MILTON DAMEREL PARISH NEWSLETTER

Autumn 2024 96th Edition



Keep the colour coming

It is relatively easy to have a garden full of colour in early-mid summer, but late summer can be a little harder. Regular maintenance and a careful choice of plants is key to a colourful season's end. Spring temptations can mean that you are left with a garden full of foliage after early flowering shrubs have finished and perennials have gone to seed. By the time you realise that you should have left room for later flowerers, you may have run out of room. If you have fallen into this trap, take stock of your garden now and note down where you can replace spring flowering plants with those that perform later in the year.



Deadheading can prolong your summer display, directing

energy into stronger growth and more flowers. This can be quite therapeutic and it gives you time to look for pests and diseases. Check for what is struggling and make notes on any changes you may want to make in the future. If you remembered to try the 'Chelsea Chop', then now is when you will reap the rewards with the delayed flowering of summer favourites such as *Hylotelephium* (formally *Sedum*), *Phlox*, *Echinacea* and *Helenium*.

The Hot Garden is perhaps our most vibrant area of the garden, where blocks of purple, orange, yellow and red are broken up by airy grasses. Some of our favourites include *Monarda* 'Prärienacht' AGM (lilac -purple), *Helenium* 'Sahin's Early Flowerer' AGM (orange), *Rudbeckia. fulgida* var. *sullivantii* 'Goldsturm' AGM (bright yellow) and *Crocosmia* 'Emberglow' (scarlet). These plants have the added bonus of being attractive to bees, hoverflies and butterflies which means you can also do your bit for our beleaguered insect population if you choose one or more of these plants for your garden.

A good source of new plants for your garden is the RHS Garden Rosemoor Flower Show where there will be specialist nurseries selling a wide range of plants for all situations.

Sheila Dearing Garden Technical Services Officer. RHS

SHORTBREAD - Children's recipe

125g/4oz unsalted butter, softened, 55g/2oz caster sugar, plus extra to finish, 180g/6oz plain flour. Method.

Preheat the oven to 190C/170C Fan/Gas 5.

Beat the butter and the sugar together until smooth.

Stir in the flour to get a smooth paste. Turn on to a work surface and gently roll out until the paste is 1cm/½in thick.

Cut into shortbread rounds or fingers and place onto a baking tray, prick all over surface of biscuits with a fork.

Sprinkle with caster sugar, and chill in the fridge for 20 minutes.

Bake in the oven for 15–20 minutes, or until pale golden-brown. Set aside to cool on a wire rack.



Open Tuesday – Friday 9.00am till 2.30 pm All-Day Breakfast – Sandwiches – Burgers Weekly Specials, or pop in for a Tea or Coffee Eat in or Take Away!

LJ & VH Harris

Find us at Kivells, Holsworthy Livestock Market, New Market Road,, Devon, EX22 7FA

The Market Café

On Tor

Mobile catering provided for your event!

Contact Linda; 07800 865 295 themarketcafeholsworthy@gmail.com



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LOOKING BACK.....

Recent clippings about Milton Damerel reported in the Looking Back section of Cornish and Devon Post Series – Holsworthy post version.

From Holsworthy Post weekly newspaper editions - June 5th, June 26th, and July 3rd

Looking Back - 80 years ago - June 3rd 1944 "Killed in action: Sgt C. Hall, of Milton Damerel, whose parents reside at Holsworthy."

Looking Back - 50 years ago - June 15th 1974 "Among holiday visitors to Milton Damerel is Mr Batstone, who for some years was the local constable. He was also a regular worshipper at the Methodist Church".

Looking Back - 50 years ago - June 29th 1974 "Mr G Cock stated his wish to resign as chairman at a meeting of Milton Damerell FC and Mr S Adams was elected to fill his place. Mr W Eastcott is to be invited to become president."

Older residents of the Parish may recall some of the persons named above. Parish Clerk: Lorraine Buttery 3 Sunset Heights, Shebbear, BEAWORTHY, Devon, EX21 5BN

E-mail: miltonadmerelpc@gmail.com

Tel: 01409 282956

Councillors:

Stephen Moyse (Chairperson) 07966 671543 Richard Piper (Vice Chairperson) 01409 261114 Jim Richardson 07866 406977 Gareth Piper 07966 558385

Teresa Walters 01409 261871 Peter Bromley

Edgar Pett

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Friday before the meeting. The draft minutes are posted to the website within 30 days, but are not officially approved until the next meeting. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time.

District Councillors

Councillor Kit Hepple has been unable to attend meetings but is always available if he is needed.

Councillor Ken James attends meetings on a regular basis and is a great help to the Parish Council, his continued support and advice is very much appreciated.

Hardship Fund

Councillor Ken James has informed the Parish Council that funds are again available to anyone who is in need of financial help, the grants can cover various things such has problems paying Utility bills, council tax, replacement of household items, purchasing of food. For further information please contact Councillor Ken James via email: Councillor.James@torridge.gov.uk

Devon County Councillor James Morrish

Councillor James Morrish has been unable to attend recent meetings due to work commitments, James is a great help to the Parish Council, his support and advice is very much appreciated. James is available by email to all residents if they have any concerns, he is always willing to help.

Holsworthy Neighborhood Policing team.

Our PCSO has been on maternity leave but is due back shortly, meanwhile Sgt Donna Gutteridge sends regular updates and is available at the Holsworthy station.

Bus Shelters

It was reported at the Parish Open meeting that the bus shelter at Venn Green was very untidy with rubbish strewn inside, if at any time you use the shelter please report to a Councillor or the Clerk if it is need of a tidy up or clean, also encourage users to take their rubbish with them. Councillor Moyse recently tidied it up and also cleaned the glass panels of the other shelter, volunteers for this job are always welcome.

Planning matters:

Planning applications that have been approved recently are, new single story kitchen and new entrance porch at Lower Buttermoor, and the installation of 9 ground mounted solar panels at Footprints. Planning applications awaiting approval include, Erection of No1 dwelling on Land at Ley Farm, Retrospective application for a Domestic Garage at Kites Cottage, Reserved Matters application for layout, scale, appearance, Landscaping, ecology, surface water, turning area, parking and access at South View.

Town Farm

It is apparent to all that some tidying up has been done on the site, with the fences being repaired and the entrance being cleared. No information regarding if or when the development would be started is forthcoming...

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. These are then discussed at the meeting and comments passed on to Torridge. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is imperative that you get your comments to the relevant department as soon possible.

Annual Precept

You might notice on your Council Tax information that the Parish Council's precept request has risen significantly from the previous year. The reasons being that we will be receiving a large invoice from Torridge District Council for the Parish Council Election. In addition, the Parish Council requires an extra top up this year as the funds are lower than previous end of year accounts. This is due to the Parish Councillors approving extra grants for the Kings Coronation celebrations. Also, the cost of cutting back hedges and verges to ensure the safety of all parishioners and visitors to the area.

End of year accounts

These have all been completed and have been displayed on the notice board at the Parish Hall. They are also available to view on line.

The Step Back in Time Fund: for young people has a balance of £103.02. A grant has been recently applied for and the Parish Councillors approved a sum of £50 to the applicant. This fund is available to help young people of the Parish undertake special activities uch as volunteering at an event at home or overseas. Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

Website

If you have any events that you want advertised, please let me know or email to me in pdf format, the website Cannot be kept up-to-date if I do not get the relevant information.

Community Defibrillator (AED):

The AED's sited at Holsworthy Beacon and Sanders Garage are checked regularly, but if at any time you see that there is any damage to the cabinet at either site, please inform the Clerk. The Parish Council has just approved the purchase of new pads and charge sticks for the Defibrillators at a cost of over £400. This cost is necessary

every two years as the pads deteriorate over this period.

If you would like a refresher on the use of the AED and basic life support (CPR), please let the Parish Clerk know, these updates are conducted free of charge.

Condition of the Roads in and around Milton Damerel:

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk regularly passes on the complaints to Devon Highways, please notify me of any problems, copies are always sent to Councillor Morrish, who will substantiate our complaints.

The more people that go onto Devon County Council's website and reports potholes and poor road surfaces the better, the Parish Council, District and County Councillors encourages residents to do so as often as they can.

<u>Parish Footpaths</u>

The Parish Footpaths are now looked after by George and Wendy Preston, and they are doing a grand job, their report is printed elsewhere in the newsletter. They report directly to the Parish Clerk if there are any problems. Whilst out walking the paths if you see a problem can you please report it to ensure we get it put right without too much delay.

Parish Annual Meeting (AGM)

This was held on the 15th May, once again no residents attended, Councillor Stephen Moyse was elected as the Chair of the Parish Council with Councillor Richard Piper elected vice-chair, both decisions were unanimous.

Annual Grants

The Grants for the financial year 2024-2025 will be considered at a later date. This is due to the uncertain financial position of the Parish Council due to the election costs.

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on www.miltondamerel.com

Evelyn's Walk (12/08/2024)

On Monday 12th August, we met at Tetcott Village Hall. Anyone who has been there will know that there is a cattle grid at the entrance. The timing was such that the noise of our vehicles going over the cattle grid just as the Farmer was trying to encourage his cattle to come out of the gateway of the field opposite was enough to put them right off the idea. Bad timing! We literally tip-toed out of the car park, turned left & trotted down the hill leaving the Farmer to deal with his cattle in peace. When we reached the sign, we turned right towards Luffincott.

This lane is the approach to Luffincott Barton & St. James' Church. It's a very long drive & it wasn't surprising that the Recycling lorry went all the way to the house to collect the recycling rather than from the end of the drive. We ventured into the Church which is a Grade I listed building & is maintained by the Churches Conservation Trust. We admired it for its simplicity; its beautiful barrel vaulted roof; its 14th century font & some beautiful stained glass windows. We then followed the footpath across Tetcott Estate.

The last time we had walked this route was in November '21. It was interesting to note the differences at a different time of year & a couple of years later. The pasture was lusher & the mature trees had a much denser canopy hiding the River Tamar completely to our left. We followed the course of a little stream & it was surprisingly muddy in places. We didn't complain (much) as the mud enabled us to see evidence of the wildlife that uses the same route including deer & otter. We could easily have missed the derelict cottage that is gradually being taken over by nature. It used to be inhabited by a music teacher. We mused about her carrying her shopping home as it would have been quite a trek from the nearest road.

The footpath brought us to Tetcott Manor & the Church which we all admired. We then walked across the parkland known as The Wilderness which was being grazed by sheep. We negotiated our way quietly through the pedestrian gates adjacent to the cattle grids so at least we didn't disturb their morning. We admired the beautiful gate piers at the narrow entrance to the Estate. We turned right & arrived back at the Village Hall without seeing any sign of those spooked cattle. We were hopeful that the Farmer had managed to move them as he had intended whilst we were on our walk. Everyone enjoyed the circular route which was approx. four miles & took us approx. two & a half hours.

The next walk will be on Monday 9th September. We will set off from East Vognacott Farm near Chilsworthy with kind permission of the owner. If you would like any information, you are welcome to contact me.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com

Chapel News - September 2024

Dear Friends

How did you enjoy the Olympics? For those of us who enjoy sport, two weeks of wall-to-wall coverage were a great blessing. A good aperitif for the coming football season! For those of you who are not so keen on sport it must have been a nightmare! Apologies.

Even those who did not appreciate the finer points of competitive action there have been some incredible stories of athletes. The most heart-warming were those who had overcome difficulties to triumph at the games. For example, Matthew Hudson-Smith who was brave enough to admit that he had to face some serious difficulties in his life. Matthew missed out on gold in the 400m by a matter of milliseconds. But he was delighted with his silver medal; and even more delighted to see his family in the crowd at the end – he didn't even know that they were there. And as the games concluded Matthew announced that he and his fiancé Antonia are going to get married in September.

Paris 2024, of course, evoked memories of when the Olympics were last in Paris – in 1924. Indeed, the stadium used on that occasion was revamped to accommodate the hockey.

More than once the Olympics in Paris 1924 were referred to; and especially to the exploits of Harold Abrahams and Eric Liddle. They were immortalised in the film, "Chariots of Fire".

Abrahams won the 100m; but in doing so overcome considerable difficulties. Abrahams faced considerable prejudice and opposition. Abrahams was a Jew and the establishment didn't consider him one of them. One hopes we are better now.

The other hero of that film was Eric Liddell. Eric was an incredible sportsman. He played rugby for Scotland and was favourite to win the 100m that was won by Abrahams. Indeed, he had often beaten him convincingly. In the end Liddell did not run in the 100m. He discovered that the heats were to be run on a Sunday. Eric, as a Christian, felt that he could not run on the Sabbath. He was gaining a considerable following as a preacher in his homeland. Eric Liddell. Eric had been born in China, where his parents had been missionaries.

So Eric, although it was not his distance, transferred to the 400m, and won that.

The year after the Olympics Eric Liddell returned to China to continue his work as a preacher. One of the best sports books I have read is "For the Glory. The life of Eric Liddell from Olympic Hero to Modern martyr" by Duncan Hamilton. Like all the best sports books it isn't really about sport at all. The most moving part tells of his work in China as things got worse and worse, partly due to war with Japan and the World War.

In 1941 life in China had become so dangerous because of Japanese aggression that the British government advised British nationals to leave. Florence, Eric's wife (who was pregnant with Maureen) and the children left for Canada to stay with her family when Liddell accepted a position at a rural mission station in Xiaozhang, which served the poor. He joined his brother, Rob, who was a doctor there. The station was severely short of help and the missionaries there were exhausted. A constant stream of locals came at all hours for medical treatment. Liddell arrived at the station in time to relieve his brother, who was ill and needing to go on furlough. Liddell suffered many hardships himself at the mission. He never saw his family again.

Eric suffered greatly. In his last letter to his wife, written on the day he died, Liddell wrote of suffering a nervous breakdown due to overwork. He had an undiagnosed brain tumor; overwork and malnourishment may have hastened his death. Liddell died on 21 February 1945, five months before liberation.

Now that is to me a real hero; a real Olympian; a real man of God.

Every blessing Rob Blackhall Revd Rob Blackhall Superintendent Minister

All invited on SUNDAY 1st September, for the start of the Methodist New Year, to a Circuit Service at Torrington Methodist Church at 10.30am.

Dates of services at the Chapel for September to November all at 11.00am.

Sunday, 8th September Sunday, 15th September Café Worship With Mr David Ley (Holy Communion)
Sunday, 13th October Harvest Festival All Age Worship with Revd Rob Blackhall Café Worship
Sunday, 20th October Remembrance with Parish at 'Tommy' outside Holy Trinity

Followed by All Age Worship with Mr Frank Watson (Chapel)

Sunday, 17th November Café Worship

Our 2 services per month, normally held in the Schoolroom, are inclusive of all ages from the youngest to the eldest. The 2nd Sunday service is normally led by one of our Ministers or Lay Preacher, and an activities table for children is included. The 3rd Sunday service is normally in Café Worship style and is inclusive of activities, crafts, songs, readings, etc., for all to contribute and join in.

Please come along to any of our services – a warm welcome to you. Tea & Coffee served during Café Worship and following All-Age Worship.

FLOWER PLAN

8th Sept Christine Poole 12th Oct Harvest Festival 10th Phyllis Piper

Dates of Services at Lake Methodist Church (Shebbear)

On the 4th Sunday of each month, the churches within the Shebbear Church Council, are meeting for morning worship together - all at 10.30am and at Lake Methodist Church. Normally these are United Services with members of St Michael's Parish Church, Shebbear.

Preacher: **Mr Roy Harris (Harvest)**

Sunday, 22nd September Sunday, 27th October Preacher: Mr David Ley (Holy Communion) Sunday, 24th November Revd Paul Booth (Holy Communion) Preacher:

At Home Worship - Circuit offers Zoom services and Live Stream of Buckland Brewer's services.

Zoom - 8th September, 13th October, and 10th November at 6.30pm

The service can be accessed via a computer/laptop with camera/microphone, IPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on - please contact Sarah Richards, our Circuit Administrator, on 01237 472649 or email her sarahrichards185@gmail.com for details on how to join the 'meeting'.

Live Stream - Buckland Brewer. We continue to Live Stream Services on the Buckland Brewer Methodist Church You-Tube Channel on the 3rd & 4th Sunday in the Month & the 5th Sunday if there is one.

BIBLE STUDY - Alternate Tuesdays 10.30am in the Schoolroom at Milton Damerel Chapel, restarts on 11th September, and continues on 25th September. This is an Ecumenical 'venture' with Thornbury, Bradford and Milton Damerel Anglican communities, but a warm welcome to anyone interested in joining us. Please contact David & Janet Fisher (Tel: 07858506973) or Grace Millman (Tel: 01409261251) for details...

FATHERS' DAY - On 16th June we served Brunch to Dads (and all their families) to celebrate Fathers' Day. The frying pan was in continual use for making bacon butties, and pasties - meat & potato, cheese & onion – plus drinks and biscuits were served. A range of activities were provided and a short time of worship was included. Thank you to all who attended and to those who prepared and served the food.

SUMMER PICNIC LUNCH – The annual summer picnic was held at the conclusion of Café Worship on 21st July. There was a very generous array of 'bring and share' food, and we stayed comfortable by sitting to tables in the Schoolroom. Thank you to all who were able to come along and share.

TODDLER GROUP TOYS - Leaders and a Mum recently had a Spring Clean and Tidy of the toys and play room. Although Toddlers no longer meet, the toys, crafts and activities in the play room are a very useful resource for the services and café worship occasions and are much used by the young people when attending. Thank you for the great effort of the 'tidy-ers up"!!

HARVEST FESTIVAL – This is planned for 13th October and we anticipate previous arrangements will continue this year – flowers and displays arranged on Friday 11th with Chapel open through the day, celebration service at 11am on 13th October, which will be led by Revd Rob Blackhall, followed by lunch (pasties and deserts) in the Schoolroom. Further details will be publicised - please mark the dates on your calendars and we very much look forward to seeing you.

TORRIDGE METHODIST CIRCUIT NEWSLETTER - If you would like to receive this monthly Newsletter please let us know. It includes diary details, the preaching plan for all the chapels in the Circuit, information on weekly Bible Study groups, other study events, and news from the Methodist Church. The Newsletter is also available on line at www.torridgemethodistcircuit.org.uk and there is also a Facebook page for the Circuit. Finally, there is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torridge Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button.

CONTACTS – For further information or help please contact: Our Superintendent Minister: Revd Rob Blackhall (01805 628041) Our steward: Jeremy Sharp (Tel: 261548), Property Steward: vacant; Secretary: vacant.

Holy Trinity Church News

Rev. Mark James 01409 251015

Church wardens Isabel and Roy Fairbrother tel 01409 261181

Email: holytrinitychurch1274c@gmail.com



A Message from Your New Parish Priest

Dear Friends.

It has been just over two months since I was blessed to join you as the parish priest for our group of nine parishes, including Milton Damerel. Although I haven't yet had the opportunity to meet as many of you as I would like, I'm eagerly looking forward to connecting with more of you in the coming months. My door is always open, and I warmly welcome invitations to visit; especially if there's the promise of a good chat, a cup of tea, and perhaps even a biscuit!

As your parish priest, my role is to be a shepherd across all our communities, offering support, encouragement, and spiritual guidance. The church is more than just a place where we gather for worship; it is a living, breathing community where we come together to share in the love of Christ, to serve one another, and to extend that love to the world around us. We've already shared some wonderful moments in these early days. Our recent cream tea and poetry afternoon was a delightful occasion, filled with laughter, delicious treats, and the beauty of shared words. The BBQ that preceded was equally successful, bringing families and friends together in fellowship and fun. These events have reminded me of the strength and warmth of our community, where everyone is welcome, valued, and loved.

As we look ahead, there is much to anticipate in our parish life. On the 8th of September at 11:30 am, we will come together for our Harvest Festival service; a time to give thanks for the abundance we have received and to reflect on how we might share our blessings with those in need. Later in the year, our Remembrance Service will provide us with a solemn opportunity to honour those who have sacrificed so much for our freedom. And as we approach the Christmas season, we will gather for our Carol Service on December 10th at 7:00 pm; a joyful time to sing praises and celebrate the birth of our Savior.

I am also particularly excited about our upcoming Christmas Tree Festival, which promises to be a wonderful expression of creativity and community spirit. As we participate in these events and services, let us hold fast to the words of scripture: "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another; and all the more as you see the Day approaching." (Hebrews 10:24-25, NIV).

These verses remind us of the importance of coming together as a community, supporting one another, and sharing in the love and grace that God freely gives. I look forward to continuing this journey with you, as we build upon the wonderful work already being done in our parishes. Together, we can make a significant difference; not only in our own lives but also in the lives of those around us.

May God bless you all, and I look forward to seeing you at our upcoming services and events.

In Christ, Mark

Revd Mark James, Bradworthy Benefice Rector (Vicar)

Hello Everyone

Can you believe it is a year since the vicar of Bradworthy Benefice retired? It has been a difficult year for all the churches in the Benefice but we pulled together and worked our way slowly through the long process of finding a suitable person to take on the 8 churches in our Benefice. We needed to make the post look 'desirable' with a hint of humour - it worked as one year on – almost to the day – Rev Mark was Licensed as the new rector (vicar) of the Bradworthy Benefice.

The first service of his ministry was here at our church at the end of June, since then he has been kept very busy by us all – but he is still smiling. He is relaxing as he gets to know us and we are relaxing as we get to know him.

We feel that under Mark's leadership our churches will be brought out of the dark ages and we will enjoy a more upbeat modernisation of church – whilst retaining the essence of faith. It has begun already – little steps. Everyone is welcome to join us.

Church repairs - waterproofing

You may have noticed work going on around the porch. The slates have consistently been slipping and water has been pouring in. ON inspection it was found the guttering was full of holes – like a colander- and the downpipes were totally split down the rear of each pipe - we believe this will be the case for all the 'old' water goods around the church. We can't use any type of guttering it has to be replaced like for like and yes it is more expensive – cast iron. The guttering has to be rustproofed and primed before painting so quite a bit of work before repositioning. The brackets have to be cemented into the wall with lime mortar – so quite time consuming. Re-check the slates are firm and we have a waterproof porch' However, water is still gushing into the north nave and down the pillars so the next job is to waterproof the valley between the north and south naves.

We have a builder who can do it but are waiting for a second quote before proceeding with grant applications. Would YOU be kind enough to make a donation to get this work done - and save the only historic building. (Built 1276) we have in Milton Damerel?

Church BBQ Saturday 6th July

Despite the morning being . blustery and wet the sun did come out in time for us all to enjoy the annual church BBQ. Had a hiccup with the gazebo as some poles were missing – how does that happen when they are put away together what a lovely job he did, food was cooked to perfection - despite my interfering (sorry Dave just stress) . Desserts were made and donated by members of the church and what a choice, from roulades to chocolate tarts.

Roberta had worked out a simple short questionnaire type quiz – just for fun- which encouraged visitors to go to different parts of the church to find the answers, which were in plain 'sight'. Many struggled with 'Clack' on the sundial - everyone passes beneath it on the way into church. Clues were given.

It was a very social occasion as people mingled together and ate together, proper community spirit was felt. Thank you very much to all who attended and to those who donated raffle prizes - and to everyone who bought tickets. The raffle raised £69. A combined total of £379 was added to the roof fund.

August 10th Cream tea and cakes, served at table by Tilly, Sophy and Alana, went down very well but so did the poetry. Sophy had written her own poem about her grandad, it was very moving and beautiful. Rev Mark had written a poem about coming to Milton Damerel but had lost it on the way (he found it later and read it to us on Sunday following). We had poems about the computer and email generations, but it wouldn't have been complete without the fun and wit of a bit of Pam Ayres. We finished with a singalong of hymns chosen by vote. Thank you to everyone who joined in the spirit of this first-time event. We will be holding it again next year – in the meantime why not write your own poem to bring along – all ages welcome.

Upcoming Community events at Holy Trinity

Please note a time change for our HARVEST FESTIVAL moved to 11.30am September 8th. Gifts of canned or packaged food is welcome to donate to the food bank. Refreshments afterwards. Please join us.

September 14th starting at 10.30am finishing at around 4.00pm

Don't forget .the Holsworthy Amateur Radio club will be broadcasting from inside Holy Trinity on CHOTA DAY. We warmly welcome them back on this special day when Amateur Radio enthusiasts come together worldwide to attempt to connect together. We are excited to know where they manage to connect to – have a chat and put Milton Damerel on the worldwide wave bands. You can sit and listen in to the conversations as they happen. Support this group of enthusiasts - have a look, drop in drop out – up to you.

Bacon baps and cheese scones available from 10.30am until 12.30pm, Cream teas served from 2.00pm to 4.00pm.

Bring Christmas to Milton Damerel - Bring YOUR tree into Church on Thursday December 5th

For the Big, Big show. Let's make this year even more fabulous than last year. Remember battery lights only please.

Ease into the Christmas feeling - come to the Christmas Tree Festival - to be held on the weekend of December 7th and 8th Put it on your Christmas to do list now- Bring your tree into church on Thursday 5th from 1.30pm until 5pm (contact us if you cannot make these times)

Opening times for visitors 2pm- 5pm Saturday and Sunday. Afternoon tea and cakes – donations.

This is a community event please support it.

You can bring your tree ready dressed or dress it in church – remember to bring the 'accessories'. We do provide tea and coffee during this time – and a biscuit to keep the energy up....

Last year we had trees decorated with baking utensils (Great British Bake off) A totally crocheted tree including a crocheted pot and the tree most people liked was Willow which was filled with home-made willow decorations. Round the corner was found a 'bicycle' tree, or if your preference is for traditional then let yourself go with glitz and tinsel - can be large, small or petite, living or artificial, leaves or twigs ...

You said you would join in this year so come on down and bring a tree it's fun its free.

We like a few entries to remain in church until after the Carol Service which will be held on the evening of December 10th starts at 7.00pm - candle lit all along the pathway.

Basically traditional service with Carols but this year a little bit more drama so come and see.

Church Service dates From September

Keep your eye on the notice boards at church as changes may happen.

Generally we will have a service of Holy Communion on the 2nd Sunday at 11.30am and Morning prayer at 10.00am on the 4th Sunday of each month. Everyone whatever their age is welcome, we have a few toys and colouring books for children's use.

Dates and times as below but subject to change so please look at the noticeboard by the roadside or outside the church. If you are new to the area and are not sure where the church is; follow the lane from the A388 down past Lizzy's Larder to Milton Town where you will see the notice board then behind is the church green, its easy just walk on through the gates. Extra parking off road is kindly allowed behind the church.

Special events times.

September 8th Holy Communion/Harvest Festival 11.30am Cans or packet gifts.

September 14th CHOTA 10.30am

November 10th Service of Remembrance 10.45am assembly at 'Tommy' December 1st Benefice service 10.30am with Benefice Choir

December 5th Christmas Tree Festival bring displays to church 1.30pm – 5pm

December 7 and 8th Christmas Tree Festival Open 2.00pm – 5.00pm

December 10 Christmas Carol Service 7.00pm start

Church Gardening 1st and 3rd Thursday in each month 1pm - 5pm

October 27th BST ends and we garden 1st Thursday in each month 1pm - 5pm

Everyone is welcome to help keep the churchyard tidy. We get nice comments about the churchyard from visitors. So pat on the back to all our grasscutters hedge trimmers weed pullers and others who help in whatever capacity.

If you walk through the churchyard please make sure that the gates at both ends of the public footpath are firmly shut to keep out farm animals who are driven to their field along the back of the church.

If you are tending graves water is available from the butt at the side of the shed.

Isabel and Roy Church Wardens



Thanks to all who attended the public meeting in the hall on June 20th. It was good to get feedback and suggestions direct from some members of the community. Recently we have put in an application for a grant to fund the increased supply from National Grid to the hall if successful then the work will be carried out as soon as possible followed by installation of improved heating. Hopefully this can be done before winter sets in. We are still in process of getting an asbestos survey before deciding how to

progress with further improvements but hopefully the next project will be improving the toilets.

Unfortunately we had to cancel the June Cider & Pasty walk through lack of support. The July Community Cafe was the last for the Summer. They will restart on 5th October and this will be a fundraiser for "Chemo Heroes". This is a small North Devon Charity that gives a lovely bag of really useful items to anyone starting chemotherapy at the Seamoor Unit in Barnstaple. So please support this great cause.

The next "Big Breakfast" is on Saturday Sept14th, we have a Wine and Wisdom planned for Saturday Sept 28th followed by a Halloween Beetle Drive, Winter Craft & Gift Fair, checkout the events list. Plans are also afoot to have some sort of Community Lunch towards the end of the year details to be announced later.

We are still looking for a new Treasurer. If you feel you could step up to this task then please contact any committee member, also if you wish to join as a volunteer or committee member (it's not too onerous a task) please get in touch.

THE ANNUAL A.G.M is on THURSDAY 26th SEPT 7.30pm AT THE HALL. Everyone is welcome to attend.





MILTON DAMEREL PARISH HALL Upcoming Events 2024 SATURDAY WINE & WISDOM **28тн SEPT** SATURDAY COMMUNITY CAFE 5тн ОСТ SUNDAY HALLOWEEN **27TH OCT** BEETLE DRIVE SATURDAY COMMUNITY CAFE 2ND NOV NOVEMBER WINTER CRAFT & GIFT FAIR

Bill and Eileen Pett celebrate platinum anniversary.

Bill and Eileen Pett were married 70 Years ago on June 12, 1954, In Milton Damerel Parish Church.

The happy couple, who farmed at North Furze, Shebbear have five children, 10 grandchildren and 5 great grandchildren.

Having received their congratulations card from King Charles III and Queen Camilla they celebrated the special occasion

with their family with cake and some fizz. Eileen said they have enjoyed a

Eileen said they have enjoyed a wonderful happy life together and have been very fortunate to reach this significant milestone.

Article from the Holsworthy Post





Public rights of way - advice and information

Now the summer season is here, the Devon and Cornwall Police Rural Affairs Team would like to remind people to observe and respect the Countryside Code and, in particular, to ensure responsible and considerate use of rights of way. Take notice of local signage, use open spaces considerably following the 'le ave no trace' principle and help prevent wildfires and protect the environment by avoiding the use of BBQ's or fires.

All land is owned and public access is governed by legislation which prescribes for a variety of access levels. Trespass and abuse of rights of way can have a significant impact on landowners, farmers, live stock, and wildlife. It can lead to conflict between users and place individuals at risk of injury from live stock or other landscape features.

Basic Advice:

- Ensure responsible and considerate use of rights of way. Check permissible use using maps and local authority information and do not deviate from the waymarked route.
- Enjoy the countryside but keep to waymarked routes and abide by the Countryside Code: advice for countryside visitors taking particular care to leave gates as they were found.
- Keep your dog under close control and do not allow them to stray from the waymarked route particularly where access is across agricultural land.
- Landowners, in conjunction with other relevant bodies, should ensure public rights of way are appropriately marked and kept clear of obstructions.
- Understand waymarks and signposting and accurately follow the prescribed route.

To assist, the Rural Affairs Team have produced a short animation video explaining in more detail - Devon and Cornwall Police - Rura Crime - Trespass and Rights of Way - YouTube



CONGRATULATIONS!



Adrian Moyse of Old Trafford who celebrated his 80th Birthday in July. To:-

Peter Self of Nuview and Ted Grainger of Downs View, who both celebrated their

80th Birthdays in August

Annabel Bellew, of Court Barton, Abbots Bickington, has just graduated from Italia Conti Academy of Theatre Arts with her 'Bachelor of Arts Degree with Honours in Acting.'



WELCOME



To:-Jackie and Jeff Richards - The Spinney, Holsworthy Beacon. Bethany Wilson and Mark Beckly - 7 Beech Park, Holsworthy Beacon. Terry Brown - The Cedars, Holsworthy Beacon.

Claire Rait and Simon Rout - The Hollies, Holsworthy Beacon. Ellie and Denny Beasley - Hazeldeane, Holsworthy Beacon.



OUR SYMPATHIES



To:-

We are sorry if we miss any occasions for this page, our coverage is only as up-to-date as YOU provide information to us. see contacts page for details.



AUTUMN 2024

11

MILTON DAMEREL AND DISTRICT OVER 60's GROUP

On 21st May, after stopping at Cornwall Services for coffee, we travel on to NEWQUAY ZOO where half the coach passenger stayed for the afternoon, the remainder went onto NEWQUAY. It was a very pleasant day, sunny and dry. 18th June, we stopped at Bernaville Nursery for Coffee. This is a very well stocked Nursery and well worth a visit. We then went onto SIDMOUTH; once again the weather was good.

16th July, we had coffee at the Honey Farm, near South Molton, then travelled across EXMOOR, which was really pretty and onto MINEHEAD, another good day weather wise. Pelican outside Barnstaple was our stop for fish and Chips on the way home, but here we had a problem. First time ever, we were not booked in. Well, we were, for the 16th of January 2025. Not our driver Oz's fault, he does our evening meal bookings, he had booked correctly and confirmed the week before. 50 people waiting outside and wondering if we were going to get fed. Once the owner knew of the problem, he did his best to sort out. Half the coach managed to find seats inside, and after a short while,



the remainder decided to sit outside with a take away. Good job it was a lovely evening, as was the whole day. We all found the situation very amusing. The owner was very apologetic and gave everyone a free drink, he also offered his coat to a member sitting outside, who was beginning to feel cold, as she had left her coat in the coach.

20th August, Newton Abbot for Coffee, TORQUAY, eat before leaving. 17th September, Kernow Mill for Coffee, LOOE, eat before leaving. 15h October, Exeter Services for Coffee, TAUNTON, eat before leaving.

Although we call ourselves 'Over 60's Group', you do not have to be over 60 years of age to become a member. All ages are welcomed to join us for a social afternoon and any Coach Trip. Once members have booked a coach trip, any remaining seats are available for friends of the group.

Our regular meetings are on the first Tuesday of each month, from 2.30 to 4.30 at Milton Damerel Parish Hall. At present, membership is £4 and monthly subs £2. This does include a raffle ticket, tea and Biscuits. Our Coach Trips, £10 members and £12 Non Members, are on the 3rd Tuesday of the month.

New Members always welcome

Chair: Linda Gifford Vice Chair: Margaret Walters

Colin Boucher Treasurer: Iris Tel 261 322 Vice Treasure: Dora Reed Secretary:



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Evelyn's Walk (10/6/2024)

On Monday 10th June, nine of us met in the Village Hall car park at Bratton Clovelly. There was an air of excitement as we had never started a walk from there but Irene had suggested that she knew a lovely walk & was prepared to lead the way. We were all impressed by the Village Hall. It has plenty of parking & there is a children's play area & a sport's field at the rear with spectacular far-reaching views. We set off down the hill, identifying what would have been the School & turned right at the junction opposite the Clovelly Inn. We then turned left along the lane which took us down a steep hill. Needless to say, once we crossed the river bridge, it was equally steep going up the other side. We then turned left onto a bridleway which was also the entrance to Lower Voaden. The bridleway took us between lush green fields that were being cut for silage. There was an abundance of beautiful Foxgloves



growing along the verge. It seems to be a good year for them. We followed the bridleway through the farm yard & then joined the footpath on the left. This took us across more lush green fields that had just been cut & along what would have been the original packhorse trail. Irene pointed out a couple of wooden plaques reminding walkers of the original nature of the route. DCC have made an excellent job of providing galvanised gates & there was a wooden footbridge across a stream. The footpath was absolutely clear & accessible. Credit for this probably needs to be given to the P3 volunteer on the Parish Council. We emerged onto the lane & in turning left returned to the village. Before returning to our cars, we made a detour into the Parish Church of St. Mary the Virgin which dates back to medieval times. I can only describe this as a little gem & well worth a visit. There are beautiful albeit faded wall paintings from the 17th century. The stained glass windows are magnificent & there is a very ornate alabaster carving. There is plenty of interesting information if you have a look at the web site for Bratton Clovelly but better still, I would consider making a visit. This circular walk of approx. 2.75 miles was much enjoyed & the timing was such that the Clovelly Inn was open.

Evelyn's Walk (8/7/2024)

Whilst writing this, it's pouring with rain. I'm so pleased that it didn't rain for our walk on Monday 8th July. We met at Crinacott Farm in Pyworthy with kind permission of Mike Godfrey & his family. Knowing how busy a person he is, we were very fortunate that Mike was available to lead the way initially. He showed us his vegetables growing in his poly-tunnel. It was reassuring to learn that he has also found it a challenging year with every conceivable pest trying their best to thwart his best efforts. In spite of them, his runner beans were looking very impressive. He then introduced us to his two female Emus. They obviously consider Mike to be a very dear friend & nestled up to him & chattered away in a very guttural tone. Mike was very informative telling us the differences between Emus, Ostriches & Rheas. From what he told us, out of the three types of Ratite, I would opt for Emus BUT whatever would I do with all those eggs that they produce between January &



March? They are a very beautiful blue/green colour BUT enormous! Mike then encouraged us to walk through his woodland that he planted a few years ago. It's not the route of the footpath so we were very appreciative as it gave us the opportunity to see how the trees had grown since our last visit. He had mown a path so we couldn't lose our way & it brought us out by the footbridge at Derril Water. The route wasn't immediately obvious but by keeping the pylon on our left & walking straight across a little grassy field, we saw the wooden pedestrian gate hiding in the hedge opposite. By following the path between the paddocks, we emerged onto the lane by Northmoor & Southmoor Farms. We turned left & walked along the lane towards North Tamerton. We then turned left again & walked up quite a steep hill towards Yeamadon. It was noticeable how the way-markers have become hidden by the vegetation at this time of year but having walked this route previously, we knew which galvanised gate we needed to go through in order to follow the footpath across the lush green fields back towards Crinacott Farm. It made a lovely circular walk for everybody & made a great start to the week.

Evelyn Sharman Tel: 01409 259 848 Email: evelyn.sharman@btinternet.com

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THE GARDENER'S GROUP

The new format for the group is going well. We have 14 members on Whatsapp and 2 who still receive emails. A lot of chit chats on whatsapp, regarding needs and wants. Questions were being asked about gardening problems and the more knowledgeable being able to identify members' plants that suddenly arrived in their garden.

There have been three visits to member's gardens, followed by Tea and Cake and one BBQ. Everyone enjoyed the invitation to visit the different gardens and the social get to gether.

Melanie Richardson 261 353 Lesley Self 261 294

WHAT'S ON

Arts & Entertainment in our area

HATS Theatre, Holsworthy

www.holsworthytheatre.co.uk

HATS is an amateur theatrical society in Holsworthy, having their own 250-seat theatre and produce plays and pantomines for the local community. The pantomines are normally performed in mid- to- late January – are excellent entertainment and attract good audiences.

Other events at the Theatre:

12th – 14th September & 19th – 21st September @ 7.30pm CALENDAR GIRLS by Tim Firth

The Plough Arts Centre, Torrington www.theploughartscentre.org.uk Box Office: 01805 624624

The Plough Arts Centre based in Torrington provides an extensive, varied and interesting programme, including workshops – programmes and one-off days; live events – open air theatres and events at numerous locations around North Devon; theatre; comedy; films; music; and exhibitions and has its own Café & Bar. "The Plough Café and Bistro", open Wed to Sat 10.00am to 2.30pm, under new management and had a revamp. The diary found on the web-site provides details of events, workshops, etc., programmed for each day. Many workshops are also programmed at The Plough @ St.Anne's, Barnstaple.

Selection of workshops in Torrington:

Tuesdays, 10th Sept to 10th Dec 10.30am to 12.30pm **Plough Prism Drama** (group for Adults with Disabilities with Danielle Flowers)

Tuesdays, 10th Sept to 10th Dec 1.30pm – 2.30pm **Motion Dance** (group for Adults with Disabilities with Danielle Flowers)

Saturdays 5th Oct, 2nd Nov, 7th Dec @ 10.30am **Plough Writers** In the Meeting Room

Mondays 16th Sept to 25th Nov @ 7.30pm **Ploughcappella** with Rosa Rebecka in the Gallery North Devon's thriving Community Choir

Wednesday 30th Oct @ 3.30.pm **Character Design Workshop** with Soap Soup Theatre (3yrs +)
Following performance of Minny Stynker @ 2pm

13th Nov to 11th Dec @ 1pm **Life Drawing** with Jenny Arran in the Dance Studio (5 week course)

23rd Nov 10.30am – 1.30pm **Mosiac Taster Workshop** in the Wet Workshop (14+)

Make a robin from upcycled broken crockery



Local Co-ordinators:

Strawberry Bank Edwina Hale Tel: 261263
Gratton, Whitebear & Fore Street Edgar Pett Tel: 261277
Venn Green Mike Jackson Tel: 261196

PCSOs - Melissa Baker and Sandra Brown - Contact via 101

Bude Police Station is open 10 am to 3 pm Monday to Saturday Okehampton Police Station is open 10 am to 3 pm Monday to Thursday

Burglaries and break-ins: seem to be on the increase at the present time, in the surrounding parishes, with sheds and outbuildings being the main targets, although some residential properties have also been affected in the Winkleigh and Okehampton areas. Items being targeted are power tools and gardening equipment such as chainsaws, strimmers and cultivators. ATVs are another favourite.

Officers are also aware of other vehicle thefts in the area and would like to remind the public to ensure all properties and outbuildings are locked securely and all valuable items and equipment are security marked. This acts as a deterrent and if retrieved later down the line can help in prosecutions.

Caution if you are Selling a Vehicle Privately: The police have advised an increase across Devon of scams involving cars advertised for sale. They would like to remind residents to be wary when selling vehicles, the recent reported scam involves two to three males attending to view a car advertised for sale, when the males arrive, one distracts the owner whilst the other looks under the bonnet and tampers with the vehicle so it will smoke or not run, the males will then point out the problem to the owner and ask for a

discount on the car. If anyone comes to view your vehicle, be vigilant, ask a friend to be with you if possible. Do not leave the potential buyers alone with the vehicle or allow them the opportunity to tamper with the vehicle. If an issue is noticed during the viewing or test drive, do not lower the price without having the vehicle examined by your own independent mechanic. Do not accept any deal that you are not happy with.

Anyone with information is asked to contact police via our website or by phoning 101 quoting 829 5 June.

All reports of this nature also need to be reported to Action Fraud 0300 123 2040 or online www.actionfraud.police.

Practical advice you can follow when it comes to dealing with suspicious messages and calls:

If you have any doubts about a message, contact the organisation directly using the contact details on their official website. Do not use the number or web address in the message. Your bank, or any other official source, will not ask you to provide sensitive information by email.

Received an email that doesn't feel right? STOP! Report suspicious emails by forwarding them to: **report@phishing.gov.uk.** Send emails to this address that feel suspicious, even if you're not certain they're a scam – they will be checked.

Always report suspicious text messages or scam call numbers, free of charge, to7726. Your provider can find out where the text came from and block or ban the sender.

To report a scam text, forward it to 7726 and then send the sender's number when prompted.

To report a scam call, simply text 7726 with the word 'Call' followed by the scam caller's number.

If you've lost money or provided financial information as a result of a phishing scam, notify your bank immediately and report it to Action Fraud at actionfraud.police.uk or by calling 0300 123 2040.





Regular Events

Milton Damerel Over 60's Club – Parish Hall Holsworthy Amateur Radio Club - Parish Hall Parish Council Meeting - Parish Hall Whist Drive – Parish Hall Chapel Sunday Worship Chapel Café Worship Trinity Church Holy Communion Trinity Church Morning Service Holsworthy Walk & Talk

1st Tuesday every month 2.30pm 1st Wednesday every month 7.30pm 3rd Wednesday every month 3rd Saturday every month 7pm for 7.30pm 2nd Sunday every month 11 am 3rd Sunday every month 11 am 2nd Sunday every month 11.30am 4th Sunday every month 10am Every Monday & Friday 10.30am.

Holsworthy Walk and Talk

We recently visited Germansweek which we haven't done for a while. Parking in a large lay-by at the northern tip of Roadford Lake we headed off on a footpath through fields which were incredibly dry with the lush grass being enjoyed by a few sheep. Our path then took us along woodland tracks and over the River Wolf which is the main feeder river for Roadford Lake. The river had evidently had a very busy winter as Roadford Lake was looking very full. All of the stiles along the route had been converted to pedestrian gates, part of DCC's mission to increase accessibility.

Having had a cardio workout walking up a fairly steep track we arrived in the village of Germansweek. We had been given permission to visit the Church of St German, a Grade 2 Listed 13th century Church. It is a very well kept, spacious church with a peal of five bells and an impressive pipe organ on the left hand side of the Church. The organ has recently been gifted to the Church by a gentleman with family connections to the Parish. The Churchyard was an oasis of tranquillity with several ornate headstones and one Commonwealth War Graves Commission marked grave. We had been discussing the name of Germansweek so were interested to find a booklet in the Church giving a history of the name. Apparently, the village of Germansweek originally takes its name from St Germanus, a 5th century AD Bishop to whom the Parish Church is dedicated. The old English word 'wic' originates from a Latin word meaning hamlet or farm and is particularly common in districts where cattle farming has played an important role from ancient times.

As often happens on our walks we are introduced to snippets of local history and interest as well as having the opportunity to admire beautiful scenery and varied wildlife and benefit from the fresh air and exercise.

We often refer to the benefits of walking to both physical and psychological health and were interested to read of a new study from the European Society of Cardiovascular health. The study showed that the risk of dying from disease of the heart and blood vessels are reduced even by taking a short daily walk of one mile. The researchers went on to say that 'In a world where we have more and more advanced drugs to target specific conditions such as cardiovascular disease, we should always emphasise that lifestyle changes like walking are at least as, or even more effective in reducing cardiovascular risk and prolonging lives'.

It is always satisfying to be able to prove theory in every day life and to that effect we are proud to have two regular nonagenarian walkers in our Monday Walk in the Park group. Pam celebrated her 90th birthday last month and Marion, our Walk Leader, notched up 91 years. The kitchen ladies at The Coffee Room very generously made a cake for Pam which we all enjoyed. We had a very sociable morning with lots of laughter and congratulations and put into practice other research that socialising and being part of a group have far reaching benefits to overall health. The Coffee Room ladies were particularly pleased to be able to provide for and share Pam's special birthday as their ethos is to provide a welcoming space to promote and support emotional well being. The Coffee Room is open Mondays and Thursdays from 1000hrs – 12.30hrs. On the last Thursday of the month, they open earlier at 0845hrs, and try to have a speaker on local topics.

If you would like to join us we walk on Mondays and Fridays. All walks start at 10.30 am and are **FREE**. Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below.

Contacts:

holsworthywalkandtalk@gmail.com https://holsworthywalkandtalk.co.uk Gillian Aston 07584 677 784



Eating Out

It has been some years since we visited The Devils' Stone Shebbear, I don't know why that is, but we have definitely been missing out! This lovely old village pub offers great ales, great food and also accommodation (if you can't make it home). I have been moaning that nowhere does a "Ploughman's Lunch" any more well I met my match here! The large plate was loaded with two types of cheese, two slices of ham, a scotch egg, homemade coleslaw and salad plus delicious bread, chutney and crisps I was podged! Jim had gammon and eggs well, I say eggs, he had two double yolkers!

There were lots of choices on the extensive menu which favours local produce. There is a restaurant for more formal dining. We ate out in the lovely spacious garden which is surrounded by mature trees. There were assorted games available for children to play with.

The pub name refers to a large stone on the village green which has to be turned annually on 5th Nov, supposedly to keep the Devil trapped beneath it for continuing good luck in the village. I seem to remember a similar story concerning a large stone in a village near where I grew up in Bedfordshire!

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Scallops.

Pinemarten

Polecat

Weasel

Hare

Vole

Badger

Bat

Deer

Dormouse

Fox

Hedgehog

Mole

Mouse

Muntjac

Otter

Rabbit

Shrew

Squirrel

Stoat

Vole

Serves 2 and makes a delicious starter.

Difficulty: Intermediate

puzzles, visit KrazyDad.com.

8 Fresh Scallops 250 mls Whole Milk 200g Celeriac, peeled & chopped 50 mls Double Cream

© 2018 KrazyDad.com

2 Apples 20g Butter 150 mls Cider Seasoning

Fill in the blank squares so that each row, each column and each

3-by-3 block contain all of the digits 1 thru 9. Use logic and solve

the puzzle without guesswork. For puzzle solving tips, and more

1 tsp Honey Watercress to garnish

Simmer the celeriac, milk & cream for about 10 minutes until soft, add butter & blitz until a smooth purée, season to taste then put to one side but keep warm.

Peel & cut the apple into segments, place in a small pan with the cider & honey, place on a medium heat until glazed then put to one side.

Heat a little oil in a non stick frying pan until hot, place the scallops in the pan & fry for 15x20 seconds each side or until cooked, making sure they are a light golden brown in colour.

To serve, place 3-4 spoonful of purée on a plate, place the scallops on top of the purée & add the apple segments around, drizzle the remaining glaze over & garnish with some watercress.

Duck Breast in Plum Sauce.

2 Duck Breast Olive Oil Seasoning.

For the Plum Sauce, about half pound of plums, a small cinnamon stick, half a glass of white wine, 1 dsp Sherry vinegar, sugar to taste.

Combine plums with cinnamon, white wine, bring to boil, gently, cover & simmer until plums are cooked down to a purée, rub through a sieve. Whilst still warm add sherry vinegar & 1-2 dsp sugar & lots of black pepper.

Pre heat grill, place duck breasts skin up on a grill rack about 3 inches away from heat, grill till skin is well browned & crisp, turn over, brush with oil & season, cook to liking, put aside & rest for 5 minutes whilst you reheat the sauce. Slice duck breasts any juices from meat stir into sauce, drizzle sauce over duck & serve.

THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- Milton Damerel Newsletter Data Protection Policy
- Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 10, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there are any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed over the page.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to the Compiler.

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The deadline for submission of articles and advertisements for the next newsletter is

16th November 2024.

Useful Contact details:

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 Stephen Moyse (Chair)
 Tel. 07966 671543

 Richard Piper (Vice Chair)
 Tel. 01409 261114

 Jim Richardson
 Tel. 07866 406977

 Gareth Piper
 Tel. 07966 558385

 Teresa Walters
 Tel. 01409 261871

Peter Bromley Tel. 01409

Edgar Pett Tel. 01409 261277 Lorraine Buttery (Clerk) Tel. 01409 282956

Chapel:

Revd Rob Blackhall Tel. 01805 628041 Steward Jeremy Sharp Tel. 01409 261548.

Property Steward (vacant)

Secretary (vacant)

Church:

Revd Stephen Skinner Tel. Inteim

Church wardens

Isabel & Roy Fairbrother Tel 01409 261181

Parish Hall:

Booking Secretary Hayley Garner 01409 251284 or Melanie Richardson 07929 509534.

Walks:

Gillian Aston Tel. 01409 254642 email: holsworthywalkandtalk@gmail.com Evelyn Sharman Tel. 01409 259848

email: evelyn.sharman@btinternet.com

Over 60's Club:

Chair: Linda Gifford
Vice Chair: Margaret Walters
Treasurer: Iris Tel. 261 322

Vice Treasurer: Dora Reed Secretary: Colin Boucher

Holsworthy Rural Police:

Urgent 999 Non-Urgent 101

holsworthy@devonandcornwall.pnn.police.uk

Neighbourhood Watch:

Edwina Hale Tel. 261263 Edgar Pett Tel. 261277 Mike Jackson Tel. 261196

The Gardener's Group:

Melanie Richardson Tel. 261353 Lesley Self Tel. 261294

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SUDOKU Answer

7	8	6	3	4	1	9	5	2
9	5	4	8	7	2	6	1	3
3	2	1	5	9	6	4	8	7
6	1	3	4	8	7	2	9	5
2	7	5	9	1	3	8	6	4
8	4	9	6	2	5	3	7	1
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