards and take notice of road signs.
- Ensure your vehicle is in a roadworthy condition.
- Where possible, livestock farmers should consider feeding stock away from roads and make regular checks to fencing and that gates are secure.

Please also remember that there is a legal requirement to report road traffic collisions which involve livestock, to the police. Also, farmers and the public who capture incidents on dashcams can upload certain traffic offences to “Op snap” at

<https://operationssnap.devonandcornwall.police.uk/>.

You can also report offences being committed via 999 or pass on information via 101 or their email 101@dc.police.uk.

Covid-19 Scams: There are a number of scams related to Covid-19 and booking your vaccinations, which are currently circulating. The NHS is not charging for this service so there is no reason to be divulging bank, credit card details or making payments to secure you ‘jab’ appointments. Any such requests are scams and should be referred to ActionFraud or suspicious emails can be forwarded to report@phishing.gov.uk.

* * * * *

To contact any Police Officer, PCSO or Police Station in the Torridge area, for any **non-urgent** reason you can email them at:

torridge@devonandcornwall.pnn.police.uk

Please note that this is not manned 24hrs per day, so you may not get an immediate response.

Milton Damerel Parish Hall

Registered Charity No. 281123

There is nothing to report about the Parish Hall again in this Newsletter. The hall has remained closed for nearly a year now, apart from a brief interlude last year, but this will hopefully change later on in 2021. With the vaccination programme being well under way and with restrictions being eased as the year progresses we can hope that some form of normality will return sooner rather than later.

It will be good to see the regular meetings starting again and to see the hall being used. We have been fortunate to have received money from the government during the pandemic to enable the hall to stay financially viable during this period. By the time the next edition of the newsletter drops onto your doormat we hope to have more positive news about the re-opening of the hall.

Chairman: Lesley Self, Secretary: Kate Moyse, Treasurer: Tracey Toft, Publicity: Sara Lawes. Ann Poole, Mary Carter, Margaret Fishleigh, Elizabeth Bellew, Christine Cook and Charlie Brimacombe.

Hiring the Hall

The hall will be available for hire for events and private functions at very reasonable rates. See the community website www.miltondamerel.com. To download a booking form and Terms and Conditions of Use.

Booking the Hall: Please telephone 261294 or 261151

Please keep your dog on a lead & under control.

Spring is on the way and it's that time of year again to remind people that there will soon be pregnant ewes and ewes with lambs out on the fields.

Please, if you are walking your dog, keep it under control and preferably on its lead. Even the quietest of dogs can suddenly turn into a stock worrier, and if it does the farmer is allowed to shoot and ask questions afterwards. You could also be landed with a hefty bill for any damage done; just being chased and terrified could cause a ewe to abort her lamb.

Remember, a field of cattle with their calves is not a walk in the park; cows are curious creatures, they could chase a dog if it's in the field, they would see it as a threat to their calf, if this happens let your dog's lead go, problem there is that your dog will look to you for protection so actually the best advice is don't enter the field with your dog and if your dog does get into a field with cows and calves remember it can probably out run them where as it is very unlikely that you can.

I know most of our readers are country wise and responsible owner's but we do have new parishioners who might not understand the ways of the countryside and are unaware of the "wolf" on the rug, all dogs have the basic instinct of the wolf and pretty little woolly things will often awaken it, so please when walking your dog keep it on a lead.

MILTON DAMEREL & DISTRICT GARDENING GROUP

All meetings are normally on the **3rd Monday of each month at 7.30pm in the Parish Hall** or stated venue. Membership is £5 and £2 per meeting, visitors welcome at £3.

The committee is planning future garden visits/outdoor meetings for those not comfortable or have not yet had their vaccinations. Watch this space!

New members are always welcome.

Contact Officers:

Diana Illingworth-Cook: 07853 319250

Gail Whitley: 261792

Lesley Self: 261294

Email: mdadgg@btinternet.com



Milton Damerel Gardening Group Accounts 2020										Expenses	Income	Bank		
Barclays Bank Brought Forward												£760.40		
Cash Brought Forward											£143.31			
Hall Hire 2020														
Feb 17th	March 16th	April 20th	May 18th	June 15th	July 20th	Aug 17th	Oct 19th	Nov 16th	Dec 21st					
-£25										-£25.00		Expenses		
Membership												February	R. Hart	-£25.00
£45 £20.00										£65.00		March		£0.00
Subscriptions														
£20 £20.00										£40.00				



Holsworthy Rural Policing Update 1/11/20 – 31/12/20:

The following crimes have been reported:

ASHWATER: Dog not under proper control Drive a motor vehicle whilst unfit through drugs	BLACK TORRINGTON: Harassment without violence
BRIDGERULE: Use threatening/abusive/insulting words or behaviour 3 x Criminal damage to motor vehicle Common assault	BRADFORD: Threats to destroy property
BROADWOODWIDGER: Harassment without violence	HALWILL: Import prohibited weapon
HOLSWORTHY HAMLETS: Common assault	MILTON DAMEREL: Theft of batteries
PYWORTHY: Use threatening/abusive/insulting words or behaviour	ST. GILES ON THE HEATH: Non counting action Fraud
VIRGINSTOW: Theft from a motor vehicle	WEST PUTFORD: Theft of heating oil Attempted Blackmail

There were also 11 domestic related crimes reported during this period.

You will notice another Fraud offence on this month's report. These are not usually counted as part of our crime statistics, but we thought it was important to bring parishioners attention to the fact that fraud, particularly telephone and online fraud, is something they need to be aware of, and to take steps to avoid falling victim of. Fraud advice can be found on our website, here:

<https://www.devon-cornwall.police.uk/advice/your-money/fraud/>

General Crime Prevention advice, with links to Farm Watch and property marking, can also be found on our website.

If you have an incident to report, don't hesitate to ring the Police on 101, or email 101@dc.police.uk.

Always call 999 if you see a crime taking place.

Crimes can also be reported via our website:

<https://services.devon-cornwall.police.uk/crimereporting/>

and information can be passed using this link:

<https://www.devon-cornwall.police.uk/contact/contact-forms/report-something/>

or by calling Crimestoppers, anonymously, on 0800 555 111

PC Amanda Brown & PCSO Mark James, Holsworthy Police Station

torridge@devonandcornwall.pnn.police.uk

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NEWSLETTER FINANCES 2020

The Group reports on the finances for the year 1st January to 31st December 2020. The financial statements are set out below

	£.	£.
Receipts during 2020:		(2019)
Advertising <small>NOTE</small>	805.79	(1075.25)
Personal donations/subscriptions	35.00	(50.00)
Grant – Parish Council	<u>100.00</u>	<u>(100.00)</u>
	<u>940.79</u>	<u>(1225.25)</u>
Payments during 2020:		
Printing	770.92	(1330.00)
Postage	<u>0.00</u>	<u>(0.00)</u>
	<u>770.92</u>	<u>(1330.00)</u>
 Net gain for the year	 <u>169.87</u>	 <u>(-104.75)</u>

Funds in hand at 1st January 2020:

HSBC Treasurer's Account.....	2198.60
Cash & Cheques held	<u>0.00</u>
Total	2198.60
Add net gain for year	169.87

Funds in hand at 31st December 2020 **2368.47**

Represented by: HSBC Treasurer's Account.....	2368.47
Cash & Cheques held.....	<u>0.00</u>
	<u>2368.47</u>

NOTE: Funds in hand at 31st December 2020, include the advertising revenue 'in advance' for 2 editions – March & June 2021, valued at £519.00.

The Newsletter has continued to be favoured with the support of a nearly all advertisers, from within the parish and neighbouring parishes and towns, despite the awful year that we have had. We lost only one advertiser and cancelled only one edition due to lockdown restrictions. Loss of income from the cancelled edition (Advertisers credited) was offset by the saving on printing. The Parish Council kindly gave an annual grant of £100, and loyal supporters have given a total of £35 in subscriptions/personal donations. The various forms of community support enable the continued delivery of approximately 235 copies, free of charge, to each household in the parish and in Abbots Bickington.

We record our sincere thanks to all our supporters and to those who deliver your newsletter to your doorstep, and to Ian Sexton for independently examining our records and accounts.

ABBOTS BICKINGTON AND CHURCH NEWS

Unfortunately like all other parishes, no Events or Meetings at present. Hoping all Parishioners, family and friends have kept well and safe.



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Further information please contact:
Lorraine Buttery Tel:01409 282956
email: atlantafaaw@gmail.com

Parish Footpaths

The broken stile on FP12 has recently been replaced by a self-closing metal gate by DCC contractors. The replacement of damaged stiles by gates is part of DCC's current policy to enable greater access for all sections of the community. This path runs from the Gidcott to Shebbear Road across to the Henscott to Gidcott Chapel road, in a remote part of the Parish and its original purpose was probably as a short-cut for farm workers and to reach Gidcott Mill.



All of our footpaths are currently useable, although some areas are extremely muddy due to the heavy rainfall which continues to beset us.

Open Access Land



The Countryside & Rights of Way Act 2000 (the CROW act) gives walkers the freedom to roam over Open Access Land without having to stick to Public Rights of Way. Such land will be signed with the symbol opposite and is marked on some O/S maps. Most of the Open Access Land in England is in areas at over 600 metres elevation and mainly comprises mountains, moors, heath, downland and coastal margin land. The farm land across the Parish **does not** fall into this category and is private land. The only way to legally access it is to use the designated footpaths or with specific permission from the landowners.

Full details of what activities you can and can't do on Open Access Land can be found at this government website:

<https://www.gov.uk/guidance/open-access-land-management-rights-and-responsibilities#overview>

Holsworthy Walk and Talk

At the time of writing, we have not held any walks in 2021! Our New Year's Day walk was cancelled due to unsafe icy conditions and then came Lockdown No.3. Current Government Guidelines state that group activities of any sort are not permissible although we can meet one other person from outside our household/bubble for a socially distanced walk.

At the end of 2020, the Ramblers notified us that during 2021 they will be significantly changing the way in which 'Walking for Health' is administered and funded. 'Walking for Health' originally began in the 1980s when an Oxfordshire GP felt that many of his patients would benefit from a short weekly walk from his surgery. The health benefits were so pronounced that the concept was expanded into a UK wide initiative with the English walks funded initially by Natural England and subsequently by Ramblers in conjunction with Macmillan and more recently jointly with Sport England. From September 2021 Sport England will be withdrawing their support and Ramblers intend to continue with no external funding, instead asking each of their Groups to contribute an annual fee of £1,000.

As you can imagine this has exercised our thoughts rather a lot! We are, however, pleased to announce that the Committee and Walk Leaders have voted unanimously to continue as an independent group as from April 2021. Holsworthy Walk and Talk will continue uninterrupted and will work within the original ethos of being available to all.

Further information is available from: www.walkingforhealth.org.uk
holsworthywalkandtalk@gmail.com and Gillian Aston 01409 254642

Brilliant banana loaf



Preparation and cooking time

Prep: 15 mins

Cook: 50 mins

Easy

Cuts into 8-10 slices

A cross between banana bread and a drizzle cake, this easy banana loaf recipe is a quick bake that can be frozen. It's great for using up overripe bananas, too.

Ingredients

140g butter, softened, plus extra for the tin
140g caster sugar
2 large eggs, beaten
140g self-raising flour
1 tsp baking powder
2 very ripe bananas, mashed
50g icing sugar
Handful of dried banana chips, for decoration

Method

STEP 1

Heat oven to 180C/160C fan/gas 4.

STEP 2

Butter a 2lb loaf tin and line the base and sides with baking parchment.

STEP 3

Cream 140g softened butter and 140g caster sugar until light and fluffy, then slowly add 2 beaten large eggs with a little of the 140g flour.

STEP 4

Fold in the remaining flour, 1 tsp baking powder and 2 mashed bananas.

STEP 5

Pour the mixture into the prepared tin and bake for about 50mins, or until cooked through. Check the loaf at 5-min intervals by testing it with a skewer (it should be able to be inserted and removed cleanly), as the time may vary depending on the shape of your loaf tin.

STEP 6

Cool in the tin for 10 mins, then remove to a wire rack.

STEP 7

Mix 50g icing sugar with 2-3 tsp water to make a runny icing.

STEP 8

Drizzle the icing across the top of the cake and decorate with a handful of banana chips.

courtesy of BBC Goodfood.

Dalgona coffee



Preparation and cooking time

Prep: 8 mins

Easy no cook

Our easy whipped coffee recipe is simple enough to make at home. This frothy drink, known as Dalgona coffee, might just be your new favourite caffeine kick.

Ingredients

3 tbsp instant coffee

2 tbsp sugar

400-500ml milk (we used whole milk)

Method

STEP 1

Whisk the coffee, sugar and 3 tbsp boiling water in a bowl for approximately 5 mins until the mixture is thick and fluffy with stiff peaks. This is easiest done using an electric whisk but can be done by hand.

STEP 2

For hot coffee, heat the milk and pour into two heatproof glasses. For cold coffee, pour the cold milk into two glasses. Divide the coffee mixture in half and spoon evenly on top of the glasses. Serve and stir thoroughly before drinking.

courtesy of BBC Goodfood.

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Rubyview Flock

It was really good to see us with the sheep on the Channel 4 Devon & Cornwall programme last month, where they filmed us with the 'Rubyview Pedigree' sheep at Holsworthy & Stratton Agricultural show. We worked out it was 18 months ago that they filmed it, but due to Covid the programme schedule delayed it.

We've grown quite a bit in height and flock numbers since then. We had a great response to it and had emails and letters from all over the country (and one from abroad!), to say how much they enjoyed it and how just for that one hour they could forget about what was happening in the world at the moment and just feel normal and smile. That made us feel good too as during Covid the sheep have helped us feel normal and smile, especially now we are at lambing time. When you see lambs skipping about playing king of the castle it makes you laugh. Having the sheep also keeps us in a routine, with plenty of being outside and fresh air.

We also hope that anybody, especially young people who thought before watching the programme that they didn't have enough land or could only afford a few sheep couldn't be involved in sheep keeping and showing now after the programme will see that they can. We are keeping our fingers crossed that shows can safely run this year.



My show sheep Fanta had her lambs last week, twins a ewe lamb and ram lamb and are doing well. As the lambs are pedigrees and born in 2021 their names need to start with the letter J, we are still deciding on names.

Harriet has also got two orphan lambs from a local sheep breeder friend, which take up a lot of time bottle feeding, however with online schooling from home it fits in quite easy.

We also have just received three in lamb Pedigree Shetland sheep which are due to lamb end of March, which is really exciting. We now have one of the largest continental sheep breeds and one of the smallest native breeds.

William

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MILTON DAMEREL AND DISTRICT OVER 60's CLUB

The Committee send best wishes to all Members, friend and families. As soon as able to do so, the Club will once again be up and running. Happy Easter to All, Take Care and Keep Safe.

Chair: John Francis – Tel 261117 Vice-Chair: Edward Beckly

Secretary: Colin Boucher - Tel 07906 503810 Treasurer: Iris Fry – Tel 261322

Vice Treasurer: Pam Pidgeon – Tel 261428

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Pilates

This is currently suspended during lock-down. Please
contact Di Slugett, the group's tutor, for details after lock
-down has ended. (Tel: 281637) .

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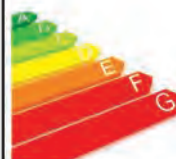
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Chris has been truly humbled to be nominated for such a prestigious award by his colleagues at the Environment Agency for his cancer awareness raising work he does within the Agency, Chris has suggested it's all been possible because he has been supported by a fantastic team in the Cancer Network along with his Team Leader at the EA who has also been extremely supportive.

Chris is a 3rd generation prostate cancer sufferer and DUE TO HIS FATHER PERSISTING IN CHRIS GETTING HIMSELF CHECKED OUT, HE IS STILL HERE TO TELL THE TALE and in doing so can save many more lives. His father unfortunately passed away in August 2020 and would have been extremely proud, so he has dedicated his award to him. Besides his tireless campaigning within the agency it doesn't just stop there the campaigning continues in his spare time with other organisations. Below are some of the groups that have benefitted from his input.

Cancer Network Steering Committee member
 Prostate cancer awareness talks for EA, DS Fire, Prostate Cancer UK
 Cancer Buddy
 Cancer/life Mentor
 Raised money for Macmillan, PC UK & Movember
 Recently setup DEFRA Movember Yammer page & WhatsApp support group (with Stephen Ferguson from the Mental Health Network)
 Write articles/blogs for EA
 Write articles for Prostatecancer.net (in USA)
 Took part in the All New Full Monty in 2019 with the celebrities (I wish I could say he left his hat on, but he certainly didn't!)
 Local NHS Prostate Cancer support group
 Various Twitter support groups
 Recently organised a series of short Movember awareness videos for Sainsbury's with my friends from the Monty Army (shared nationally within a week).

The campaigning will continue to raise awareness and save more lives through early detection. I think I can safely say a massive 'Well done' to Chris from the collective community of Milton Damerel.

Hopefully we will have some photos of our afternoon tea with the royal(s) at Buckingham Palace to share with you in a future edition of the MD Newsletter.

Tracey Slocombe

Army Cadet life in 2020

In 2020 we started the year parading at Holsworthy cadets weekly.

On March 6th we had a Company camp, but little did we know it was going to be our last camp of the year. Two weeks later we had our last Detachment night as we went into the first national lockdown; this was a big shock for everyone at Holsworthy cadets.

We are a close-knit detachment, and everyone has had to put a halt to their progression up the Star levels.

Not long after the lockdown we started doing our detachment evening over Zoom. This took a big toll on the training side of cadets. The adults started to create cahoots and quizzes for us to take part in which is very good fun, and everyone enjoys. It has taken some getting used to but we have been parading every week to keep everyone's morale up during all 3 of the lockdowns that have happened so far.



Some other activities that have taken place are operation Bake Off where we made gingerbread cookies to celebrate Christmas, virtual escape rooms and scavenger hunts run by parents, cadets and the adults from our detachment. It has been hard for the adults to keep coming up with fun and engaging activities for us to do but they are doing an amazing job.

Throughout the lockdown nothing has managed to stop the cadets from coming together and achieving great things as one and I am proud to be from Holsworthy detachment.

Sergeant Kirby

(Sgt Kirby won the “Best NCO 2020 Award” and had a shield presented to her by the Mayor of Holsworthy!)

THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- Milton Damerel Newsletter Data Protection Policy
- Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 4, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed below.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to mdnews@kendallnet.co.uk.

Disclaimer: The views and opinions expressed in any article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968—All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

To advertise in this newsletter contact David on 01409 261577 for more details.

The deadline for submissions of articles and advertisements for the next newsletter is 15th February 2021.

The newsletters group members are:

Nicky Martin	n.martin337@btinternet.com		Regular contributors and features
David Taylor	mdnlad@hotmail.co.uk	261577	Treasurer and Advertising
Rose Haynes	rose@grawley.co.uk	261577	Regular contributors and features
Lorraine Buttery	miltondamerelpc@hotmail.co.uk	282956	Regular contributors and features
Andy Kendall	mdnews@kendallnet.co.uk	261512	Newsletter Compiler
Lesley Self	lesleydself@outlook.com	261294	Regular contributors and features
Tracey Slocombe	traceyslocombe9@gmail.com	0773777 5205	Regular contributors and features

HEALTH AND WELFARE

Never have we been more concerned with health and welfare than we have in the last year or more as result of the pandemic. As a consequence, the Health and Welfare Lasting Power of Attorney has come into its own. Readers will know that I am a great fan of this Lasting Power of Attorney and of its sister LPA the Property and Financial Affairs LPA.

The Health and Welfare LPA is used by you the Donor to appoint an Attorney to make decisions about personal welfare. This can include health care and medical treatment decisions and might include decisions about:

- Where you should live and who you should live with
- Your day to day care, including diet and dress
- Who you may have contact with
- Consenting to or revising medical examination and treatment on your behalf
- Arrangements needed for you to be given medical, dental or optical treatment
- Assessments for any provision of community care services
- Where you should take part in social activities, leisure activities, education or training
- Your personal correspondence and papers
- Rights of access to personal information about you
- Complaints about your care or treatment

One of my friends has been a welfare attorney for both her parents. This allowed her to ensure that they continued to live and die in their own home. My friend refused consent to her late father being given CPR, when he went into cardiac and respiratory failure. He had severe dementia and various cancers, and was obviously extremely frail. CPR was unlikely to have any chance of success. It would also involve significant pain and injury to him, followed by an admission to hospital where he was likely to die. The paramedics came to his home. My friend as his Attorney refused consent to them to perform CPR so that he could die in the comfort of his own bed, and his own home surrounded by his family.

It is essential for the Donor to make a good choice of Attorney. It is also essential that the Attorney knows how to correctly go about the business of making decisions. I unhesitantly recommend this to readers together with the Financial Affairs LPA.

If you need any help regarding LPAs please get in touch with us at Busbys on 01288 35 9000 and see Busbys' advert in this publication.

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Rose Haynes Tel 01409 261577
Jim Richardson Tel 07866 406977
Gareth Piper Tel 07966 558385
Peter Buckpitt Tel 07584 086693
Teresa Walters Tel 0794 668827
Lorraine Buttery (Clerk) Tel 01409 282956

Chapel:

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Stewards Dan Brett Tel 261609 and
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Property Steward (vacant)
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Church:

Revd Richard Freeman Tel 01409 241315
Church wardens Isabel and Roy
Fairbrother tel 01409 261181

Walks:

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email:
holsworthywalkandtalk@gmail.com
Evelyn Sharman Tel 01409 259848
mail: evelyn.sharman@btinternet.com

Over 60's Club:

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Secretary Colin Boucher Tel: 07906 503810
Treasurer Iris Fry Tel 261322
Asst Treas Pam Pidgeon Tel: 261428

Toddlers :

Sheila Daniel Tel: 261466

Neighbourhood Watch:

Edwina Hale Tel 261263
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Mike Jackson Tel 261196

Holsworthy Rural Police:

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Parish Hall:

Booking Secretary Tracey Toft Tel
281295, Lesley Self 01409 261294 or
Kate Moyse 261151.

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4	9	6	3	8	2	7	1	5
8	5	3	4	1	7	6	2	9
7	2	1	5	9	6	3	4	8

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Tel: (01409) 241621/07786 333042

Bradworthy, Devon



Registered Installer