
MILTON DAMEREL

PARISH NEWSLETTER

Winter 2022

89th EDITION



God Save the King

A New King for the Country.

After the sad death of Queen Elizabeth II early in September her eldest son Charles was proclaimed King Charles III.

He was born on the 14th November 1948 at Buckingham Palace, the first child of the then Princess Elizabeth and Prince Philip, Duke of Edinburgh, he was christened Charles Philip Arthur George. The eldest of four children, his siblings being Anne, The Princess Royal, Andrew, Duke of York and Edward, Earl of Essex. Charles is the longest serving heir apparent to the British throne and the oldest person to ascend to it.

He married Diana Spencer in 1981 in St. Paul's Cathedral, they had two sons William, Duke of Cambridge, now Prince of Wales the new heir apparent and Harry, Duke of Sussex. Their marriage was dissolved in 1996 and in 2005 he married Camilla Parker Bowles, who is now Queen Consort.

King Charles had taken over some of the late Queen's duties as she had become frailer and had some mobility problems, he had a very good tutor in his Mother and I'm sure he will do his very best to emulate her.

Queen Elizabeth II.

Born 21/04/1926 Died 08/09/2022.

It was with great sadness that we heard of the death of Queen Elizabeth II early in September.

In our last issue we celebrated her Platinum Jubilee and although she looked rather frail, I'm sure many of us thought that she would live forever, never knowing any other Monarch it was difficult to imagine the country without her. Many of the older generation in the Parish can remember her Coronation and the pomp and ceremony that entailed, the majority of us were children & enjoyed the celebrations that were held.

She was the epitome of what we expect of a Monarch, gracious and a smile that lit up her face & the room, I'm sure that it put many a person at their ease when meeting her, a very special lady.

When asked about her, many people have said she had a wicked sense of humour, I think the James Bond episode for the Olympics and the Paddington Bear Tea Party were proof of that.

I think we all know the declaration she made on her 21st birthday which she followed through out her life, "I declare before you all that my whole life whether it be long or short shall be devoted to your service and the service of our great imperial family to which we belong." She devoted her life as Queen to her country.

I'm sure that in the future, history will say that she was one of the greatest Monarchs to have sat on the throne of England, a lady that was admired by many people all over the world.

Rest in Peace Your Majesty, you served your country well.



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An advertisement for Frazer Garden Services. The background is a green field with a white silhouette of a person mowing. The text is in large, bold, white and yellow letters. At the bottom, the phone number 07931711371 is displayed in large white digits.

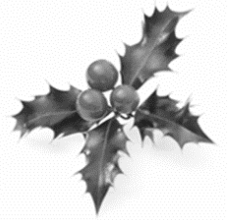
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01409 254816 or 07855 275088**

Parish Clerk: Lorraine Buttery 3 Sunset Heights, Shebbear, BEAWORTHY, Devon, EX21 5BN

E-mail: miltondamerelpc@hotmail.co.uk

Tel: 01409 282956



Councillors:

Stephen Moyse (Chairperson)	07966 671543	Richard Piper (Vice Chairperson)	01409 261114
Rose Haynes	01409 261577	Jim Richardson	07866 406977
Gareth Piper	07966 558385	Peter Buckpitt	07584 086693
Teresa Walters	01409 261871		

Meetings of the Parish Council are usually held on the third Wednesday of each month. The agendas for all meetings are displayed on the notice boards and available on the Milton Damerel Website, no later than the Friday before the meeting. The draft minutes are posted to the website within 30 days, but are not officially approved until the next meeting. Members of the public and press are always welcome, time is set aside for comments but they may not take part in discussions at any other time.

COVID 19

Most restrictions have now been lifted but the Government still urges people to be cautious as it has not gone away. The wearing of face masks is not compulsory but some shops are requesting that shoppers wear one when inside their supermarkets. It is also a personal choice whether to wear one or not. It is hoped with the mass immunisation that this disease will continue to diminish its hold on the community.

District Councillors

Councillor Kit Hepple and Ken James have been unable to attend recent meetings, both send regular updates received by email, both Councillors work in the background to support the Parish, they can be contacted anytime by all, for any help or advice that might be needed. Details of how to contact them are on the Parish Website.

Devon County Councillor James Morrish

Councillor James Morrish has been unable to attend recent meetings due to ill health and the pressure of work, James has 'several hats' within Devon County Council, and works hard on behalf of all the residents he represents. He can be contacted by email for any help or advice you might need.

Holsworthy Neighbourhood Policing team.

A recent communication from PC Frank Rogers has informed the Parish Council that due to pressure of work he will be unable to prepare 'crime statistics reports' as PCSO Mark James provided on a regular basis.

Frank is hoping to instigate a '45-minute drop in' via Microsoft Teams, and will be in touch with the Parish Councils once the details are to hand. For details of crime statistics follow the link [Home/Police.uk\(www.police.uk\)](http://Home/Police.uk(www.police.uk)), from there input the area or post code to receive information for your area.

Our new PCSO is Jessica McEldon.

Agendas are regularly sent to the police team, but to date no officer has been able to attend.

Planning matters:

New planning applications over the last three months, dwellings on the land adjoining Southview for permission for two dwellings has been approved, application for a Stable block and menage at Waldon View, has now been approved. Approval has also been given to applications from residents of Milton House and Waldon View.

Your Parish Councillors give great consideration to all applications received, their concerns and comments are reported in the minutes and passed on to Torridge planning department. Although the application for the development at Town Farm has been approved for some time, there is still no signs of any development starting.

Details for all planning applications are available on Torridge District Council website; applications to be considered by the Parish Council are stated on the Agenda for Parish Council Meetings. If residents have any objections or concerns regarding an application, they can convey them in writing either by post or email to Torridge District Council planning department, you can also inform any Councillor or the Parish clerk. As there is now a strict 21-day consultation period it is imperative that you get your comments to the relevant department as soon possible.

The Step Back in Time Fund: for young people has a balance of £103.02 Grants can be made from this fund to help young people of the Parish undertake special activities, such as volunteering at an event at home or overseas.

Applications in writing can be sent at any time to the Parish Council via the Parish Clerk, outlining the project for which the grant is requested.

Annual Grants

Cheques were issued in September to MD Gardening and district gardening club, MD Parish Church, MD Newsletter and North Devon CAB. These grants were approved at the meeting held in November 2021.

Grant applications for the financial year 2023-24 will be considered during the meeting to be held on the 23rd November. Although on the publication of the newsletter applications will be closed, the Parish Council will always consider applications throughout the year if necessary.

Website

If you have any events that you want advertised, please let me know or email to me in pdf format, the website Cannot be kept up-to-date if I do not get the relevant information.

Community Defibrillator (AED):

The AED's sited at Holsworthy Beacon and Sanders Garage are checked regularly, but if at any time you see that there is any damage to the cabinet at either site, please inform the Clerk.

If you would like a refresher on the use of the AED and basic life support (CPR), please let the Parish Clerk know, these are conducted free of charge.

Condition of the Roads in and around Milton Damerel:

The Parish Council receive numerous complaints regarding the poor state of the roads, the Parish Clerk regularly passes on the complaints to Devon Highways, copies are always sent to Councillor Morrish, who will substantiate our complaints.

The more people that go onto Devon County Council's website and reports potholes and poor road surfaces the better, the Parish Council encourages residents to do so as often as they can.

Parish Footpaths

The Parish Footpaths have been looked after by Michael Jackson for ten years, he has now handed over to George and Wendy Preston. The Parish Councillors, are very grateful to Michael for all his hard work over his tenure, as I am sure are the residents of Milton Damerel Parish.

The Parish Hall

The renovations of the Hall have at present come to a stop. The kitchen and hall have been vastly improved.

Congratulations all round for the extremely hard work put in by all involved.

It is hoped that grants will be forthcoming to renovate the toilets in the near future.

The Parish Hall has now got its own website for bookings and information.

Finally, as 2022 draws to a close the Chairman, Councillors and Parish Clerk of Milton Damerel Parish Council wish all Parishioners a Happy Christmas and Peaceful New Year

Freedom of information: Requests for information under the Freedom of Information Act should be sent to the Parish Clerk. Some information can be made available by email free of charge, paper copies will be charged at 10p per A4 side. Copies of the recent Parish Council meeting agendas and minutes are available on www.miltondamerel.com

Holsworthy Walk and Talk

We have been enjoying some autumnal sunshine on our walks and hope it will continue for our November programme.

Our Monday Walk in the Park Group was recently visited by members of the project Healthier Devon – Diabetes Prevention. There are currently record numbers of people with Type 2 diabetes, around 5 million in the UK, a number which has doubled since 1996. The Healthier Devon – Diabetes Prevention team work closely with people who have been diagnosed with pre-diabetes, encouraging and supporting changes to their diet and incorporating exercise into their daily lives. By addressing symptoms early these changes can significantly reduce the need for medication and the likelihood of developing Type 2 diabetes. If you would like further information please contact

<https://www.westbank.org.uk/Pages/Category/type-2-diabetes-prevention>

Walking has long been recognised as being beneficial for the prevention and management of many long-term conditions including Type 2 diabetes. If you feel as though you would like to explore the local area, enjoy the autumnal countryside and improve your health and well-being then feel free to come along.

We walk on Mondays and Fridays. All walks start at 10.30 am and are **FREE**. Membership forms are available from our Volunteer Walk Leader prior to the start of the walk.

Our website has lots of up to date information, together with our current programme of walks, details below.

Contacts:

holsworthywalkandtalk@gmail.com

<https://holsworthywalkandtalk.co.uk>

Gillian Aston 07854677784



Chapel News – Dec 2022

Dear Friends

*Come And Join The Celebration
It's A Very Special Day
Come And Share Our Jubilation;
There's A New King Born Today!*

Advent and Christmas are indeed a time for celebration. We meet to welcome the Saviour, Christ the Lord; to sing our much-loved Carols and to hear the familiar magical story. At the heart of the story is the action of a loving God, in providing for his people, indeed for the whole created order. We have much to celebrate.

*Love came down at Christmas,
love all lovely, Love divine;
Love was born at Christmas;
star and angels gave the sign.*



*Hark the herald angels sing
"Glory to the newborn King"
Peace on earth and mercy mild
God and sinners reconciled
Joyful, all ye nations rise
Join the triumph of the skies
With angelic host proclaim
"Christ is born in Bethlehem"*

This year the Methodist Church's Advent and Christmas Resources is entitled – THERE IS ROOM.

There might not have been room in the inn, but there was in the stable; for You and me, for difference (the Magi), for all ages and genders (Mary), for people experiencing poverty (Shepherds), for all of nature (sheep and the animals whose manager was borrowed), for refugees (Joseph), for revelation (Angel).

And at the heart of it all THERE IS ROOM FOR GOD in the person of Jesus Christ.

*Let earth and heaven combine,
Angels and men agree,
To praise in songs divine
The incarnate Deity,
Our God contracted to a span,
Incomprehensibly made Man.*

May we make room for all in our Churches and room for Christ in our celebrations.

God bless

Rob Revd Robert Blackhall, Superintendent Minister, Torridge Methodist Circuit.

Flower Plan:

11 th Dec	8 th Jan	12 th Feb
Christmas Flowers	Mrs Sally Piper	Mrs Grace Millman

Dates of services at the Chapel, for December, January & February, all at 11.00am.

Sunday, 11 th December	Christmas-themed Café Worship (All Ages), With Mr Frank Watson
Sunday, 18 th December	Annual Carol Service, Preacher: Mrs Nancy Hall-Tomkin
Sunday, 8 th January	All Age Worship and Sunday School with Holy Communion Preacher: Revd Stephen Hill
Sunday, 15 th January	Annual Covenant Service at LANGTREE Chapel, Preacher: Revd Rob Blackhall
Sunday, 22 nd January	Café Worship
Sunday, 12 th February	All Age Worship and Sunday School, Preacher: Mr Roy Harris
Sunday, 19 th February	Café Worship

Please come along to any of our services – a warm welcome to you. Our Café Worship is very informal and is inclusive with activities for all ages. Tea & Coffee served during Café Worship and following All-Age Worship.

Tree Planted in Commemoration of HM The Queen

At the start of our Café Worship on 18th September a Beech Tree was planted in the Graveyard, in honour of **HM The Queen's Platinum Jubilee** and of her **Long Reign**. We had planned this event before her death on 8th September but were pleased to make it a 'double' commemoration - a thanksgiving for 70 glorious years as our Monarch and a thanksgiving for her life and service at the head of our Nation and the Commonwealth. One of Her Majesty's initiatives was the Queen's Green Canopy, 'Plant a tree for the Jubilee', to create a living legacy with over 1 million trees to be planted. The initiative had been extended, to allow people to plant trees as a memorial to Her Majesty. Gareth Piper welcomed everyone and said a few words of introduction prior to planting of the tree, with the assistance of the young people. Part of Psalm 96 was read and a minute's silence held in remembrance, concluding with singing the National Anthem 'God Save the King'. We adjourned to the Schoolroom for coffee and our time of worship included a quiz about Her Majesty, a hymn and 2 Bible readings from the Thanksgiving Service held for the Platinum and concluding with prayers on the death of Her Majesty and for the new King.



Photos courtesy of Suzanne

Harvest 2022:

The cash donations collected during the month of September totalled £157 and have been forwarded to **The Freedom Centre, Barnstaple** – thank you for all your contributions.

The Harvest Festival on 9th October was well attended and Revd Rob Blackhall led the service with good selection of harvest hymns and readings and thoughts on God's covenant and goodness. A Pasty and Salads lunch, and variety of desserts, followed. A fine celebration for Harvest and a pleasure to be together. After expenses £172 was raised for Chapel Funds.

Gifts of tinned and packaged foodstuffs and household items which were displayed around the Chapel, from the many donations brought to the Chapel, filled 4 large boxes, and when weighed at the Holsworthy Food Bank totalled over 69 kilograms. Thank you for much generosity during the week-end.

Zoom Services for the Circuit –, these are planned for 4th, 11th (Bible Study) & 24th December (Carols); 8th (Bible Study), 15th & 22nd January; 5th (Covenant), 12th (Bible Study) & 26th February, all **at 6.30pm**, which you are most welcome to join in. The service can be accessed via a computer/laptop with camera/microphone, iPad/phone or using the normal phone – even if you have a device with camera/microphone and do not wish to be seen, you can join in without the camera on – please contact Sarah Richards, our Circuit Administrator, on 01237 472649 or email her sarahrichards185@gmail.com for details on how to join the 'meeting'.

Torrige Methodist Circuit Newsletter - Our monthly Torrige Methodist Circuit Newsletter includes outlines of the Zoom services for readers to use on its own or with the Zoom service. If you would like to receive this monthly Newsletter please let us know. The Newsletter is also available on line at www.torridgemethodistcircuit.org.uk and there is also a Facebook page for the Circuit. There is also a private Facebook Group, where we share thoughts, prayers and other material – this is Torrige Methodist Circuit Group – if you wish to join please go to this Facebook page and use the Join button.

The Chapel & Covid-19 - The risk assessment remains in place and we will continue to follow and amend guidance as needed, - providing adequate ventilation, hand sanitisation or hand washing on arrival and departure, asking people who have Covid-19 symptoms or are unwell to stay away, and continue to encourage the wearing of face masks, as necessary, and social distancing.

CONTACTS – For further information or help please contact: Our Superintendent Minister: Revd Rob Blackhall (01805 628041) Our stewards: Dan Brett (Tel: 261609) & Jeremy Sharp (Tel: 261548), Property Steward: vacant; Secretary: vacant.

Revd Rob Blackhall, the Stewards and Congregation wish you a joyful and peaceful Christmas and 2023.

CONGRATULATIONS!

To:- Peter Buckpitt and Hannah Letheren of The Paddock, Derworthy Cross, on the birth of their son, 9lbs 7ozs, on 26th October

Tony Howells and Sarah Cambridge of Littlejohns Cottage on their Marriage on 10th September.

Eileen Pett of Kenmar, Venn Green who had her 90th birthday in November.

WELCOME

To:- Rosalind Geary and Children, who have moved into 7 Beech Park, Holsworthy Beacon.

Neil and Haley Garner who have moved into the new build, Swallows Nest at Strawberry Bank.

Gary Haworth and Melanie Tiltman, who have moved into The Beeches, nr Horrelsford.

Andy, Carriane and Children who have moved into The Beeches, Strawberry Bank.

OUR SYMPATHIES

To :- Andrew & Sue Triple, of East Bridge, Newton St Petrock, and family on their recent loss of John Triple, who lived at Woodlands, Bradford.

We are sorry if we miss any occasions for this page – our coverage is only as up-to-date as YOU provide information to us. see contacts page for details. Thank you.

Sarah and Tony's Wedding MD Parish Hall

We would just like to say how much we appreciated being able to 'christen' the Parish Hall when we celebrated our wedding with friends and family on the 10th of September.

All the hard work of the volunteers to get the renovations completed in time were very much appreciated, with lots of very positive comments from those present about how lovely the hall was.

Could we also say a big thank you to our friends (they know who they are!) who worked so hard on the decorations and food, it was a perfect day and even the weather was kind to us!

We are attaching a couple of photos showing just how lovely the hall looked on the day.

With many thanks again, Sarah and Tony



JUNIOR NEWS

MILTON TODDLER GROUP

The Toddler Group are now meeting at 10.30am on Tuesday mornings and finishing at 12.15pm. We have been pleased to welcome a few more children just lately. We provide hot drinks and biscuits; children are welcome to bring their own refreshments. A small donation is all that's needed towards expenses.

We have lots of toys, crafts and song time is always popular. An open invitation to local families.

During half term the Toddler Group organised a Family Fun event which proved very popular, with about 20 children coming along. Some took part in a building competition organised by our helper, Jenny. All 10 entrants received a small prize, the three main prize winners were Joseph Mayne, Henry Piper and Brooklyn Stevens. We were delighted to welcome along Jess from Dance Fit, who got everyone joining in with fun dance and some musical games. Everyone thoroughly enjoyed this event, which is why we are organising a similar event for Christmas. Small donations received amounted to £50.78 to be donated to Children in Need.

Tuesday, 20th December

Festive Fun with Jess and some friends from 10.30am – 1pm (ish).

Please bring along a small plate of party food to share, plus a small donation towards expenses.

More dance fun and games plus a few other surprises and Carols.

Local families all welcome.

Meeting as usual in the Schoolroom

SUNDAY SCHOOL **

Our next Sunday School will be on Sunday, 8th January at 11am

All children, young people and parents are invited and welcomed to come along to our monthly service of All Age Worship at the Methodist Church, normally 2nd Sunday each month at 11am, when Sunday School is also held. For dates please see details under Chapel News. Please join us!!

CAFÉ CHURCH **

Our next Café Worship will be Sunday, 11th December at 11am

Please go to Chapel News for details for planned dates for Café Church – again, an All-age occasion, including families and children, held normally on 3rd Sunday of each month at 11am. All welcome to come along and join in.

** Please note there are some changes in the 'normal' Sundays for both of the above – see Chapel News.

Always room for improvement RHS Rosemoor

This is a good time of year to look at your garden with a critical eye, and ask yourself if it can be improved for winter interest. Have you got any colour? Is there much structure? Can you enjoy your garden in winter or is it just a dreary mass of browns and dark green?

There are two main ways of introducing winter colour using plants: flowers and colourful stems. *Cornus* and *Salix* produce the best stem colour; from bright red *Cornus alba* 'Sibirica' AGM, to orange *C. sanguinea* 'Midwinter Fire' and the golden stems of *Salix alba* 'Golden Ness' AGM. These look fabulous planted with bulbs such as snowdrops, *Scilla* and *Narcissus*, with hellebores or with heathers (*Erica*).

Winter flowers quite often have a heady fragrance and so are best planted next to a well-used path. Cultivars of *Hamamelis*, *Viburnum x bodnantense* and *Daphne* are the best candidates.

Evergreens are perfect for screening, as a back drop to highlight other plants, as focal points and as groundcover. They come in all shapes and sizes with every shade of green, gold and variegation.

Many evergreens have more than one attribute. For example, *Sarcococca* has small, glossy leaves and highly fragrant flowers around Christmas time. Mahonias tick all the boxes with interesting leaves and sprays of bright yellow flowers which are often highly perfumed. *Ilex aquifolium* 'Handsworth New Silver' AGM is an attractive purple stemmed alternative to our native common holly. It has deep green leaves with a creamy white margin and the added bonus of red berries.

Lights can add another dimension to the winter garden and this year we have an extended route for Glow with many exciting new lights and features. Use of sculpture is another way of introducing interest to a garden and our sculpture trail is better than ever, with pieces ranging from £25 upwards. For more information on Rosemoor winter events visit rhs.org.uk/rosemoor

Sheila Dearing Garden Technical Services Officer





Holy Trinity Church News

Rev Richard Freeman Tel 01409 241315

Church wardens Isabel and Roy Fairbrother
tel 01409 261181

Email: holytrinitychurch1274c@gmail.com



Hello Everyone

Where did this year go to? Thankfully 2022 has been a much better year than recent years and most of us are now able to get on with our lives in the freedom we have known from birth, that which we took for granted. Once again - free from government restrictions - we are able to meet together and enjoy community events without fear – and masks. We pray that it will continue for ever more. Looking back it has been a mixed year of joy and sadness and changes.

We had the joy of celebrating together the 70 years reign of our Queen Elizabeth II with a picnic party and games for children at the Parish Hall. Then the joy turned to sadness on September 8th as we learned of the death of our loyal Queen. A service of commemoration was held at Holy Trinity on September 11th.

CHOTA Day September 10th was cancelled. Prince Phillip was the 'Patron of the Amateur Radio Club' and 'Her Majesty Queen Elizabeth' was the leader of our faith. It was out of respect that it was cancelled, but we hope that HARC will stage it again in September 2023.

As we move forward our thoughts turn to our new King Charles III and the new Carolean era. The word Carolean was first used almost 400 years ago to refer to the reign of King Charles II in the 1664, during the first Carolean era (the reign of King Charles I was known as Caroline so is discounted). King Charles II gave to the people of Milton Damerel a wall plaster - as seen in our church- as thanks for the restoration of the monarchy, he also brought back Christmas which had been banned under Oliver Cromwell. We wait to see what changes there will be in the new 'Carolean' era.

Looking forward to 2023 and talking about changes;- there will be a major change in the Bradworthy and Holsworthy Benefices'. Mother Elizabeth left the Holsworthy Benefice in October so they are without a vicar now and after June, next year, Bradworthy Benefice will also be without a vicar as Rev'd Richard will be retiring. With 22 churches without a vicar in 2023 it will be a difficult time but we will do our best, with your support, to continue our services until we have a new incumbent. We have been here before so we pray that someone quickly sees the beauty of our area and the communities we live in and would like to spend his/her working life amongst us. In the meantime:- we rely on our wonderful community for support.

THE CHRISTMAS TREE FESTIVAL DECEMBER 10/11TH 2.00- 5.00pm

We are so happy bring back this special community festival. Everyone can join in, no age barrier – it's easy, men's efforts are especially welcome, you could decorate a tree in your favourite football colours or depict your hobby or your favourite drink – see its easy.

SET UP Church open on Thursday 8th from 1.00pm – 5.00pm for you to deliver your tree already decorated or you can decorate the tree at church. Please use battery lights as we have few power sockets and can't overload them. If this is difficult for you then tel to make arrangements.



MAKE THIS THE YEAR YOU JOIN IN – and its free. Oh and most important hot drinks will be available on set up day.

During open days cream tea and cakes will be served.

Candlelit Carol Service will be on December 15th at 7pm

This year we also bring back our Candle lit Carol Service. The path to the church will be lighted, the church will be traditionally decorated and all the candles lit.

We will sing all the traditional Carols .

It is magical sharing with you the Carol Service in this wonderful old building. After the service there'll be glasses of mulled wine (or orange juice) and mince pies. Please join us for a lovely evening sharing the true story of Christmas.

Church services are held twice a month

Church Service dates from December 2022 – February 2023

December 18th	Holy Communion	11.30am
January 8 th	Holy Communion	11.30am
January 22 nd	Morning Service	10.00am
February 12 th	Holy Communion	11.30am
February 26 th	Morning Service	10.00am
March 12 th	Holy Communion	11.30am



Diary Dates

Dec 8 th	Christmas Tree Festival SET UP from 1.00pm - 5pm
Dec 10 - 11 th	Christmas Tree Festival OPEN 2.00pm – 5pm
Dec 15 th	Candle lit Carol Service 7.00pm

Church Gardening - everyone is welcome to come and help keep the churchyard tidy

Winter Gardening dates from February - subject to the weather: From 1.00pm

February 23rd March 9th

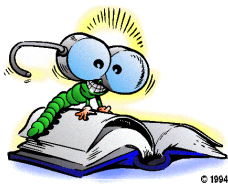
Generally people don't want to be out gardening in January so we have decided to leave this off. This doesn't mean keen gardeners can't go for a potter in the churchyard. If it was to be sunny and dry then you might find us there.

The date in February is later than usual as we hope the weather might be better.

This winter we would like to do a section of hedge laying at the bottom of the church yard near the concrete bench, so as to thicken the hedge and make it more windproof, if you are experienced or just fancy having a go then please come along. (bring your hedging tools)

If you like to see the church yard looking neat and tidy then consider coming along for an hour or more to help on one of our gardening dates.

We are also looking for someone who could repair metal flower stands, ours are rusted where the pot sits in. Not a good look....



Don't forget the church has a small library of books that you can borrow or buy for a small donation. There is a good range from gardening, cookery to suspense and mystery, many well-loved authors. You can also donate your used books for others to enjoy.

Collection of plastic bottle tops and empty printer ink cartridges is CANCELLED.

We have again had ink cartridges and bottle tops left in the church porch, We were very grateful for your help in raising funds through collecting these but we are unable to sell them on now Thank you for your help but please don't leave anymore at the church .

*To each and every one of you we wish a very
HAPPY CHRISTMAS and a healthy and prosperous NEW YEAR*

Isabel and Roy Church Wardens



CHRISTMAS TREE FESTIVAL

Holy Trinity Church

Trees, twigs or other welcome.

Open Dec 8th

1.00pm - 5pm

To receive trees etc

YOU CAN Decorate in church,
or bring ready decorated



Hot drinks and
biscuits

Tel: 01409261181

OR JUST TURN UP

Christmas Tree Festival

Dec 10th & 11th

Holy Trinity Church

2.00pm - 5pm

YOU ARE INVITED

to this Christmas sparkler.

Enjoy a cream tea /cake

Vote for your favourite tree

Prize will be awarded at

Carol Service on Thursday 15th

Children's mini tree hunt

With prize for everyone

In aid of Church Roof repairs

Holy Trinity Church

7.00pm December 15th



Traditional



Candlelit



CHRISTMAS CAROL SERVICE

With warm mulled wine
and mince pies

The footpath will be lit up

Milton Damerel
Parish Hall



CHRISTMAS carols

DEC 23 FRIDAY

7:30PM - 9PM

FREE ENTRY, MULLED WINE AND MINCE PIES
FOR EVERYONE

All profits to Devon Air Ambulance

HOME SWEET HOME

Andrew Smith saw an advert for a property to rent in Cambridge and made application to be the tenant. His application was accepted, and he received the keys to the property in February 2020. Within 2 weeks of moving into the property, he listed it for sale on a fake estate agent company online. He even rented show-home furniture for viewings. One prospective buyer came very close to completing the purchase but was alerted by a good Samaritan neighbour of the true owner who told them that it was in fact rented and not for sale. The matter was reported to the police who discovered that many of Smith's documents he had provided to the letting agent were fraudulent. Smith was caught and arrested. He eventually pleaded guilty to fraud by false representation and entering into money laundering. For his efforts he was jailed to 2.5 years.

Back in 2015 the well-known author Max Hastings and his wife Penny had a not too dissimilar experience. There's was another example of property fraud. Their property was rented out to a person using a false identity who had an accomplice. The accomplice was a lady who changed her name to Penelope Hastings by Deed Poll and then secured a passport in that name. The buyer was a young woman who paid £1.35 million to the alleged seller. The money was last seen on its way to a bank in Dubai. Fortunately for the Hastings, the Land Registry did not register the sale as it suspected a fraud. That meant that the Hastings still maintained the legal ownership of the property, but the buyer lost her money.

The Land Registry has set up a service since 2013 for owners who suspect a scam of some kind. The Land Registry warns that the properties most vulnerable to fraud are usually empty, tenanted, or mortgage free. Those of higher risk of fraud include owners who do not live in the property because they live abroad, buy-to-let landlords, people in long-term hospital or residential care, or where a relationship has broken down.

It is possible to enter a restriction on the Land Registry title and for warnings to be given if anybody tries to access your details.

If you need help on the above then do feel free to get in touch with us here at Busbys. You can contact us on 01288 35 9000, and see Busbys' advert in this publication.

THE COST OF COVID

Many law firms like mine were very fortunate during the various covid lockdowns. We were able to work from home on a remote basis. We were able to have regular contacts with our clients including Skype and Zoom meetings. Special procedures were put in place for signing of Wills and so on.

Not so lucky were the high street shops and stores. Their losses were compounded by the actions of the insurers with regard to pay-outs for business interruption.

It is interesting then to see that Greggs has won a landmark ruling in its legal battle over a £150 million insurance claim triggered by the pandemic. On 17 October a High Court judge backed the majority of the bakery chain's claim for

business interruptions caused by the pandemic. Greggs claimed more than £150 million on its policy with Zurich. The company argued that it had suffered a number of business interruptions. Zurich saw it differently. The insurer argued that all of the chain's losses could be traced to a "single occurrence". That meant the bill for the insurer would be capped at £2.5 million rather than the £150 million claimed by Greggs. The judge held that there was more than a single occurrence of business interruption and expressed the hope that the "parties will be able to agree as to the number". The lawyers representing Greggs said the ruling had "wider implications for all businesses that purchased the resilience insurance policies".

My expectation is that this will not be the end of it. Given the amounts involved, I would expect the insurers to appeal to the Court of Appeal with the possibility of the case ending up in the Supreme Court. Time will tell.

Meanwhile, the recovery on the high street is still slow. Most of us will have seen a number of shops closed permanently. The latest hit to the high street is the news that Marks & Spencers are looking to cull a significant number of their high street stores – yet another nail in the high street coffin.

ACTION

If you need help on legal matters then do please get in touch with us here at Busbys. You can contact us on 01288 35 9000, and see Busbys' advert in this publication.

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School News:

Autumn term is in full swing at Bradford Primary School. The children have been busy enjoying their learning, going on exciting trips and settling into the new academic year. Our KS2 children have enjoyed a visit from Theatre Alibi who performed a play called The Parcel. The children thoroughly enjoyed it saying, 'It was really hilarious – especially the part where the actors were sitting on chairs pretending to be motorbikes!'

To end our half term, we welcomed in the community for an Autumn Celebration where the children performed an Autumn poem in sign language and Bouncy Babies had an autumn themed messy play. It was lovely to have a full school and for the children to show off their half terms learning, including history learning about the Benin Kingdom, science learning on separating mixtures and their English stories based on the story the Tear Thief.

We are looking forward to the next couple of weeks of festivities, including our performing our Christmas play, Straw and Order!



Foundation Stage Unit Update:

Since September, our FSU has been growing. We are now offering provision **daily** between **8.45am and 3.30pm**, which can be **morning, afternoon or whole day sessions**. The children can purchase a school dinner, if needed.

This half term we are investigating our theme of Celebrations. We have made our own fireworks in a bottle as well as created some colourful firework pictures and enjoyed moving our bodies as if we were fireworks! The children have also enjoyed reading our text The Scarecrows Wedding by Julia Donaldson and creating their own scarecrow characters.

Across our FSU, we are challenging ourselves to take part in the National Trusts '50 things to do before you're 11 and three quarters'. The children love exploring our outdoor space and have created 'wild' self-portraits, formed a nature band and made friends with lots of insects and bugs, as well as the cows in our neighbouring field! Alongside Bouncy Babies, our Parent and Toddler group running every Monday morning between 10-12pm during term time, we have had visits from Jess Squire Dance and LJD coaching. The children loved listening to the music and moving their bodies to it as well as throwing, catching and kicking footballs and learning to play together, taking turns and showing great teamwork.



Bracken Class (KS2 class):

The children have settled back into their learning this term, thoroughly enjoying the topics we have been studying.

We have been learning about the Kingdom of Benin in our History learning (including some fantastic debating on whether artifacts should be returned to their country of origins!) The children were especially interested in how the Kingdom thrived and became a power in Africa and alongside European countries and how we know what it was like considering there is no formal 'written' evidence.



The children enjoyed visiting our DMAT Phizzy lab as part of their science learning on separating mixture and as an opportunity to explore their previous learning on Light. They loved wearing the lab coat and feeling like 'real' scientists and carrying out practical investigations using different equipment than we normally use.

This half term, we are focusing on Sustainability and how we can make small changes that can have a big impact. The children carried out research into how we recycle in Devon and where our recycled items end up for processing,

We have had several trips and enrichment opportunities, including a brilliant visit to the Mosque and cathedral in Exeter as part of our RE learning and several sports festivals held at Holsworthy Community college – including football and tag rugby.



.Diary Dates:

Please support us where you can! We look forward to seeing you soon.

- 28th November – Winter Wonderland Themed Messy Play session between 10-12pm
- 5th December – Music and Dance session with Jess Squire between 10-12pm
- 12th December – Active session with LJD Coaching between 10-12pm
- 12th December – Father Christmas Visit from 11 O'Clock.
- 13th December – Christmas Play Performance at Black Torrington Village Hall at 2pm.
- 15th December – Christmas Play Performance at Bradford and Cookbury Village Hall at 5pm.
- 10th January – Stay and Play FSU session for prospective families

If you are interested in visiting or joining Bradford Primary School and Nursery please contact us via email or telephone. We would welcome any inquires.

Every Monday during term time between 10 - 12 pm.

There will be indoor and outdoor provision throughout each session, so please come prepared.

Refreshments and snacks provided.

PAY AS YOU GO SESSIONS
£1.50 FOR FIRST CHILD AND THEN £1 FOR EACH ADDITIONAL CHILD.

BRADFORD PRIMARY SCHOOL, HOLEMOOR, EX22 7AB

BOUNCY BABIES 2022/23

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ADMIN@BRADFORDPRIMARY.ORG.UK**

LOOKING BACK.....

From Holsworthy Post Wednesday September 7 2022

Looking Back

60 years ago

September 8, 1962

A Fordson Major tractor was sliced in half by the force of a collision with a 3.8 Jaguar car on the main Holsworthy – Bideford road, near Cross Farm, Milton Damerel, but the tractor driver was unhurt. The car went on to hit a milk stand, scattering the churns some 20 or 30 yards. It then turned over on its roof and ended up at an angle across the road. The driver was seriously injured. A police spokesman said that if he had not been wearing a safety belt, he would almost certainly have died instantly.

Three decades of compulsory seatbelt use are being marked today as the government made a selection of historic THINK! adverts available online. The law requiring all drivers to wear their seatbelts came in to force 30 years ago today (31 January 2013) - on 31 January 1983.

Car manufacturers have had to install seatbelts since 1965 but the law requiring drivers to wear them did not come in to force for another 18 years. In 1991 the law changed again making it a legal requirement for adults to wear seatbelts in the back of cars.

From Holsworthy Post Wednesday September 28 2022

Looking Back

70 years ago

September 27, 1952

Holsworthy Fire Brigade, PC Howell of Milton Damerell, and other people of the parish rushed to the aid of Mr Godfrey Blight when a fire broke out in his farmhouse at Higher Grawley, Milton Damerell.

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Bradworthy Primary Academy

Dates to Remember

November

30th Christmas Wreath Making in the School Hall from 7.30pm

December

1st Children's Christmas Parties
1st Christmas Wreath making in the School Hall from 7.30pm
2nd Christmas Dinner
Turning on Christmas Lights, Village Square after school
7th 10.30am and 2pm KS1 Christmas Play in the School Hall
13th 2pm KS2 Musical in the School Hall
14th 7pm KS2 Musical in the School Hall
15th 7pm KS2 Musical in the School Hall
16th Last day of term

January

9th First day of Spring Term

February

13th – 17th Half Term

March

31st Last day of Spring Term

April

17th First Day of Summer term

Recycling Plastic Bottle Tops & Ink Cartridges

A big thank you to everyone who has been collecting plastic bottle tops and ink cartridges to help to raise funds in support of roof repairs at Holy Trinity Church. Unfortunately, my source is no longer making payments for these items so could I please ask that you no longer leave your collections at the Church. I am however still very keen to continue collecting these plastic tops and ink cartridges and will pass them on to 'Friends of Exeter Hospital' who are still able to raise cash with them. If you will please contact me when you have some then I will be pleased to arrange to collect them.

Edwina Hale 01409 261263

MILTON DAMEREL AND DISTRICT OVER 60's GROUP

The Coach Trip to Sidmouth in August was quite pleasant to start with weather wise. Unfortunately rain came in, late afternoon. In September we went to Falmouth, changed from Taunton. We were very lucky with the weather and the sun shone all day. We did once again post an article in the Milton Damerel Community Page and manage to fill the coach on both trips. We thank everyone who supported us.

The Coach Trip to Cribb's Causeway in October had to be cancelled. There were not enough passengers to fill the coach, to make the trip viable.

At our November Meeting it was agreed that the 6th December Meeting we would have a Christmas social. This will be a Bring and Share tea, Christmas music and possibly table games. All welcome.

There is no Meeting in January.

Although we call ourselves 'Over 60's Group', you do not have to be over 60 years of age to join us. Anyone is welcomed to come to our meetings for a social afternoon and of course, our Coach Trips.

Our regular meetings are on the first Tuesday of each month, from 2.30 to 4.30 at Milton Damerel Parish Hall. Our Coach Trips are on the 3rd Tuesday of the month.

New Members always welcome

Chair: Linda Gifford
Vice Chair: Margaret Walters
Treasurer: Iris Tel 261 322
Vice Treasure: Dora Reed
Secretary: Colin Boucher

ABBOTTS BICKINGTON AND CHURCH NEWS.

There will be a Carol Service at Abbot Bickington Church on Tuesday 20th December at 7.00pm. All welcome.

MILTON DAMEREL AND DISTRICT GARDENING GROUP

September 3rd we held our **FLOWER AND PRODUCE SHOW**; this was very successful, considering many people said that they did not have a good growing season. We had 192 entries and a profit of £59.29 was made. The winners of each category were

JUBILEE CUP for the Best Overall Exhibit
PALMER CUP for the best Vegetable Exhibit
CROMPTON AWARD for the Best Flower Section
LINDANCING TROPHY for Best Baking/Jams etc
CREATIVE CRAFT AWARD for the Best Arts & Crafts
CHILDREN UNDER 9 YEARS
CHILDREN 10-16

Diana Illingworth Cook
Julie Sage
Christine Poole
Wendy Preston
Diana Illingworth Cook
Viadislav Franivskyi
Sophie Moyse

September 19th, The Garden Visit to Allenstyle Drive, Yelland, Barnstaple, owned by Steve and Dawn Morgan, unfortunately was cancelled.

October 17th, We had a very interesting talk from Ian Clemens on different varieties of vegetables, in particular the many heritage varieties available from different suppliers. So we are hoping for a good selection of multicoloured carrots, beetroot and other vegetables at next years show.

November 21st, We had a talk from Paul Rendell 'Dartmoor Paul', on how the weather has changed over the years. Very appropriate, considering how this year has been. It was very interesting and informative. Climate change has been happening since the time of the dinosaurs. Depending on what you believe, man has only quickend it since the industrial age. Because the climate of Dartmoor has changed over the years, we have lost species of fauna and flora. Sparrows are rarely seen and the bracken has become very invasive.

December 19th, We will have a Christmas Social with Quiz and a collection of interesting old hand tools.

We will not hold a Meeting in January or February. Our first meeting of the year will be on Monday 20th March, which will be our AGM. Our membership has declined over the years, the cost of hiring the hall and having speakers has increased. We will have an open discussion on the merits of running the Group, whether changing the meetings to during the day would encourage more members. Members can put forward their interest and what they would like the Group to do and be involved in.

At present, Annual Membership is £10 individual or £15 per couple, £1 per meeting. Non Members is £4 per meeting. Refreshments provided.

Garden visit charges vary, but usually inline with the NGS garden visit fee. We normally need a set number to make a visit.

All Meetings are held at the Parish Hall on 3rd Monday of the Month
All welcome to our Meetings or Garden Visits

Chair, Melanie Richardson 261 353
Vice Chair, Edgar Pett 261 277
Treasurer, Lesley Self 261 294
Email mdadgg@btinternet.com



The Kings Arms The Square, Holsworthy

If you are looking for really good basic food at a great price then the Kings Arms in Holsworthy is the place to go as far as we are concerned.

There are two menus, one being basket meals Sausage, Scampi, Chicken Nuggets and ¾ Chicken all served with chips all priced at £7.95 and a range of sandwiches, Ham, Cheese or Tuna at £5.50

The other menu are more substantial meals, such a Traditional Fish and Chips, Lamb Shank, Full BBQ Ribs to Baked Potatoes with prices ranging from £13.95 for a full meal to £5.50 Baked Potato, meals are served with chips or mashed potatoes and salad or veg . All good wholesome home cooked food

There is a good range of drinks with Traditional ales Tribute and Jail Ale

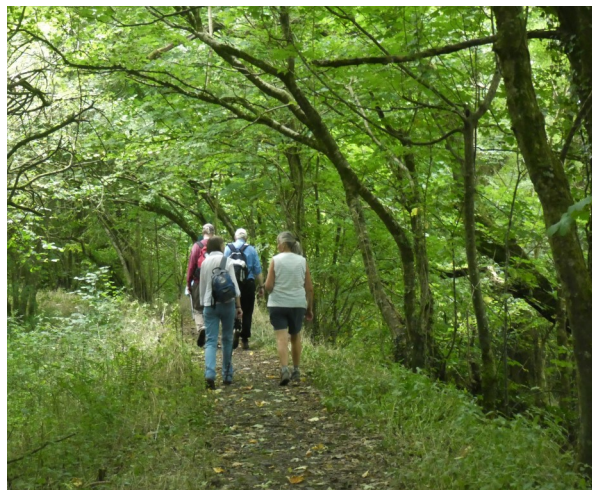
There is always a warm welcome from Ashleigh and Jill and on colder days there is a real fire making an even warmer welcome

Evelyn's Walk 12/9/2022

On Monday 12th September, there was promise of a lovely day. Seven of us met at Lower Tamar Lakes car park with a view to walking along the Bude Aqueduct, the feeder arm of the Bude Canal. We commented on the big Sykes pumps situated in the car park. We surmised that water has had to be pumped from the lower lake to elsewhere due to the significant drop in water levels in recent months.

The sun was shining, the atmosphere was convivial & it was easy walking as the grass had been cut very recently & the route was very level. We enjoyed seeing the Peacocks at Virworthy Wharf. The males looked resplendent in their beautiful plumage. We all commented that it was unusual to see a white one. We noticed that several new gates had been installed since our last visit. I'm guessing that they would have been supplied by Devon County Council as this is one of their PROWs (Public Rights of Way).

However, maintenance of the footpath is undertaken by the volunteers from the Bude Canal Trust. They do an amazing job given the length of the route. We walked as far as the picnic bench near Moreton Mill & enjoyed a quick snack that we had brought with us. Once fortified, we retraced our steps back to our cars. I believe we walked approximately six miles in total. It made such a lovely start to the week ahead.



Evelyn's Walk 14/11/2022

Part of the pleasure of these walks is not knowing who is going to join me. Since all the restrictions ended, people don't have to let me know in advance & it's always a lovely surprise to see who comes on the day. On Monday 14th November, thirteen of us met at Higher Larkworthy Farm with kind permission of the Kirk family. It's very much a working farm & we were all very grateful to them for letting us park there. We followed the footpath that goes through Lower Larkworthy Farm. There were lots of new way markers once we passed the farm buildings which were most helpful in defining the route. It started off as quite a muddy track between the fields but everybody managed in either their walking boots or wellies. We then crossed a couple of grassy fields & we had to look quite hard in order to determine the route. However, we remembered that there was a post in the hedgerow that had been painted bright yellow. It wasn't immediately obvious but it helped guide us in the right direction once we went over the brow of the hill. Since we had gone that way last December, Devon County Council have done a lot of work near the river crossing. There was a wooden bridge previously but it has been replaced with a brand new one. It must have been quite a feat to remove the original one & get the new one put into position! Having crossed the River Carey, we slithered up the hill the other side & emerged onto the road at Henford. We turned left towards Ashwater & walked down hill initially. It goes without saying that it then went up hill. It was really quite steep & we stopped at strategic points to admire the views with glorious autumnal colours & catch our breath! At the top of the hill, we turned left along a track. This is not a public footpath but the Kirk family had kindly given us permission to return to our cars that way. We could have continued along the road towards Ashwater & then followed the Public Right of Way (PROW) on the left. This would have taken us back across the fields to Higher & Lower Larkworthy farms but it would obviously have been a longer walk. Our route involved re-crossing the River Carey via an old stone bridge. The beautiful lichen on the trees is a sure indication of the good air quality. We looked across the orchard towards the two Glamping pods at Higher Larkworthy Farm that blend in so well with the natural environment. Anybody who stays there couldn't wish for a more tranquil place or enjoy more stunning views of unspoiled countryside. Have a look at their web site if you know of anyone wanting to stay locally. I believe everyone enjoyed this walk which took us about 1.5 hours. All in all, it was a lovely route in good weather & convivial company. What a great way to start the week.

The next walk is on Monday 12th December. We will set off from Clawton Village Hall car park at 10am. You are welcome to contact me if you would like more information.

Evelyn Sharman Tel: 01 409 259 848 Email: evelyn.sharman@btinternet.com



Evelyn's Walk 10/10/2022

On Monday 10th October, nine of us met by Halwill Parish Church. That's in Halwill Town NOT Junction. Pennie Channing is the relatively new P3 volunteer for Halwill & very kindly agreed to lead the walk. After all, she's far more familiar with the local PROWs (Public Rights of Way) than me. She had suggested a route describing it as "a lovely & interesting walk across varied terrain, but not too difficult." She was concerned whether we could manage a distance of 4.4 miles. I was prepared to lead a shorter route for anyone who was not keen to try the longer one.

However, everyone was very game to try Pennie's route so we all set off following the footpath that starts by the left hand side of the Church. It goes across the very lush green fields towards Langaford Farm & at one point, we could see where the railway line would have been. The cows all looked very content from their barn at the farm though it seemed far too nice a day to be indoors. It was a glorious autumnal morning with just a slight nip in the air. Instead of bearing left down the drive which would have joined the lane near Quoditch Cross, we followed the footpath. This was completely new territory for all of us apart from Pennie. The route took us along a narrow path & across more lush green fields. At one point, we had to negotiate a stile but everyone managed admirably. Pennie pointed out a multitude of deer tracks & a couple of tumuli which we would probably have missed if she hadn't have been with us. If you look at an OS map, the tumuli are in fact marked. We then entered Cookworthy Moor Plantation & followed a nice hard track all the way to the A3079. This is the road that runs between Dunslad Cross & Halwill Junction. Knowing what a busy road this is, I was somewhat concerned. However, it was only a short distance before we went through a gate on the right hand side & then walked along a bridle path which goes across the property known as Cookworthy Buddle. By this stage, I had completely lost my sense of direction but the path was very clearly marked. By bearing right, we walked along the route of the old railway line & passed Brendon. At one point, we all looked over the parapet of the stone bridge & into the railway cutting from a bygone era. From here it was only a very short distance back to the road in Halwill. It came out right by the telephone box. We were all most grateful to Pennie for showing us this lovely route. It was just as she described & made a great start to the week.



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Beef Stew and Light Herby Dumplings

Preparation Time
Less than 30 minutes

Cooking Time
over 2 hours

Serves
4

A little bit of patience will be rewarded with this rich beef stew with parsnip, butternut squash and fluffy dumplings.

Ingredients for Stew

spray oil, for frying
600g/1lb 5oz lean braising steak, all visible fat removed
1 litre/1¾ pints beef stock, made from 2 low-sodium cubes
1 large onion, finely chopped
2 garlic cloves crushed
2 celery sticks finely chopped
3 carrots, 1 finely chopped, rest cut into chunks
1 tbsp tomato purée
1 tbsp balsamic vinegar
1 parsnip, cut into chunks
300g/10½oz butternut squash (about half a squash)

Method

Preheat the oven to 180C/160C Fan/Gas 4.

Preheat a casserole dish on the hob, then spray with oil. Add the beef in batches, cooking each batch until browned all over and spraying with more oil as needed. Transfer the beef to a plate using a slotted spoon and set aside. Add a little stock to the dish, turn the heat up to high, and deglaze by scrubbing off the cooked-on bits with a spatula.

Turn down the heat and spray the dish with more oil. Add the onion and cook until softened. Add the garlic and cook for 1-2 minutes. Add the celery and finely chopped carrot and cook for 3-4 minutes. Stir in the tomato purée and balsamic and cook for 2-3 minutes more. Return the meat to the pan and stir in the rest of the stock, then bring to the boil.

Put the dish in the oven (without a lid) and cook for 1 hour.

Add the parsnip, butternut squash and carrot chunks, put the lid on the dish and cook for another 30 minutes.

For the dumplings, put the flour in a mixing bowl with the salt and pepper. Mix in the herbs. Add the egg and oil and mix, adding just enough cold water to bring it together as a dough (about 4 tbsp). Be careful not to add too much water as this will make the dumplings heavy. Knead the mixture a little.

Shape into eight golf-ball-sized pieces and put on top of the stew, pushing down a little to coat in the juices. Cover with the lid and return to the oven for 15 minutes, then remove the lid and cook for a further 15 minutes.

When the dumplings are golden-brown, lift them out of the stew into serving bowls and stir the stew (the squash will be very tender, which will thicken and flavour the sauce). Serve immediately.



Ingredients for the dumplings

150g/5½oz self-raising flour
pinch salt and freshly ground black pepper
2 tbsp chopped fresh parsley or thyme (your preference)
1 egg yolk, lightly beaten
1 tsp olive oil

Reindeer Food

Prep: 15 mins

Cook: 40 mins

Easy Serves 6

Let the kids create a snack for Rudolf and his reindeer team. This crunchy granola also makes a delicious breakfast.

Ingredients

150g porridge oats	4 tbsp sunflower oil
150g jumbo oats	2 tbsp maple syrup
50g mixed nuts	½ tsp ground cinnamon
25g pumpkin seeds	½ tsp mixed spice
25g sunflower seeds	½ tsp ground ginger
50g golden caster sugar	100g sultanas
mixture of sweets (we used silver balls, chocolate beans, Jelly sweets and hundreds and thousands)	100g Apricots chopped

Method

STEP 1

Heat oven to 140C/120C fan/gas 1. Put all the ingredients (except the apricots, sultanas and sweets) in a large bowl. Stir everything well, then spread out onto two baking trays in an even layer. Put the tray in the oven for 40 mins.

STEP 2

Leave the granola to cool on the tray, then break it up into small chunks and stir in the sultanas and apricots.

STEP 3

Put the granola in a jar ready for breakfast. To make it suitable for magic reindeer, put a few spoonfuls into a small paper bag and mix in some sweets.

STEP 4

Tie with string or a ribbon and add a fun label for Father Christmas to find.



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<u>Local Co-ordinators:</u>		
Strawberry Bank	Edwina Hale	Tel: 261263
Gratton, Whitebear & Fore Street	Edgar Pett	Tel: 261277
Venn Green	Mike Jackson	Tel: 261196
PCSO - Jess McEldon		

Sheds, Barns & Outbuildings are currently being targeted by thieves and those of you who receive the weekly newsletter will note that many of our surrounding parishes have been subjected to break-ins and thefts of tools and equipment. This is something which tends to increase at this time of year, as we run up to Christmas. Please make sure that all your outbuildings are secure and report any vehicles which you feel are acting suspiciously.

If you don't receive the weekly newsletter but would like to try it then please let your co-ordinator know.

Christmas Scams: With Christmas now fast approaching, many of us will be using internet shopping which brings the added risks of being targeted by scammers. Rural North Devon might be a low crime area as far as traditional types of crime are concerned but internet and telephone fraud know no boundaries and the police tell us that these types of fraud continue to increase at alarming rates and large sums of money are being lost across the South West. Courier fraud which we mentioned in previous issues, tends to increase at this time of year, so please be on your guard and be aware of the possibility of a scam. This also applies to emails and phone calls purporting to be from delivery companies and drivers and even your bank or credit card company.



If you have any doubts about a message, contact the organisation directly. Don't use the numbers or address in the message – use the details from their official website. Remember, your bank (or any other official source) will never ask you to supply personal information via email. If you have received an email which you're not quite sure about, forward it to report@phishing.gov.uk. Send us emails that feel suspicious, even if you're not certain they're a scam - we can check. For advice on how to stay secure online, please visit: www.cyberaware.gov.uk

Police are again warning residents about a phone caller pretending to be a police officer. They will never contact people to ask for banking information or request that they withdraw money from an account to aid an investigation.

Bradworthy Primary Academy PTA
welcomes you to join our

Christmas Wreath Workshops

Wed 30th Nov & Thur 1st Dec from 7.30pm
in BPA School Hall



Tickets are £25 each and include all materials, tuition and festive refreshments
There will also be a pop up Xmas shop

To book your place please text Andrea on
07891 465038 or pop into
HJ Wickett Garage in Bradworthy Square.

As this will be the last newsletter for 2022, our PCSO, Jess, also joins with us in wishing everybody a very *Happy Christmas, Safe and Peaceful New Year.*



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WHAT'S ON

HATS Theatre, Holsworthy

www.holsworthytheatre.co.uk

Hansel & Gretel – A Pantomime

Monday 16th – Saturday, 21st January
Monday, 23rd – Saturday, 28th January
Evenings @ 7.30pm; Sat matinee @
2.30pm

The Plough, Torrington

Box Office: 01805 624624

www.ploughartscentre.org.uk

For prices, tickets and Covid-19 requirements

a selection of events at The Plough, Torrington, unless indicated. For a full programme of all events in The Plough diary please go to the web-site. There are other events, workshops, etc., held at other venues in North Devon.

MUSIC

Big Al & The Wild Strawberries + support	Music rock	16 th Dec @ 8pm
The Oggle Band Ceilidh		7 th Jan @8pm
Battle of The Bands		13 th Jan @ 7pm
Martin Harley		10 th Feb @ 8pm
Moscow Drug Club celebrating Valentine's Night	Music – Jazz/Blues	14 th Feb @ 8.30pm
Abba Tribute Band 'Take Chance On Us'		17 th Feb @ 8pm
Joe Stilgoe: 100 Years of Theatre		18 th Feb @ 8pm

THEATRE

Quirk Theatre presents: Mary: The Pigeon Who Never Gave Up		1 st & 2 nd Dec @ 10.30am & 1pm 3 rd Dec @ 2pm
Toucan Theatre @ The Naughty Fox' for 0-5 years		7 th & 8 th December @ 9.30 am, 11 am, 1pm & 3pm
Plough Youth Theatre " Christmas Extravaganza		9 th Dec @ 7pm
National Theatre Live via satellite 'The Crucible' by Arthur Miler		26 th Jan @ 7pm
National Theatre Live vis satellite 'Othello' by William Shakespeare		23 rd Feb @ 7pm

WORKSHOPS

Wassailing Workshop with Rose Rebecka at the Education Centre, RHS Gardens Rosemoor		15 th Jan @ 2pm
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COMEDY

Gary Delaney: Gary in Punderland (+ support)		17 th Dec @ 8pm
Mark Watson: This Can't Be It		27 th Jan @pm
Glenn Moore: Will You Still Need Me, Will You Stil		4 th Feb @ 8pm

FILMS

Amsterdam		1 st Dec @ 7.30pm
Nanny		2 nd Dec @ 7.30pm; 3 rd Dec @ 8pm
A Bunch of Amateurs		8 th Dec @ 7.30pm 15 th Dec @ 2pm & 7.30pm
Fisherman's Friends: One & All		10 th Dec @ 5pm
Black Adam		10 th Dec @ 8pm; 14 th Dec @ 7.30pm
Roald Dahl's Matilda The Musical		17 th Dec @ 11am & 2pm 18 th Dec @ 4pm & 7pm 21 st , 22 nd & 23 rd Dec @ 11am, 2pm & 7.30pm

SUDOKU

By KrazyDad

4		7	6				2	
	1	3			4			
		2		9		3		
7						2	9	
			9	5	8			
	9	8						1
		4		1		9		
			4			6	8	
	3				5	1		2

Difficulty: Challenging

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Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9. Use logic and solve the puzzle without guesswork. For puzzle solving tips, and more puzzles, visit KrazyDad.com.

Z F S N O W L I C Y R C M I S T X X
M V G L O V E S D W L A O T Y Q N J
B H H O L L Y H J Q F E K A C A D S
A A A G N I D D U P M U L P M Y W T
N D M I C A R D S S L W B W S I J N
B T N P T G L L H H M S O B N R M E
E C Y E K R U T L B O N I T T A Y S
M J C Y V I X R J L S R E V A E M E
I C L I Y T S O R F A R D E S Y H R
S H Y O C L C Z L P Y B M P P W E P
T R A U F G J H Q J M V W J S E E S
L I N Q D K F N R M Z O X O L N T T
E S A F A I R Y L I G H T S N H I F
T T M S N O I T A R O C E D C S H I
O M G P X E C A L P E R I F M A E G
E A O G N X S Z X U S W Z E J Y R U
H S H S E U F L W B P R Q B I C J F
I Y P S C O X S D R I H O J E T A P

- | | | |
|-------------|-------------|----------|
| cake | gloves | presents |
| cards | hogmanay | scarf |
| christmas | holly | snow |
| decorations | icy | snowball |
| fairylights | mist | snowman |
| fireplace | mistletoe | turkey |
| frost | newyear | winter |
| gifts | plumpudding | |

Regular Events

Milton Damerel Over 60's Club – Parish Hall
Holsworthy Amateur Radio Club - Parish Hall
Parish Council Meeting - Parish Hall
Whist Drive – Parish Hall
Chapel Sunday Worship
Chapel Café Worship
Trinity Church Holy Communion
Trinity Church Morning Service
Holsworthy Walk & Talk
New Baby & Toddler Group - Methodist schoolroom
Milton Damerel and District Garden Group

1st Tuesday every month 2.30pm
1st Wednesday every month 7.30pm
3rd Wednesday every month
3rd Saturday every month 7pm
2nd Sunday every month 11 am
3rd Sunday every month 11 am
2nd Sunday every month 11.30am
4th Sunday every month 10am
Every Monday & Friday 10.30am.
Every Tuesday 10.00am till Noon
3rd Monday every Month.

The Parish Hall

With the first part of the hall refurbishments completed we are now "Open for business". Several events have been held recently and been well supported. Kate organised a Macmillan coffee morning and raised £209 Well done Kate.

The next event was a family Halloween Beetle Drive. People dusted off their scariest costumes and came Beetle Driving at the Hall for Halloween. It brought out the competitive side of some families (you know who you are) and some very quick dice shaking and rolling to create a very enjoyable night and raised £105 to be added to the refurbishment fund. Thanks to everyone who attended and hope to see you all at our upcoming events.

More recently we held another coffee morning, this time raising funds for The British Legion Poppy Appeal and were able to donate £162 to their funds. Thanks on this occasion to all those who donated cakes and supported the event. There are a few more events in the planning before the end of the year. The final event is carol singing with mulled wine and Mince pies, all in aid of Devon Air Ambulance.

Keep an eye on face book website and various noticeboards for details of events in the New Year. A Merry Christmas to all.

THE NEWSLETTER GROUP and GENERAL DATA PROTECTION REGULATIONS

The Newsletter Group has reviewed the guidance on how we should comply with the new requirements which came into force in May 2018. We have compiled 3 documents:

- Milton Damerel Newsletter GDPR Statement Privacy Notice
- Milton Damerel Newsletter Data Protection Policy
- Milton Damerel Newsletter Data Protection Procedures

Which set out the data we collect about individuals and organisations, our policy in collecting data, and the procedures we follow to protect the data we hold. All of these documents are available on request.

In summary we hold personal data as openly published in the Newsletter and for the purposes of administration in liaising with our advertisers and subscribers to the Newsletter. Regular readers will note the level of detail included on Page 4, about celebratory occasions and residential 'comings and goings', has been amended to comply with our data protection statements, and most importantly to achieve good protection of personal data, minimising the risk of inappropriate use of the data.

If there any concerns about the data we hold or publish please contact any member of the Group to request changes to the data. Group members and contact information is listed below.

If you would like to receive, or stop receiving, a digital copy of the Milton Damerel News Letter by email, please drop a line to the Compiler.

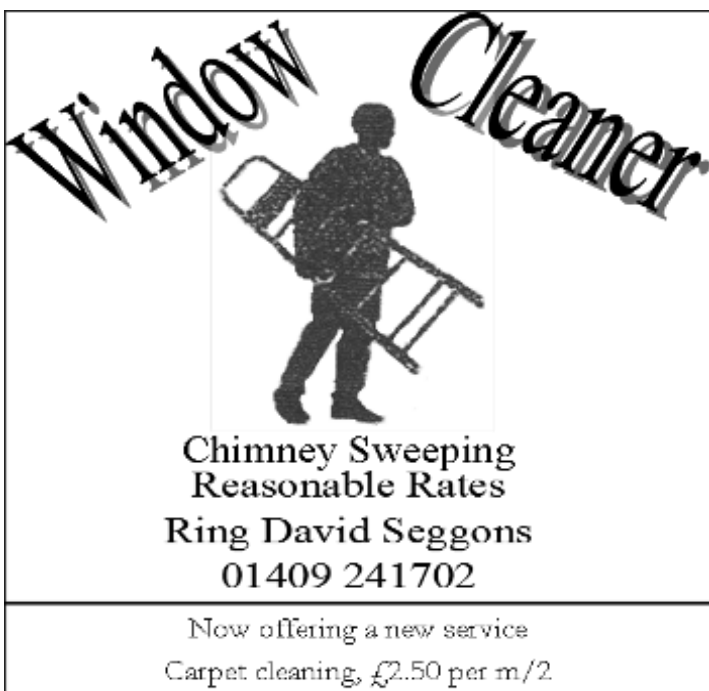
Disclaimer: The views and opinions expressed in any article are those of the authors and do not necessarily reflect the official policy or position of the Milton Damerel News Letter Team.

Advertisements

Conditions of acceptance. Orders for insertion of advertisements in this newsletter are subject to the approval of the members who may refuse or alter any copy. The newsletter and the members: - a) accept no liability for any loss or damage caused by an error or inaccuracy in the printing of any advertisement. b) Shall not be liable for any loss caused by the failure of the advertisement to appear on any particular day, in any specified position or page or by its failure to appear at all, and they reserve the right to refuse to continue its publication regardless of terms and conditions of any order or contract. Trades Descriptions Act 1968-All traders are reminded of the needs to ensure that goods offered for sale by advertisements comply with all relevant provisions of the above mentioned act.

To advertise in this newsletter contact David on 01409 261577 for more details.

The deadline for submissions of articles and advertisements for the next newsletter is 18th Nov 2022.



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Useful Contact details:

Parish Councillors:

Stephen Moyse (Chair) Tel 07966 671543
 Richard Piper (Vice Chair) Tel 01409 261114
 Rose Haynes Tel 01409 261577
 Jim Richardson Tel 07866 406977
 Gareth Piper Tel 07966 558385
 Peter Buckpitt Tel 07584 086693
 Teresa Walters Tel 01409 261871
 Lorraine Buttery (Clerk) Tel 01409 282956

Chapel:

Revd Rob Blackhall Tel 01805 628041
 Stewards Dan Brett Tel 01409 261609
 and Jeremy Sharp Tel 01409 261548.
 Property Steward (vacant)
 Secretary (vacant)

Church:

Revd Richard Freeman Tel 01409 241315
 Church wardens
 Isabel & Roy Fairbrother Tel 01409 261181

Walks:

Gillian Aston Tel 01409 254642
 email: holsworthywalkandtalk@gmail.com
 Evelyn Sharman Tel 01409 259848
 mail: evelyn.sharman@btinternet.com

Over 60's Club:

Chair: Linda Gifford
 Vice Chair: Margaret Walters
 Treasurer: Iris Tel 261 322
 Vice Treasurer: Dora Reed
 Secretary: Colin Boucher

Neighbourhood Watch:

Edwina Hale Tel 261263
 Edgar Pett Tel 261277
 Mike Jackson Tel 261196

Toddlers:

Sheila Daniel Tel: 261466

Holsworthy Rural Police:

Urgent 999
 Non-Urgent 101
 holsworthy@devonandcornwall.pnn.police.uk

Parish Hall:

Booking Secretary Julie Sage Tel: 01409 261308 ,
 or Kate Moyse 261151.

Gardening Group:

Melanie Richardson 261 353
 Edgar Pett 261 272
 Lesley Self 261 294

Natures Natterings

Tracey Slocombe Tel 07737 775205

Newsletter:

Chair

Lorraine Buttery Tel 282956
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Treasurer

Claire Woolsey

Regular contributors and features:

Rose Haynes
 Nicky Martin
 Lesley Self
 Tracey Slocombe
 Peter Bromley
 Mel Richardson

SUDOKU Answer

4	5	7	6	3	1	8	2	9
9	1	3	2	8	4	7	5	6
8	6	2	5	9	7	3	1	4
7	4	5	1	6	3	2	9	8
1	2	6	9	5	8	4	3	7
3	9	8	7	4	2	5	6	1
2	8	4	3	1	6	9	7	5
5	7	1	4	2	9	6	8	3
6	3	9	8	7	5	1	4	2

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