MILTON DANEREL PARISH NEWSLETTER

Autumn 2023

92nd Edition



AUTUMN 2023

The New Temperate House at Rosemoor

Due to pressures on the Restaurant at Rosemoor and the need to expand its facilities, the Alpine house that had been on the terrace for many years had to be re-located.

This provided the opportunity to move it into Lady Anne's Garden, with the ideal site being found at the end of the Croquet Lawn. This has enabled the display of a wide range of ornamental plants, some rarely seen in cultivation that will grow with minimal heating in the winter months. A surprisingly diverse range of plants, regarded as tender, can be grow in this way, as long as a few simple rules are followed:

- Generally, plants that are kept with a drier compost during the winter will be more likely to cope with cold spells than those with wet compost. The use of a fan and thermostatic heater will also ensure constant air movement, reducing a build-up of condensation and extra heat when needed.
- Ensuring that vents and windows are opened on sunny days will stop temperatures from becoming too high, promoting growth which is more susceptible to later, lower temperatures.
- Although some cacti and succulents would suffer from winter cold, many are perfectly happy as long as they have a dry and frost free winter period. Cacti such as *Rebutia* are true alpines, native to the Andes where typical winters would cover them with a blanket of snow. This would insulate from frost and give them the first watering of spring when the thaw came. Giving these plants a dry cold winter will ensure lovely displays of flowers through the spring and summer months.



The protected environment allows us to grow those plants that require winter watering, followed by a dry summer rest.

It is surprising how much variety can be grown in what is really quite a small space. With there being such a wide range of plants to choose from, we always make sure there is a bit of space to try something new!

Jonathan Hutchinson, Horticulturist

Keep up to date with what's happening in your area:

Facebook:	Bideford Police , Torrington Police	
Twitter:	@bidefordpolice , @torringtonpolice	W
Website:	www.dc.police.uk and enter your postcode	
D&C Alert:	Sign up at alerts.dc.police.uk to hear instantly about t	the crimes happening in your a

The Market Café

Open Tuesday – Friday 9.00am till 2.30 pm All-Day Breakfast – Sandwiches – Burgers Weekly Specials, or pop in for a Tea or Coffee Eat in or Take Away!

LJ & VH Harris Find us at Kivells, Holsworthy Livestock Market, New Market Road,, Devon, EX22 7FA

The Market Café

On Tor Mobile catering provided for your event !

Contact Linda; 07800 865 295 themarketcafeholsworthy@gmail.com

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Milton Damerel Parish Council

Parish Clerk: Lorraine Buttery 3 Sunset Heights, Shebbear, BEAWORTHY, Devon, EX21 5BN E-mail: <u>miltondamerelpc@hotmail.co.uk</u>

Tel: 01409 282956

Councillors:

Stephen Moyse (Chairperson)	07966 671543	Richard Piper (Vice Chairperson) 01409 261114
Jim Richardson	07866 406977	Gareth Piper	07966 558385
Teresa Walters	01409 261871		

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Friday before the meeting. The draft minutes are posted to the website within 30 days, but are not officially approved until the next meeting. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time.

Parish Councillors

Due to the resignation of Councillor Peter Buckpitt we now have two vacancies on the Parish Council, It is with great regret that we are losing Peter as a Councillor and thank him for all his hard work over the past four years, he was a great asset to the Parish Council If you feel you have what it takes to be a Councillor please keep a look out for the application process.

District Councillors

Councillor Kit Hepple has been unable to attend recent meetings, he sends regular updates which are received by email, Kit has approved a grant for the supply of permanent memorial to the two world wars,

A steel model of a Soldier has been ordered, this will be erected in front of the Parish Church

Councillor Ken Kames has attended meetings over the past months, both Councillors also work in the background to support the Parish, they can be contacted anytime by all, for any help or advice that might be needed. Details of how to contact them are in the Parish Website

<u>Hardship Fund</u>

<u>Councillor Ken James has informed the Parish Council that funds are available to anyone who is in need</u> of financial help, the grants can cover various things such has problems paying Utility bills, council tax, replacement of household items, purchasing of food. For further information please contact Councillor Ken James via email: Councillor.James@torridge.gov.uk

Devon County Councillor James Morrish

Councillor James Morrish has been unable to attend recent meetings due to ill health and the pressure of work, James has 'several hats' within Devon County Council, and works hard on behalf of all the residents he represents. He can be contacted by email for any help or advice you might need. James has reported that he has fully recovered and hopes to attend meetings in the near future.

Holsworthy Neighborhood Policing team.

A recent communication from PC Frank Rogers has informed the Parish Council that due to pressure of work he will be unable to prepare 'crime statistics reports 'as PCSO Mark James provided on a regular basis.

Frank is hoping to instigate a '45-minute drop in' via Microsoft Teams, and will be in touch with the Parish

Sessions have been arranged. For details of crime statistics follow the link <u>Home/Police.uk(www.police.uk)</u>, from there input the area or post code to receive information for your area.

Our PCSO Jessica McEldon is now on maternity leave and we are waiting for news of a replacement. Agendas are regularly sent to the police team, but to date no officer has been able to attend, police reports are now sent regularly.

Planning matters:

Planning applications received over the past few months are: Replacement Windows at Woodford Bridge Country Park, Conversion of a Pool building to provide Holiday accommodation at Woodland View,

Change of agricultural building to a dwelling at grid reference 237838 109926, an application for a conversion Of a barn to 1 dwelling at Worden Farm has been approved.

Applications to erect new telegraph poles have been received from Airband, as a Parish Council we have no say In this matter as it's a government edict to establish better broadband in all rural areas.

Your Parish Councillors give great consideration to all applications received, their concerns and comments are reported in the minutes and passed on to Torridge planning department.

Although the application for the development at Town Farm has been approved for some time, there is still no signs of any development starting.

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is imperative that you get your comments to the relevant department as soon possible.

The Step Back in Time Fund: for young people has a balance of £103.02 Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

<u>Website</u>

If you have any events that you want advertised, please let me know or email to me in pdf format, the website Cannot be kept up-to-date if I do not get the relevant information.

Community Defibrillator (AED):

The AED's sited at Holsworthy Beacon and Sanders Garage are checked regularly, but if at any time you see that there is any damage to the cabinet at either site, please inform the Clerk.

If you would like a refresher on the use of the AED and basic life support (CPR), please let the Parish Clerk know, these are conducted free of charge.

Condition of the Roads in and around Milton Damerel:

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk regularly passes on the complaints to Devon Highways, copies are always sent to Councillor Morrish, who will substantiate our complaints. The more people that go onto Devon County Council's website and reports potholes and poor road surfaces the better, the Parish Council encourages residents to do so as often as they can.

Parish Footpaths

The Parish Footpaths are now looked after by George and Wendy Preston. They report directly to the Parish Clerk if there are any problems. Whilst out walking the paths if you see a problem can you please report it to ensure we get it put right without too much delay.

The Parish Hall

The Parish Hall is being utilised a lot more now. There are great things planned for the future, keep an eye out for future events as your attendance is vital in keeping the Parish Hall a communal hub.

<u>Airband</u>

You might have noticed that there has been a lot of Airband vehicles recently in the area, the Government has specified that all Rural areas must have better broadband reception, it is hoped that this will materialise in the not-too-distant future. There will be disruption to the road network as

Airband has applied to close various routes of the next few months for necessary underground work and the erection of numerous telegraph poles.

Annual Grants

Successful grant applications are paid in September of each Financial year. Applications are considered During the November meeting, so please have you application sent to me in good time.

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on <u>www.miltondamerel.com</u>

Chapel News – Sept 2023

Dear Friends

28th August saw the 60th anniversary of the March on Washington to protest about the treatment of black people in the United States, particularly the Southern part. Thousands descended on the capital and on the steps of the Lincoln Memorial heard one of the great speeches of modern times. I am sure we have all heard at sometime Martin Luther King's "I have a dream". If not, You Tube, will provide various examples. King's vision was of a better world, based on the equality of all people.

"I have a dream that my four little children will one day live in a nation where they will not be judged by the colour of their skin but by the content of their character. I have a dream today.

I have a dream that one day every valley shall be exalted, every hill and mountain shall be made low, the rough places will be made plain, and the crooked places will be made straight, and the glory of the Lord shall be revealed, and all flesh shall see it together."

Amen to that.

The Biblical imagery is deliberate as you would expect of a preacher; following in the great traditions of the Old Testament prophets; and indeed, the theme of Justice that runs through the whole of scripture.

Micah is a classic. He is asked how we worship God? Now that is great question. But the answer given is challenging, "To act justly and to love mercy, and to walk humbly with your God." (Micah 6:8)

How can we truly worship God in a world that is riven by injustice? Just this morning on the news there was talk of the plight of women in Afghanistan; of migrants dying in the English Channel. Alongside that we have news of the increased activity of Food Banks; of the increasing divide between rich and poor, not only in the UK, but globally. Too many this day will go hungry, too many will be without clean water, have no access to medical services and education. And then there are the great environmental issues of our day.

The major report at this year's Methodist Conference was one entitled

"A justice-seeking Church: the report of the Walking with Micah project."

Walking with Micah has been a two-year project helping the Methodist Church to explore what it means to be a justice-seeking Church. It draws on Methodist history, theology, current concerns and practice, and recommends a framework of principles for justice which underpin our understanding of God's justice and what it means to seek justice."

We are asked to prayerfully consider this.

What does Justice look like in the 21st century?

For men, women, boys and girls; for the planet itself; what needs to be in place for all to flourish and enjoy the "fullness of life" that Jesus talks about?

King finishes his speech

"And when this happens, and when we allow freedom ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, Black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual: Free at last. Free at last. Thank God almighty, we are free at last."

Amen to that.

Every blessing Rob Revd Rob Blackhall Superintendent Minister

Flower Plan:

...

10th Sept8th Oct12th Nov10th DecMrs Christine PooleHarvest FlowersMrs Phyllis PiperChristmas Decoration

Dates of services at the Chapel for September to November all at 11.00am.

Sunday, 10 th September	All Age Worship with Mr Frank Watson
Sunday, 17 th September	Café Worship
Sunday, 8 th October	HARVEST All Age Worship with Revd Rob Blackhall
Sunday, 15 th October	Café Worship
Sunday, 12 th November Sunday, 19 th November	All Age Worship with Mr David Watson Remembrance Café Worship

Our 2 services per month, normally held in the Schoolroom, are inclusive of all ages from the youngest to the eldest. The 2nd Sunday service is normally led by one of our Ministers or Lay Preacher, and an activities table for children is included. The 3rd Sunday service is normally in Café Worship style and is inclusive of activities, crafts, songs, readings, etc., for all to contribute and join in.

Please come along to any of our services – a warm welcome to you. Tea & Coffee served during Café Worship and following All-Age Worship.

On the 4th Sunday of each month, the churches within the Shebbear Church Council, are meeting for morning worship together – all at 10.30am and at Lake Methoist Church

Dates of Services at Lake Methodist Church (Shebbear)

Sunday, 24th September Sunday, 22nd October Sunday, 26th November

Preacher: Revd Rob Blackhall Preacher: Mr David Ley Preacher: Revd Stephen Hill

At Home Worship - Circuit offers Zoom services and Live Stream of Buckland Brewer's services.

Harvest – United Service

Zoom - these are planned for **10th September**, **8th October and 12th November** all of which you are most welcome to join in. The service can be accessed via a computer/laptop with camera/microphone, IPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on – please contact Sarah Richards, our Circuit Administrator, on 01237 472649 or email her <u>sarahrichards185@gmail.com</u> for details on how to join the 'meeting'.

Live Stream – Buckland Brewer on 17th & 24th September, 15th & 22nd October, and 19th & 26th November.

Christening – It was an enormous privilege to welcome William, Claire, Charlotte and Matthew Johns, and family and friends for Mathew's Christening at our service in the chapel on 4th June. Revd Rob Blackhall led all-age worship including all the young people. Matthew, as a young child, rather than a baby, was a joyful participant in his Christening. A celebration buffet was held for family and friends in the Schoolroom after the service.

HARVEST 2023 – will be celebrated on Sunday, 8th October. Please look out for posters nearer the time. As part of our thanksgiving we will be planning during the month of September for the receipt of donations (monetary) for the Freedom Centre in Barnstaple, supporting the homeless and to give non-perishable items received at Harvest to the local Foodbank.

Torridge Methodist Circuit Newsletter - If you would like to receive this monthly Newsletter please let us know. It includes diary details, the preaching plan for all the chapels in the Circuit, information on weekly Bible Study groups, other study events, and news from the Methodist Church. The Newsletter is also available on line at <u>www.torridgemethodistcircuit.org.uk</u> and there is also a Facebook page for the Circuit. Finally, there is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torridge Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button.

CONTACTS – For further information or help please contact: Our Superintendent Minister: Revd Rob Blackhall (01805 628041) Our stewards: Dan Brett (Tel: 261609) & Jeremy Sharp (Tel: 261548), Property Steward: vacant; Secretary: vacant.



Holy Trinity Church News

Church wardens Isabel and Roy Fairbrother tel 01409 261181

Email: holytrinitychurch1274c@gmail.com



Hello Everyone

Well that's it, we are in the Bradworthy Benefice are now for a time- without a local vicar.

I recall the time when our church was moved from Holsworthy and Father Christopher to the Bradworthy Benefice and the care of Rev. Richard Freeman, to be honest we were happily ensconced with Holsworthy and didn't want to be transferred - but we had no say in the matter. Looking back it must have been slightly difficult for Rev. Richard encompassing another church who were a bit hostile with the move. However we grew to know Richard and the other churches in the Benefice and so we slipped into the established routine.

We wished Rev. Richard a happy retirement and farewell on July 2nd.

A final service of Holy Communion was led by Richard at Bradworthy Church on the morning on July 2nd which was very well attended. Later in the day we attended his leaving service also held at Bradworthy Church- this was quite emotional. After the service the congregation, which was made up of other denominations, enjoyed refreshments at the Memorial hall. Richard was presented with gifts and Angela a lovely bouquet of flowers.

Rev. Richard was always helpful to us especially when we had no church warden and Roy and I were fumbling along after 6 months we were persuaded by Richard to take on the mantle of church wardenship, his help and guidance were invaluable.

So now we look forward to a new chapter at Holy Trinity as we prepare for a new incumbent – this could take a year if not longer. We pray it will be settled quickly. In the meantime I will lead services but I hope you will support us at this time. When possible we will get a relief vicar but unlike other churches around we have not been included in the relief rota - we are hoping that will change shortly

We are still open for Weddings, Baptism and Funerals. If you need any help or advice from the church then I am your contact (number above).

We pray that it will not be too long before an appointment is made but as there are so many churches involved – it could take a year - or more for an incumbent to be appointed to the post.

May 20th we held a social afternoon with a Cream tea, plant sale, tombola and natter. Many thanks to you for your generosity.

We held the Church BBQ Saturday 15th July and as usual the rain came down .

However it didn't deter you lovely people from coming along to enjoy convivial company – a few

laughs and a bit of gossip amongst the burgers, sausage and chicken drums etc. It was another opportunity to see the local film 'A year in the life of Milton Damerel'. We found it just as funny and interesting second time round - as I know from comments that you did too - but oh how we have agedthanks Rob for setting it all up.

To those who offered help (as we are few in church) our thanks.

We have added a combined total of £456 to the roof fund. By now we will have had the Bazaar

Upcoming Community events at Holy Trinity Mark your calendar now - don't forget.

By now we will have held the Bazaar - but not in time to get details of it into this newsletter.

September 9th starting at 10.30am finishing at around 4.00pm

Don't forgetthe Holsworthy Amateur Radio club will be broadcasting from inside Holy Trinity on CHOTA DAY. We warmly welcome them back on this special day when Amateur Radio enthusiasts come together worldwide to attempt to connect together. We are excited to know where they manage to connect to - have a chat and put Milton Damerel on the worldwide wave bands. You can sit and listen in to the conversations as they happen. It is a special day in the club year and to be inside Holy Trinity church totally fulfils the criteria.

Come and support this group of enthusiasts - have a look, drop in drop out - up to you.

Bacon baps and cheese scones will be available from 10.30am until 12.30pm Cream teas will be served from 2.00pm to 4.00pm. All proceeds are for the roof fund.

Our HARVEST FESTIVAL will be held on October 8th at 3pm. Please bring gifts of canned or packaged food so we can support the Holsworthy Food Bank. Cup of tea or glass of sherry afterwards.

Ease into Christmas feeling with the Christmas Tree Festival to be held on the weekend of December 9th an 10th. Put it on your Christmas list now- get the Christmas vibe. Opening times to be put on the noticeboard and Facebook This is a community event please support it or lose it.





Some visitors felt they had missed the opportunity last year and said they would definitely be here this year. So reminder this year MAKE IT THE YEAR you bring something along. You only need to turn up with a completed exhibit or to brings your bits and bobs to make the exhibit in church, we do provide tea and coffee during this time – and a biscuit to keep the energy up....

I wonder why other villages get full support but ours is a bit hit and miss....you can change that. It is fun and free to place an exhibit no matter how big or how small.

Depending on turn out – it may be your last chance. This is a community event, be part of the community Bring A Tree

Church open on Thursday 7th from 1pm – 4pm or contact us if you need other arrangements. We like a few entries to remain until after the Carol Service which will be held on the evening of December 12th at 7.00pm - candle lit all along the pathway. Traditional service with Carols you know and love.

Church Service dates From September 2023

Unfortunately Rev Richard was unable to secure a relief vicar for Milton Damerel during the interregnum, however we continue to hold lay led services and hope that you can support us. We could hold a service on a Saturday afternoon for Holy Communion led by the Rural Dean for all denominations but we need to know there will be a congregation – other than the two of us. Leave us a message on 261181

Whatever size colour or shape **YOU ARE WELCOME at HOLY TRINITY.** All denominations are welcome. All AGES are welcome and children do not have to sit still, we have a few toys and colouring books for them to use.

Dates and times as below but subject to change so please look at the noticeboard by the roadside outside the church.

If you are new to the area and are not sure where the church is; follow the lane from the A388 down past Lizzy's Larder to Milton Town where you will see the notice board then behind is the church green, its easy just walk on through the gates. Extra parking off road is kindly allowed behind the church

September 10	Holy Communion/lay service	11.30am
September 24	Morning Praise	10.00am
October 8	Harvest Festival	3.00pm Canned or packet gifts.
October 22	Morning Praise	10.00am
November 12	Service of Remembrance	11.30am
November 26	Morning Praise	10.00am
December 7	Christmas Tree Festival bring dis	plays to church 1.30pm – 5pm
December 9 and 10	Christmas Tree Festival	Open
December 12	Christmas Carol Service	6.45pm
October 22 November 12 November 26 December 7 December 9 and 10	Morning Praise Service of Remembrance Morning Praise Christmas Tree Festival bring dis Christmas Tree Festival	10.00am 11.30am 10.00am plays to church 1.30pm – 5pm Open

<u>Church Gardening – 1pm – 5pm everyone is welcome</u> to help keep the churchyard tidy

Despite the torrential downpours this summer our helpers have done a sterling job keeping the churchyard grass shorn and tidy. It does not pass without comment from visitors and other church wardens too. We are very lucky in that we may have a hole in our church roof but out churchyard is second to none. Well done to all our helpers and to those who continually push back the roof slates to keep the church dry while we battle the fund raising.

Church Gardening dates are: September 5th and 21st October 5th and 26th (subject to the weather) Clocks go back on weekend 28/29th We will then return to gardening once a month beginning November 9th December 7th (Also open to receive xmas trees.) November 12th is Remembrance Sunday

Jsabel and **Roy** Church Wardens



PARISH HALL



After a summer break through August there will be plenty going on throughout the Autumn months

The regular community cafe will restart on Oct 7th but this will be preceded by our third Big Breakfast on Saturday September 16th

The main event for September is the annual Flower and Produce show on September 2nd

As well as the June and July community cafe we held an Ascot themed Race night in June followed by the ever popular Cider and Pasty walk, this was held at West Coombe Farm in Hollacombe, this is the new home of Roger and Sara Lawes who made us very welcome. After a blustery afternoon the weather brightened up and we had a pleasant walk around the lanes and visited Hollacombe Church which is lovely and well cared for, followed of course by the Cider and Pasties.

We have had four Art for Well-being sessions provided by Devon CC where we have taken part in various art activities (see the walls in the Hall) and held some heart to heart discussions. Franca Westaway from Bude proved an excellent tutor.

Following this we are midway through four free Yoga sessions again provided by Devon CC . If there are sufficient people interested we hope to have regular Yoga classes at the hall from September There are weekly "Dancercise" sessions on Tuesday from 7.45 to 8.30 pm. Music, exercise, and great fun not forgetting the monthly Whist Drives on 3rd Saturday of the month.

All theses activities can only take place if sufficient people attend, the income from regular hirings ,Whist, Drives, Community Cafe and other events all go towards ongoing running costs of the hall so please support the hall, use it or loose it!

As ever we are always looking for volunteers to help out at all the events Currently a replacement is needed to post activities on Facebook etc as our current member is unable to continue owing to other commitments.

Our next AGM is on September 21st at 7.30 pm anyone is welcome to attend.



MILTON DAMEREL AND DISTRICT OVER 60's GROUP

16th May, We stopped at Cornwall Services Bodmin for Coffee and went on to ST. IVES. The weather was really good. On the way home we stopped for fish and chips at The Welcome Stranger, Lanivet.

20th June, the coffee stop was House of Marbles, Bovey Tracey. We were not impressed with this as service was really slow, although they were expecting us. They had changed to table service and we were probably too many customers at once. Another pleasant afternoon at PAIGNTON, where we ate before leaving.

18h July, Blackdown Garden Centre for Coffee, with a DRIVE THROUGH CHEDDAR GORGE and time to walk and browse the shops. We went on to BURNHAM ON SEA for a meal. Most finished up in Wetherspoons

15th August, we will be going to Tavistock for Coffee, Tour of DARMOOR and on to Princetown for a meal.

19th September, Trelawney Garden Centre, Wadebridge for Coffee, PADSTOW, eat before leaving.

17th October, Trethorne Leisure Park for Coffee, TRURO, eat before leaving.

Coach leaves Holsworthy Memorial Hall car Park at 9am. Then picks up at the Football Field, Venn Green and Holsworthy Beacon.

Please book with Iris Fry on 01409 261322 or 07968 326462.

If you have to cancel a booking for any reason, please let Iris know, even if on the same morning, as sometimes we have a waiting list.

Although we call ourselves 'Over 60's Group', you do not have to be over 60 years of age to join us. Anyone is welcomed to come to our meetings for a social afternoon and of course, our Coach Trips.

Our regular meetings are on the first Tuesday of each month, from 2.30 to 4.30 at Milton Damerel Parish Hall. Membership is £4 and monthly subs £2. This does include a raffle ticket, tea and Biscuits. Our Coach Trips are on the 3rd Tuesday of the month.

New Members always welcome

Chair:Linda GiffordVice Chair:Margaret WaltersTreasurer:IrisVice Treasure:Dora ReedSecretary:Colin Boucher

MILTON DAMEREL AND DISTRICT GARDENING GROUP

<u>JUNE</u> 19th. Ian Clemens gave us a talk on preparing for the show. It was very interesting and lan gave us lots of tips on how fruit and vegetables can be shown at their best. He also advised, to read the information given in the programme thoroughly, as silly mistakes can disqualify an entry! (I was once disqualified for including Hypericum berries in a foliage display. (Lesley.) lan is happy to be a judge at our show in September.

<u>JULY 24th</u>. We had a Garden Visits to Upper Gorwell House, Barnstaple. This was a really enjoyable afternoon out, with good weather. Retired Dr Marston, showed us around his 4 acre garden filled with rare and tender trees and shrubs, mostly collected from foreign parts. We finished up with tea and cake overlooking the Taw Estuary.

AUGUST 21ST. Was cancelled

SEPTEMBER 2^{nd.} Flower and Produce Show. So please start preparing, we hope for a lot of entries.

OCTOBER 23rd and NOVEMBER 20^{th.} to be confirmed.

DECEMBER 18th. Social/Quiz

All Meeting are held at the Parish Hall on 3rd Monday of the Month, unless we have a Garden Visit.

Membership is £15 joint and £10 single, £1 subscriptions. £4 per meting for non members. New members always welcome.

Chair	Melanie Richardson	261 353
Vice Chair	Edgar Pett	261 277
Treasurer	Lesley Self	261 294
Email <u>mda</u>	dgg@btinternet.com	

HOLSWORTHY FAMILY WORKSHOP & RESOURCE CENTRE

A follow up on the article in our Summer Newsletter:-

Customers have been improving since our COVID closure and support has been overwhelming. We are still very positive that new premises will be found. We feel resources in this local area are very limited and must hold onto what has been very beneficial to many over the years.

Opening on Monday, Wednesday and Saturday Mornings 9.30 to 12.30.

Monday morning we call Monday Makes. We have a craft making session at a cost from £1 depending on item. We advertise on Facebook, what will be made each Monday. If interested you need to book, a 10 o/c or 11 o/c session.

We do need the continued support of the community. Everyone is welcome, besides running the Shop where we sell Haberdashery, Arts and Crafts items and all forms of embellishments for your projects, we have the Scrap Store. Many Items in the Scrap Store has been donated and therefore saved from land fill. If it's not priced we just ask for a donation.

We are happy to give advice and help on creating interesting craft projects.

JUNIOR NEWS

MILTON TODDLER GROUP

The Toddler Group will cease it's weekly Tuesday morning sessions from September, as the last two children will be starting primary school this term, and therefore the group comes to a natural conclusion.

We hope to continue with occasional meetings during holiday time.

The weather this summer has not been brilliant for trips out – we were successful with one visit to Lizzy's Larder, but a 2^{nd} trip out planned to visit Frithelstockstone Outside Park had to be cancelled due to the weather. We hope we may be able to make a visit there at a later date.

We also hope to hold a Celebration for 10 years of the Toddler Group.

For info:

A Stay & Play Group meets at Holsworthy Methodist premises in Bodmin St., on Tuesdays from 9am and finishing at 11am. Anyone wishing to attend this group needs to contact Michele Hogarth, the Holsworthy Pastoral Lay Worker, for more information. Suggest contact through the Bude Holsworthy Methodist Circuit (Tel: 01288 355508) or email: **michelleh.bandh2411@gmail.com**

The History of 'APRONS' - Tina Trivett

I don't think most kids today know what an apron is. The principle use of Mum's or Grandma's apron was to protect the dress underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven. It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears. From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for shy kids..

And when the weather was cold, she wrapped it around her arms.

Those big old aprons wiped many a perspiring brow, bent over the hot wood stove.

Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls.

In the fall, the apron was used to bring in apples that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

When dinner was ready, she would go out and wave her apron, so the men folk knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.

Send this to those who would know (and love) the story about aprons.

REMEMBER:

Mum's and Grandma's used to set hot baked apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw.

They would go crazy now trying to figure out how many germs were on that apron. I don't think I ever caught anything from an apron - but love.



Local Co-ordinators:		
Strawberry Bank	Edwina Hale	Tel: 261263
Gratton, Whitebear & Fore Street	Edgar Pett	Tel: 261277
Venn Green	Mike Jackson	Tel: 261196
PCSOs - Melissa Baker and Sandra Brown - Contact via 101		

The Police have asked that we bring to your attention a phone scam which is currently targeting older people across Devon and at least one person has already lost a very large sum of money.

Officers are also warning residents in Devon to be vigilant of the scam, in which the caller is pretending to be a police officer. Detectives say they have had an increased number of calls about this scam over the past few weeks, from across Devon.

In one case, the victim was persuaded to hand over more than £25,000.

It has been reported that the male caller pretends to be a police officer from a force in London. He tells the victim they have someone in custody who has cloned bank cards belonging to them. The bogus officer then requests that the elderly person transfers money to the police until the suspect is dealt with and they will then be reimbursed.

Detective Inspector Daniel Parkinson said: "We are advising anyone who receives such a call not to give any personal information and hang up straight away.

"We will never contact people to ask that they transfer money from an account to aid an investigation or request banking information.

"If anyone does get this type of request, it is a scam."

He added: "Fraudsters often target geographical areas where they know elderly or vulnerable people live, so we are asking that if you have family or friends who are vulnerable in any way, that you make them aware of this warning."

If you have any information that could help the police with their enquiries, or know someone who has received a call of this nature, contact police via our website or by calling 101 quoting reference number **50230192850**.

Alternatively, independent charity **Crimestoppers** can be contacted anonymously online at **Crimestoppers-uk.org** or by calling freephone **0800 555111**.

Police advice on receiving a scam call of this nature is to terminate the call, wait five minutes and ensure you can hear a dial tone before calling 101. Then call your bank using the number found on the back of your card.

All reports of this nature also need to be reported to Action Fraud 0300 123 2040 or online www.actionfraud.police.uk

Mobile Phone Users are able to report suspicious text messages by forwarding them to number **7726**. This service is free of charge and enables providers to take down malicious websites and block malicious texts from their networks. As of 31 May this year 54,000 text message scams have been removed as a result of using this service so it is very worthwhile forwarding suspicious items.

PCSO News. By the time you are reading this article, our PCSO Jess, will have left her post to take up a period of maternity leave. We wish her well. In the meantime, her duties will be covered by the two PCSOs who are based at Torrington, Melissa Baker and Sandra Brown. Both are experienced officers and in case of need can be contacted via **101**, either by phone or email.

WHAT'S ON

Arts & Entertainment in our area

HATS Theatre, Holsworthy

www.holsworthytheatre.co.uk

HATS is an amateur theatrical society in Holsworthy, having their own 250-seat theatre and produce plays and pantomines for the local community. The pantomines are normally performed in mid- to- late January – are excellent entertainment and attract good audiences.

The Plough Arts Centre, Torrington Box Office: 01805 624624

www.ploughartscentre.org.uk

The Plough Arts Centre based in Torrington provides an extensive, varied and interesting programme, including workshops – programmes and one-off days; live events – open air theatres and events at numerous locations around North Devon; theatre; comedy; films; music; and exhibitions and has its own Café & Bar "Charlie's@The Plough". The diary found on the web-site provides details of events, workshops, etc., programmed for each day.

Christmas Cake.

- 285 g Butter
 285 g Brown Sugar
 285 g Plain Flour
 285 g Raisins
 285 gSultanas
 142 g Glacé Cherries
 142 g Chopped Almonds
 57 g Candied Peel
- 285 g Currents 1/4 Tsp Bicarbonate Pinch Salt 1/2 Tsp Mixed Spice 1/2 Tbs Black Treacle 1/2 Wine Glass Sherry 5 Eggs.



<u>Method.</u>

Cream butter and sugar, add eggs, fold in flour sifted with bicarbonate, salt and mixed spice. Stir in fruit, treacle cherries, almonds, peel & Sherry.

Cook 275 f/150c on bottom runner 4-5 hrs, cake will be cooked when skewer comes out clean. When cooled wrap in grease proof paper and store in an air tight container.

Feed with Sherry or brandy by piecing with a skewer & pouring a couple of tablespoons of your chosen spirit weekly or more often depending how boozy you want it.

Marzipan, ice and decorate just before Christmas.

Christmas Pudding.

170 g Currants 170 g Sultanas 340 g Raisins 86 g Mixed Peel 114 g Plain Flour Pinch Salt 227 g Breadcrumbs 227 g Suet

227 g Brown Sugar
½ tsp Mixed Spice
29 g Ground Almonds
Grated Rind of 1 Lemon
½ tsp Grated Nutmeg
4 Eggs
Brandy, Ale or Milk



Method.

Put all ingredients in a bowl, mix thoroughly with the well beaten eggs and enough of the brandy, ale or milk to make a moist mixture, tip into well greased basins and cover with greased, kitchen parchment. Steam for 8 or 9 hours.

Note.

Christmas Puddings may be steamed for 6 or 7 hours, allowed to become cold and the steam time completed when the pudding is to be served. If the paper covering the pudding is changed the puddings can be stored in a cool dry place for several weeks or frozen, allow to defrost thoroughly before completing the steam time.

Brandy Cream for your Christmas Pudding or Mince Pies.

3 tbsp. cornflour 400 ml (14fl oz) whole milk 75 g (3oz) caster sugar 1 vanilla pod, seeds scraped 3 tbsp. brandy 100 ml (3½fl oz) double cream

Directions

Put the cornflour in a small bowl and whisk in 3tbsp of the milk. Pour the remaining milk into a pan and add the sugar and cornflour mixture. Bring to the boil, whisking constantly, and heat until sauce thickens.

Take off heat; stir in vanilla seeds, brandy and cream. Serve hot or warm with the pudding

Evelyn's Walk (10/07/2023)

Nine of us met in Bradworthy Square on Monday 10th July. It was the first time that I have led a walk in Bradworthy as previous walks have always been led by a resident of Bradworthy. Unfortunately, Val was unwell on this occasion. We all missed her company & local knowledge. We hope she feels better very soon. We walked along the lane from The Square keeping H.J. Wicketts on our left & the School on our right. This is such a pretty lane especially at this time of year. At the bottom of the hill, we admired the River Waldon. Unsurprisingly, the level of the water was very low. We then strolled up the hill through a beautiful avenue of trees, admiring the far reaching views to the left. By walking down the drive towards Berridon, we joined the footpath on our right. The route was cleverly marked across a beautifully kept field with a couple of strategically placed granite gate posts. They won't rot!! At the other side of the field, we walked through the



galvanised gates & followed the track across another field. There was much evidence of cows but there were no cows to be seen. I believe the property that we could see through the trees as we walked across the wooden footbridge used to be a Hospital for local people suffering from TB. We rejoined the lane & turned right towards the village. It was at this point that it started to rain. It was my intention to visit the Play Area & admire the Millennium Garden but the heavens suddenly opened & we were getting drenched. My intentions were abandoned as it was obviously not just a passing shower & everybody was keen to head for home.

Evelyn's Walk (14/08/2023)

Nine of us met in the Village Hall car park in Chilsworthy on Monday 14th August. Some people came because they were keen to repeat the route that we enjoyed in June last year. Some people were interested to explore a new route. We set off along School Lane & followed the footpath across the fields. This is Holsworthy Hamlet's footpath No. 10. Most people had opted to wear walking boots & were a little taken aback when we reached the little stream at the bottom of the hill. To be fair, it was little more than a trickle & didn't really present any more of a problem than walking across lush green fields in August given how much rain we have enjoyed recently. The route took us through the grounds of Parnacott House. We were fortunate to



have the company of someone with snippets of local knowledge which added to the enjoyment of the walk. It led to some interesting conversation regarding what our relatives had done for employment in a bygone era. When we reached the lane, it was quite confusing regarding where we were. It was actually on the lane that connects the Holsworthy – Bude road (A3072) with the Holsworthy – Bradworthy road. We were surprised how busy it was with cars, vans & lorries but it's obviously a well-known shortcut. We turned right along this lane all the way to the T-junction. They are not very obvious unless you know where to look but there are a couple of Tumuli in the fields. If you look on an OS map, they are identified as Ugworthy Barrows. At the T-junction, we turned right towards Chilsworthy. It was only for about 100m before we popped through the hedge & joined Holsworthy Hamlet's footpath No. 5. It's very well marked & accessible with gates rather than stiles. By this stage, I had to reassure everyone that we were nearly there as it wasn't very obvious where we were. We rejoined the lane at Quarry Park & by turning right, we walked past the Chapel. We could have walked along the road back to the Village Hall but opted for the safer option of walking along the BOAT (By-way Open to All Traffic). It gave us the opportunity to enjoy the tranquility of The Green & appreciate the fact that the Parish has two play areas. I believe everyone enjoyed the walk in spite of the damp start. It's a very pleasant circular loop of approx. 3.75 miles.

The next walk will be on Monday 11th September. We will be setting off from Vealand Nature Reserve car park in Pancrasweek at 10am & walking along the feeder arm of the Bude Canal towards Lower Tamar Lake. We have kindly been given permission to park at Mick & Thelma Stanton's property called Forest View. Please car share if possible. This will be a "there & back walk" not a circular one. There is a very well-appointed picnic bench along the way if you would like to bring a snack. You are very welcome to contact me for more information.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com

Holsworthy Walk and Talk

Last month our walks took us to Sheepwash, Efford Down, Bude and the Ruby Way out to Hollacombe, together with several other locations. The sunshine brought out an array of sun hats, sunscreen and plenty of water and helped to enhance the scenery with colourful and aromatic flowers and blossoms along the way. At Bude we slightly changed our usual route to avoid the recently started works to relocate the Watch Tower by accessing the Down via Vicarage Road and then through Efford Farm. This was a new route to most people and made for an easier climb up onto the clifftops, where we had lovely views across the sea and also Northwards to the GCHQ radio dishes at Morwenstow.



Our walk along the Ruby Way took us to Hollacombe

Church. Margaret Stacey, who frequently joins our walks is the organist at the Church gave us the opportunity of a look inside. One of her colleagues had been researching the history of the Church and she was able to pass on some interesting information about the various stained-glass windows and what the scenes were depicting. Some 40 years ago the Church suffered from a severe case of dry rot which meant that most of the woodwork had to be replaced and the historic pews were lost. The short tower, which has a saddleback roof, one of only 6 in the South West, has 3 bells. They can't be used at the moment due to the bell frame needing strengthening works, but it is hoped that this can be remedied in the next few years. Margaret also provided some cold drinks, which were much appreciated before we continued with the rest of the walk.

It has been very pleasant to take advantage of the shade given by the Pavilion in Stanhope Park whilst refreshing ourselves with coffee and biscuits after our Walk in the Park. Over the three days of the end of May bank holiday Holsworthy Cricket Club celebrated their 150th anniversary with a 'Festival of Cricket'. Stanhope Park, and the Pavilion, were host to live music, food, drinks, children's entertainments and, of course, lots of cricket.

If you would like to join us on any of our walks and find interesting snippets of local history or spectacular views amongst all the physical and psychological benefits of walking in a group then please come along.

We walk on Mondays and Fridays. All walks start at 10.30 am and are **FREE**. Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks.

For further information please contact: holsworthywalkandtalk@gmail.com https://holsworthywalkandtalk.co.uk Gillian Aston 0785467778



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UPPER TAMAR LAKE SAILING CLUB

Upper Tamar Lake Sailing Club have recently enjoyed another day of Sunday sailing. On this occasion there was a little rain but this didn't dampen the enthusiasm of the single and double handed dinghies out on the water.

If you haven't sailed for a while and would like to get back on the water, Upper Tamar Lake Sailing Club near Bude would love to hear from you - you and your family will be made very welcome. We sail on Sunday and Wednesday afternoons.

Our members with double handed craft are often in need of a willing crew, and crewing is an ideal way to learn or refresh your knowledge of sailing. The Club owns a few single-handed boats (Toppers) and double-handers (Bosuns) which can be used by members for a small fee, so there is no need to own your own boat to get back on the water.

Alternatively, if you love sailing and the social benefits, but are no longer able to get out on the water, we are looking for volunteers to help with our race days or being involved with events. We are a very friendly club and everyone is made to feel very welcome.

If you would like to know more about us, please email Roger Heasman (Commodore) heas-

man.ra@gmail.com Further information can also be found on our website www.utlsc.org.uk and on our Upper Tamar Lake Sailing Club facebook page.



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Please contact David Taylor 01409 261577 mdnlad@hotmail.co.uk

Visit the Milton Damerel Web Page http://www.miltondamerel.com/ for historic copies of the Newsletters and much more Parish Information.



Busbys Solicitors is under new ownership

As you may have seen from our recent announcement, Busbys Solicitors is under new ownership whilst nothing has changed in terms of the high quality, personal and professional service that the firm continues to offer, we are moving towards more electronic based systems to decrease delays in matters - particularly conveyancing transactions.

As you may be aware, Anti-Money Laundering Regulations have been in place since 2002, meaning your legal advisor (whether a solicitor, licensed conveyancer or legal executive) must verify the identity of their client. Traditionally, this would have meant coming into the office with your original ID documents for us to certify.

One of the ways we are looking to streamline the process of ID verification, is by adopting the Guidance by HMLR to carry out an "enhanced level of check" with reference to a specific set of requirements, collectively known as 'the digital identity standard'. This standard is founded on the principles within the Government's Good Practice Guide (GPG45).

The requirements involve biometric and cryptographic checking of identity and verification that the individual or individuals signing of behalf of corporations (such as limited companies) are the owner of the property or otherwise a genuine party to a registrable transaction.

An email would be sent to you, with a verification code sent separately by SMS: the dual authentication utilised by the software ensures that the process is as secure as possible.

Using NFC chip documents, such as a passport, biometric data is read to verify an ID document using the electronically held image to complete a facial recognition match to the person (the 'fun' part about this for you is taking your 'selfie'!) and confirm the document that has been 'scanned in' is not counterfeit. This provides an assurance that the firm is 'Safe Harbour-compliant' by meeting HMLR's Gold Standard ID verification requirements.

In engaging with this new process, it also saves you the time (and expense) of travelling to our office and is also intended to avoid any delays in getting your matter underway, as soon as you have instructed us. This is not limited to conveyancing or property matters - as your solicitors, we take our compliance and regulatory requirements seriously, in relation to each area of the legal services that we offer: these include Wills, Lasting Powers of Attorney, Advanced Decisions, Probate/Estate Administration, Family/ Matrimonial and Commercial Property/Agricultural Property. Should you wish to find out more about



these, or our new and exciting digital processses, please contact us.

Busbys Solicitors

The Strand, Bude, Cornwall, EX23 8TJ

We have extended our geographical reach with a New Office Opening in Devon at the <u>Cottage Office 1B Follaton</u> <u>House Plymouth Road Totnes</u> <u>TQ9 5NE</u>. We look forward to providing greater coverage to our clients. This office is currently by appointment only.

<u>Please note as of 1st February</u> <u>2023 Dart Legal Services is now</u> part of Busbys Solicitors



Regular Events

Milton Damerel Over 60's Club – Parish Hall Holsworthy Amateur Radio Club - Parish Hall Parish Council Meeting - Parish Hall Whist Drive – Parish Hall Chapel Sunday Worship Chapel Café Worship Trinity Church Holy Communion Trinity Church Morning Service Holsworthy Walk & Talk New Baby & Toddler Group - Methodist schoolroom Milton Damerel and District Garden Group 1st Tuesday every month 2.30pm 1st Wednesday every month 7.30pm 3rd Wednesday every month 3rd Saturday every month 7pm 2nd Sunday every month 11 am 3rd Sunday every month 11 am 2nd Sunday every month 11.30am 4th Sunday every month 10am Every Monday & Friday 10.30am. Every Tuesday 10.00am till Noon 3rd Monday every Month.

The Black Horse Torrington

It was very sad to see this beautiful historic (pre Civil War) pub close down as a result of covid.

Happily it re -opened earlier this year and is now serving food again.

As with many establishments staffing is a problem but food is now served Tues-Sat 5-8pm and lunches Thurs-Sat 12-2pm A sample menu of appetisers and Tapas from £4. Main course nothing over £12.95 i.e. Gammon, Burger ,Burritos Scampi and Chilli Great Value is regular Fish Friday for £6 great value Portions are hearty and the chips delicious Good basic food cooked well and served in the Bar or newly decorated restaurant

This is a family run pub and deserves to be successful

THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- · Milton Damerel Newsletter GDPR Statement Privacy Notice
- · Milton Damerel Newsletter Data Protection Policy
- · Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 10, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there are any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed over the page.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to the Compiler.

Disclaimer: The views and opinions expressed in any article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

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Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members:- a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968-All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.



Useful Contact details:

Parish Councillors:

Tel 07966 671543
Tel 01409 261114
Tel 07866 406977
Tel 07966 558385
Tel 01409 261871
Tel 01409 282956

Chapel:

Revd Rob BlackhallTel 01805 628041Stewards Dan BrettTel 01409 261609and Jeremy SharpTel 01409 261548.Property Steward (vacant)Secretary (vacant)

Church:

Revd Richard Freeman	Tel 01409 241315
Church wardens Isabel & Roy Fairbrother	Tel 01409 261181
•	

Walks:

Gillian Aston Tel 01409 254642 email: holsworthywalkandtalk@gmail.com Evelyn Sharman Tel 01409 259848 email: evelyn.sharman@btinternet.com

Over 60's Club:

Chair:Linda GiffordVice Chair:Margaret WaltersTreasurer:Iris Tel 261 322Vice Treasurer:Dora ReedSecretary:Colin Boucher

Neighbourhood Watch:

Edwina Hale Edgar Pett Mike Jackson Tel 261263 Tel 261277 Tel 261196

SUDOKU Answer



Toddlers:

Sheila Daniel

Tel: 261466

Holsworthy Rural Police:

Urgent 999 Non-Urgent 101 holsworthy@devonandcornwall.pnn.police.uk

Parish Hall:

Booking Secretary Hayley Garner 01409 251248, or Kate Moyse 261151.

Gardening Group:

Melanie Richardson	261 353
Edgar Pett	261 277
Lesley Self	261 294

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