# MILTON DANEREL PARISH NEWSLETTER

# **AUTUMN 2021**

# 84th EDITION



Image from 'A Year in a rural Parish' the Milton Damerel video. Courtesy Holy Trinity PPC





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# Milton Damerel Parish Council September 2021

Parish Clerk: Lorraine Buttery 3 Sunset Heights, Shebbear, BEAWORTHY, Devon, EX21 5BN E-mail: <u>miltondamerelpc@hotmail.co.uk</u> Tel: 01409 282956

### Councillors:

Stephen Moyse (Chairp	erson)	01409	261151
Rose Haynes	01409	261577	
Gareth Piper	07966	558385	
Teresa Walters	01409	261871	

Richard Piper (Vice Chairperson) 01409 261114Jim Richardson07866 406977Peter Buckpitt07584 086693

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Thursday before the meeting. The draft minutes are posted to the website within 30 days, but are not officially approved until the next meeting. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time.

### <u>COVID 19</u>

Most restrictions have now been lifted but the Government still urges people to be cautious as the disease has not gone away. The wearing of face masks is not compulsory but some shops are still insisting that shoppers wear one when inside their supermarkets. It is also a personal choice whether to wear one or not.

### **District Councillors**

Our District Councillor Ken James attended our August Meeting; his report will be printed within the Minutes of the Parish Council meeting. Councillor Kit Hepple has not been able to attend due to pressures of work. Although not always available to attend meetings, regular updates are also received by email. Both Councillors work in the background to support the Parish and they can be contacted anytime by all, for any help or advice that might be needed.

### **Devon County Councillor James Morrish**

Councillor James Morrish attended our August meeting; details of his report will be in the minutes of the meeting and these should be available on-line within the next couple of weeks. James has 'several hats' within Devon County Council, and works extremely hard on behalf of all the residents he represents. He can be contacted by email for any help or advice you might need.

<u>PFCSO Mark James</u> has been unable to attend any meetings recently due to his workload, but sends regular updates by email to the Parish Council; these reports are posted to the website.

### Planning matters:

There have been a few planning applications over the past three months, two for extensions, one for the change of use of land from agricultural to residential, and one for outline planning permission for two dwellings. All four were approved by Torridge Planning Department. Your Parish Councillors give great consideration to all applications received; their concerns and comments are passed on to Torridge planning.

Although the application for the development at Town Farm has been approved for some time, there are little signs of any development starting.

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is

imperative that you get your comments to the relevant department as soon possible.

### Scam emails and mobile phone texts:

There has been a recent spate of scam emails and texts messages sent, these are purported to come from someone you know, i.e. the Parish Clerk, a Parish Councillor. These messages will initially ask you to contact them right away, they will then ask you to buy something for them and you will be reimbursed later in the day. Usually, they say they are held up in a meeting. Please be very careful and vigilant, and closer inspection of the email addresses will show you that they are not from your acquaintance. DELETE IMMEDIATELY and inform your provider of the scam.

<u>The Step Back in Time Fund</u>: for young people still has a balance of £183.02. Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

### Annual Grants

All applications for grants are considered each year at the Parish Council Meeting held in November. Grants approved are then paid to the recipients in September. If your organisation would like to apply for a grant, please have your application in by the <u>12<sup>th</sup> November 2021</u>.

### **Website**

There have been some instances where the Website cannot be viewed, a message will come up that the site is not secure, if you have this problem can you please notify the Clerk immediately, the matter is being looked into.

We have asked quite a few times for photographs to up-date on the 'front page' of the web- site, if you can help please contact the Parish Clerk.

If you have any events that you want advertised, please let me know or email to me in pdf format, the website cannot be kept up-to-date if I do not get the relevant information.

### **Community Defibrillator (AED):**

The AED is checked regularly, but if at any time you see that there is any damage to the cabinet at either site, please inform the Clerk. If you would like a refresher on the use of the AED and basic life support, please let the Parish Clerk know, these are conducted free of charge.

### **Condition of the Roads in and around Milton Damerel:**

Some of the road from Milton Damerel to Stibb Cross has been resurfaced, but there are still several sections which need to be attended to.

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk always passes on the complaints to Devon Highways, copies will now be sent to Councillor Morrish, who will substantiate our complaints. The more people that go onto Devon County Council's website and reports potholes and poor road surfaces the better, the Parish Council encourages residents to do so as often as they can.

### Annual Accounts 2020-2021

The internal audit has been completed with no issues raised.

The annual accounts and external Audit paperwork have been completed; these are now being published on the website along with all relevant information.

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on <u>www.miltondamerel.com</u> Lorraine Buttery -Clerk & RFO to the Parish Council 19<sup>th</sup> August 2021

**AUTUMN 2021** 

# Chapel News – Sept 2021

# *From our Minister* Dear Friends

# 400 years ago, John Donne, the celebrated poet and preacher was appointed Dean of St. Paul's Cathedral in 1621. Not long after this appointment, and shortly after the death of his daughter Lucy, Donne himself was taken seriously ill, quite possibly from typhus. Throughout this time Donne was determined to reflect and write about his illness.

While much of the book is not widely known, the Meditation for Day 17 includes one of the most famous passages in English, albeit in the gendered language of his time.

No man is an island, Entire of itself; Every man is a piece of the continent, A part of the main. If a clod be washed away by the sea, Europe is the less, As well as if a promontory were: As well as if a manor of thy friend's Or of thine own were. Any man's death diminishes me, Because I am involved in mankind. And therefore never send to know for whom the bell tolls; It tolls for thee.

We are all, like John Donne, dependent on the care and attention of others. We are, locally, nationally and indeed, internationally interdependent upon others. What happens in one part of our globe, affects others across continents. It also speaks of our responsibility to each other, whether that person lives in our village, or the global village.

Donne very much sees that the suffering pain of others has a profound effect on ourselves. That there is injustice across our planet is, according to Donne, an issue for ourselves. We are diminished as human beings by the inequality that others face.

All this speaks to us in a world where we recognise that the Coronavirus knows no boundaries and safe zones, and we reflect that no-one can feel secure in the vaccine until everyone has the vaccine available. How the rich countries of the world share the vaccinations is of vital import.

Donne is also concerned to find out what God may be saying in this crisis, what there is of purpose to be found in all this suffering. His conclusion is that God's hand can be found in every page if we are willing to look. I wonder if that is true of the times that we find ourselves living in?

What is our responsibility to our neighbours, nearby and far away?

Every blessing as we move forward together

### Rob Blackhall

Superintendent of the Torridge Methodist Circuit.

**The Chapel & Covid-19** – We are delighted to report that we are planning to open up for services from September. For the Autumn, services will be held on 2<sup>nd</sup> Sunday of each month – this will be All-Age Worship, to which you are warmly invited. We have prepared our risk assessment and thoroughly cleaned the premises. The risk assessment envisages we will follow guidance in:

a) Providing adequate ventilation, thus, ensuring there is a supply of fresh air to indoor spaces where people are present.

b) Cleaning more often – surfaces that are touched often, hand sanitisation or hand washing on arrival and departure.

c) Asking people who have Covid-19 symptoms or are unwell to stay away,

d) Enabling people to check in at our venue – either using mobile phone with NHS QR or by signing in with names and contact numbers (in line with GDPR),

e) Encourage the wearing of face masks and social distancing.

Dates of services, all at 11am and will be held in the Chapel, with entry at the main doors (and not via the schoolroom):

Sunday, 12<sup>th</sup> September – preacher: Mr David Watson Sunday, 10<sup>th</sup> October – this will be our Harvest Celebration and preacher: Mr David Ley Sunday, 24<sup>th</sup> October – an additional service and preacher: Mrs Nancy Hall-Tomkin Sunday, 14<sup>th</sup> November – preacher: Mr Roy Harris

Whilst we are pleased to be returning to our "buildings", our church community continues through the blessings of technology.

Our telephones being a first call to keep in contact, as many do, and please let any of us know if you would like to be contacted regularly.

Sunday worship is continuing electronically at 6.30pm each Sunday and anyone wishing to join in is welcome to join our **Zoom** services using digital equipment, including our telephones. The service can be accessed via a computer/laptop with camera/microphone. IPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on - please contact Sarah Richards. our Circuit Administrator. 01237 472649 on or email her sarahrichards185@gmail.com.

Our monthly Torridge Methodist Circuit Newsletter includes outlines of weekly services for readers to use on its own or with the Zoom service. If you would like to receive this monthly Newsletter please let us know. The Newsletter is also available on line at <u>www.torridgemethodistcircuit.org.uk</u> and there is also a Facebook page for the Circuit. There is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torridge Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button. Details of other Circuit Zoom events are also shown on the Facebook – bible studies, online coffee mornings, other celebration occasions– again please contact Sarah Richards for details for Zoom access.

### FATHER'S DAY

Continuing the theme of using our entrance area to make a display for "Special Days" floral tributes were arranged and anyone visiting was invited to write a comment about their Dad on a post-it slip and pin it in the noticeboard. Photos below. Thank you again to those who made the display.





CONTACTS For further information or help please contact: Our Minister: Superintendent Minister: Revd Rob Blackhall (01805 628041) Our stewards: Dan Brett (Tel: 261609) & Jeremy Sharp (Tel: Property 261548), Steward: vacant; Secretary: vacant.







Tree Surgery Wood Chippings Logs & Kindling Timber WWW.fabtrees.co.uk

07814 292 077 Email: freddieblackford@icloud.com

# **CONGRATULATIONS!**



**To:** Grace Millman on her recent Birthday! Zak Loader on his recent 21st Birthday!

Our young people who have received the results of their examinations and courses during the summer, and to all those who will be moving on in September to new schools, colleges, universities and training opportunities – we wish you every success.

# WELCOME!

Shirley Andrews at Tall Trees, Venn Green. Adrian and Maria Smerdon at Chapel Cottage. Gillian and Lyndon Hughes and their 2 sons to Milton Town. Andrew and Sarah Knightley at The Beeches.

# **OUR SYMPATHIES**

Roy Wheeler of Downs View on the passing of his wife Maureen. Daniel Brett on the passing of his wife Hilary.

Sad news on hearing the passing of Margaret Stannard a few months ago after a long illness. Margaret and Roger lived at Bridge Cottage, Fore Street and moved away January 2019 Margaret was part of the Newsletter team for many years and we valued her contribution.

### For those who have been bereaved recently:

To:

\*\*\* We are sorry if we miss any occasions for this page – our coverage is only as up-to-date as YOU provide information to us – see final page for contact details. Thank you \*\*\*



# HOLY TRINITY CHURCH NEWS

Rev Richard Freeman Tel 01409 241315 Church wardens Isabel and Roy Fairbrother tel 01409 261181

**Hello Everyone** 

Good news – we are once again open and church services and events are now resumed. We would love to welcome you to a church service. Just step inside through the ancient great oak door of Milton Damerel Church and feel the calm and warmth. Let us all give thanks for our community and our safety.

There are 2 services per month held at Holy Trinity church. Holy Communion is with Reverend Richard Freeman. Morning Prayer is Lay led.

### Holy Communion service is held the 2<sup>nd</sup> Sunday each month at 11.30am.

Because of the changes brought about by Covid 19 and because people are still wary of sharing the common cup Holy Communion will continue to be of one kind and will be brought to communicants by Rev. Richard whilst sitting in their pew.

### Morning service is held the 4<sup>th</sup> Sunday of the month at 10.00am.

**Music is included- but to listen to – at the moment,** we aim to bring many famous people and choirs into Holy Trinity by music. We are still being cautious about our safety in church so sitting quietly whilst listening to beautiful hymns and Christian songs is quite uplifting. Hymns are allowed in church but it has been decided that it would be at the end of a service – if at all. At the moment we are still holding back..



We are a friendly rural church and we need a regular congregation to stay open. If you have yet to step foot in this church then make it your new resolution to come to the next service, meet others and make new friends.

We have had a request from a person named Jude to visit our church with a request to photograph the memorial wall plaque which remembers William Holman, the son of the Rev. Holman. William was a war volunteer and joined Bomber Command during World War2. He became a Sergeant and flew many missions in a Handley

Paige Halifax heavy bomber as a rear gunner but died at just 22 years of age when his plane was lost over the North Sea on a mission to Germany - his body was never found.

The photographs are for inclusion in the Imperial War Museum 'Memorial' archives and the International database of Bomber Command Memorials. The volunteer photographers travel the country attempting to collect a photograph of each and every church memorial.

### September 11<sup>th</sup> Don't miss this opportunity to visit a 'different' event.

### CQ CHOTA - The Holsworthy Amateur Radio Club Set up is 10.00am. Switch off is at 4.00pm.

**The Holsworthy Amateur Radio Club** now meet at the Milton Damerel Parish Hall will be participating in CHOTA 2021 (Churches and Chapels On the Air) from Holy Trinity Church.



They will be setting up an HF radio station at Holy Trinity on the 11th of September and it will be open to visitors who would be interested to see and listen to the amateur radio group enjoying their hobby and contacting other churches. Watch and listen from 10am-4pm.

The aim is to make contact with as many churches as is possible this could be in any part of the UK or in the wide world.

**Our own special call sign is 'GBOMDC' (Milton Damerel Church)** and is valid for just this one day – late news the licence has been approved.

Everyone is invited to this event to 'see how it's done' and hear people contacting Milton Damerel worldwide



on the Milton Damerel Church call sign.



Whilst watching and listening to the Amateur Radio members at work we will be serving traditional 'Devon' cream teas. 10.30am – 4.00pm. Don't miss out; PUT IT IN THE DIARY NOW.

# September 19<sup>th</sup> at 3.00pm Harvest Festival

After the lockdown of 2020 we are thankful that once again we are able to invite everyone to come and share in our Harvest celebrations.

It is **the** opportunity to give thanks for all the challenging work - through the cold, the drought and the wet weather that farmers and food producers face every year and everywhere to grow food for us all.

Sowing and reaping is an arduous job as nature is always full of surprises, just listen to the weather forecast for a couple of days and see how quickly it changes. However, these resolute people overcome all for us to eat. Come and give thanks that we live in such a wonderful place. Join us as we give thanks for the good food readily available and plentiful and for the people who grow it.

### **Church Gardening**

You may have noticed that the shed/toilet has now been cladded in feather-board and we hope you agree it looks very good and more in keeping with the churchyard. The church paid for the board from donations but the work was done by volunteers and no charge was made. Thank you to everyone involved especially the expertise from Charly the builder who did such a fantastic job and his labourer John.

**Finally we have been able to get together in the churchyard to enjoy our communal gardening** and the best cup of tea (made by Roberta) as well as a biscuit to restore our energy not forgetting the latest catch up. Thank goodness that Steve is now recovered from his awful accident and is back 'on the gang', however now we lose Adrian for a short while – we hope you feel much better now Adrian, we miss you.

**To all our gardeners 'Thank you' for the work you continued to do and that you did in time of lockdown.** As well as grass cutting there were, and still are, fresh flowers in the porch with a stone and a 'saying' written onto it – read it – we are sure it is true. One of my favourites is 'Don't look back – you are not going that way'. Drop in and out as your time allows but join us for a cup of tea and a biscuit.

Subject to any new regulations which might be brought in by the government we intend to hold gardening afternoons on the following dates:-

September 9<sup>th</sup> September 23<sup>rd</sup> October 7<sup>th</sup> October 21<sup>st</sup> November 4<sup>th</sup> November 25<sup>th</sup>

The starting time, up to and including October 21<sup>st</sup>, is from 2.00pm. 'British Summer Time' ends on October 31<sup>st</sup> and gardening time will change to 1.00pm – always subject to the weather.

### Another reminder for mid-December:- The Christmas Tree Festival 2021 to be held on December10/11

Let's make it the biggest and best ever year of exhibits It's fun – it's the community.

If you are new to the community or haven't 'bothered' previously, then let's change that this year and show how community spirited Milton Damerel is – and you can have a drink of your choice (tea, coffee, juice) whilst you set up your display. doing something for fun – together.

### ALL PROCEEDS TO THE CHURCH ROOF FUND

### You can now make a donation to the Holy Trinity Church Roof Fund by PayPal or PayPal app.

Holy Trinity church email address is holytrinitychurch1274c@gmail.com For the PayPal app the address is paypal.me/holytrinity1274c

Isabel and Roy Church Wardens



**The 'North Devon Ruby Country' badges** are still flying off the counter at Sanders garage and at Lizzy's Larder. These are unique and available only here in Milton Damerel. You will find them in both shops or collect them at Albatross. The size is approx. 80mm and cost just £2 each... HAVE PRIDE IN YOUR COUNTY buy a sticker. Stock is going down so make sure you get yours soon or you may be disappointed.

This item is a fund raiser for the Church Roof.

# Mayor's Cadet chosen

ARMY Cadet Sergeant Kaya Kirby, 17, has been invested as Holsworthy Town Council's Mayor's Cadet for 2022. Sgt Kirby is a senior cadet at Holsworthy Army Cadet Force (ACF) detachment and is keen to serve her local community through the appointment.



Detachment commander Lt Jim Harvey said: "Kaya's achievements include Bronze Duke of Edinburgh Award and an ACF Btec diploma as well as being voted 'Best NCO' in 2020 by her peers.

"She remained active 'virtually' throughout the lockdown helping to lead online sessions and organising a walking challenge with other senior cadets raising £600 for Holsworthy's Hospice The Long House.

"She has also undertaken a new programme aimed at encouraging cadets in to nursing roles set up by HRH The Prince of Wales and The Royal College of Nursing." Sgt Kirby's involvement with nursing was of great interest to mayor of Holsworthy Cllr Helen Parker who herself has been a nurse for many years.

Holsworthy ACF parade Mondays 6.30pm to 9.30pm at The Holsworthy Youth Centre and is open to young people from 12 years of age.

For more information visit the Devon ACF website or contact detachment commander Lt Harvey on <u>878harve@armymail.mod.uk</u>

Courtesy Zoë Uglow – Reporter Cornish & Devon Post

# Jogger and the Horse

A jogger, is running down a country road and is startled when a horse yells at him, "Hey-come over here." He is stunned but still runs over to the fence where the horse is standing and asks, "Were you talking to me?" The horse replies, "Sure was, I've got a problem. I won the Grand National a few years ago and this farmer bought me and now all I do is pull a plough and I'm sick of it. Why don't you run up to the house and offer him £10,000 to buy me. I'll make you some money because I can still run."

He thought to himself, "Wow, a talking horse." Pound signs started appearing in his head. So he runs to the house and the old farmer is sitting on the porch. He tells the farmer, "Hey, I'll give you £10,000 for that old broken down nag you've got in the field." The farmer replies, "Son you can't believe anything that horse says. He's never even been to Aintree."

# **Inter Parish Walks**

### June

Our walk in June started in The Square in Bradworthy. It was lovely to see familiar faces; some that I hadn't seen since before the start of the pandemic and some that I had never met before. Daphne had very kindly arranged for two members of the Parish Council to join us. The new Chair, Sue Lander, joined one group and the new P3 volunteer, Val Stevens, the other. Each group walked the same route but in opposite directions



but I have a distinct feeling that my group had the steepest hill! We walked past the School and along a beautiful leafy lane towards Berridon. The flowers in the gardens along the way were beautiful; the River Waldon looked so clear and tranquil; and the views of Dartmoor were stunning. We joined a footpath on the right hand side which took us across a few grassy fields and across the River Waldon again but this time via a wooden footbridge. I believe one of the Parish Councillors is involved with the Riverfly Project which

studies the wildlife in the tributaries of the River Torridge. It would be interesting to hear the results of the study as this has been ongoing for a few years now. We re-joined the lane and turned right towards the village. Before we returned to our cars, we took the opportunity to remind ourselves of the great selection of play equipment in the children's' play area. The Millennium Garden was also admired as it has recently been replanted with summer bedding plants and will look beautiful in the coming weeks. If you haven't seen this before, it's well worth a visit. It has a decorative metal structure with plaques dedicated to Amanda Yeo who

was a leading light in creating the Millennium Garden and Steve Ham who was the builder responsible for its original construction. Around the outside is a paved area with some pretty mosaic tiles which were made by the school children in year 2000. Can it really be that long ago?! I believe everybody thoroughly enjoyed the walk. It made a great start to the day and the week ahead. We are all most grateful to the ladies of Bradworthy for looking after us.



### July

Our walk on Monday 12th July started at East Vognacott with kind permission of the land owner. The farm is officially in the Parish of Holsworthy Hamlets. I think this is one of my favourite walks for various reasons. By following the footpath through the farmyard and out to Honeycroft Cross and then turning right along the lane towards Holsworthy Beacon, a nice circular route can be achieved as you can then follow another footpath back to East Vognacott by going through Gearns Farm. It includes walking along some beautiful ancient green lanes and across some meadows that contain lots of varieties of grasses and flora which attract masses of insect life. We won't mention the horse flies that were very evident as the vegetation was quite wet!! In Devon we are fortunate to be surrounded by lush green pastures for livestock and forage but there is much to be said for the more traditional meadows that provide a much more diverse eco system. This route also includes some stunning views and we enjoyed clear views to the south towards Holsworthy with Dartmoor as a backdrop. There is historical interest at Scorphill where the Census records dating back to 1841 mention that a cottage used to exist. As an added point of interest, maintenance work was being undertaken

on the wind turbine at Gearns Farm and we watched the contractors abseiling down to inspect the tip of one of the blades. There are no stiles to negotiate since DCC kindly replaced them all with self-closing gates a few years ago, and they arrange an annual cut of the vegetation to be done by a local contractor. The track near East Vognacott is much more people-friendly since major drainage works were completed. As an added bonus, there are some beautiful White Park Cattle to admire at the farm. I believe everyone enjoyed their morning and I was grateful for their company. Many hands made light work of the odd bits of bramble snipping that were required.

I am not sure what the future holds for the Inter Parish Walks as I have decided to stand down as Parish Councillor for Holsworthy Hamlets. I am hopeful that one of the other Councillors will take on my role as "Footpath Monitor" so that our local footpaths can continue to be covered by DCC's P3 scheme. I have thoroughly enjoyed my role. It has enabled me to explore parts of our Parish that I would otherwise not have known existed and



to meet so many local people including our land owners who have always been so supportive. I recommend looking for updates in the various local Parish magazines regarding future walks that may be planned.

Evelyn Sharman



# Keep your dog on a lead and under control.

If you are walking your dog, keep it under control and on its lead. Even the quietest of dogs can suddenly turn into a stock worrier, and if it does the farmer is allowed to shoot and ask questions afterwards. You could also be landed with a hefty bill for any damage done; just being chased and terrified could cause a ewe to abort her lamb.

I know most of our readers are country-wise and responsible owner's but we do have new parishioners who might not understand the ways of the countryside and are unaware of the "wolf" on the rug, all dogs have the basic instinct of the wolf and pretty little woolly things will often awaken it, so please when walking your dog, keep it on a lead.



### Local Co-ordinators:

Strawberry Bank
Gratton, Whitebear and Fore Street
Venn Green

Edwina Hale	Tel: 261263
Edgar Pett	Tel: 261277
Mike Jackson	Tel: 261196

The Police have asked that we remind people who might need non-emergency help and advice over the summer and autumn months to consider using their preferred online contact channels whenever possible in order to keep the phone lines free for those people without internet access. Online channels – **Email 101, Webchat and Report Crime Online.** They can also be accessed easily 24 hours a day, 7 days a week.

However, in an emergency, when life is at risk, a crime is in progress or offenders are close by, always use 999.

With the very recent theft of a catalytic converter from a car parked overnight at a property in Venn Green, it proves that thieves are once again operating in the area so we need to be vigilant. Thefts across the Parish normally require prior planning and therefore people coming into the area during daylight hours to seek out opportunities. Strangers who are acting suspiciously and unknown vehicles parked in strange places should be reported via the channels mentioned above. On several occasions over recent months we have had reports of vehicles acting strangely posted on Facebook. Whilst this is an admiral way to warn people, if you are considering doing this then you should also be reporting the incident to the police, preferably before updating Facebook.

# \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

**Dog Thefts:** This continues to be a rising crime across Devon and Cornwall which is a concern for the police. This seems to be fuelled by a nationwide shortage of good quality animals. As many of you have a dog(s) as pets, we would recommend that they are not left unattended or out of your site. Many of these thefts seem to be perpetrated by random, spur of the moment snatches of animals by passing vehicles.

**Fly-Tipping:** This is not something which is usually dealt with by the police, unless you spot an incident which is actually in progress, when the police can be called. Other incidents of materials dumped should be reported to our local authority which is the Environmental Protection Team at Torridge District Council. Tel: 01237 428700 or email environmental.protection@torridge.gov.uk





# Holsworthy Rural Policing Update 1/5/21 – 30/6/21:

The following crimes have been reported:

ASHWATER:	BLACK TORRINGTON:
Use threatening/abusive/ insulting words or behaviour	Person in charge of dog dangerously out of control Commit an act with intent to pervert the course of justice Communications offence
BRADFORD:	BRADWORTHY:
Indecent exposure	Person in charge of dog dangerously out of control
BRIDGERULE:	BROADWOODWIDGER:
3 x Use threatening/abusive/ insulting words or behaviour	Criminal Damage to road sign 2 x Burglary from shed
CLAWTON:	HALWILL:
Communications offence	Stalking
PYWORTHY:	THORNBURY:
Arson 2 x Criminal damage to vehicle 2 x Theft of signs	Theft of wild creature

There were also 14 domestic related crimes reported during this period.

### Are you concerned about vehicle speed in your community?

Community Speed Watch (CSW) is a scheme that empowers communities to help the Police in our quest to drive down the speeds of vehicles in your area, where the speed limit is 30 or 40 mph. CSW aims to engage and educate drivers using a staged warning system.

CSW sees teams of Police Volunteers positioned at the roadside, in designated risk assessed locations, monitoring traffic. Details of speeding vehicles are recorded and warning letters sent to the registered keeper, together with educational information. The data gathered by the teams also helps to inform enforcement activity.

We already have teams working in Halwill, Holsworthy, Holsworthy Hamlets and St. Giles and would welcome more volunteers to join them or to start new teams in your area.

For more information please visit our website: Speed Watch | Devon and Cornwall Police (devon-cornwall.police.uk) or contact PCSO Mark James via the Torridge email address

If you have an incident to report, don't hesitate to ring the Police on **101**, or email <u>101@dc.police.uk</u>.

Always call 999 if you see a crime taking place.

Crimes can also be reported via our website: https://services.devon-cornwall.police.uk/crimereporting/

and information can be passed using this link: https://www.devon-cornwall.police.uk/contact/contact-forms/report-something/

or by calling Crimestoppers, anonymously, on 0800 555 111

PC Amanda Brown & PCSO Mark James Holsworthy Police Station torridge@devonandcornwall.pnn.police.uk



# Nature's Natterings – The Damselfly

I was very fortunate to be able to take so many photographs of this Damselfly (Banded Demoiselle) over at Natures Rest recently, it absolutely loved the camera striking several poses on his leaf and flying around (I believe this was some kind of mating ritual/display) This type of Damselfly is common in Europe and closely related to Dragonflies. Many fossils of Dragonflies and Damselflies have dated back to over 250 million years ago, WOW, that makes them older than dinosaurs! It also means they were once 'kings of the skies' as they were around before birds.

Some people might be glad of their size, these days being on average just 5 inches across, once upon a time, these guys had a whopping wing span of 2ft! Scientists have suggested they once grew so big because there was 50% more oxygen available to them in the Palaeozoic era.

The main differences between Dragonflies and Damselflies are the shapes of their abdomens, and the hinge mechanisms on their wings; The Damselfly is generally the smaller in size.

Dragonfly – A larger more rounded abdomen, they can't fold their wings in a resting position like a Damsel can.

Damselfly – A long slender abdomen, folded wigs when resting. One thing these aerial predators do have in common though is spectacular control of how they can move their wings whilst in the air allowing them to hover, go backwards, forwards and sideways. Male & Female Damselfly appearance

Male -: Larger than the female, metallic blue on body and dark wings.

Female -: Metallic green body, translucent wings.

In terms of what is on the 'menu' for these flies, well pretty much anything, including other insects; they are carnivorous.

# Life Span

After mating, the eggs are laid and they take approximately 2 weeks to hatch, the larvae will then spend 2 years under water whilst they grow. Once they have finished growing they slowly emerge from the water as adults and will only have a few short weeks.

The environments they can be found in are wet areas, streams (especially fast flowing ones), next to forests, and woodlands they love and thrive in, All the more reason to provide them with suitable habitat and keep watercourses from being polluted. You are most likely to see these flying around between the months of May to September.



The Damselfly (as well as the Dragonfly) are said to be potent spirit guides, a totem and power animal with a symbol of direction and purpose, let's hope so after the recent turbulence!

# What to do in your garden in September



For an easy guide to gardening in September, this checklist of jobs will keep your garden looking its best. Autumn heralds the arrival of shorter days and cooler weather, but there's still plenty of time to enjoy homegrown harvests from the vegetable patch.

### **Flowering plants**

• Plant your spring flowering bulbs this month, apart from tulips which are better planted in November.

• Plant winter and early spring flowers such as bellis (daisy), pansy, polyanthus, primrose and wallflowers once your summer bedding plants are over.

• Sow hardy annual seeds outdoors like calendula, wallflower, godetia, larkspur, love-in-a-mist (nigella) and eschscholzia (poppy).

- Direct sow native wild flowers. Try field scabious, field cornflower and feverfew.
- Sow sweet peas in a cold frame or unheated greenhouse to over-winter. Plant the young plants out in March/ April for early blooms.

• Sow cyclamen, geranium, schizanthus and strelitzia (bird of paradise) seeds in the greenhouse now for overwintering.

• Revive dormant cyclamen plants by repotting the root ball into a slightly bigger pot with fresh compost and watering well.

• Deadhead the last rose blooms of the summer. Cut back taller stems slightly to reduce the risk of stems snapping in windy conditions over the winter.

• Take stem cuttings from your favourite roses at the beginning of this month. Choose a healthy flower-free stem and cut from the plant using clean sharp secateurs. Remove the growing tip just above a leaf joint and remove all of the leaves apart from the top three. Place the cutting directly into the soil approximately 30cm (12") to about half its length, either in a pot or straight out in the garden.

• Support gladioli and other tall summer flowering bulbs as they flower. Cut a few stems to display in a vase indoors.

• Apply nematodes to plants infested with thrips. Once flowering has finished, gladioli corms may be lifted, cleaned and carefully stored for planting out again next spring.

• Tie dahlia flower stems to plant supports to prevent them breaking in the wind. Keep deadheading spent flowers, and cut a few fresh flowers to display indoors.

• Plant lily bulbs from September onwards for glorious scent and colour next summer.

Divide large herbaceous perennial plants in the border now. Pot up the new plants in containers or plant through the bed. Use a large fork to gently tease entangled roots apart.

### Vegetables

• Plant onion sets to over-winter from the middle of the month onwards.

• Sow winter lettuce seeds, especially 'John' and 'Winter Density'. Try a cut-and-come again salad variety in pots for quick tasty leaves in the autumn.

• Lift main-crop potatoes and allow them dry prior to storing in wooden trays in a dark, cool, frost-free shed or garage.

- Sow late season seed potatoes this month for a harvest of new potatoes at Christmas.
- Transplant spring cabbages like 'F1 Winter Jewel' into their final positions.

• Pot up plants of basil, marjoram, mint, oregano and parsley and grow them on the kitchen windowsill for a supply of herbs during the winter.

• Pick vegetable crops like courgettes and beans regularly while they are fresh and tender.

• Water tomatoes and chillies grown under glass or in the greenhouse as they continue to produce crops. Carefully harvest celery plants with a hand fork as they reach a good size.

### Fruit

• Grow new blackberry plants by burying the fresh growing tips in the surface of the soil. They will quickly form roots and new shoots will develop next spring. Separate the new blackberry plants and plant up where required.

• Avoid wasp damage to early fruiting apple trees by hanging wasp traps or imitation nests in the branches of the trees. Harvest the fruit from these early ripening apple varieties as soon as they're sweet enough to eat.

• Harvest ripe fruit from your peach trees this month.

Cover ripening crops of raspberries, blackberries and other autumn-fruiting varieties with mesh to keep birds away. Check the netting daily to make sure no wildlife has become trapped.

### Pots, baskets, and containers

Water your patio container plants daily if possible. Keep deadheading spent blooms to keep displays looking fresh.

### Lawn care

- Sow a new lawn or repair an existing one using special repair lawn seed this month.
- Reduce the frequency of mowing to keep grass looking good as growth rates slow.
- Use a lawn scarifier or a suitable lawn rake to keep the lawn clear of fallen leaves and thatching.

Apply a top dressing on an established lawn. First aerate by spiking with an aerator or fork and apply an autumn fertiliser or light layer of topsoil. Use this opportunity to fill and level any uneven ground.

### General garden jobs

• Clean out greenhouses and cold frames by removing algae and dirt from the glass and the frame. This increases the amount of light that reaches your plants and reduces the build-up of pests and diseases.

Keep on top of watering in the greenhouse on hot days, remembering to open vents and doors to regulate the temperature.

### Pond care

- Remove pond debris using a net, rake or pond vac to keep the pond clear and maintain high oxygen levels.
- Place a net over the pond to catch falling leaves before they enter the water.
- Check pond filters and pumps regularly to see if they need cleaning.

• Siphon off around a quarter of the water in the pond and replace it with fresh water if your fish stocks are high.

Give fish a high-protein feed to build up strength in preparation for the winter.

Courtesy of Suttons Seeds

# **Milton Damerel Nudists Association**

The M.D.N.A. are planning their opening event to attract members with their first Group Streak this Autumn. Venues under consideration are the road through Venn Green, various footpath routes, and the route from the Parish Hall to Lizzys Larder. The last is the current favourite as parking is convenient at both ends of the route and the going underfoot is comfortable. Obviously the event could be spoiled by the footpath routes footing becoming heavy/slippery following any inclement weather.

The Police have also expressed concerns with the Venn Green road route as passing motorists may become distracted, and they refuse to close the road on cost grounds.

Further information may be obtained from Buck Naked at email ivebeenhad@kendallnet.co.uk.

# **Milton Damerel Parish Hall**

Registered Charity No. 281123

## Good News!

At long last we can say that the Parish Hall has re-opened. It has been a very long 18 months, but we are open and hope to stay open this time.

There are some new groups; the Holsworthy Amateur Radio Club is meeting on the first Wednesday of each month at 7.30pm, contact is Don Roomes, and the newly formed Milton Damerel Photographic Society, meeting on the second Wednesday each month at 7.30pm. Contact again is Don Roomes. Each Tuesday from 7pm we have fitness classes with Jenny Spicer from Flourish with Fitness. Currently she is alternating Body Conditioning classes with Group Fight. It is hoped that more classes will be added on different days if there is sufficient demand.

We are keeping a close eye on developments regarding Covid 19 to ensure the Hall remains a safe space for everyone and will be updating the terms and conditions again to reflect the current recommended practices for Village Halls.

There was an open meeting a few weeks ago and support from people was great and there were some ideas regarding renovations that we will take forward and we will be calling for helpers when we have some dates and tasks in the diary.

It is hoped that all the regular events i.e. Over 60s, Skittles and Whist Drives will be able to resume soon.

We are always looking for new people to join us on the committee, particularly younger people and men! If you think that you might have some good ideas for helping to keep the hall functioning or ideas for fund raising events we would love to hear from you. Chairman: Lesley Self, Secretary: Kate Moyse, Treasurer: Tracey Toft, Publicity: Sara Lawes. Ann Poole, Mary Carter, Margaret Fishleigh, Elizabeth Bellew, Christine Cook and Charlie Brimacombe.

### Hiring the Hall

The hall is available for hire for events and private functions at very reasonable rates. See the community website <u>www.miltondamerel.com</u>. To download a booking form and Terms and Conditions of Use.

Booking the Hall: Please telephone Tracey Toff 281 295 or Kate Moyse 261151

### Eating Out The Rydon Inn. Holsworthy, Devon, EX227HU.

### <u>01409 259444.</u>

Situated on the outskirts of Holsworthy, The Rydon Inn is a converted long house sitting in its own grounds besides a small lake, a great place to relax and eat, they are open 7 days a week, serving food 12pm - 2pm and evening meals from 6pm.

If you just want a snack or to celebrate with a special meal then the Rydon Inn's reasonably priced menu has something for you.

We had a roast Sunday Lunch which was delicious and gave us a choice of small or large portions, the main menu has a varied selection, steaks and sticky BBQ ribs come highly recommended, most produce is locally sourced and fresh,

They have an extensive bar with a great selection of local ales including Holsworthy Brewery, Dartmoor, Otter, St. Austell and Sharp's Brewery's there is also have a good range of spirits and soft drinks.

The Rydon Inn is fully accessible for wheelchair users. They also cater for weddings or private parties.

# Bradworthy Primary Academy

Wednesday 8th September. Autumn Term Begins

Monday 25th Oct – Friday 29th Oct. Half Term

> Friday 17th Dec. Last Day of Half Term

Monday 10th January 2022. Spring Term Begins



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# **Parish Footpaths**

All of our footpaths are currently open and usable.

### \*\*\*\*\*

The **Parish Paths Partnership** or **P3** as it is frequently referred to, is an agreement between the Parish Council and Devon County Council whereby the Parish Council agrees to keep a regular check on the state of the rural footpaths within our Parish. In

consideration of doing this, small items of maintenance works can be sanctioned and carried out by the Parish Council without the need to get prior approval from the DCC Rights of Way Warden.

Larger works such as installing the boardwalk on FP 16 and the replacement plank bridge on FP 1 still need to be authorised by DCC and the work will normally be dealt with by a DCC appointed contractor.

Milton Damerel has 7 footpaths plus "Butterfly Lane", which is categorised as an "Unclassified Lane or UCL", to keep a check on and in total this only amounts to approximately 3 miles, although they are of course spread across the whole of the Parish.

The Parish Council would be pleased to hear from any person(s) who might be interested in helping them to undertake these regular inspections and light





**maintenance works**. If this might suit you, in the first instance would you please contact the Parish Clerk, Lorraine Buttery, whose details are on the Parish Council page at the beginning of this issue.

### \*\*\*\*\*

If you are new to the area and would like to know where to find our local paths, there is a downloadable booklet on the footpaths page of the Milton Damerel website.

### \*\*\*\*\*\*

**Inter-Parish Walks:** The future of these walks is currently in doubt because Evelyn Sharman, who used to organise and run the walks on behalf of Holsworthy Hamlets Parish Council, has stepped down from being a Parish Councillor for personal reasons. It is hoped that one of the other Councillors will take over the P3 role looking after the footpaths within Holsworthy Hamlets Parish and then continue with the walks programme.

# Holsworthy Walk and Talk

Although the Government has recently announced 'Freedom Day' we will continue to walk being mindful of Social Distancing. The relaxation of restrictions now allows us to serve refreshments in Holsworthy Sports Pavilion following our Monday Walk in the Park instead of just outside in the seating area.

We have been updating our walking route paperwork which shows that we have 34 different venues to choose from, some of which have two, three or even four alternative routes. We have also revisited an alternative route at Highampton but discovered that a footbridge is in need of repair. Devon County Council has been notified and, when the work has been completed, we will be adding that route to our programme.

The Covid pandemic has highlighted how important walking is to physical and psychological well-being and just how supportive a social group can be. Along with the lovely countryside, fresh air, flora and fauna we thoroughly recommend it.

All walks start at 10.30 am and are FREE. Membership forms will be available from our Volunteer Walk Leaders prior to the start of the walk.

Further information is available from: holsworthywalkandtalk@gmail.com Gillian Aston 01409 254642 or Mike Jackson 01409 261196 or Paul Davies 01409 253250



# Milton Damerel Photographic Society.

Interested in Photography?

Would you be interested in joining a newly formed Photographic Club in Milton Damerel?

No experience required, just come along.

Meeting times are from 7.30 pm to 9.30 pm at the Milton Damerel Parish Hall on the 2nd Wed of each month.

The club has a Facebook group and Flickr group, both of which are visible to all but can only be commented or posted on by members.

At the meetings we display both prints and digitally projected images recently taken and have discussions on our progress and the use of your equipment.

https://www.facebook.com/groups/888729385047059

https://www.flickr.com/groups/14760145@N24/

For further information please contact me on <u>donroomes@shopcross.plus.com</u> or 01409 261223.

# Holsworthy Amateur Radio Club



For those interested in Amateur radio as an operator or short wave listener (SWL), the Holsworthy Amateur Radio Club met at the Parish Hall on August 4th at 7.30pm for the AGM.

The Holsworthy Amateur Radio Club (HARC) now meets at the M.D. Parish Hall on the 1st Wed of every month at 7.30pm.

Following normal protocol the election of officers was carried out and all other business was completed with the discussion of the up and coming activation at the Milton Damerel church.

What we term as an activation in where we group together to use radio's to contact people around the world for a particular purpose.

This particular occasion is what we call CHOTA or Churches On The Air where we set up our radio equipment at the Church and operate from there, like minded amateur clubs around the country also participate from local churches.

All are welcome to come along and have a look and listen.

The activity will take place on the 11th Sept from 10am until 4pm with cream teas available for visitors.

For further information please contact me on <u>donroomes@shopcross.plus.com</u> or 01409 261223.

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Solution on page 29



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# ABBOTS BICKINGTON AND CHURCH NEWS

Abbots Bickington Church is hoping to hold a Harvest Festival Service on **Sunday 26h September 2021**.

The Church was very pleased to hold the Wedding Service for Victoria Pett and Adam Sanders on Saturday 5<sup>th</sup> June 2021. It was a beautiful service with only 30 guests within the Church, due to Covid restrictions. Outside more friends and family were waiting to greet the newly married couple. The Young Farmers formed a welcoming Guard of Honour, with pitch forks.



# **Wordsearch Solution**

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**AUTUMN 2021** 

Always check on location by visiting the page number as not all events are in Milton Damerel

### What's on Diary

Service - Holsworthy Beacon Methodist Church	5	September	31
Holsworthy Amateur Radio Club - Trinity Church	11	September	26
Tea and Scones - Trinity Church	11	September	11
Chapel Service	12	September	7
Holy Communion - Trinity Church	12	September	10
Church Harvest Festival	19	September	11
Abbots Bickington Church - Harvest Festival	26	September	28
Chapel Service - Harvest Festival	10	October	7
Holy Communion - Trinity Church	10	October	10
Chapel Service	24	October	7
Morning Prayer - Trinity Church	24	October	10
Chapel Service	14	November	7
Holy Communion - Trinity Church	14	November	10
Morning Service - Trinity Church	28	November	10
Christmas Tree Festival - Trinity Church	9/10/11	December	11

# **Regular Events**

Holsworthy Amateur Radio Club - Parish Hall	1st Wednesday every month 7.30pm	26
Photographic Society - Parish Hall	2nd Wednesday every month 7.30pm	26
Parish Council Meeting - Parish Hall	3rd Wednesday every month	4
Chapel Sunday Worship - via Zoom	Every Sunday 6.30pm	7
Trinity Church Holy Communion	2nd Sunday every month 11.30am	10
Trinity Church Morning Service	4th Sunday every month 10am	10
Fitness Classes - Parish Hall	Every Tuesday 7pm	22
Holsworthy Walk & Talk	Every Friday 10am.	25
New Baby & Toddler Group - Methodist schoolroom	Every Tuesday 10.30am till 12am	

Page

### WHAT'S ON .....

...a selection of local events presented by The Plough Arts Centre in September, October & November. A few outdoor activities and workshops at The Plough.

For a full programme of all events in The Plough diary please go to the web-site. There are several events, workshops and hidden history tours held in Barnstaple and other locations further afield.

The Plough, Torrington Box Office: 01805 624624 www.ploughartscentre.org.uk *For prices, tickets and Covid-19 requirements* HIDDEN HISTORY TOURS **Bideford Town Haunted History Tour** ... meet opposite The Bideford Library 2<sup>nd</sup> Sept @ 7.30pm Bideford Rail & River Haunted History Tour ...meet at Bideford Heritage 9<sup>th</sup> Sept @ 7.30pm Centre Torrington Rail & River Haunted History Tour.. meet at The Puffing Billy 4<sup>th</sup> November @ 7.30pm WORKSHOPS 9<sup>th</sup> Sept to 18<sup>th</sup> November 10am-1pm Printing Workshop – a 10 week course with Faye Anderson Retter **REGULAR WORKSHOPS** 11<sup>th</sup> Sept to 4<sup>th</sup> December 1pm – 3pm Plough Youth Theatre – Juniors 8-12 years 13<sup>th</sup> Sept to 6<sup>th</sup> December 3.45pm – 5.45pm 11<sup>th</sup> Sept to 4<sup>th</sup> December 10am – 12noon Plough Youth Theatre – Seniors 13-18 years Plough Prism Drama – An exciting weekly drama group for adults with 14<sup>th</sup> Sept to 14<sup>th</sup> December 10am – 12.30pm (excl.  $26^{\text{th}}$  Oct &  $9^{\text{th}}$  Nov) 14<sup>th</sup> Sept to 14<sup>th</sup> December 1.30pm – 2.30pm additional needs/ disabilities Motion Dance – an enjoyable weekly dance and movement group for adults (excl.  $26^{th}$  Oct &  $9^{th}$  Nov) with additional needs/disabilities **OPEN AIR THEATRE Immersion Theatre: The Jungle Book** 1<sup>st</sup> Sept @ 5pm at The Big Sheep 2<sup>nd</sup> Sept @ 7pm at Clovelly Court **Immersion Theatre: Romeo & Juliet** 

Our local theatre at Holsworthy, H.A.T.S., has not published any updates on its website.

### HOLSWORTHY BEACON METHODIST CHURCH

The members of Holsworthy Beacon Methodist Church are pleased to report the Church has re-opened and 2 services have been held in July and August; singing was much enjoyed at the August service! The next service is on **Sunday, 5<sup>th</sup> September at 11am** when the preacher will be Revd. Simon Leigh, Superintendent Minister for Bude Holsworthy Circuit.

# **MILTON DAMEREL AND DISTRICT OVER 60 GROUP**

After some discussion the Committee has decided not to start any Meetings until the New Year. Hopefully it will be a bring-and-share tea in February. If any members wish to give their views on this please feel free to contact any Committee Member.

John Francis has decided to step down from being Chairperson and Edward Beckly will become Chairperson. We wish John all the best and thank him for the hard and valued work he has done for the club over the years.

We hope all our Members, Family and Neighbours have kept well and safe.

Chair: Edward Beckly Treasurer: Iris Fry: Tel 261322 Vice Treasure: Pam Pidgeon: Tel 261428 Secretary: Colin Boucher: Tel 07906 503810

If you would like to advertise in this news letter, please contact Dave Taylor on tel 01409 261577, or email: mdnlad@hotmail.co.uk

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### THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- · Milton Damerel Newsletter Data Protection Policy
- · Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 4, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed below.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to mdnews@kendallnet.co.uk.

Disclaimer: The views and opinions expressed in any article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

### Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968-All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

### To advertise in this newsletter contact David on 01409 261577 for more details. The deadline for submissions of articles and advertisements for the next newsletter is 18th November 2021.

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### **Holsworthy Rural Police:**

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# The Hidden Epidemic

Victims of financial scams are losing £4,000 upon average to criminals impersonating institutions. Described by a former fraud investigator as an "epidemic within the pandemic", we see the number of victims doubling in the lockdown periods. HMRC, the NHS and Royal Mail are among the bodies most impersonated by fraudsters. I am sure we have all at some stage received the fake emails, texts and phone calls. UK Finance has revealed that the number of impersonation scams, where fraudsters contact potential victims pretending to be of a trusted authority, doubled in 2020 to 39,360 cases. Bank accounts were hit to the tune of £150.3 million, meaning victims suffered an average loss of £4,000.

Experts warn that fraud is the most likely crime from which we will become a victim.

My advice is to look at websites which offer help and advice. One I particularly recommend is the Age-UK website which has wonderful information guides and fact sheets. Their "avoiding scams" guide gives the following useful tips:

Don't open emails or attachments from someone you don't know.

Your bank will never call you and ask for your PIN number or for you to give your card to a courier.

With doorstop callers remember: Stop, lock, chain, check

Avoid pension scams by getting independent advice before making decisions.

Don't believe letters or phone calls claiming you have won a fortune if you haven't entered a lottery or a prize draw. You can't have won it.

Don't be embarrassed to hang up, say no or ask someone to leave.

These scams are indeed a plague on society, and I do hope that no readers of this magazine will have fallen victim. Take obvious precautions, and hopefully you will escape these awful fraudsters.

If you need any help regarding any legal matter please get in touch with us at Busbys on 01288 35 9000 and see Busbys' advert in this publication.

### John Busby, Busbys Solicitors, Bude





# Lending with Heart and Mind

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# SUDOKU Answer

4	6	2	8	7	1	9	5	3
3	9	1	2	5	4	7	8	6
8	7	5	9	3	6	4	2	1
7	2	4	6	1	5	8	3	9
1	5	6	3	9	8	2	4	7
9	8	3	7	4	2	6	1	5
6	4	7	1	8	3	5	9	2
2	1	8	5	6	9	3	7	4
5	3	9	4	2	7	1	6	8

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