MILTON DANEREL PARISH NEWSLETTER

Winter 2023

93rd Edition



A Merry Christmas & A Happy New Year.

Planning your biodiverse garden

Winter is a time for planning, so why not start thinking about how you can improve the biodiversity of your garden in the months ahead? Build a pond, create piles of stones and rotting logs, and of course, include lots of plants.

Even in the smallest garden, diversity can be achieved just by having a variety of plants –different heights, flowers throughout the year and those that produce fruit, berries or seed. RHS research has shown that it does not matter which country they come from, just so long as they produce plenty of nectar and pollen (we all know how much butterflies love non-native buddleja!). However, native plants are important for the larvae of many insects, so if you can find room in a sunny corner for nettles, butterflies including red admiral, small tortoiseshell and peacock will be very grateful.

Plants that can provide several key features are of most value. For example, the flowers of crab apples will produce nectar and pollen in spring for insects, fruit in autumn for birds and a canopy for them to sing from.



Everything in nature is interconnected, you cannot provide habitat for one type of creature without attracting a whole host of others. Insects are the basis of biodiversity and if you can provide for them, reptiles, amphibians, bats and birds will follow. Before you know it, you have a biodiverse garden!

All gardens have diverse habitats but you need to plan to optimise the potential of your garden to become a wildlife haven. This involves a bit of research. You need to know what plants will grow in the conditions you can offer, work out the best place to put your pond and find a corner for a log and stone pile. The RHS website (rhs.org.uk) is a mine of information and a good place to start.

Sheila Dearing garden Technical Services Officer



The Market Café

Open Tuesday – Friday 9.00am till 2.30 pm All-Day Breakfast – Sandwiches – Burgers Weekly Specials, or pop in for a Tea or Coffee Eat in or Take Away!

LJ & VH Harris Find us at Kivells, Holsworthy Livestock Market, New Market Road,, Devon, EX22 7FA

The Market Café

On Tor Mobile catering provided for your event !

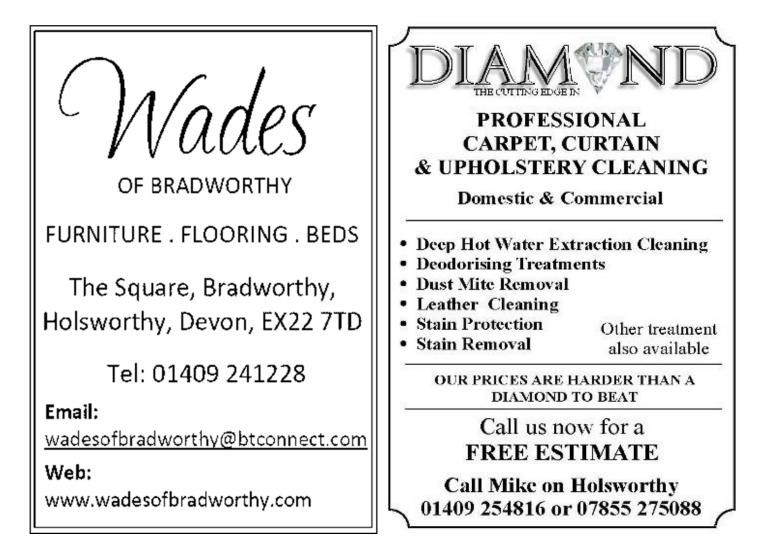
Contact Linda; 07800 865 295 themarketcafeholsworthy@gmail.com G Haworth Painter & Decorator

Specialising in Quality Homes & Listed Buildings Traditional & Contemporary Decorative Finishes

Milton Damerel O1409 261 301 O790 33 66 926 galhaworth@gmail.com

CONTENTS

RHS Article	2
Parish Council	4/5
Chapel News	6/7
Congratulations	7
Church News	8/9
Parish Hall	10
Evelyn's Walk's	12/13
Holsworthy Walk and Talk	13
Gardening Group	14
Looking Back	14
Neighbourhood Watch	15
What's On	15
Over 60's Club	18
Abbots Bickington	20
Regular Events	20
Useful Contact Details	22



Milton Damerel Parish Council

Parish Clerk: Lorraine Buttery 3 Sunset Heights, Shebbear, BEAWORTHY, Devon, EX21 5BN E-mail: <u>miltondamerelpc@hotmail.co.uk</u> Tel: 01409 282956

Councillors:

Stephen Moyse (Chairperson)	07966 671543	Richard Piper (Vice Chairperson)	01409 261114
Jim Richardson	07866 406977	Gareth Piper	07966 558385
Teresa Walters	01409 261871	Peter Bromley	

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Friday before the meeting. The draft minutes are posted to the website within 30 days, but are not officially approved until the next meeting. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time.

Parish Councillors

Our new Parish Councillor Peter Bromley has now attended the last two meetings, we are sure he will be a great asset. Peter was co-opted to replace Rose Haynes.

<u>Congratulations to Edgar Pett for being voted in as our new Parish Councillor, 42.66% of the residents voted with</u> <u>Christian Whitley receiving 58 votes and Edgar Pett 98 votes the Declaration of result of Poll</u> will be available on the website.

District Councillors

Councillor Kit Hepple has been unable to attend meetings but is always available if he is needed. He recently approved a grant to Purchase the Model Soldier, this has now been erected outside the Church. It was officially consecrated by the Vicar on the 4th November, a small number of residents attended.

Councillor Ken James attends meetings on a regular basis and is a great help to the Parish Council, his continued support and advice is very much appreciated.

Hardship Fund

<u>Councillor Ken James has informed the Parish Council that funds are still available to anyone who is in needof financial help, the grants can cover various things such has problems paying Utility bills, council tax, replacement of household items, purchasing of food. For further information please contact Councillor Ken James via email: Councillor.James@torridge.gov.uk</u>

<u>The Citizens advice Bureau can also give support if any residents are struggling to top up their repayment meters. Please telephone 01237 879233 or email: fuelvouchers@ruraldevoncab.org.uk</u>

Devon County Councillor James Morrish

Councillor James Morrish attended the November meeting, the Chair Councillor Stephen Moyse said it was Good to see him back. James replied that it was good to be back and in relatively good health. James has recently approved a grant of £350 to help towards the replacement of the Defibrillator Cabinet.

Holsworthy Neighborhood Policing team.

A recent communication from PC Frank Rogers has informed the Parish Council that due to pressure of work he will be unable to prepare 'crime statistics reports 'as PCSO Mark James provided on a regular basis.

Frank is hoping to instigate a '45-minute drop in' via Microsoft Teams, and will be in touch with the Parish

Sessions have been arranged. For details of crime statistics follow the link <u>Home/Police.uk(www.police.uk)</u>, from there input the area or post code to receive information for your area.

Our PCSO Jessica McEldon is now on maternity leave and we are still waiting for news of a replacement.

Agendas are regularly sent to the police team, but to date no officer has been able to attend, police reports are now sent regularly.

Planning matters:

Planning application received over the past three months for developments at, Little Derworthy, Rose Cottage,

Upper Ley Farm, Woodford bridge and Upper Ley Barn, some have been approved by Torridge Planning Department

Although no official planning application had been received for approval the Chair Councillor Stephen Moyse

felt that the notification of the Vodaphone mast and box should be discussed, at a recent meeting, this will be erected between Talltrees (Footprint) and the bus shelter.

It was felt that this would have a visual impact on the properties in the vicinity and also a safety issue

regarding residents walking to the bus shelter. Would there be a lot of disruption during the excavation for

the underground cabling? It is felt that the telephone company should be more sensitive to the community

and could there be a more appropriate place for the works? The concerns raised were sent to the appropriate developers.

Your Parish Councillors give great consideration to all applications received, their concerns and comments are reported in the minutes and passed on to Torridge planning department.

Although the application for the development at Town Farm has been approved for some time, there is still no signs of any development starting.

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is imperative that you get your comments to the relevant department as soon possible.

The Step Back in Time Fund: for young people has a balance of £103.02 Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

<u>Website</u>

If you have any events that you want advertised, please let me know or email to me in pdf format, the website Cannot be kept up-to-date if I do not get the relevant information.

Community Defibrillator (AED):

The AED's sited at Holsworthy Beacon and Sanders Garage are checked regularly, but if at any time you see that there is any damage to the cabinet at either site, please inform the Clerk. The cabinet at Sanders Garage is in need of replacement, grants from DCC Councillor James Morrish, Councillor Kit Hepple and Ken James will

enable us to purchase a new one in the coming weeks.

If you would like a refresher on the use of the AED and basic life support (CPR), please let the Parish Clerk know, these are conducted free of charge.

Condition of the Roads in and around Milton Damerel:

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk regularly passes on the complaints to Devon Highways, copies are always sent to Councillor Morrish, who will substantiate our complaints. The more people that go onto Devon County Council's website and report potholes and poor road surfaces the better, the Parish Council encourages residents to do so as often as they can.

Parish Footpaths

The Parish Footpaths are now looked after by George and Wendy Preston. They report directly to the Parish Clerk if there are any problems. Whilst out walking the paths if you see a problem can you please report it to ensure we get it put right without too much delay.

<u>The Parish Hall</u>

The Parish Hall is being utilised a lot more now. There are great things planned for the future, keep an eye out for future events as your attendance is vital in keeping the Parish Hall a communal hub.

Annual Grants

Successful grant applications for the financial year 2023-2024 which were agreed in November 2022, were paid in September to MD Parish Hall, MD Newsletter, MD Parish Church, MD & District Gardening Club and Citizens Advice. The Grants for the financial year 2024-2025 will be considered at a later date. This is due to the uncertain financial obligations of the Parish Council due to the election.

Finally, as 2023 draws to a close the Chairman, Councillors and Parish Clerk of Milton Damerel Parish Council wish all Parishioners a Happy Christmas and Peaceful New Year

Freedom of information: Requests for information under the Freedom

Of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on www.miltondamerel.com

If you wish to advertise in this Newsletter

Please contact David Taylor 01409 261577 mdnlad@hotmail.co.uk

Visit the Milton Damerel Web Page http:// www.miltondamerel.com/ for historic copies of the Newsletters and much more Parish Information.

RAW PIPER and SONS Est. 1975

Kerry Heights, Milton Damerel Your local aggregate suppliers for Top Soil, Sand, Stone, Dry Concrete Mix, Cement Plum Slate, Chippings (Including Coloured) Terram

Small bags and Dumpy bags available Collected or Delivered



Chapel News – Dec 2023

Dear Friends

This year the resources produced by the Methodist Church for Christmas have been titled OUT OF THE ORDINARY. A seemingly ordinary birth becomes God's out of the ordinary world-saving event through Jesus. For us every day, ordinary acts of kindness can breakthrough to the extraordinary.

In both the wonder of God's love is revealed in the ordinary.

There can be few that doubt that the Christmas story is incredible, miraculous even. There are angels; first the chief one appearing to Mary; then to Joseph, to whom she is betrothed. And the message is, well beyond belief; that this young girl is going to have a child; who is to be called Jesus, because he will save his people.

There follows an incredible journey; although it must have been agony for the heavily pregnant Mary. Way to go, allegedly travelling on a donkey. No room at the inn and all that. The Angels come roaring, literally, back into the story, with a heavenly message to the scum of the earth Shepherds (for they were not highly regarded). And as if that wasn't enough, there were very strange visitors from the East – Magi. No wonder these wise folk spooked the inhabitants of Herod's palace in Jerusalem.

Magical, mysterious and mystical.

A tale repeatedly told in Nativity plays across the land. A tale to spark our imagination, and maybe even set us dreaming.

An ordinary every day event – a birth. Yes, all births are special; because each and every one is made in the image and likeness of God. In each is something special and wonderful; although the ordinariness of that, the everydayness of that, means we take it for granted.

Over Christmas we shall be involved in the ordinary – meeting friends and family; sharing a drink or a meal together, or both. Maybe sharing presents and gifts. We may even attend a Carol Service (please do). In so many ways those are ordinary events; but perhaps because of the time of the year they can be transformed to be OUT OF THE ORDINARY.

And soon it will be all over. We shall be entering a new year. What of our actions then; what of our words then? Will they maintain that Christmas spirit of good will towards all people; or will we revert to the same old, same old.

I wonder, in the spirit of Christmas whether our ordinary every day experiences; our interactions with each other and with the world about us, may be transformed and become OUT OF THE ORDINARY. Maybe then, something extraordinary will have happened around Christmas.

Every blessing for a Merry Christmas and a Happy New Year God Bless

Revd Rob Blackhall Superintendent Minister

Flower Plan:

10 th Dec	Christmas Decs		Mrs Grace Millman
14 th Jan	Mrs Jane Ashford	11 th Mar	Mrs Margaret Fishleigh

Dates of services at the Chapel for December to February all at 11.00am.

Sunday, 10 th December	Café Worship
Sunday, 17 th December	Carol Service with Revd Rob Blackhall
Sunday, 14 th January	All Age Worship with Revd Stephen Hill
Sunday, 21 st January	Café Worship
Sunday, 11 th February	All Age Worship with Mr Roy Harris (Holy Communion)
Sunday, 18 th February	Café Worship

Our 2 services per month, normally held in the Schoolroom, are inclusive of all ages from the youngest to the eldest. The 2nd Sunday service is normally led by one of our Ministers or Lay Preacher, and an activities table for children is included. The 3rd Sunday service is normally in Café Worship style and is inclusive of activities, crafts, songs, readings, etc., for all to contribute and join in. (Format of service has been 'swopped' for December services!)

Please come along to any of our services – a warm welcome to you. Tea & Coffee served during Café Worship and following All-Age Worship.

Dates of Services at Lake Methodist Church (Shebbear)

On the 4th Sunday of each month, the churches within the Shebbear Church Council, are meeting for morning worship together – **all at 10.30am and at Lake Methodist Church**

Sunday, 24 th December	Preacher:	Revd Rob Blackhall Carols
Sunday, 28 th January	Preacher:	Mr David Ley (Holy Communion)
Sunday, 25 th February	Preacher:	Revd Stephen Hill (Holy Communion)

Annual Covenant Service at Langtree Methodist Church (for all churches in Shebbear Methodist Church section) at 11am on Sunday, 7th January, led by Revd Rob Blackhall

At Home Worship - Circuit offers Zoom services and Live Stream of Buckland Brewer's services.

Zoom - these are planned for **10th December – Advent Carol Service**, **19th December – Carols**, **14th January – Covenant**, and **11th February**, all of which you are most welcome to join in. The service can be accessed via a computer/laptop with camera/microphone, IPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on – please contact Sarah Richards, our Circuit Administrator, on 01237 472649 or email her <u>sarahrichards185@gmail.com</u> for details on how to join the 'meeting'.

Live Stream – Buckland Brewer. We continue to Live Stream Services on the **Buckland Brewer Methodist Church You-Tube Channel** on the 3rd & 4th Sunday in the Month & the 5th Sunday if there is one.

BIBLE STUDY started on Tuesday 31st October at 10.30am in the Schoolroom at **Milton Damerel Chapel**. This is an Ecumenical 'venture' with Thornbury St Peter's Church, but a warm welcome to anyone interested in joining us. The leader is Revd Stephen Skinner and the first and second sessions have followed studies of 2 parables of Jesus. The usual pattern will be to meet fortnightly; at our session on 21st November we will agree dates for December and to start the New Year. Please contact David & Janet Fisher (Tel: 07858506973) or Grace Millman (Tel: 01409261251) for further details.

FREEDOM CENTRE, BARNSTAPLE – During September we had retiring collections at our services for the Freedom Centre, which is a charity working to support homeless people. We have received a letter of thanks for £113.00 donated and thankyou to all who contributed.

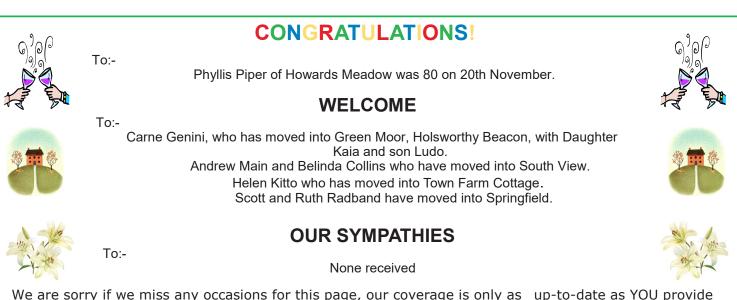
HARVEST 2023 – The Chapel – tables at the front and windows - were filled with flowers and non-perishable foods and household goods generously brought to 'decorate'. The weight of the foodstuffs/household goods delivered to the Foodbank at Holsworthy Manor Suite totalled 83.70kgs, for which we have received grateful acknowledgement. We were delighted to see a good attendance at the Sunday service, led by Revd Rob Blackhall, and pleased that many were able to stay for the pasties, salads and desserts lunch, and to enjoy fellowship. £150 was raised for Chapel funds. Thank you to everyone for your generous support to support the Foodbank and the Chapel.

TODDLER GROUP COFFEE MORNING – This event was organised by the Toddler Group to commemorate 10 years anniversary of their work, which concluded in August 2023, and, to honour one of the Mums who sadly died from breast cancer in 2020, funds were raised for Breast Cancer Research. The charity have a range of materials for these occasions – quizzes, puzzles, etc., and there were various activities for children. Sadly, the event clashed with other activities in neighbouring parishes and with Covid/Flu vaccination sessions – however, it was pleasing to be able to donate £135.00 for the work of Breast Cancer Research. Thank you to everyone for your support.

Torridge Methodist Circuit Newsletter - If you would like to receive this monthly Newsletter please let us know. It includes diary details, the preaching plan for all the chapels in the Circuit, information on weekly Bible Study groups, other study events, and news from the Methodist Church. The Newsletter is also available on line at <u>www.torridgemethodistcircuit.org.uk</u> and there is also a Facebook page for the Circuit. Finally, there is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torridge Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button.

CONTACTS – For further information or help please contact: Our Superintendent Minister: Revd Rob Blackhall (01805 628041) Our steward: Jeremy Sharp (Tel: 261548), Property Steward: vacant; Secretary: vacant.

We wish you joy and peace as you celebrate the birth of the Saviour of the World. A very Happy Christmas and a Peaceful New Year.



We are sorry if we miss any occasions for this page, our coverage is only as up-to-date as YOU provide information to us. see contacts page for details. Thank you.

Holy Trinity Church News

Church wardens Isabel and Roy Fairbrother tel 07746867832 Email: holytrinitychurch1274c@gmail.com



Hello Everyone

Well what a surprise for everyone – the new statuette - 'Tommy' now resides on the church green.

The Parish Council were instrumental in applying for the WW1 silhouette soldier, all the costs came from the Torridge Council 'special' fund. Chairman Steve Moyse asked the PCC if it could be placed on the church green which we agreed would be an appropriate place. Chairman Steve and Councillor Richard Piper prepared and made the base on which he stands – there is no cost to the parish council or the community. Rev. Skinner – our interim vicar presided at the short service of commemoration on Saturday Nov 4th joined by a gathering of people who braved the weather – though it did stay fine for that short time.

We are very lucky to have a vicar during the interregnum, Rev. Stephen is quite jovial and likeable - a breath of fresh air bringing new ideas and ways we can pray together. A moving on from the staid old ways and showing us a more relaxed interesting way to praise our Lord Jesus. A more lively approach whilst retaining the essential elements of our Christianity. The church Carol Service on December 12th will be much better and more interesting than last year and Carols that we love to sing to celebrate the birth of our Saviour amid candlelight, mulled wine and mince pies Come and See. The church is so beautiful at Christmastime.



Catch up: In August a fundraising Bazaar replaced the Garden Party, which faded away. Donations were of good quality clothing (many items new) and plenty of toys, jig saws and much more as well as all manner of brick a brac and refreshments. It was hard work for just a few of us to handle and the total raised for the church roof fund made us wonder if it had been worth it - but a £1 is a £1. Our thanks to all who helped and to those who came to buy and stay a while for a social cup of tea and cake..

The Holsworthy Amateur Radio club were kept pretty busy on CHOTA DAY in September. Making contacts throughout UK and further afield. Their members told me they had enjoyed their day especially as they found being in the church so relaxing – and the bacon rolls that were served were a treat followed later by an afternoon of cake and cream tea..

We look forward to them hosting CHOTA in our church again next year.

HARVEST FESTIVAL with the Bradworthy Benefice Choir.

This year we asked for donations of tinned and packaged goods for the Holsworthy food bank. Despite the small congregation we had 2 bags of canned food for the food bank which was gratefully received.. Some fresh vegetables we put into the community fridge by the library.

Christmas is coming

Ease into that Christmas feeling with the Christmas Tree Festival to be held on the weekend of December 9th an 10th Put it on your Christmas list now- get the Christmas vibe. Opening times to be put on the noticeboard and Facebook. This is a community event , let the Christmas fun start here.



Reminder; Open Thursday 7th 1pm – 4pm to bring in your tree'. Just turn up with a completed exhibit or bring ornaments or other to complete in church. Tea and coffee is provided, and a biscuit to keep the energy up **Be part of the community at Christmas - BRING SOMETHING.**

Remember to dress your exhibit with battery operated lights as power is not available. Contact us if you need other arrangements.

We like a few entries to remain in church until after the Carol Service which will be held on December 12th at 7.00pm - candle lit all along the pathway. Traditional service with Carols you know and love. The trees lit up add magic.





Whatever size colour or shape **YOU ARE WELCOME at HOLY TRINITY. All denominations are welcome. All AGES are welcome**, we have a few toys and colouring books for children to use. Updates to notices can be found on the noticeboard by the roadside outside the church.

Church Service dates

December 12 2024	Christmas Carol Service	Open 6.45pm for 7.00pm
January 21	Holy Communion (said)	10.00am
February 11	Holy Communion	11.00am
February 25	Morning Praise	10.00am
March 10	Mothering Sunday	Family service

Church Gardening – 1pm – 5pm everyone is welcome to help keep the churchyard tidy

Wet, WET - Church Gardening has been somewhat disrupted by the weather, but the grass and weeds keep on growing and our regular grass cutters Steve Adrian and Mike keep tackling it but we do need another person willing to do a bit of strimming around the graves.



Roy has been clearing the path and the guttering around the church of leaves but as we know they will accumulate again until the trees are bare, so do be careful as you walk along the path. Church gardening will begin again February 22nd with hedging and general tidying subject to the weather.

We are getting our church ready for Advent and the Christmas season. We hope you find time

Wishing each and everyone a Joyous Christmas and Happy and Healthy New Year

Jsabel and **Roy** Church Wardens

to share with us in this magical season.

Visit our LARGE showroom! Stock Rolls Available



Telephone 01409 241421 Remnants

Free measuring and quotation with no obligation, samples available to take home.

Carpets, Vinyls, LVTs, Altro, Laminates, Hardwood Flooring Supplied and Fitted. Increasing range of Rugs and Mats.

The Square, Bradworthy, Holsworthy, Devon EX22 7TB E-mail cornerstores-carpets@btconnect.com Web cornerstorescarpets.co.uk











Merry Christmas, if you have received this copy of the Milton Damerel Parish Newsletter before Christmas! And we welcome you to join us for a Carol Singing evening on Saturday 23rd December 7-9pm where we will draw the raffle for the Christmas Hampers.

Firstly the committee would like to say a huge thank you to all the volunteers, families and friends of the parish who come out in all weathers (especially the rain!) for your continued support at the halls events. We have had some great fun, made lots of new friendships and welcomed new faces to the events.

Seven teams joined us for the quiz night on 20th October, with 'Cobbled Together' being the overall winners by just 4 points, pipping our second placed team 'Simple Minds' to the post. Our youngest quizzer was amongst the winning team and was proud to receive the gold cup prize and maybe the gift box, full of sweets and chocolates. We learnt lots, including collective groups of animals, our favourites being, a Tower of Giraffes, a Shiver of Sharks and a Loveliness of Ladybirds. Only one team got the Country Life Logo correct, so before the next quiz we need to brush up on our observation skills or eat more butter!

The Big Breakfast on 16th September welcomed over 50 people to enjoy Jim & Mel's delicious cooked breakfasts and the community café 'chatters' have eaten their way through lots of yummy cakes, slurped tasty homemade soups, warmed up with cheesy toasties and drunk endless cups of coffee and teas.

Paul Beard continues his Yoga group on Monday mornings; 10.00 – 11.30 am so there must be some super flexible and relaxed residents amongst us.

Dancercise with Sue Davey is still going strong, and the regulars enjoy singing and dancing their way through a variety of songs and tunes, hopefully coordinating their routines with ease by now.

Several families have hired the hall for games evenings, thrashing out battles to become the best table footballers, skittles champions, ping pong ninjas & air hockey pros, all hireable together at £15 for an hour.

The local skittles teams continue to use the hall on a weekly basis, and the Whist Drive is held on the 3rd Saturday in the month. Sacred Space meditation group is holding its session on the mornings of the 2nd Saturday of each month during the winter months rather than the usual Friday evenings.

As we will all now be glad to see the first snowdrops popping their heads above the grass and look forward to the beautiful display of brightly coloured blossoms and flowers, spring each year sees a beautiful purple carpet of crocus blooming in many communities across Great Britain and Ireland thanks to the Purple Crocus Corm planting to raise awareness of the Rotary fight for a polio free world. Next year, Milton Damerel residents can enjoy a display around the Parish Hall, as the Holsworthy Rotary Club have kindly donated 200 bulbs and the Gardening Club have been busy planting to make a lovely display.

Hopefully by the next newsletter spring will be well underway and we will have some sunshine to brighten our days putting a spring in our step. Please come and join in with the events at the hall to meet your neighbours, chat and have some laughs. We will arrange a Chocolate Bingo Event, another Quiz Night and Big Breakfast in the first months of 2024 alongside our Community Cafe. Everyone is welcome and as always we appreciate any volunteers who wish to support the team.

We wish everyone in the Parish a Happy & Prosperous New Year.



2	
≥	
-	
8	
ž	
Ξ.	
2	
2	
≤.	
-	
æ.	
μ.	
10	
₽	
존	
5	
Ι	
I	
Þ	

Balance brought forward Excess expenditure 2022 - 2023 Balance carried forward	TOTAL INCOME Less Total Expenditure Excess Expenditure 2022 - 2023	Other Income D.J. Watkins Wind Turbine Coventry B/S Interest Charity fundraising Donations received		Grants Received Milton Damerel Parish Council Coronation / Platinum Jubilee (Parish Council)	Eund Raising Income Whist Drives Coronation / Platinum Jubilee Committee run events (Bingo etc)	INCOME Bookings Income Skittes 60's Club MD Gardening Club Parish Council Elections Keep fit Holsworthy Amateur Radio Club Table Tennis Hire Misc. Hire of Hall	MILTON DAMEREL PARISH HALL
- 14,280.69 19,232.33	8,214.03 - 22,494.72 - 14,280.69	1,000.00 362.16 487.02 103.45 1,952.63	200.00	4,327.40	603.82 586.50 3,137.08	2022 - 2023 E 407.00 156.00 108.50 81.00 150.00 130.00 244.00 130.00 130.00 1,734.00	
13 9 ×	3 2 3	1,000.00 335.70 431.72 449.81 2,217.23	550.00	1,313.52 150.00 400.00	68,40 463.00 782.12	2021 - 2022 £ 175.00 42.00 73.00 72.00 72.00 102.00 102.00 1,025.00	
Represented by : Balance at Lloyds c/a 31.08.2023 Balance at Coventry B/S 31.08.2023 Cash in hand Balance carried forward	5 TOTAL EXPENDITURE	Assets Purchased <u>Charity donations</u> Devon Air Ambulance Macmillan Coffee Morning Poppy Appeal (2023) / Comic Relief (2022) North Devon Hospice	0 Refurbishment Expenses		Fund Raising Expenses Platinum Jubilee / Coronation Committee run events Repairs and Renewals	EXPENSES Regular Expenses Insurance EDF South West Water Fire extinguishers service Grass Cutting PAT Test Fire alarm service Business rates Misc Expenses	Summary of Income and Expenditure Account Year Ending 31 August 2023
5,649.14 13,438.67 144.52 19,232.33	22,494.72	343.55 343.55 60.00 209.10 152.00 200.00 621.10	17,466.69 17,466.69	316.95 316.95	636.58 815.71 1,452.29	2022 - 2023 £ 711.60 834.81 88.07 41.40 341.63 85.76 190.87 2,294.14	
		270.00 116.00 45.72	4,067.32	240.00 126.00 324.70	595.25 191.47	2021 - 2 E 664.68 425.55 85.85 41.40 15.00 60.00 156.00 156.00	

1,492.85

786.72

Accounts Prepared by :	Cash at hand	Unrestricted Funds	Contents insured value	Insured value of Hall	Assets at 31 August 2023 Fixed Asstes
T. Taft	19,232.33 648,538.33		10,787.00	618,519.00	
Accounts Reviewed by :	Notice boards	Air Hockey	Sandwich toaster Skittle Allev	Assets purchased during the year	
G. Millman	141.60 343.55	20.00	31.95		

7,469.31

431.72

4,067.32 690.70

11

2021 - 2022 m

On Monday 11th September, we met at Forest View in Pancrasweek with kind permission of Mick & Thelma Stanton. They have such a pretty garden & their flower border was full of autumn colour. Their property is literally just around the corner from Vealand Nature Reserve (Devon Wildlife Trust) which has its own little car park. We joined the footpath heading towards Lower Tamar Lake which follows the course of the feeder arm of the Bude Canal. It's a very level walk & it's very well maintained by volunteers associated with the Bude Canal Trust. There was evidence of their efforts as the grass had recently been cut & some of the Willow had been felled which seems to thrive in Devon. Periodically we crossed over little road bridges & courtesy bridges which enable land owners to access their fields on either side of the water course. Courtesy of Devon County Council, there are several galvanised gates which have replaced the original wooden ones. No stiles! It was so peaceful apart from our chatter as we had plenty of news to catch up on. We walked for about an hour until we reached the well-appointed picnic bench. It was nice to take advantage of it & reminisce about previous walks & those who have joined us in recent years. We retraced our steps taking in the fact that there is access to the Nature Reserve at Dunsdon along the way. Apparently, it's frequented by Willow Tits & Grasshopper Warblers. I had to look them up upon my return home as I hadn't come across them previously. Apparently, the reference to grasshoppers isn't an indication of the bird's diet but the sound it makes. We all agreed how much we had enjoyed this "there & back" walk. It's unusual to be able to walk for two hours without having to deal with an incline.

The next walk is on Monday 9th October. Pennie Channing is going to lead the walk. She's the P3 (Parish Paths Partnership) volunteer in Halwill. We will set off at 10am from the car park at Halwill Junction for a circular walk of approx. 3.5 miles. Everyone is welcome to come. For more information, contact me.

Evelyn's Walk (9.10.2023)

On Monday 9th October, eight of us met in Halwill Junction Village Hall car park. It was a lovely autumnal morning & there was a clear view of Dartmoor. Pennie Channing very kindly agreed to lead the walk. She lives in Halwill & is the **P**3 (Parish Paths Partnership) volunteer who checks the PROWs in the Parish on behalf of DCC. We turned right at the exit of the car park & walked along Dreybury Lane which took us between The Junction Inn & Winsford Cottage Hospital. This is such a beautiful Grade II listed building originally designed by Charles Voysey in 1899. It was restored by the Landmark Trust in recent years. Most of holidav the rooms are accommodation but there is also a



room available for hire by community groups. There are open days on 11th & 12th November. Details & photos can be found online. We were all amazed at how much development was taking place in Dreybury Lane but in reality, this is happening all over the country & not just in rural Devon. We joined the bridle way on the right hand side. It was obviously a popular route for horse riders but easily walked without wellies. Part way along the path, we crossed a little stream by going over a sturdy wooden bridge. We were all grateful to DCC as it meant that we didn't get wet feet. When we rejoined the lane, we turned right which took us towards the junction with the A3079. We commented on the abundance of acorns & berries. I would have missed it but Pennie took us through a gate on the right hand side before we joined the main road. This path would have been the route of the railway in years gone by. It brought us back to the car park. This is a lovely circular route of approx. 3.5 miles. It's a very level walk & no stiles to negotiate.

The next walk will be on Monday 13th November. We will be setting off at 10am from Higher Larkworthy Farm in Ashwater by kind permission of the Kirk family. The parking is limited so if you would like to come, please share transport if possible. If you would like any more information, please let me know.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com

Evelyn's Walk (13.11.23)

On Monday 13th November, we met at Higher Larkworthy Farm with kind permission of the Kirk family. It's very much a working farm so we were very grateful for their kind hospitality. We reminisced about when we first went there for a walk in November 2019. There was some reluctance about actually leaving the farm for the walk as there was a litter of adorable puppies to coo over. We also remembered the fact that our walk had coincided with Remembrance Day & we had held a minute's silence at the top of Kit Hill. Nothing wrong with anyone's memory four years down the line.

By popular request, we followed the same route which took us through Larkworthy Farm & across the fields. We were all delighted to meet the sheep in an adjacent field. I believe they are known as Valais Blacknose. The breed was first brought



into the UK from Switzerland in 2014 & has the reputation for being "the cutest sheep in the world". I'm reliably informed that we have had 158mm of rain between 1st & 13th November. Thankfully, the ground had absorbed it quite well & it wasn't too wet underfoot. The route was well marked & took us over a wooden foot bridge in order to cross the stream. We queried what it is called & in the absence of a phone signal to look it up, we christened it "Larkworthy Water". The footpath joined the lane at Henford. By turning left towards Ashwater, we went down the hill & across what I believe is called Henford Water which feeds into the River Carey. We then took deep breaths before plodding up Kit Hill. The views at the top were beautiful especially with the autumnal leaves. We then joined the private track which took us back to Higher Larkworthy Farm. We all noted that the trees in the orchard have grown well & the Glamping Pods blend in well with the natural environment.

This is going to be the last of my walks for this year. I would like to take this opportunity to thank all the land owners who have kindly given us permission to park on their property; all the people who have led the walks; all those who have provided the most excellent company; & those at & in conjunction with DCC who work hard behind the scenes to keep our PROWs accessible for us to enjoy.

Holsworthy Walk & Talk

After having good turnouts at both Meeth and Halwill Junction recently, with members making the most of the unseasonably warm autumn sunshine, our trip to Bude on 13th still had 7 participants despite heavy rain showers forecast. We were rewarded with a pleasant walk across Efford Down before descending County Road to Rodd's Bridge and then following the canal back to Bude with the rain.showers only appearing as we reached the car park at the end of the walk.

As this was our level 2 walk, we did not pass the Bude "**Watch Tower**," also known as The **Pepperpot**, which is currently being rebuilt at a new site away from the eroding cliff edge. The Tower was originally built in the late 19th century with 8 sides that map the points of a compass.. Its initial purpose is unclear and some say it was built as a Folly based upon the Tower of the Winds in Athens. In 1881 it was moved as frost had eroded the cliff and the tower and then subsequently used by the Coastguard during high tides and storms. A tide-waiter would have used a nearby flagpole to alert ships as they navigated the stormy areas of treacherous waters. The Tower has now been dismantled again, stone by stone, and is approximately halfway to being rebuilt.



The contractors seem to be confident that all the works will be completed before Christmas.

As the days shorten and temperatures drop it can be tempting to put away thoughts of outdoor exercise. However, a bracing walk, in good company with lots of local sights and history can do wonders for both physical and psychological health. All you need is a pair of suitable shoes, a warm coat and maybe a woolly hat and you are all set to go.

Level 1 walks are for those with limited mobility for whatever reason and offer a gentle stroll, coffee and a chance to socialise. Level 2 walks are approximately 2.5 miles with no stiles and taken at a steady pace. Level 3 walks are approximately 3 miles and all terrain.

If you would like to join us, we walk on Mondays and Fridays. All walks start at 10.30 am and are **FREE**. Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below.

Contacts: holsworthywalkandtalk@gmail.com https://holsworthywalkandtalk.co.uk Gillian Aston 07854677784



MILTON DAMEREL AND DISTRICT GARDENING GROUP

SEPTEMBER 2^{nd.} We held our Flower and Produce Show. There were not so many entries as other years, only 156. We also made a loss of £48.65. In saying this we feel it was an enjoyable day and thank everyone who helped, entered and came to support in the afternoon. In the evening, members were invited to John and Anne Binns home for a BBQ.

The Winners of our Trophies were JUBILEE CUP for the Best Overall Exhibit PALMER CUP for the Best Vegetable Exhibit CROMPTON AWARD for the Best Flower Section LINEDANCING TROPHY for the Best Baking/Jams etc CREATIVE CRAFT AWARD for the Best Arts and Crafts CHILDREN UNDER 9 YEARS CHILDREN 10-16

Anne Binns Wendy Preston Haley Garner Sarah Bromley Anne Binns Esra Easy Alan Poole

<u>September 22nd</u> some member of the group had an evening visit to Trigon Farm, just outside Holsworthy. Al and Marianne showed us around their 'no dig' small holding, with many flowers still in bloom. Marianne dries many of the flowers to make door wreaths and decorations. The Polytunnels had many varieties of tomatoes still growing, these they use to produce their Pizzas, for their Pizza evenings and takeaways. The group stayed for a pizza supper which was very enjoyable.

October 23rd Our speaker was Richard Horswood came from Honiton, to show us, by way of slides on how he created his garden from a field.

<u>November 20th</u> Rob Meredith from Pyworthy gave us a very interesting talk on Microrrhizal funghi. The way to go in gardening is no dig and mulching with young branch shredding, leaf mould and grass cuttings. Let the fungal root system do their work.

<u>December 18th</u> Our Christmas Social, member Heather Jordon, giving us a short talk about different types of compost. This will be followed by a Bring and Share Supper.

No Meeting in January and February.

AGM will be in March. Everyone welcome, whether a member or not. Some decisions need to be made!

All Meeting are held at the Parish Hall on 3rd Monday of the Month, unless we have a Garden Visit.

Membership is £15 joint and £10 single, £1 subscriptions. £4 per meting for non members. New members always welcome.

Chair	Melanie Richardson	261 353
Vice Chair	Edgar Pett	261 277
Treasurer	Lesley Self	261 294
Email	mdadgg@btinternet.	<u>com</u>

LOOKING BACK

From Holsworthy Post Wednesday September 27 2023

Looking Back - 50 years ago - September 22, 1973

"For the first time ever at Milton Damerell, an amateur clay pigeon shoot was held. It was organised by Mr C.C. Stidwell, who in 40 years has organised 208 shoots for various charities."

C. C. Stidwell will be remembered by long-term residents of the parish. With his wife and family he operated one of the village shops in the parish, located at Whitebear Cross – the premises for the shop and his businesses were an old railway carriage and various structures added to it. This was also the family home. Now the site contains a bungalow known as "Costapacquet".

In his book, "History of Milton Damerell 1906 -1970 written by Cecil C Stidwell, Milton Damerell with the assistance of a Local Resident", he wrote

"We next come to Whitebear Cross, where there is a kiosk and Milton Damerell sign. Across the road, up to 1930, was a Beech Plantation and covered with furse and brambles. In the 1920s, there arrived three railway carriages which were turned into dwellinghouses, together with a bungalow which came from Welcombe Rectory and named St Nectans. Several years after a shop was attached and a business of section buildings and decorating was carried on. It is now a general store where all the local papers can be obtained."

Working with Mr James Slee, who laid the foundation, and his son Mr Cecil Slee, they built the Parish Hall, which was completed in 1930, the total cost being about £500.



Local Co-ordinators:		
Strawberry Bank	Edwina Hale	Tel: 261263
Gratton, Whitebear & Fore Street	Edgar Pett	Tel: 261277
Venn Green	Mike Jackson	Tel: 261196
PCSOs - Melissa Baker and Sandra B	rown – Contact via 10	1

Bude Police Station is open 10 am to 3 pm Monday to Saturday

Statistics released by the Office for National Statistics (ONS) last month make Devon and Cornwall the safest areas to live and visit in England and Wales. Whilst over the whole country, crime has risen by 2.6% over the past 12 months, Devon and Cornwall shows only a 0.4% increase. This doesn't mean that we should become complacent as overall, theft crimes have increased by 16% which is attributed to the cost of living crisis which is affecting many areas. The Parish remains an extremely low crime area, but problems still arise from time to time and we should remain vigilant for unfamiliar vehicles. Bideford seems to have a drug problem which is fuelling various types of theft crimes and anti-social behaviour, and Holsworthy has recently also seen a rise in anti-social behaviour.

The biggest threats across the Parish, to both residents and businesses, especially in the run up to Christmas are from the myriad of scams which come across all formats of media. Parcel scams tend to increase at this time of year and fake invoices can look realistically authentic.

Advice from the experts to help keep you secure: There are two actions you can take to instantly help protect your email and social media accounts. These relate to password use and 2-Step Verification. Use a strong and different password for your email using 3 random words. Your email password should be strong and different from all your other passwords. Combining 3 random words that each mean something to you is a great way to create a password that is easy to remember but hard to crack. Do not use words that can be guessed (like your pet's name). You can include numbers and symbols if needed. For example, "Hippo!PizzaRocket1".

Turn on 2-Step Verification (2SV) for your email. 2-Step Verification (2SV) gives you twice the protection so even if cyber criminals have your password, they can't access your email. 2SV works by asking for more information to prove your identity. For example, getting a code sent to your phone when you sign in using a new device or change settings such as your password. You won't be asked for this every time you check your email. For more information about the above steps, and for other ways to stay secure online and keep your devices safe, visit Cyber Aware - NCSC.GOV.UK

Reporting Problems: If you think you have been a victim of cyber crime, please report the incident to **Action Fraud** via phone (0300 123 2040) or website at www.actionfraud.police.uk. If you've received a suspicious email, please forward it to the NCSC's Suspicious Email Reporting Service (SERS) at 'report@phishing.gov.uk'. More information, including advice on how to protect yourself against phishing, can be found on the NCSC website.

The lead up to Christmas also tends to offer rich pickings with thefts from motor vehicles increasing when shopping has been left on show in car parks etc. Our local car parks in Holsworthy, Bideford and Bude are not immune from this type of theft so please don't offer thieves' temptations. When leaving your vehicles please make sure that they are locked and that nothing is on show.

As this will be the last newsletter for 2023, our Neighbourhood Beat Team also join with us in wishing everybody a very Happy Christmas, a Safe and Peaceful New Year.

WHAT'S ON

Arts & Entertainment in our area

HATS Theatre, Holsworthy www.holsworthytheatre.co.uk

HATS is an amateur theatrical society in Holsworthy, having their own 250-seat theatre and produce plays and pantomines for the local community. The pantomimes are normally performed in mid - to- late January – are excellent entertainment and attract good audiences.

The Plough Arts Centre, Torrington www.ploughartscentre.org.uk

The Plough Arts Centre based in Torrington provides an extensive, varied and interesting programme, including workshops – programmes and one-off days; live events – open air theatres and events at numerous locations around North Devon; theatre; comedy; films; music; and exhibitions and has its own Café & Bar "Charlie's@The Plough". The diary found on the web-site provides details of events, workshops, etc., programmed for each day.



Kivells Estate Agents & Auctioneers **Thinking of selling your property?**

- Local experienced team
- Established auctioneers & estate agency sales
- ✓ Free market appraisal for sale
- ✓ Your first point of call for professional advice

Contact the Holsworthy team today for your FREE market appraisal:



Daniel Stokes MNAEA Director



Mark Kivell Office Manager



Jack Alford Valuer



Sharron Ruby Sales Progressor



Katrina Shadrick Administrator



01409 253 888 holsworthy@kivells.com Kivells Property Suite, Market Square, New Market Road, Holsworthy EX22 7FA

Kates (omplete Feet Foot Healthcare and REFLEXOLOGY

Do you have problems with?

- Corns
- Verrucas/Warts
- Hard skin/Callus/Fissures
- Nail Cutting
- Thickened Nails
- Fungal infections/Athletes Foot
- Nail Pain
- Diabetic Feet Management
- Dressings and paddings to aid healing and comfort

Reflexology session is a separate treatment booked in advance with a choice of essential oils and optional foot and lower leg massage, perfect for improving circulation and relaxation

Kate Lord Dip: MFHP IIHHT Medical Foot Health Practitioner and International Institute of Health and Holistic Therapies

Fully insured, DBS checked, Governing Body CPD Certificates available if you require

Autoclave steam sterilisation and sterile working applications

I am a local lady who cares passionately about foot health care. Our feet are the most unappreciated and often most neglected parts of our body and yet they carry us through the whole of our lives!

Kates (omplete Feet

Mobile Foot Practitioner Contact: 07557379099 Email: KatesCompleteFeet1@gmail.com

Class 4 & 7 MOT Test Centre

- All Makes Car and Light Commercial **Repair and Servicing**
- FIAT Authorised Service Agent
- Petrol Forecourt INC LPG, Off Licence and Shop

W. Sanders & Sons Ltd

Family-run for Over 100 Years

Tel: 01409 261212

For any further information, please ask for Rex or Denyse (Workshop) | Penny or Sue (Petrol Forecourt)



Horrelsford Garage, Milton Damerel, Holsworthy EX22 7NU, United Kingdom

MILTON DAMEREL AND DISTRICT OVER 60's GROUP

The Groups Meetings and Coach Trips have been well supported over the year. We will start our Coach Trips again in April 2024

15th August, we went to Tavistock for Coffee and then onto DARMOOR. The weather was very good and Dartmoor was very pleasing. We went on to Princetown for a meal before travelling home. For those who were interested there was a lovely Craft Fair in the local School.

19th September, was a stop at Trelawney Garden Centre Wadebridge for Coffee. This is a large Garden Centre and well worth the visit. The afternoon was spent in PADSTOW and those who wanted a meal ate before leaving.

17th October, we were a bit short on numbers, only 39, our trip was to Truro. Ozzy the coach driver, decided to take us on a mystery tour via Ashmill, Ashwater. We then went over the Roadford Lake Dam and joined the A30 and headed for Trethorne Leisure Centre, Launceston, for Coffee. The afternoon was spent in Truro, where a lot of retail therapy took place and others looked around the Cathedral. In the Cathedral there was a display of Cornish wild life and Luke Jerram's Gaia Sphere. We left at 5.30 having eaten first.

We had a meeting on Tuesday 7th November and our last meeting of the year is on Tuesday 5th December. There will be no meeting in January.

Members and friends will be having a Christmas Carvery Lunch at The Royal, Bideford on Tuesday 12th December.

Although we call ourselves 'Over 60's Group', you do not have to be over 60 years of age to join us. Anyone is welcomed to come to our meetings for a social afternoon and of course, our Coach Trips if there are seats available.

Our regular meetings are on the first Tuesday of each month, from 2.30 to 4.30 at Milton Damerel Parish Hall. Membership is £4 and monthly subs £2. This does include a raffle ticket, tea and Biscuits. Our Coach Trips are on the 3^{rd} Tuesday of the month.

New Members always welcome Chair: Linda Gifford Vice Chair: Margaret Walters Treasurer: Iris Tel 261 322 Vice Treasure: Dora Reed



Congratulations to Lorraine Buttery



Lorraine received the Medal of Honour from the Royal Life Saving Society for her voluntary work with them.

It is one of the highest accolades given so she is very proud of the award.

Every year members are invited to nominate volunteers for recognition of their work for the society.

After being a member for over 50 years it was a great honour to be nominated by her peers for this prestigious award.

The voluntary work includes visiting schools, attending local shows to pass on the knowledge about enjoying water safely' and CPR.

Lorraine is clerk to Milton Damerel and Sutcombe Parish Council's and Chair of the Milton Damerel Newsletter Group



SUDOKU By KrazyDad Winter Word Search																						
9		4					5		F E	N	S	J	Y	N	N	I	I	G	G	Q	G	E
3		-	6				-		Q X T S	P A	R J	S Q	D U	R F	E Y	H I	P G	E W	H Z	S B	N D	H K
P	-		-						ТТ	0	S	ĩ	A	В	L	Ε	D	G	А	Η	N	F
	6		3			2	4		S C	A	М	Ε	L	L	С	G	М	A	Ν	G	Ε	R
						3		7	J F	С	0	X	I	E	L	В	A	Т	S	Y	W	D
4			8		6			2	J E N E	S B	U E	S T	O H	W L	N E	H H	P E	E M	S C	0 I	J H	L O
2		9	Ť		-			_	Q F	R	A	Ν	Κ	Ι	Ν	С	Ε	Ν	S	Ε	J	G
<u> </u>		-							H M	F	0	Y	R	A	М	F	H	Χ	В	М	Ε	J
	5	8			7		2		P Y	N	Q	A	A	W	0	Y	I	Y	A	N	N	I
					5			9	W R V R	O T	G L	Z E	H G	A N	V A	X I	C G	N A	E M	W F	G P	N G
	9					8		5	U H	Ζ	Η	0	Η	L	Ε	Ι	R	В	A	G	В	J
Difficu	-	hugh			a	-	(razyDa	-	Q D	0	Ν	K	Ε	Y	0	L	V	Ε	Q	Ζ	Ε	Т
	Difficulty: Tough© 2018 KrazyDad.comFill in the blank squares so that each row, each column and each			gel				ens	e Joseph			G	old	St	able	;						
3-by-3	3-by-3 block contain all of the digits 1 thru 9. Use logic and solve the puzzle without guesswork. For puzzle solving tips, and more		Bethl		m		abri			Ma	gi	1	nn	St	able	;						
		KrazyDa			u2216 5	owing t	ipo, anu	more		nel		Μ	[yrrl	h	\mathbf{N}	lang	ger	1	nn	S	tar	
									Don	ıkey		She	phe	rds		Ma	y	Je	sus			

Regular Events

Milton Damerel Over 60's Club – Parish Hall Holsworthy Amateur Radio Club - Parish Hall Parish Council Meeting - Parish Hall Whist Drive – Parish Hall Chapel Sunday Worship Chapel Café Worship Trinity Church Holy Communion Trinity Church Morning Service Holsworthy Walk & Talk New Baby & Toddler Group - Methodist schoolroom Milton Damerel and District Garden Group 1st Tuesday every month 2.30pm 1st Wednesday every month 7.30pm 3rd Wednesday every month 3rd Saturday every month 7pm 2nd Sunday every month 11 am 3rd Sunday every month 11 am 2nd Sunday every month 11.30am 4th Sunday every month 10am Every Monday & Friday 10.30am. Every Tuesday 10.00am till Noon 3rd Monday every Month.

ABBOTS BICKINGTON AND CHURCH NEWS

Abbots Bickington Church (known as Church of St James) is probably one of the smallest churches in Devon. Built around 1300 and in the 15th century stained glass were added featuring St Anthony and St Christopher. Medieval Barnstable Tiles, some with fleur-de-lys pattern, cover the chancel floor. The Church will only seat 40 people

In the spring, a spread of snowdrops can be seen, which continually expanding each year across the verges, followed by the bluebells and daffodils. A very pretty site and well worth a visit.

Charles Bellew of Bluebell Cottage, formally of Court Barton, Abbots Bickington has been Church Warden for over 60 years. Charles and his family keep the church in good repair and hope that visitors will see this church as a very special place.

On Sunday 29th October, A special Benefice Service was held. After the service the congregation enjoyed a good chat over Mince Pies that the Vicar had brought with biscuits and wine.

THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- · Milton Damerel Newsletter GDPR Statement Privacy Notice
- · Milton Damerel Newsletter Data Protection Policy
- · Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 10, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there are any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed over the page.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to the Compiler.

Disclaimer: The views and opinions expressed in any article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968-All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.



Useful Contact details:

Parish Councillors:

Tel 07966 671543
Tel 01409 261114
Tel 07866 406977
Tel 07966 558385
Tel 01409 261871
Tel 01409 282956

Chapel:

Revd Rob BlackhallTel 01805 628041Stewards Dan BrettTel 01409 261609and Jeremy SharpTel 01409 261548.Property Steward (vacant)Secretary (vacant)

Church:

Revd Richard Freeman	Tel 01409 241315
Church wardens Isabel & Roy Fairbrother	Tel 01409 261181

Walks:

Gillian Aston Tel 01409 254642 email: holsworthywalkandtalk@gmail.com Evelyn Sharman Tel 01409 259848 email: evelyn.sharman@btinternet.com

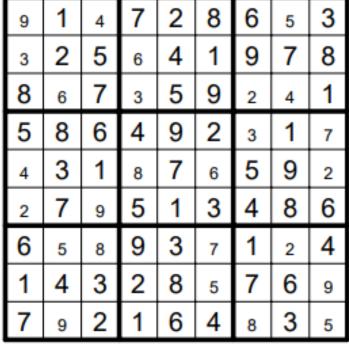
Over 60's Club:

Chair:	Linda Gifford
Vice Chair:	Margaret Walters
Treasurer:	Iris Tel 261 322
Vice Treasurer:	Dora Reed
Secretary:	Colin Boucher

Neighbourhood Watch:

Edwina Hale Edgar Pett Mike Jackson Tel 261263 Tel 261277 Tel 261196

SUDOKU Answer



Toddlers:

Sheila Daniel

Tel: 261466

Holsworthy Rural Police:

Urgent 999 Non-Urgent 101 holsworthy@devonandcornwall.pnn.police.uk

Parish Hall:

Booking Secretary Hayley Garner 01409 261248, or Kate Moyse 261151.

Gardening Group:

Melanie Richardson	261 353
Edgar Pett	261 277
Lesley Self	261 294

Natures Natterings

Tracey Slocombe Tel 07737 775205

Newsletter:

<u>Chair</u>

Lorraine Buttery Tel 282956 email: mdnewsletter46@gmail.com

Advertising & Compiling

David Taylor Tel 261577 email: mdnlad@hotmail.co.uk

<u>Treasurer</u>

John Binns Email: j.binns990@btinternet.com

Regular contributors and features:

Rose Haynes Lesley Self Peter Bromley Mel Richardson

Furniture - China - Glass Decorating Materials - Hardware

Martin & Co

M. Wellington - J. Wellington

Telephone - 01409 241216

Email - martinsbradworthy@gmail.com

The Square, Bradworthy, Devon, EX22 7TB



JO



The Home Of Sustainable Building

Oh Crumbs

Cake Design

We supply our comprehensive range of traditional natural and sustainable building and decorating products to builders, conservation specialists and home owners throughout the UK



VOODY

Lime Mortars & Plasters | Natural Insulation Breathable Paints | Polished Plasters | Clay Plasters Tools | Technical Advice

Tel: 01409 281644 | www.mikewye.co.uk | sales@mikewye.co.uk Buckland Filleigh Sawmills, Shebbear, EX21 5RN



Keeping your home up to date

New Build - Extensions & Renovations Conservatories & uPVC Products Roofing & Rendering Plastering & Stonework Property Maintenance Kitchens Bespoke services & much more

Fully qualified and insured.

For a friendly, local and professional approach, contact Paul for a no obligation quotation or advice. Please see Facebook 'Paul Newman General Builders' page for portfolio.'

> 01409 240331 07919 008161

paulnewman@sky.com



Contact your local Slimming World Consultant and join a warm and friendly group today!

NEW VENUE Bude Bude Rugby Club Wednesdays 5.30pm & 7.00pm

Holsworthy Holsworthy Memorial Hall Tuesdays 5.30pm & 7.00pm Thursdays 9.00am & 10.30am

Essie 07816 686121





NACS Registered & HETAS Approved Fully Insured Professional Chimney Sweeping Service

- * Full Brush & Vacuum Service
- * Pots, Cowls & Birdguards Fitted
- * All Types Of Appliances & Flues Swept & Serviced
- * Traditional & Powersweeping Techniques
- * Chimney CCTV Surveys
- * Bird Nests Removed



* Smoke Testing

The Old Barn, Pancrasweek, Holsworthy, Devon, EX22 7JN Tel: 01409 240138 Email: humphreysweep@mac.com



Would you like help with ...

- Overgrown Toenails Athletes Foot
 - Fungal Nail Infections
- Hard/Dry Skin Cracked Heels

- Diabetic Footcare
- Corns

Treatment in the comfort of your own home.

- **L** 07570 329199
- 🖂 rubyviewfootcare@gmail.com
- f Rubyview Footcare





Plumbing and Heating Engineer Gasafe Registered

Nat Gas and L.P.G.

Boiler Upgrades, Installs and Servicing Central Heating and Solar Landlord/ Commercial Gas Safety Certificates

All plumbing works from dripping taps to complete bathroom installs/makeovers



TEL 01409 261442 MOB 07958901777 Contact e-mail george.aph@googlemail.com

"Do you need Driving Lessons?"

Whether you are a complete beginner, Partly Trained or a Qualified Driver in need of a refresher

Contact-EVELYN SHARMAN

For Professional Driving Tuition (DVSA, ADI)





Tel. 01409 259 848 Mobile. 07885 352 082 Email. evelyn.sharman@btinternet.com www.evelynsharman.co.uk

ATLANTA FIRST AID TRAINING

Courses Offered:

First Aid at Work. Emergency First Aid at Work. Paediatric First Aid. Paediatric Emergency First Aid. Annual refresher courses.



All courses are certificated and OFQUAL regulated. Fully qualified Tutor. Can be conducted at your place of work.

Further information please contact:

Lorraine Buttery Tel:01409 282956 email: atlantafaaw@gmail.com